

# SOHO

— SINCE 1999 —

# COFFEE

## ALLERGENS INFORMATION PACK

Allergen Pack 2024

# OUR FOOD IS HANDMADE BY REAL PEOPLE AND WE USE SHARED EQUIPMENT: DUE TO A HIGH RISK OF CONTAMINATION WE CAN'T GUARANTEE THAT ANY OF OUR PRODUCTS ARE COMPLETELY ALLERGEN-FREE.

## SUPPLY CHAIN

This pack contains the ingredient declarations for many of the food products that we sell in our stores. Items such as crisps and bottled drinks with printed declarations included on the packaging are not included within this Allergens Information pack.

The information contained within this pack is only accurate if brand standard ingredients – supplied by Blakemore Food Service – are used.

If alternative suppliers or ingredients are used, sites are responsible for maintaining their own accurate Allergens Information Pack. It is a legal requirement that this information is always available to customers in store.

## USING THE DECLARATION PACK

All products contained within this pack are detailed in the contents page. Using the contents page to search for information is the most efficient way to search this pack.

Products are included as complete declarations, with ingredients listed for easy reference.

The full ingredient breakdown is listed for each individual product and the 14 declared allergens are **EMBOLDENED** for easy reference.

## SYMBOL KEY



**Suitable for vegans** – these products are suitable for those who are vegan. They do not contain any animal products or by products.



**Suitable for vegetarians** – these products are suitable for those who are vegetarian. They do not contain any meat or fish products.



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## HOT DRINK INGREDIENTS

### House Made Gingerbread Syrup – V001

Dark Brown Sugar (72.3%) [Cane Sugar], Sweetbird Vanilla Syrup (24.15%) [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Ground Cinnamon (1.48%), Ginger, ground (1.48%), Ground Nutmeg (0.3%), Cloves, dried (0.3%)

Suitable for vegetarians & vegans

### Gingerbread Man Topper – V001

**WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Sugar, Golden Syrup (Partially inverted sugar syrup), Palm Oil, Rapeseed Oil, Water, Free Range Whole **EGG**, Ground Ginger, Raising agent (sodium Hydrogen Carbonate), Salt, Emulsifier (Mono and di-glycerides of Fatty Acids)

Suitable for vegetarians

### Biscoff® Crumb – V001

**WHEAT** Flour, Sugar, Vegetable Oils (Palm\*, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Salt, Cinnamon. \* from sustainable and certified plantations

Suitable for vegetarians & vegans

### Biscoff® Topping Sauce – V001

Caramelised Biscuits 52% (**WHEAT** Flour, Sugar, Vegetable Oils (Palm\*, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), **SOYA** Flour, Salt, Cinnamon), Rapeseed Oil, Sugar, Emulsifier (Lecithins (**SOYA**)), Acid (Citric Acid). \* palm oil from sustainable and certified plantations

Suitable for vegetarians & vegans

### Cadbury Drinking Chocolate – V001

Sugar, Cocoa Powder, Acidity Regulator (Sodium Carbonate), Flavouring, Cocoa Solids: 25 % minimum

Suitable for vegetarians & vegans

### Chocolate Topping Sauce – V001

Glucose Syrup, Water, Sugar, Dextrose, Humectant (Glycerine), Fat Reduced Cocoa Powder, Belgian Dark Chocolate (Cocoa Mass, Sugar, Dextrose, Emulsifier: **SOYA** Lecithin), Modified Starch, Emulsifier (**SOYA** Lecithin), Natural Flavouring

Suitable for vegetarians & vegans

### Cinnamon Powder – V001

Ground Cinnamon

Suitable for vegetarians & vegans

### Coffee – V001

100% Espresso Coffee

Suitable for vegetarians & vegans

## Digestive Biscuit – V001

Flour (**WHEAT** Flour, Calcium, Iron, Niacin, Thiamin), Vegetable Oil (Palm), Wholemeal **WHEAT** Flour, Sugar, Raising Agents (Sodium Bicarbonate, Malic Acid, Ammonium Bicarbonate), Partially Inverted Sugar Syrup, Salt

Suitable for vegetarians & vegans

## Gold Hot Chocolate Powder – V001

Sugar, White Chocolate 36% (Sugar; Cocoa Butter, Whole **MILK** Powder; Skimmed **MILK** Powder), Fat Powder (Coconut Oil; Whey Powder (**MILK**); **MILK** Proteins) Caramelised Sugar (Caramelised Sugar, Maltodextrin), Natural Flavouring, Thickener: Guar gum

Suitable for vegetarians

## **Marshmallows (Princes Pink & White) – V001**

Sugar, Glucose Syrup, Water, Maize Starch, Beef Gelatine, Flavourings, Beetroot juice concentrate

**NOT Suitable for vegetarians & vegans**

## **Matcha Powder – V001**

100% Green Tea (Camellia Sinensis)

**Suitable for vegetarians & vegans**

## **Mumbai Chai – V001**

Sugar, Black Tea Extract, Natural Spices (Cinnamon, Cardamom, Ginger, Nutmeg, Clove, Black Pepper, Star Anise), Guar Gum, maltodextrin, Thickener: Carboxy methyl cellulose, natural flavouring

**Suitable for vegetarians & vegans**

## **Organic Drinking Chocolate – V001**

Cocoa Powder, Sugar

**Suitable for vegetarians & vegans**

## **Pitaya Powder – V001**

Pitaya Powder (100%)

**Suitable for vegetarians & vegans**

## **Strawberry Topping Sauce – V001**

Glucose Syrup, Water, Dextrose, Strawberry Puree Concentrate, Modified Waxy Maize Starch, Acidity regulators (Citric Acid, Sodium Citrates), Colours (Anthocyanin, Paprika), Gelling Agent (Pectin), Natural Strawberry Flavouring with other Natural Flavours.

**Suitable for vegetarians & vegans**

## **Vegan Whipped Cream – V001**

Vegan Cream (Lentil protein preparation (water, 1.1% lentil protein), palm fat, rapeseed oil, sugar, modified corn starch, emulsifiers (sunflower lecithin, sugar esters of fatty acids, mono-and diglycerides of fatty acids), stabilisers (guar gum, locust bean gum), natural flavours, salt, colourant (beta-carotene))

**Suitable for vegetarians & vegans**

## **Whipped Cream – V001**

Double Cream (**MILK**) (75%), Whole **MILK** (22.5%), Sweetbird Vanilla Syrup (2.5%) (Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid)

**Suitable for vegetarians**

## SWEETBIRD SYRUPS

(all suitable for vegetarians & vegans)

### **Sweetbird Butterscotch Syrup – V001**

Sugar, Water, Natural Flavouring, Acidity Regulator: Citric Acid

### **Sweetbird Caramel Flavour Syrup – V001**

Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid.

### **Sweetbird Frapp Syrup – V001**

Water, Sugar, Thickener: Cellulose Gum, Acidity Regulator: Citric Acid, Preservative: Potassium Sorbate, Natural Flavouring

### **Sweetbird Hazelnut Syrup – V001**

Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid

### **Sweetbird Sugar Free Caramel Flavour Syrup – V001**

Water, Flavourings, Thickener: Cellulose Gum, Acidity Regulator: Citric Acid, Sweeteners: Sucratose, Steviol Glycosides, Preservative: Potassium Sorbate, Colour: Plain Caramel.

### **Sweetbird Sugar Free Vanilla Flavour Syrup – V001**

Water, Flavourings, Thickener: Cellulose Gum, Acidity Regulator: Citric Acid, Sweeteners: Sucratose, Steviol Glycosides, Preservative: Potassium Sorbate, Colour: Plain Caramel.

### **Sweetbird Strawberry Flavour Syrup – V001**

Sugar, Water, Strawberry Juice from Concentrate (10%), Natural Flavouring, Fruit and Vegetable Concentrates: Black Carrot and Elderberry, Acid: Citric Acid

### **Sweetbird Vanilla Flavour Syrup – V001**

Sugar, Water, Natural flavouring, Colour: plain caramel, Acidity regulator: citric acid.

### **Sweetbird White Chocolate Syrup – V001**

Sugar, Water, Natural Flavouring, Acidity Regulator: Citric Acid

# MILKS & ALTERNATIVE MILKS

## Rude Health Almond Milk – V001

Water, gluten free **OATS** (13%), **ALMONDS (NUTS)** (2%), sunflower oil, sea salt, gellan gum

Suitable for vegetarians & vegans

## Rude Health Coconut Milk – V001

Water, Gluten Free **OATS** (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum

Suitable for vegetarians & vegans

## Rude Health Oat Milk – V001

Water, Gluten free **OATS** (13%), Sunflower oil, Sea salt, Gellan gum

Suitable for vegetarians & vegans

## Semi-Skimmed Milk

Pasteurised Cow's **MILK**

## Skimmed Milk

Pasteurised Cow's **MILK**

## Rude Health Soya Milk – V001

Water, Organic Soybean (**SOYA**) (13%), Organic rice syrup, Sea salt

Suitable for vegetarians & vegans

## Whole Milk

Pasteurised Cow's **MILK**

## Alpro Almond Milk – V001

Water, **ALMOND (NUTS)** (2.3%), Sugar, Calcium (Calcium Carbonate), Sea Salt, Stabilisers (Guar Gum, Gellan Gum), Natural Flavouring, Emulsifier (Lecithins), Vitamins b12, D2, E Potassium Iodide

Suitable for vegetarians & vegans

## Alpro Coconut Milk – V001

Water, Coconut Milk (Water, Coconut Cream, Rice, Calcium (Tri-calcium phosphate), Stabilisers (Guar Gum, Gellan Gum, Xanthan Gum), Sea Salt, Flavourings, Vitamins B12, D2

Suitable for vegetarians & vegans

## Alpro Soya Milk – V001

Water, Hulled **SOYA** Beans, Sugar, Acidity Regulators (Potassium Phosphates), Calcium (Calcium Carbonate), Sea Salt, Stabiliser (Gellan Gum), Natural Flavouring, Potassium Iodide, Vitamins B2, B12, D2

Suitable for vegetarians & vegans

## ICED COFFEE

### Iced Latte – V001

**MILK**, Ice Cubes, Espresso Coffee

Suitable for vegetarians

### Iced Mocha – V001

**MILK**, Ice Cubes, Espresso Coffee, Organic Chocolate Syrup (Cocoa Powder, Sugar)

Suitable for vegetarians

### Long Black – V001

Ice Cubes, Espresso Coffee, Water

Suitable for vegetarians & vegans

### Iced Double Chocolate Coconut Mocha (Made with Rude Health Milk)– V001

Coconut Milk (71.43%) [Water, Gluten Free **OATS** (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum], White Chocolate Syrup (8.66%) [Sugar, Water, Natural Flavouring, Acidity Regulator: Citric Acid], Organic Drinking Chocolate (7.42%) [Cocoa Powder, Natural Sugar], Roasted Coffee Beans (6.93%), Water (5.57%)

Suitable for vegetarians & vegans

### Iced Double Chocolate Coconut Mocha (Made with Alpro Milk)– V001

Coconut Milk (71.43%) [Water, Coconut Milk (Water, Coconut Cream, Rice, Calcium (Tri-calcium phosphate), Stabilisers (Guar Gum, Gellan Gum, Xanthan Gum), Sea Salt, Flavourings, Vitamins B12, D2], White Chocolate Syrup (8.66%) [Sugar, Water, Natural Flavouring, Acidity Regulator: Citric Acid], Organic Drinking Chocolate (7.42%) [Cocoa Powder, Natural Sugar], Roasted Coffee Beans (6.93%), Water (5.57%)

Suitable for vegetarians & vegans

### Iced Caramel Oat Latte – V001

Oat Milk (87.41%) Water, Gluten Free **OATS** (13%), Sunflower Oil, Sea Salt, Gellan Gum, Salted Caramel Syrup (6.99%) [Sugar, Water, Salt, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid], Roasted Coffee Beans (5.59%)

Suitable for vegetarians & vegans

### Iced Hazelnut Almond Latte (Made with Rude Health Milk) – V001

**ALMOND** Milk (88.03%) [Water, gluten free **OATS** (13%), **ALMONDS (NUTS)** (2%), Sunflower Oil, Sea Salt, Gellan Gum], Hazelnut Syrup (7.04%) [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid], Ground Coffee (4.93%)

Suitable for vegetarians & vegans

## Iced Hazelnut Almond Latte (Made with Alpro Milk) – V001

**ALMOND** Milk (88.03%) [Water, **ALMOND (NUTS)** (2.3%), Sugar, Calcium (Calcium Carbonate), Sea Salt, Stabilisers (Guar Gum, Gellan Gum), Natural Flavouring, Emulsifier (Lecithins), Vitamins b12, D2, E Potassium Iodide], Hazelnut Syrup (7.04%) [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid], Ground Coffee (4.93%)

Suitable for vegetarians & vegans

## SPECIALITY DRINKS

### Mumbai Railway Chai – V001

**MILK**, Sugar, Black Tea Extract, Natural Spices (Cinnamon, Cardamom, Ginger, Nutmeg, Clove, Black Pepper, Star Anise), Guar Gum, Maltodextrin, Thickener: Carboxy Methyl Cellulose, Natural Flavouring

Suitable for vegetarians

### Oat Matcha Latte (Made with Rude Health Milk) – V001

Oat Milk (89.93%) Water, Gluten Free **OATS** (13%), Sunflower Oil, Sea Salt, Gellan Gum, Water (9.43%), Matcha Powder (0.63%) 100% Green Tea (Camellia Sinensis)

Suitable for vegetarians & vegans

### Vanilla Oat Matcha Latte (Made with Rude Health Milk) – V001

Oat Milk (83.22%) Water, Gluten Free **OATS** (13%), Sunflower Oil, Sea Salt, Gellan Gum, Water (9.43%), Sweetbird Vanilla Syrup (6.71%) [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder (0.63%) 100% Green Tea (Camellia Sinensis)

Suitable for vegetarians & vegans

### Iced Oat Matcha Latte (Made with Rude Health Milk) – V001

Oat Milk (85.96%) Water, Gluten Free **OATS** (13%), Sunflower Oil, Sea Salt, Gellan Gum, Water (13.15%), Matcha Powder (0.88%) 100% Green Tea (Camellia Sinensis)

Suitable for vegetarians & vegans

### Iced Vanilla Oat Matcha Latte (Made with Rude Health Milk) – V001

Oat Milk (83.22%) Water, Gluten Free **OATS** (13%), Sunflower Oil, Sea Salt, Gellan Gum, Water (9.43%), Sweetbird Vanilla Syrup (6.71%) [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder (0.63%) 100% Green Tea (Camellia Sinensis)

Suitable for vegetarians & vegans

## SMOOTHIES

### **Dragon Fruit & Blueberry Smoothie – V001**

Apple Juice (58.44%) (from concentrate), Purple Dragon Fruit Smoothie Pouch (41.56%) [Strawberry (35%), Purple Dragon Fruit (29%), Pineapple (19%), Blueberry (14%), Chia Seeds (*Salvia hispanica*) (3%)]

Suitable for vegetarians & vegans

### **Mango, Pineapple & Passionfruit Smoothie – V001**

Apple Juice (64.71%) (from concentrate), Great Defender Smoothie Pouch (35.29%) [Mango (40%), Peach (28%), Pineapple (18%), Seeded Passionfruit (14%)]

Suitable for vegetarians & vegans

### **Spinach, Banana & Mango Smoothie – V001**

Apple Juice (64.71%) (from concentrate), Vegan Green Protein Smoothie Pouch (35.29%) [Banana (25%), Spinach (20%), Mango (20%), Pineapple (20%), Pea Protein Pellets (12%) (Water, Pea Protein, Chlorella, Inactive Yeast, Spirulina), Chia Seeds (*Salvia hispanica*) (3%)]

Suitable for vegetarians & vegans

## SEASONAL DRINK SPECIALS

### Snowball Hot Chocolate (with Whole Milk) – V001

Whole **MILK** (73.09%), White Chocolate & Hazelnut Sauce (9.97%) [Vegetable Fats (Sunflower, Palm), Sugar, White Chocolate 10% (Whole **MILK** Powder, Sugar, Cocoa Butter), Whole **MILK** Powder, **MILK** Whey Powder, Emulsifier: Soy Lecithin, Flavours, Antioxidant: Rosemary Extract], Double Cream (**MILK**) (7.48%), Gold Chocolate Powder (5.98%) [Sugar, White Chocolate 36% (Sugar; Cocoa Butter, Whole **MILK** Powder; Skimmed **MILK** Powder), Fat Powder (Coconut Oil; Whey Powder (**MILK**); **MILK** Proteins) Caramelised Sugar (Caramelised Sugar, Maltodextrin), Natural Flavouring, Thickener: Guar Gum], Whole **MILK** (2.24%), Desiccated Coconut (1%) [Desiccated Coconut (99%), Preservative (Sodium Metabisulphite (**SULPHITES**))], Vanilla Syrup (0.25%) [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid].

Suitable for vegetarians

### White Chocolate & Coconut Matcha Latte (with Rude Health Milk) – V001

Coconut Milk (76.02%) Water, Gluten Free **OATS** (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum, Vegan Whipped Cream (9.2%) [Water, RSPO Sourced Hydrogenated Palm Oil (15%), Sugar (10%), Dextrose, Propellant (Nitrous Oxide, Glucose Syrup), Humectant (Sorbitol), Emulsifiers (Mono and diacetyl tartaric acid esters of mono - and di-glycerides of fatty acids, Polyoxymethylene Sorbitan Monostearate), Thickener (Hydroxypropylmethylcellulose), Potato Starch, Salt, Flavouring], Water (8.04%), White Chocolate Syrup (6.13%) [Sugar, Water, Natural Flavouring, Acidity Regulator: Citric Acid], Matcha Powder (0.54%) 100% Green Tea (Camellia Sinensis), Freeze Dried Raspberries (0.08%).

Suitable for vegetarians & vegans

### Iced White Chocolate & Coconut Matcha Latte (with Rude Health Milk) – V001

Coconut Milk (75.37%) Water, Gluten Free **OATS** (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum, Water (13.14%), White Chocolate Syrup (10.52%) [Sugar, Water, Natural Flavouring, Acidity Regulator: Citric Acid], Matcha Powder (0.88%) 100% Green Tea (Camellia Sinensis), Freeze Dried Raspberries (0.09%).

Suitable for vegetarians & vegans

### Gingerbread Latte (with Whole Milk) – V001

Whole **MILK** (71.19%), Dark Brown Sugar (9.36%) [Cane Sugar], Double Cream (**MILK**) (7.28%), Ground Coffee (5.18%), Sweetbird Vanilla Syrup (3.13%) [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Whole **MILK** (2.18%), Mini Gingerbread Topper (0.91%) [Gingerbread (**WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Sugar, Golden Syrup (Partially inverted sugar syrup), Palm Oil, Rapeseed Oil, Water, Free Range Whole **EGG**, Ground Ginger, Raising agent [Sodium Hydrogen Carbonate], Salt, Emulsifier (Mono and di-glycerides of Fatty Acids)], Ground Cinnamon (0.27%), Vanilla Syrup (0.24%) [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid], Ginger, ground (0.19%), Ground Nutmeg (0.04%), Cloves, dried (0.04%)].

Suitable for vegetarians

### Witches Brew Lemonade – V001

Lemonade Syrup (82.82%) [Water, Sugar, Lemon Juice from Concentrate (10%), Acid Citric Acid, Flavourings, Stabiliser: Acacia Gum, Coconut Oil], Water (16.52%), Rose Petals (0.62%) Red Rose Petals (Rose centifolia, Rose gallica, Rosa damascene), Blue Butterfly Pea Powder (0.04%) Blue Matcha - Butterfly Pea Flower Powder (Clitoria ternatea)

Suitable for vegetarians & vegans

## **Spiced Caramel Apple Oat Matcha Latte (Made with Rude Health Milk) – V001**

**OAT** Milk (67.02%) Water, Gluten Free **OATS** (13%), Sunflower Oil, Sea Salt, Gellan Gum, Apple Juice (21.39%) (from concentrate), Water (10.02%), Caramel Syrup (0.71%) Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator, Citric Acid, Matcha Powder (0.67%) 100% Green Tea (Camellia Sinensis), Ground Cinnamon (0.18%)

Suitable for vegetarians & vegans

## **Iced Spiced Caramel Apple Oat Matcha Latte (Made with Rude Health Milk) – V001**

**OAT** Milk (52.22%) Water, Gluten Free **OATS** (13%), Sunflower Oil, Sea Salt, Gellan Gum, Apple Juice (30.95%) (from concentrate), Water (14.5%), Caramel Syrup (1.16%) Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator, Citric Acid, Matcha Powder (0.97%) 100% Green Tea (Camellia Sinensis), Ground Cinnamon (0.19%)

Suitable for vegetarians & vegans

## **Pumpkin Spice Latte (with Whole Milk) – V001**

Whole **MILK** (69.51%), Double Cream (**MILK**) (7.11%), Sweetened Condensed **MILK** (6.6%), Roasted Coffee Beans (5.06%), Sugar (3.33%), Water (3.33%), Pumpkin (2.5%), Whole **MILK** (2.13%), Vanilla Syrup (0.24%) [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid], Ground Cinnamon (0.18%), Ground Ginger (0%), Ground Nutmeg (0%), Dried Cloves (0%)

Suitable for vegetarians

## **Iced Pumpkin Spice Latte (with Whole Milk) – V001**

Whole **MILK** (73.3%), Sweetened Condensed **MILK** (8.75%), Roasted Coffee Beans (5.58%), Sugar (4.42%), Water (4.42%), Pumpkin (3.31%), Ground Cinnamon (0.2%), Ground Ginger (0.01%), Ground Nutmeg (0.01%), Dried Cloves (0%)

Suitable for vegetarians

## **Biscoff ® Blondie Hot Chocolate (with Whole Milk) – V001**

Whole **MILK**, Biscoff Topping Sauce (14.24%) Caramelised Biscuits 52% (**WHEAT** Flour, Sugar, Vegetable Oils (Palm\*, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), **SOYA** Flour, Salt, Cinnamon), Rapeseed Oil, Sugar, Emulsifier (Lecithins (**SOYA**)), Acid (Citric Acid). \* palm oil from sustainable and certified plantations, Double Cream (**MILK**) (7.12%), Gold Chocolate Powder (5.7%) Sugar, White Chocolate 36% (Sugar; Cocoa Butter, Whole **MILK** Powder; Skimmed **MILK** Powder), Fat Powder (Coconut Oil; Whey Powder (**MILK**); **MILK** Proteins) Caramelised Sugar (Caramelised Sugar, Maltodextrin), Natural Flavouring, Thickener: Guar Gum, Biscoff Crumble (0.95%) **WHEAT** Flour, Sugar, Vegetable Oils (Palm\*, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Salt, Cinnamon. \* from sustainable and certified plantations, Vanilla Syrup (0.24%) (Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid)

Suitable for vegetarians

## ICED FRAPPS & SHAKES

### Party Ring Shake (Made with Whole Milk) – V001

Whole **MILK** (43.1%), Frappe Base Syrup (12.93%) [Water, Sugar, Thickener: Cellulose Gum, Acidity Regulator: Citric Acid, Preservative: Potassium Sorbate, Natural Flavouring], Double Cream (**MILK**) (9.7%), Sweetbird Vanilla Syrup (8.26%) [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Water (8.26%), White Chocolate Dessert Sauce (6.47%) [Water, Sugar, Dextrose, Skimmed **MILK** Powder, White Chocolate (9%) (Sugar, Cocoa Butter, Whole **MILK** Powder, Emulsifier (SOYA Lecithin), Natural Vanilla Flavouring), Humectant (Glycerol), Maltodextrin, White Chocolate Powder (2%) (Sugar, Cocoa Butter, Whole **MILK** Powder, Skimmed **MILK** Powder), Whey Powder (**MILK**)], Party Ring Minis (6.03%) [**WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Sugar, Palm Oil, Glucose Syrup, Salt, Raising Agents (Ammonium Bicarbonates, Disodium Diphosphates, Sodium Bicarbonates), Partially Inverted Sugar Syrup, Hydrolysed **WHEAT** Gluten, Flavouring, Emulsifier (SOYA Lecithin), Plant, Fruit & Vegetable Concentrates (Radish, Safflower Apple, Carrot, Blackcurrant, Hibiscus), Acidity Regulator: Citric Acid; Vegetable Glycerine], Whole **MILK** (2.91%), Sugar Strands (1.29%) [Sugar, modified maize starch, vegetable oil (coconut), colouring foods (concentrates from spirulina, safflower, lemon, sweet potato, radish), glucose syrup, anti-caking agent (talc), colour (copper complexes of chlorophylls and chlorophyllins)], Pitaya Powder (0.72%), Vanilla Syrup (0.32%) [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid]

Suitable for vegetarians

### Biscoff® Shake (Made with Whole Milk) – V001

Whole **MILK**, Biscoff Topping Sauce (24.55%) Caramelised Biscuits 52% (**WHEAT** Flour, Sugar, Vegetable Oils (Palm\*, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), **SOYA** Flour, Salt, Cinnamon), Rapeseed Oil, Sugar, Emulsifier (Lecithins (**SOYA**)), Acid (Citric Acid). \* palm oil from sustainable and certified plantations, Frappe Base Syrup (13.39%) (Water, Sugar, Thickener: Cellulose Gum, Acidity Regulator: Citric Acid, Preservative: Potassium Sorbate, Natural Flavouring), Double Cream (**MILK**) (10.04%), Biscoff Crumble (4.02%) **WHEAT** Flour, Sugar, Vegetable Oils (Palm\*, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Salt, Cinnamon. \* from sustainable and certified plantations, Whole **MILK** (3.01%), Vanilla Syrup (0.33%) (Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid)

Suitable for vegetarians

### Double Chocolate Shake (Made with Whole Milk) – V002

Whole **MILK** (53.68%), Frappe Base Syrup (10.27%) [Water, Sugar, Thickener: Cellulose Gum, Acidity Regulator: Citric Acid, Preservative: Potassium Sorbate, Natural Flavouring]Organic Drinking Chocolate (8.81%) [Cocoa Powder, Natural Sugar], Double Cream (**MILK**) (7.71%), Chocolate Topping Sauce (6.85%) [Glucose Syrup, Water, Sugar, Dextrose, Humectant (Glycerine), Fat Reduced Cocoa Powder, Belgian Dark Chocolate (Cocoa Mass, Sugar, Dextrose, Emulsifier: **SOYA** Lecithin), Modified Starch, Emulsifier (**SOYA** Lecithin), Natural Flavouring]Water (6.6%), Strawberries (5.14%), Hot Chocolate Powder (0.68%) [Cocoa powder, Acidity Regulator (Sodium Carbonate), Flavouring], Vanilla Syrup (0.26%) [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid]

Suitable for vegetarians

## Caramel Coffee Shake (Made with Whole Milk) – V001

Whole **MILK** (55.59%), Frappe Base Syrup (13.16%) [Water, Sugar, Thickener: Cellulose Gum, Acidity Regulator: Citric Acid, Preservative: Potassium Sorbate, Natural Flavouring], Double Cream (**MILK**) (9.87%) Caramel Syrup (8.77%) [Sugar, Water, Salt, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid], Toffee Dessert Sauce (8.77%) [Glucose Syrup, Reconstituted Skimmed **MILK**, Dextrose, Water, Humectant (Glycerol), Sugar, Vegetable Oil (Rapeseed), Modified Starch, Butter (**MILK**), Colour (Plain Caramel), Salt, Stabilisers (Guar Gum, Xanthan Gum), Flavouring, Preservative (Potassium Sorbate), Emulsifier (E435)] ,Roasted Coffee Beans (3.51%) Vanilla Syrup (0.33%) [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid]

Suitable for vegetarians

## SANDWICHES

### Bauble & Squeak Sandwich – V001

Malted Grain Bread (35.68%) [Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Malted Wheat Flakes (6%), Cream Yeast, **WHEAT** Bran, Salt, Malted **BARLEY** Flour, Spirit Vinegar, Emulsifier: Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Rapeseed Oil, Flour Treatment Agent: Ascorbic Acid], Cranberry Sauce (11.47%) [Cranberries (40%), Glucose Fructose Syrup, Water, Sugar, Gelling Agent : Pectin, Acidity Regulators (Citric Acid, Trisodium Citrate ,Tricalcium Citrate), Preservative (Potassium Sorbate)], Beetroot Falafel (9.39%) [Beetroots, Chickpea, Red Peppers, Potato Flake, Rapeseed Oil, Onion, Reconstituted Garlic, Ground Coriander, Ground Cumin, Lemon Juice Concentrate, Paprika, Salt, Red Chillies], New Potatoes (7.47%) Potato, Water, Citric Acid, Ascorbic acid, Calcium Chloride, Fresh Savoy Cabbage XL x1 (7.37%) Savoy cabbage, Butternut Squash (6%), Red Cabbage (4.94%), Water (4.58%), Vegan Mayonnaise (4.58%) [Rapeseed Oil, Water, Spirit Vinegar, Sugar, Salt, Modified Waxy Maize Starch, Stabiliser (Xanthan Gum), Preservative (Potassium Sorbate), Lemon Juice Concentrate, Natural Flavouring, Antioxidant: Calcium Disodium, Colours (Carotene, Turmeric, Paprika Extract)], Sage and Onion Stuffing (2.58%) [Breadcrumbs (**WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Yeast, Salt), Onion, Salt, Rapeseed Oil, Flavouring, Parsley, Sage], Spinach (2.35%), Orange Juice from Concentrate (1.41%) [Mandarin Orange Juice from Concentrate (70%), Orange Juice from Concentrate (30%)], Rapeseed Oil (1.09%) [Rapeseed Oil, Antifoaming Agent (E900)], Vegetable Oil (0.33%) [Rapeseed Oil, Antifoaming Agent (Dimethylpolysiloxane)], White wine vinegar (0.33%) [White Wine, Water, Antioxidant (Sodium Metabisulphite (**SULPHITE**)], Garlic Puree (0.13%) [Garlic, Citric Acid], Lemon Juice (0.12%) [Lemon Juice (from concentrate), Sodium Metabisulphite (**SULPHITE**)], Salt (0.07%), Mixed Spice (0.04%) [Ground Coriander, Ground Cinnamon, Ground Ginger, Ground Nutmeg, Ground Cloves, Cracked Black Pepper (0.02%)].

Suitable for vegetarians & vegans

### Christmas Dinner Sandwich – V001

Malted Grain Bread (34.86%) [Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Malted **WHEAT** Flakes (6%), Cream Yeast, **WHEAT** Bran, Salt, Malted **BARLEY** Flour, Spirit Vinegar, Emulsifier: Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Rapeseed Oil, Flour Treatment Agent: Ascorbic Acid], Turkey Pieces (18.35%) [Turkey (80g of Turkey Breast per 100g of finished), Water, Salt, Turkey Mix (Pea Starch, Stabilisers (E451 & E450), Gelling Agent (Carrageenan; E407)], Cranberry Sauce (11.2%) [Cranberries (40%), Glucose Fructose Syrup, Water, Sugar, Gelling Agent : Pectin, Acidity Regulators (Citric Acid, Trisodium Citrate ,Tricalcium Citrate), Preservative (Potassium Sorbate)], Mayonnaise (8.49%) [Rapeseed Oil (64.5%), Water, Spirit Vinegar, Pasteurised Free Range **EGG** Yolk (3.5%), Sugar, Salt, Modified Potato Starch, Stabiliser (Guar gum, Xanthan gum), Preservative (Potassium Sorbate), Acidity Regulator (Citric Acid), **MUSTARD** Flour, Lemon Juice Concentrate, Flavouring, Colour (Paprika, Carotene), Antioxidant: Calcium Disodium], Orange Juice from Concentrate (6.88%) [Mandarin Orange Juice from Concentrate (70%), Orange Juice from Concentrate (30%)], Sage and Onion Stuffing (5.96%) [Breadcrumbs (**WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Yeast, Salt), Onion, Salt, Rapeseed Oil, Flavouring, Parsley, Sage], Spinach (4.59%), Streaky Bacon (4.59%) [Pork Belly, Nitrite Salt (Salt, Preservative: E250), Potassium Nitrate, Maltodextrin, Stabilizer: E451, E450, Sugar, Antioxidants: E316, Flavouring, Spice Extracts], Crispy Onions (3.21%) [Onions, Palm Oil, **WHEAT** Flour, Salt], Water (1.83%), Mixed Spice (0.03%) Ground Coriander, Ground Cinnamon, Ground Ginger, Ground Nutmeg, Ground Cloves.

## Chicken Club – V001

Malted Grain Bread (33.98%) [Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Malted **WHEAT** Flakes, **WHEAT BRAN**, Yeast, Spirit Vinegar, Salt, **WHEAT GLUTEN**, Malted **BARLEY** Flour, Emulsifier; Mono- and Diglycerides of Fatty Acids and Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Vegetable Fat (Rapeseed Oil, Palm Fat), **WHEAT** Starch, Treatment Agent: Ascorbic Acid, Preservative: Calcium Propionate], Tomatoes (23.17%), Chicken (16.89%) (Chicken Breast, Salt), Mayonnaise (15.93%) Rapeseed Oil, Water, Spirit Vinegar, Sugar, Modified Maize Starch, Pasteurised Free Range **EGG** Yolk, Modified Potato Starch, Stabiliser (Guar Gum, Xanthan Gum), Salt, Preservatives: (Acetic Acid, Citric Acid), Potassium Sorbate, Colour: Lutein, Cos Lettuce (5.79%), Streaky Bacon (3.86%) (Pork Meat, Salt (E535), Acidity Regulator (E326), Glucose Syrup, Antioxidants (E301, E331), Sodium Triphosphate, Stabiliser (E450), Preservatives (E250, E251, E252, E262), Spice Extracts, Smoke (Polysorbate 80), Sugar), Cracked Black Pepper (0.39%)

## Barbers Mature Cheddar Ploughman's – V001

Malted Grain Bread (46.81%) [Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Malted **WHEAT** Flakes, **WHEAT BRAN**, Yeast, Spirit Vinegar, Salt, **WHEAT GLUTEN**, Malted **BARLEY** Flour, Emulsifier; Mono- and Diglycerides of Fatty Acids and Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Vegetable Fat (Rapeseed Oil, Palm Fat), **WHEAT** Starch, Treatment Agent: Ascorbic Acid, Preservative: Calcium Propionate], Red Onion Marmalade (18.62%) [Red Onions (24%), Demerara Sugar, Red Wine Vinegar, Muscovado Sugar, Dehydrated Red Onions (6%), Modified Tapioca Starch, Spirit Vinegar, Salt, Ground Black Pepper], Barber's Farmhouse Mature Cheddar (15.96%) [Cheddar Cheese (Cow's **MILK**)] Red Leicester Cheese (10.64%) [Pastuerised Cow's **MILK**, Non-Animal Rennet (Sodium Benzoate Free), Salt (Contains Anti-Caking Agent E535), Starter Culture, Annatto Norbixin], Red Onion (5.32%), Spinach (2.66%)

Suitable for vegetarians

## Gammon Ham & Mature Cheddar with Malted Grain Bread (PLATTERS ONLY) – V001

Malted Grain Bread (39.46%) [Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Malted **WHEAT** Flakes, **WHEAT BRAN**, Yeast, Spirit Vinegar, Salt, **WHEAT GLUTEN**, Malted **BARLEY** Flour, Emulsifier; Mono- and Diglycerides of Fatty Acids and Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Vegetable Fat (Rapeseed Oil, Palm Fat), **WHEAT** Starch, Treatment Agent: Ascorbic Acid, Preservative: Calcium Propionate], Gammon Ham (26.91%) [Pork, Water, Cure (Modified Waxy Maize Starch, Salt, Stabiliser (Triphosphates), Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite)), Salt, Preservatives (Sodium Lactate, Sodium Acetate)], Mature Cheddar (**MILK**) (17.94%), Mayonnaise (15.7%) [Rapeseed Oil, Water, Spirit Vinegar, Sugar, Modified Maize Starch, Pasteurised Free Range **EGG** Yolk, Modified Potato Starch, Stabiliser (Guar Gum, Xanthan Gum), Salt, Preservatives: (Acetic Acid, Citric Acid), Potassium Sorbate, Colour: Lutein]

## Mature Cheddar & Tomato with Malted Grain Bread (PLATTERS ONLY) – V001

Malted Grain Bread (42.31%) [Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Malted **WHEAT** Flakes, **WHEAT BRAN**, Yeast, Spirit Vinegar, Salt, **WHEAT GLUTEN**, Malted **BARLEY** Flour, Emulsifier; Mono- and Diglycerides of Fatty Acids and Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Vegetable Fat (Rapeseed Oil, Palm Fat), **WHEAT** Starch, Treatment Agent: Ascorbic Acid, Preservative: Calcium Propionate], Tomatoes (21.63%). Mature Cheddar (**MILK**) (19.23%), Mayonnaise (16.83%) [Rapeseed Oil, Water, Spirit Vinegar, Sugar, Modified Maize Starch, Pasteurised Free Range **EGG** Yolk, Modified Potato Starch, Stabiliser (Guar Gum, Xanthan Gum), Salt, Preservatives: (Acetic Acid, Citric Acid), Potassium Sorbate, Colour: Lutein]

## Smoked Salmon & Cream Cheese Sandwich – V001

Malted Grain Bread (43.35%) [Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Malted **WHEAT** Flakes, **WHEAT BRAN**, Yeast, Spirit Vinegar, Salt, **WHEAT GLUTEN**, Malted **BARLEY** Flour, Emulsifier; Mono- and Diglycerides of Fatty Acids and Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Vegetable Fat (Rapeseed Oil, Palm Fat), **WHEAT** Starch, Treatment Agent: Ascorbic Acid, Preservative: Calcium Propionate], Salmon (22.17%) **SMOKE SALMON** (*Salmo salar*) (**FISH**) (96%), Salt, Sugar, Full Fat Soft Cheese (22.17%) Cream (**MILK**), Skimmed **MILK**, **MILK** Solids, Modified Starch (E1442), Salt (E535), Potassium Sorbate (E202), Culture, Cucumber (9.85%), Dill (2.46%)

## Simply Egg Mayo – V001

Malted Grain Bread (52.38%) (Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Malted **WHEAT** Flakes, **WHEAT BRAN**, Yeast, Spirit Vinegar, Salt, **WHEAT GLUTEN**, Malted **BARLEY** Flour, Emulsifier; Mono- and Diglycerides of Fatty Acids and Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Vegetable Fat (Rapeseed Oil, Palm Fat), **WHEAT** Starch, Treatment Agent: Ascorbic Acid, Preservative: Calcium Propionate), Free Range **EGG** (32.54%), Mayonnaise (7.66%) Rapeseed Oil, Water, Spirit Vinegar, Sugar, Modified Maize Starch, Pasteurised Free Range **EGG** Yolk, Modified Potato Starch, Stabiliser (Guar Gum, Xanthan Gum), Salt, Preservatives: (Acetic Acid, Citric Acid), Potassium Sorbate, Colour: Lutein, Salad Cream (4.79%) (Water, Rapeseed Oil, Glucose-Fructose Syrup, Spirit Vinegar, Sugar, Pasteurised **EGG** Yolk, Modified Maize Starch, Salt, **MUSTARD** Flour, Acidity Regulator (Acetic Acid), Stabiliser (Xanthan Gum), Preservative (Potassium Sorbate), Colour (Riboflavin)), Soured Cream (2.39%) (**MILK**), Cracked Black Pepper (0.24%)

Suitable for vegetarians

## Tuna, Red Onion and Rocket with Malted Grain Bread – V001

Malted Grain Bread (43.78%) (Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Malted **WHEAT** Flakes, **WHEAT BRAN**, Yeast, Spirit Vinegar, Salt, **WHEAT GLUTEN**, Malted **BARLEY** Flour, Emulsifier; Mono- and Diglycerides of Fatty Acids and Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Vegetable Fat (Rapeseed Oil, Palm Fat), **WHEAT** Starch, Treatment Agent: Ascorbic Acid, Preservative: Calcium Propionate), Tuna (**FISH**) (41.15%) (Tuna (**FISH**), Water, Salt, Stabiliser (Xanthan Gum)), Red Onion (4.98%), Mayonnaise (4.7%) Rapeseed Oil, Water, Spirit Vinegar, Sugar, Modified Maize Starch, Pasteurised Free Range **EGG** Yolk, Modified Potato Starch, Stabiliser (Guar Gum, Xanthan Gum), Salt, Preservatives: (Acetic Acid, Citric Acid), Potassium Sorbate, Colour: Lutein, Rocket (3.98%), Lemon Juice (1.18%) (Lemon Juice (from concentrate), Sodium Metabisulphite (**SULPHITE**)), Cracked Black Pepper (0.24%)

## Ham & Free-Range Egg – V001

Free Range **EGG** (35.55%), Gammon Ham (31.25%) [Pork, Water, Cure (Modified Waxy Maize Starch, Salt, Stabiliser (Triphosphates), Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite)), Salt, Preservatives (Sodium Lactate, Sodium Acetate)], Salad Cream (14.07%) [Water, Rapeseed Oil, Glucose-Fructose Syrup, Spirit Vinegar, Sugar, Pasteurised **EGG** Yolk, Modified Maize Starch, Salt, **MUSTARD** Flour, Acidity Regulator (Acetic Acid), Stabiliser (Xanthan Gum), Preservative (Potassium Sorbate), Colour (Riboflavin)], Spinach (7.81%), Wholemeal Sourdough Bloomer (6.25%) [Wholemeal **WHEAT** Flour, Water, **RYE** Sourdough, Ferment(Water, **RYE** Flour), Cracked **WHEAT** (3.7%), **WHEAT GLUTEN**, Sunflower Seeds (2.5%), Yeast, Malted, **WHEAT** Flake (1.2%), **RYE** Flakes, Brown Linseed (1.2%), Salt, Palm Oil, **WHEAT** Flour, Emulsifiers[Mono and di-glycerides of fatty acids, Mono and di-acetyl tartaric acid esters of mono and di-glycerides of fatty acids], **BARLEY** Malt Extract, Roasted **WHEAT** Malt Flour, Rapeseed Oil, Flour treatment agent (Ascorbic Acid)], Mayonnaise (3.77%) [Rapeseed Oil, Water, Spirit Vinegar, Sugar, Modified Maize Starch, Pasteurised Free Range **EGG** Yolk, Modified Potato Starch, Stabiliser (Guar Gum, Xanthan Gum), Salt, Preservatives: (Acetic Acid, Citric Acid), Potassium Sorbate, Colour: Lutein], Soured Cream (**MILK**) (1.18%), Cracked Black Pepper (0.12%)

## WRAPS

### Bombay Bhaji Wrap - V001

Flour Tortilla (34.62%) [**WHEAT** flour (66%) (**WHEAT** flour, calcium carbonate, iron, niacin, thiamin), water, rapeseed oil, **WHEAT** fibre, raising agents (E500, E450) salt, acidity regulator (E296), dextrose, **WHEAT gluten**, preservative (E282)], Chickpeas (18.44%) [Chickpeas, Water, Salt], **SOYA** Yoghurt (10.85%) [**SOYA** base (Water, Hulled **SOYA** beans), Sugar, Calcium (Tri-calciumcitrate), Stabiliser (Pectins), Acidity regulators (Sodium citrates, Citric acid), Flavouring, Sea salt, Antioxidants (Tocopherol-rich extract, Fatty acid esters of ascorbic acid), Vitamins (B12, D2), Yogurt cultures (S. thermophilus, L. bulgaricus)], Spicy Tomato & Onion Chutney (7.69%) [Tomato (45%) (Tomato, Tomato Juice, Citric Acid), Sugar, Onion (11%), Spirit Vinegar, Tomato Paste (3%), Starch, Salt, Spices, Sunflower Oil, Coriander, Garlic Purée, Brown **MUSTARD** Seeds, Acidity Regulator: Citric Acid], Onion Bhaji (6.13%) [Onion, Rapeseed Oil, Gram Flour (Maize Flour, Chana Dal, Yellow Split Peas), Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Herbs and Spices (Coriander Leaf, Fenugreek, Garam Masala (Coriander, Cumin, Ginger, Black Pepper, Cloves, Cardamom, Nutmeg, Star Aniseed), Cumin, Cumin Seeds, Chilli Powder, Turmeric), Salt, Ginger Puree, Raising Agent (Sodium Bicarbonate)], Carrots (6.1%), Spinach (3.85%), Korma Paste (3.83%) [Water, Desiccated Coconut, Rapeseed Oil, Sugar, Concentrated Tomato Puree, Ginger Puree, Acids (Acetic Acid, Lactic Acid), Coriander Powder, Salt, Turmeric Powder, Spices, Paprika Powder, Cumin Powder, Garlic Puree, Maize Flour, **MUSTARD** Powder, Dried Coriander Leaf], Cucumber (3.17%), Sultanas (2.08%) [Sultanas, Sunflower Oil], Crispy Onions (0.77%) [Onions, Palm Oil, **WHEAT** Flour, Salt], Lemon Juice (0.54%) [Lemon Juice (from concentrate), Sodium Metabisulphite (**SULPHITE**)], Garlic Puree (0.47%) [Garlic, Citric Acid], Mint (0.43%), Vegetable Oil (0.36%) [Rapeseed Oil, Antifoaming Agent (Dimethylpolysiloxane)], Coriander (0.36%), Ground Cumin (0.14%), Salt (0.08%), Salt (0.05%), Cracked Black Pepper (0.05%)

Suitable for vegetarians & vegans

### Chicken Caeser Wrap - V001

Flour Tortilla (41.28%) **WHEAT** flour (66%) (**WHEAT** flour, calcium carbonate, iron, niacin, thiamin), water, rapeseed oil, **WHEAT** fibre, raising agents (E500, E450) salt, acidity regulator (E296), dextrose, **WHEAT gluten**, preservative (E282), Chicken (22.02%) (Chicken Breast, Salt), Tomatoes (9.17%), Mayonnaise (7.19%) Rapeseed Oil, Water, Spirit Vinegar, Sugar, Modified Maize Starch, Pasteurised Free Range **EGG** Yolk, Modified Potato Starch, Stabiliser (Guar Gum, Xanthan Gum), Salt, Preservatives: (Acetic Acid, Citric Acid), Potassium Sorbate, Colour: Lutein, Cos Lettuce (4.59%), Spinach (4.59%), Streaky Bacon (3.67%) (Pork Meat, Salt (E535), Acidity Regulator (E326), Antioxidants (E301, E331), Sodium Triphosphate, Preservatives (E250, E251, E252, E262), Spice Extracts, Smoke (Polysorbate 80), Sugar), Soured Cream (3.63%) (**MILK**), Vegetarian Parmesan (2.5%) (Whole Cow's **MILK**, Salt, Vegetarian Rennet), Garlic Puree (0.59%) (Garlic, Citric Acid), White wine vinegar (0.51%) (White Wine, Water, Antioxidant (Sodium Metabisulphite (**SULPHITE**))), Parsley (0.22%), Cracked Black Pepper (0.04%)

### Chickpea Falafel & Houmous Wrap - V001

Flour Tortilla (37.5%) [**WHEAT** flour (66%) (**WHEAT** flour, calcium carbonate, iron, niacin, thiamin), water, rapeseed oil, **WHEAT** fibre, raising agents (E500, E450) salt, acidity regulator (E296), dextrose, **WHEAT gluten**, preservative (E282)], Chickpea Falafel (20.83%) [Chickpeas (53%), Onion (32%), Rapeseed Oil, Wheat Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Cumin, Garlic Puree (Garlic, Acidity Regulator (Citric Acid)), Salt, Sugar, Kibbled Onion, Rice Starch, Ground Coriander, Coriander Leaf, Parsley, Chilli Powder, Concentrated Lemon Juice, Stabiliser (Methylcellulose), Black Pepper, Turmeric, Raising Agent (Ammonium Carbonates)], Cucumber (15.08%), Houmous (12.5%) [Chickpeas (46%) (Water, Chickpeas), Rapeseed, Oil, Water, Tahini (**SESAME** Seeds) (14%) (**SESAME** Seed Paste), Salt, Garlic Powder, Acidity Regulator (Citric Acid), Concentrated Lemon Juice, Preservative (Potassium Sorbate)], **SOYA** Yoghurt (8.81%) [**SOYA** base (Water, Hulled **SOYA** beans), Sugar, Calcium (Tri-calciumcitrate), Stabiliser (Pectins), Acidity regulators (Sodium citrates, Citric acid), Flavouring, Sea salt, Antioxidants (Tocopherol-rich extract, Fatty acid esters of ascorbic acid), Vitamins (B12, D2), Yogurt cultures (S. thermophilus, L. bulgaricus)], Spinach (2.08%), Rocket (2.08%), Lemon Juice (0.44%) [Lemon Juice (from concentrate), Sodium Metabisulphite (**SULPHITE**)], Mint (0.35%), Garlic Puree (0.25%) [Garlic, Citric Acid], Salt (0.04%), Cracked Black Pepper (0.04%).

Suitable for vegetarians & vegans

## Korean Chicken Wrap - V001

Flour Tortilla (41.86%) [**WHEAT** flour (66%) (**WHEAT** flour, calcium carbonate, iron, niacin, thiamin), water, rapeseed oil, **WHEAT** fibre, raising agents (E500, E450) salt, acidity regulator (E296), dextrose, **WHEAT gluten**, preservative (E282)], Chicken (18.27%) [Chicken Breast, Salt], Red Cabbage (9.47%), Gochujang Paste (5.4%) [Miso Paste (Water, **SOYABEANS**, Rice, Salt), Golden Syrup, Soy Sauce (Water, **SOYABEANS**, **WHEAT**, Salt), Water, Korean Red Pepper (10%), Garlic, Rice Vinegar (Water, Rice, Salt), Preservative: Potassium Sorbate], Mayonnaise (5.23%) [Rapeseed Oil, Water, Spirit Vinegar, Sugar, Modified Maize Starch, Pasteurised Free Range **EGG** Yolk, Modified Potato Starch, Stabiliser (Guar Gum, Xanthan Gum), Salt, Preservatives: (Acetic Acid, Citric Acid), Potassium Sorbate, Colour: Lutein], Spinach (4.65%), White Cabbage (3.35%), Chinese Cabbage (3.35%) Carrots (3.35%), Honey (1.83%), Ginger (1.19%), White wine vinegar (0.68%) [White Wine, Water, Antioxidant (Sodium Metabisulphite (**SULPHITE**))], Sriracha Sauce (0.46%) [Water, Red Chillies, Sugar, Minced Garlic, Salt, Glucose-Fructose Syrup, Modified Maize Starch, Acid (Acetic Acid), Stabiliser (Xanthan Gum), Preservative, (Sodium Benzoate), Colour (Paprika Extract), Chilli Extract], Garlic Puree (0.46%) [Garlic, Citric Acid], Vegetable Oil (0.41%) [Rapeseed Oil, Antifoaming Agent (Dimethylpolysiloxane)], Salt (0.04%).

# SOURDOUGH TOASTIES

## Ultimate Cheeseboard Sourdough Toastie – V001

Sourdough (53.57%) [**WHEAT** Flour (with added Calcium, Iron, Niacin, Thiamin), Water, Fermented **WHEAT** Flour, Rapeseed Oil, Salt, Malt Extract (**BARLEY**)], Red Onion Marmalade (10.71%) [Red Onions (24%), Demerara Sugar, Red Wine Vinegar, Muscovado Sugar, Dehydrated Red Onions (6%), Modified Tapioca Starch, Spirit Vinegar, Salt, Ground Black Pepper], Brie (7.14%) [Pasteurised Cow's **MILK**, Pasteurised Cream (**MILK**), Salt, Microbial Rennet, Ripening Culture, Lactic Ferments, Firming Agent: Calcium Chloride], Red Leicester Cheese (7.14%) [Pastuerised Cow's **MILK**, Non-Animal Rennet (Sodium Benzoate Free), Salt (Contains Anti-Caking Agent E535), Starter Culture, Annatto Norbixin], Bechamel Sauce (7.02%) [Vegetable Stock (Water, Salt, Yeast Extract, Maltodextrin, Sugar, Onion, Carrot, Tomato, Herbs), Skimmed **MILK**, Vegetable Oil (Palm - Segregated), Reconstituted Whole **MILK**, Cheddar Cheese (10%) (**MILK**), Modified Starch (Waxy Maize), Cheese Powder (2%) (**MILK**), Butter(**MILK**) (5%), Whey(**MILK**) Protein Concentrate, Salt, Acidity Regulator (Trisodium Citrate), Emulsifier (SOYA Lecithin E322), Colour (Beta- Carotene)], Cheddar and Mozzarella Analogue (5.66%) [Mozzarella (**MILK**), Pasteurised Full Fat **MILK**, Cheddar (**MILK**), Standard Analogue (Water, Palm Oil, Modified Potato Starch, Salt, Skimmed **MILK** Powder, Starter Culture, Vegetarian Rennet, (Microbial) Acidity Regulator (E270), Colour: Beta Carotine (E160a), Potato Starch (anti-caking agent), Annatto], Barber's Farmhouse Mature Cheddar (5.36%) [Cheddar Cheese (Cow's **MILK**)], Onions (2.34%), **MUSTARD** (0.45%) [Water, **MUSTARD** Flour, Glucose-Fructose Syrup, Salt, MUSTARD Bran, Acidity Regulator (Acetic Acid), Turmeric, Stabiliser (Xanthan Gum)], White wine vinegar (0.28%) [White Wine, Water, Antioxidant (Sodium Metabisulphite (**SULPHITE**))], Rapeseed Oil (0.23%) [Rapeseed Oil, Antifoaming Agent (E900)], Sugar (0.07%), Salt (0.01%), Cracked Black Pepper (0%).

Suitable for vegetarians

## Brie & Cranberry Sourdough Toastie – V001

Sourdough (56.6%) [**WHEAT** Flour (with added Calcium, Iron, Niacin, Thiamin), Water, Fermented **WHEAT** Flour, Rapeseed Oil, Salt, Malt Extract (**BARLEY**)], Brie (15.09%) [Pasteurised Cow's **MILK**, Pasteurised Cream (**MILK**), Salt, Microbial Rennet, Ripening Culture, Lactic Ferments, Firming Agent: Calcium Chloride], Cranberry Sauce (11.06%) [Cranberries (40%), Glucose Fructose Syrup, Water, Sugar, Gelling Agent : Pectin, Acidity Regulators (Citric Acid, Trisodium Citrate ,Tricalcium Citrate), Preservative (Potassium Sorbate)], Bechamel Sauce (7.42%) [Vegetable Stock (Water, Salt, Yeast Extract, Maltodextrin, Sugar, Onion, Carrot, Tomato, Herbs), Skimmed **MILK**, Vegetable Oil (Palm - Segregated), Reconstituted Whole **MILK**, Cheddar Cheese (10%) (**MILK**), Modified Starch (Waxy Maize), Cheese Powder (2%) (**MILK**), Butter(**MILK**) (5%), Whey(**MILK**) Protein Concentrate, Salt, Acidity Regulator (Trisodium Citrate), Emulsifier (SOYA Lecithin E322), Colour (Beta- Carotene)], Cheddar and Mozzarella Analogue (5.98%) [Mozzarella (**MILK**), Pasteurised Full Fat **MILK**, Cheddar (**MILK**), Standard Analogue (Water, Palm Oil, Modified Potato Starch, Salt, Skimmed **MILK** Powder, Starter Culture, Vegetarian Rennet, (Microbial) Acidity Regulator (E270), Colour: Beta Carotine (E160a), Potato Starch (anti-caking agent), Annatto], Onions (2.47%), **MUSTARD** (0.48%) [Water, **MUSTARD** Flour, Glucose-Fructose Syrup, Salt, **MUSTARD** Bran, Acidity Regulator (Acetic Acid), Turmeric, Stabiliser (Xanthan Gum)], White wine vinegar (0.3%) [White Wine, Water, Antioxidant (Sodium Metabisulphite (**SULPHITE**))], Rapeseed Oil (0.25%) [Rapeseed Oil, Antifoaming Agent (E900)], Orange Juice from Concentrate (0.23%) [Mandarin Orange Juice from Concentrate (70%), Orange Juice from Concentrate (30%)], Sugar (0.08%), Mixed Spice (0.03%) Ground Coriander, Ground Cinnamon, Ground Ginger, Ground Nutmeg, Ground Cloves, Salt (0.01%), Cracked Black Pepper (0%).

Suitable for vegetarians

## Mac & Cheese Sourdough Toastie – V001

Macaroni Pasta (16.61%) [Durum **WHEAT** Semolina], Bechamel Sauce (9.72%) [Vegetable Stock (Water, Salt, Yeast Extract, Maltodextrin, Sugar, Onion, Carrot, Tomato, Herbs), Skimmed **MILK**, Vegetable Oil (Palm - Segregated), Modified Starch (Waxy Maize), Butter(**MILK**) (5%), Whey(**MILK**) Protein Concentrate, Salt, Emulsifier (**SOYA** Lecithin E322)], Red Leicester Cheese (6.64%) [Pasteurised Cow's **MILK**, Non-Animal Rennet (Sodium Benzoate Free), Salt (Contains Anti-Caking Agent E535), Starter Culture, Annatto Norbixin], Mature Cheddar (6.64%) [Pasteurised Cow's **MILK**, Non Animal Rennet (Sodium Benzoate Free), Salt (Contains Anti Caking Agent E535), Starter Culture], Mozzarella and Cheddar Mix (5.85%) [Mozzarella - Pasteurised Full Fat **MILK**, Salt, Starter Culture, Vegetarian Rennet, (Microbial), Cheddar - Pasteurised Full Fat **MILK**, Salt, Starter Culture, Vegetarian Rennet, Added - Potato Starch], Rapeseed Oil (1%) [Rapeseed Oil, Antifoaming Agent (E900)], Panko Breadcrumbs (0.96%) [Unbleached **WHEAT** flour, Yeast, Salt, Bread Improver (Corn Starch, Calcium Carbonate, Calcium Sulfate, L-Ascorbic Acid, Alpha Amylase)], Vegetarian Parmesan (0.96%) [Whole Cow's **MILK**, Salt, Vegetarian Rennet], Barber's Farmhouse Mature Cheddar (0.83%) [Cheddar Cheese (Cow's **MILK**)], Extended Life Rapeseed Oil (0.69%) Rapeseed Oil, Anti-foaming Agent (Dimethyl Polysiloxane)., Sriracha Sauce (0.13%) [Water, Red Chillies, Sugar, Minced Garlic, Salt, Glucose-Fructose Syrup, Modified Maize Starch, Acid (Acetic Acid), Stabiliser (Xanthan Gum), Preservative (Sodium Benzoate), Colour (Paprika Extract), Chilli Extract], **MUSTARD** (0.07%) [Water, **MUSTARD** Flour, Glucose-Fructose Syrup, Salt, **MUSTARD** Bran, Acidity Regulator (Acetic Acid), Turmeric, Stabiliser (Xanthan Gum)], Salt (0.03%) Salt, Sodium Hexacyanoferrate (II), Garlic Puree (0.02%) [Garlic (98%), Citric Acid], Dried Mixed Herbs (0.01%) [Thyme (40%), Marjoram (27%), Oregano (10%), Parsley (9%), Sage (9%), Basil (5%)]

Suitable for vegetarians

## BBQ Chicken & Bacon Sourdough Toastie – V001

Sourdough (50.85%) [**WHEAT** Flour (with added Calcium, Iron, Niacin, Thiamin), Water, Fermented **WHEAT** Flour, Rapeseed Oil, Salt, Malt Extract (**BARLEY**)], Chicken (15.78%) [Chicken Breast, Salt], Mature Cheddar (**MILK**) (6.78%), Bechamel Sauce (6.67%) [Vegetable Stock (Water, Salt, Yeast Extract, Maltodextrin, Sugar, Onion, Carrot, Tomato, Herbs), Skimmed **MILK**, Vegetable Oil (Palm - Segregated), Modified Starch (Waxy Maize), Butter (**MILK**), Whey (**MILK**) Protein Concentrate, Salt, Emulsifier (**SOYA** Lecithin E322)], BBQ Sauce (6.26%) [Sugar, Tomato Paste, Red Wine Vinegar, Water, Salt, Demerara Sugar, Modified Tapioca Starch, Black Treacle (cane molasses, inverted sugar syrup), Gravy Browning (Colour: **SULPHITE** Ammonia Caramel), Dijon **MUSTARD**, Onion Powder, Garlic Powder, Smoke Flavouring, Smoked Salt], Cheddar and Mozzarella Analogue (5.37%) [Mozzarella (**MILK**), Standard Analogue (Water, Palm Oil, Modified Potato Starch, Salt, Skimmed **MILK** Powder, Acidity Regulator (E270), Colour: Beta Carotene (E160a), Lactic acid, Emulsifying salts (E331, E339), Preservative (E202), Anti-caking agent, Acidity Regulator (E270), Potato Starch (anti-caking agent))], Streaky Bacon (4.07%) [Pork Meat, Salt (E535), Acidity Regulator (E326), Glucose Syrup, Antioxidants (E301, E331), Sodium Triphosphate, Stabiliser (E450), Preservatives (E250, E251, E252, E262), Spice Extracts, Smoke (Polysorbate 80), Sugar], Onions (2.22%), Cold Pressed Rapeseed Oil (1.24%), **MUSTARD** (0.43%) [Water, **MUSTARD** Flour, Glucose-Fructose Syrup, Salt, **MUSTARD** Bran, Acidity Regulator (Acetic Acid), Turmeric, Stabiliser (Xanthan Gum)], White wine vinegar (0.27%) [White Wine, Water, Antioxidant (Sodium Metabisulphite (**SULPHITE**))], Sugar (0.07%), Salt (0.01%), Cracked Black Pepper (0%)

## Ultimate Ham & Cheese Sourdough Toastie – V001

Sourdough (55.97%) [**WHEAT** Flour (with added Calcium, Iron, Niacin, Thiamin), Water, Fermented **WHEAT** Flour, Rapeseed Oil, Salt, Malt Extract (**BARLEY**)], Gammon Ham (14.93%) [Pork, Water, Cure (Modified Waxy Maize Starch, Salt, Stabiliser (Triphosphates), Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite)), Salt, Preservatives (Sodium Lactate, Sodium Acetate)], Mature Cheddar (11.19%) [Pasteurised Cow's **MILK**, Non Animal Rennet (Sodium Benzoate Free), Salt (Contains Anti Caking Agent E535), Starter Culture], Bechamel Sauce (7.34%) [Vegetable Stock (Water, Salt, Yeast Extract, Maltodextrin, Sugar, Onion, Carrot, Tomato, Herbs), Skimmed **MILK**, Vegetable Oil (Palm - Segregated), Reconstituted Whole **MILK**, Cheddar Cheese (10%) (**MILK**), Modified Starch (Waxy Maize), Cheese Powder (2%) (**MILK**), Butter(**MILK**) (5%), Whey(**MILK**) Protein Concentrate, Salt, Acidity Regulator (Trisodium Citrate), Emulsifier (**SOYA** Lecithin E322), Colour (Beta-Carotene)], Cheddar and Mozzarella Analogue (5.91%) [Mozzarella (**MILK**), Pasteurised Full Fat **MILK**, Cheddar (**MILK**), Standard Analogue (Water, Palm Oil, Modified Potato Starch, Salt, Skimmed **MILK** Powder, Starter Culture, Vegetarian Rennet, (Microbial) Acidity Regulator (E270), Colour: Beta Carotine (E160a), Potato Starch (anti-caking agent), Annatto], Onions (2.45%), Rapeseed Oil (1.36%) [Rapeseed Oil, Antifoaming Agent (E900)], **MUSTARD** (0.47%) [Water, **MUSTARD** Flour, Glucose-Fructose Syrup, Salt, **MUSTARD** Bran, Acidity Regulator (Acetic Acid), Turmeric, Stabiliser (Xanthan Gum)], White wine vinegar (0.29%) [White Wine, Water, Antioxidant (Sodium Metabisulphite (**SULPHITE**))], Sugar (0.08%), Salt (0.01%), Cracked Black Pepper (0%).

# FOCACCIA

## Hog Roast Focaccia with Gravy – V001

Rosemary Focaccia (35.09%) [Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Rapeseed Oil, Sugar, Bread Improver (Emulsifier: Mono And Diglycerides Of Fatty Acids (E471), Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Niacin, Iron, Thiamin)), Yeast, Salt, Extra Virgin Olive Oil, Rosemary, Bakery Improver (Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Rapeseed Oil)), Rock Salt, Dough Conditioner (Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Flour Treatment Agent: Ascorbic Acid (E300)], Pulled Pork (21.05%) [Pork (97%), Pea Starch, Triphosphates, Salt, Cracked Black Pepper], Water (19.47%), Apple Sauce (19.3%) Re-hydrated Apple (49%) (**SULPHITES**), Water, Sugar, Lemon Juice From Concentrate, Modified Maize Starch, Spirit Vinegar, Salt, Preservative (Sodium **MetabiSULPHITE**), Sage and Onion Stuffing (2.84%) [Breadcrumbs (**WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Yeast, Salt), Onion, Salt, Rapeseed Oil, Flavouring, Parsley, Sage], Gravy (1.72%) [Potato Starch, Maltodextrin, Yeast Extract, Palm Fat, Salt, Rapeseed Oil, Sunflower Oil, Onion Extract, Toasted Onion Powder, Maize Starch, Tomato Puree, **BARLEY** Malt Extract, **WHEAT** Flour (with added Calcium, Iron, Niacin, Thiamin), Colour (Ammonia Caramel), Onion Concentrate, Natural Caramel, Kelp Powder, Ground Pimento, Ground Black Pepper, Modified Maize Starch, Red Currant Jam (Sugar, Redcurrant Juice Concentrate, Water, Lemon Juice Concentrate, Gelling Agent (Pectin), Sugar, Flavourings, Flavour Enhancers (Monosodium Glutamate, Disodium 5'-ribonucleotides), Emulsifier (**SOYA** Lecithin), Black Pepper Extract, Rosemary Extract, Onion Oil, Balsamic Vinegar], Rapeseed Oil (0.53%) [Rapeseed Oil, Antifoaming Agent (E900)].

## Pizza Focaccia – V001

Rosemary Focaccia (53.33%) [Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Rapeseed Oil, Sugar, Bread Improver (Emulsifier: Mono And Diglycerides Of Fatty Acids (E471), Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Niacin, Iron, Thiamin)), Yeast, Salt, Extra Virgin Olive Oil, Rosemary, Bakery Improver (Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Rapeseed Oil)), Rock Salt, Dough Conditioner (Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Flour Treatment Agent: Ascorbic Acid (E300)], Fresh Mozzarella Cheese (16%) [**MILK**, Salt, Rennet, Starter Cultures], Italian Sliced Salami (10.67%) Pork, Salt, Dextrose, Saccharose, Flavouring, Spices, Antioxidant : E301, Preservative: Sodium Nitrite, Preservative: Potassium Nitrate, Tomato Sauce (6.63%) Sun-Ripened Tomatoes (48.5%), Puree of Sun Ripened Tomatoes (41.5%), Onion, Sunflower Oil, Sugar, Salt, Herb and Spices (Black Pepper, Basil, Oregano), Garlic, Acid (Citric Acid), Firming Agent (Calcium Chloride), Sundried Tomato Paste (6.63%) [Slow Roast Tomatoes (50%), Tomato Concentrate (21%), Sunflower Oil, Olive Oil, Salt, Oregano, Sugar, Garlic], Pepperoni (5.33%) [Pork Meat, Pork Fat, Salt, Dextrose, Paprika, Beetroot, Acerola, Garlic, Rosemary, Oregano, Paprika Extract, Pepper, Onion, Coriander], Basil (1.33%), Dried Mixed Herbs (0.07%) [Thyme (40%), Marjoram (27%), Oregano (10%), Parsley (9%), Sage (9%), Basil (5%)].

## Mozzarella, Tomato and Basil Focaccia – V001

Rosemary Focaccia (43.48%) (Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Rapeseed Oil, Sugar, Bread Improver (Emulsifier: Mono And Diglycerides Of Fatty Acids (E471), Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Niacin, Iron, Thiamin)), Yeast, Salt, Extra Virgin Olive Oil, Rosemary, Bakery Improver (Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Rapeseed Oil)), Rock Salt, Dough Conditioner (Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Flour Treatment Agent: Ascorbic Acid (E300)), Mozzarella Cheese (**MILK**) (27.17%), Tomatoes (19.57%), Green Pesto (8.7%) (Basil (54%), sunflower oil, cheese (**MILK**), potato flakes, **CASHEW NUTS** (3%), salt, sugar, extra virgin olive oil, pine nuts, yeast extract, garlic, acidity regulator: lactic acid., antioxidant: ascorbic acid), Basil (1.09%)

Suitable for vegetarians

## RUSTIC WHITE ROLLS

### Glazed Ham Hock, Cheddar & Mustard Roll – V001

Rustic White Roll (48.48%) Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Bakery Improver (Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Sugar, Salt, Emulsifiers: Mono- And Diglycerides Of Fatty Acids (E471), Sodium Stearoyl-2-Lactylate (E481)), Vegetable Oils (Palm, Rapeseed), Inactive Dry Yeast, Flour Treatment Agent: Ascorbic Acid (E300)), Potato Flakes (Potato Flakes, Emulsifier Mono & Di Glycerides Of Fatty Acids (E471)), Yeast, Organic **OAT (GLUTEN)** Milk (Spring Water, Organic **GLUTEN** Free Oats, Sunflower Oil, Sea Salt), Rapeseed Oil, Preservative: Calcium Propionate (E282), Ham Hock (22.72%) [Pork (87%), Water, Salt, Antioxidant (E301), Preservatives: Sodium Nitrate (E250), Potassium Nitrate (E252), Mature Cheddar (12.12%) [Pasteurised Cow's **MILK**, Non-Animal Rennet (Sodium Benzoate Free), Salt (Contains Anti Caking Agent E535), Starter Culture], Mayonnaise (7.27%) [Rapeseed Oil (64.5%), Water, Spirit Vinegar, Pasteurised Free Range **EGG** Yolk (3.5%), Sugar, Salt, Modified Potato Starch, Stabiliser (Guar gum, Xanthan gum), Preservative (Potassium Sorbate), Acidity Regulator (Citric Acid), **MUSTARD** Flour, Lemon Juice Concentrate, Flavouring, Colour (Paprika, Carotene), Antioxidant: Calcium Disodium], Rocket (3.03%), Butter (**MILK**) (2.31%), **MUSTARD** (1.23%) [Water, **MUSTARD** Flour, Glucose-Fructose Syrup, Salt, **MUSTARD** Bran, Acidity Regulator (Acetic Acid), Turmeric, Stabiliser (Xanthan Gum)], Dark Brown Sugar (1.16%) [Cane Sugar], Wholegrain **MUSTARD** (0.91%) [Water, **MUSTARD** Seed (30%), White Wine Vinegar, Glucose-Fructose Syrup, **MUSTARD** Flour (4%), Salt, Acidity Regulator (Acetic Acid), Cinnamon, Pimento, Turmeric], Country Range Pure Clear Honey (0.69%) Honey, Garlic Puree (0.07%) [Garlic, Citric Acid].

### Gammon Ham & Mature Cheddar Roll – V001

Rustic White Roll (41.03%) Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Bakery Improver (Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Sugar, Salt, Emulsifiers: Mono- And Diglycerides Of Fatty Acids (E471), Sodium Stearoyl-2-Lactylate (E481)), Vegetable Oils (Palm, Rapeseed), Inactive Dry Yeast, Flour Treatment Agent: Ascorbic Acid (E300)), Potato Flakes (Potato Flakes, Emulsifier Mono & Di Glycerides Of Fatty Acids (E471)), Yeast, Organic Oat (**CEREALS**)**MILK** (Spring Water, Organic **GLUTEN** Free Oats, Sunflower Oil, Sea Salt), Rapeseed Oil, Preservative: Calcium Propionate (E282), Gammon Ham (30.77%) [Pork, Water, Cure (Modified Waxy Maize Starch, Salt, Stabiliser (Triphosphates), Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite)), Salt, Preservatives (Sodium Lactate, Sodium Acetate)], Mature Cheddar (**MILK**) (15.38%), Mayonnaise (12.82%) [Rapeseed Oil (64.5%), Water, Spirit Vinegar, Pasteurised Free Range **EGG** Yolk (3.5%), Sugar, Salt, Modified Potato Starch, Stabiliser (Guar gum, Xanthan gum), Preservative (Potassium Sorbate), Acidity Regulator (Citric Acid), **MUSTARD** Flour, Lemon Juice Concentrate, Colour (Paprika)]

### Mature Cheddar & Tomato Roll – V001

Rustic White Roll (44.44%) Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Bakery Improver (Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Sugar, Salt, Emulsifiers: Mono- And Diglycerides Of Fatty Acids (E471), Sodium Stearoyl-2-Lactylate (E481)), Vegetable Oils (Palm, Rapeseed), Inactive Dry Yeast, Flour Treatment Agent: Ascorbic Acid (E300)), Potato Flakes (Potato Flakes, Emulsifier Mono & Di Glycerides Of Fatty Acids (E471)), Yeast, Organic Oat (**CEREALS**)**MILK** (Spring Water, Organic **GLUTEN** Free Oats, Sunflower Oil, Sea Salt), Rapeseed Oil, Preservative: Calcium Propionate (E282), Tomatoes (25%), Mature Cheddar (**MILK**) (16.67%), Mayonnaise (13.89%) [Rapeseed Oil (64.5%), Water, Spirit Vinegar, Pasteurised Free Range **EGG** Yolk (3.5%), Sugar, Salt, Modified Potato Starch, Stabiliser (Guar gum, Xanthan gum), Preservative (Potassium Sorbate), Acidity Regulator (Citric Acid), **MUSTARD** Flour, Lemon Juice Concentrate, Colour (Paprika)]

Suitable for vegetarians

# POTS

## Fresh Fruit Pot – V001

Watermelon (29.57%), Honeydew Melon (24.03%), Pineapple (16.64%), Grapes (14.79%), Orange (9.24%), Strawberries (5.55%), Mint (0.18%)

Suitable for vegetarians & vegans

## SOHO Berry Granola – V001

Greek Style Yoghurt (**MILK**) (58.97%), Granola (20.51%) [Oatflakes (**OATS**), Sugar, Raisins, Palm Oil (RSPO Certified), **ALMONDS (NUTS)**, Honey, Desiccated Coconut, Maple Syrup, Ground Cinnamon, Sunflower Seeds, Natural Flavour], Mixed Berries (18.67%) [Raspberries, Redcurrants, Blackcurrants, Blueberries, Blackberries, Strawberries], Icing Sugar (1.85%) [Icing Sugar, Maize Starch]

Suitable for vegetarians

## Blueberry Chia Yoghurt – V001

Greek Style Yoghurt (**MILK**) (66.52%), Blueberries (15.21%), Coconut Milk (14.2%) [Water, Gluten Free **OATS** (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum], Chia Seeds (1.89%) [Black Sachia Chia Seed (100%)], Icing Sugar (1.7%) [Icing Sugar, Maize Starch], Honey (0.48%)

Suitable for vegetarians

## Peanut Butter, Banana & Cacao Smoothie Bowl – V001

**OAT** Milk (32.34%) [Water, Gluten Free **OATS** (13%), Sunflower Oil, Sea Salt, Gellan Gum], Banana (28.95%), **PEANUT** Butter (17.33%) [Argentinian Hi-Oleic **PEANUTS (NUTS)**, Sea Salt], Organic Gluten Free Porridge **OATS** (12.36%), Banana Chips (6.35%) [Bananas (76%), Coconut Oil, Refined Cane Sugar, Banana Flavour], Fat Reduced Cocoa Powder (1.61%), Organic Cacao Nibs (1.06%) [Cocoa Beans]

Suitable for vegetarians & vegans

## Peach Melba Overnight Oats – V001

Peach Slices (24.97%) Peach Slices, Grape Juice from Concentrate, Citric acid, **SOYA** Milk (19.8%) [Water, Organic Soybean (**SOYA**) (13%), Organic Rice syrup, Sea Salt], **SOYA** Yoghurt (16.36%) [**SOYA** base (Water, Hulled **SOYA** beans), Sugar, Calcium (Tri-calciumcitrate), Stabiliser (Pectins), Acidity regulators (Sodium citrates, Citric acid), Flavouring, Sea salt, Antioxidants (Tocopherol-rich extract, Fatty acid esters of ascorbic acid), Vitamins (B12, D2), Yogurt cultures (S. thermophilus, L. bulgaricus)], Organic Gluten Free Porridge **OATS** (12.27%), Raspberries (8.74%), Sweetbird Vanilla Syrup (7.6%) [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Apple Juice (6.82%) (from concentrate), Red Apple (2.08%), Icing Sugar (1.25%) [Icing Sugar, Maize Starch], Freeze Dried Raspberries (0.12%)

Suitable for vegetarians & vegans

## Mango, Ginger & Turmeric Chia Yoghurt – V001

Greek Style Yoghurt (**MILK**) (55.21%), Coconut Milk (12.78%) [Water, Gluten Free **OATS** (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum], Mango (12.42%), Pineapple (9.94%), Crystallised Stem Ginger (2.48%) [Stem Ginger, Sugar], Honey (2.28%), Ginger (1.85%), Chia Seeds (1.7%) [Black Sachia Chia Seed (100%)], Turmeric (0.72%), Desiccated Coconut (0.5%) [Desiccated Coconut (99%), Preservative (Sodium Metabisulphite (**SULPHITES**))], Freeze Dried Raspberries (0.12%)

Suitable for vegetarians

## Pink Lady Apple Slices & Peanut Butter – V001

Pink Lady Apple (62.49%), **PEANUT** Butter (35.71%) [Argentinian Hi-Oleic **PEANUTS (NUTS)**, Sea Salt], Lemon Juice (1.8%) [Lemon Juice from Concentrate, Preservative: Potassium Metabisulphite (**SULPHITE**)]

Suitable for vegetarians & vegans

## Trio of Melon – V001

Watermelon (32.85%), Melon Cantaloupe (32.85%), Honeydew Melon (32.85%), Mint (1.46%)

Suitable for vegetarians & vegans

## MEDIUM SALADS

### **Roasted Beetroot, Butternut Squash & Feta Salad – V001**

Beetroot (28%), Butternut Squash (27.65%), Greek Feta Cheese (12%) [Pasteurised Sheep and Goats **MILK**], Balsamic Vinegar (12%) [Wine Vinegar, Concentrated Grape Must, **SULPHITE** Ammonia Caramel], Balsamic Glaze (8%) [Aceto Balsamico di Modena IGP (40%) (Wine Vinegar (Wine, Water, Antioxidant: **SULPHITES**), Concentrated Grape Must and Juice, Colouring: Caramel E150d (Contains **SULPHITES**)), Thickener (Modified Starch)] Orange Juice from Concentrate (5.4%), Cold Pressed Rapeseed Oil (2.16%), Rocket (2%), Super Seeds Mix (2%) [Sunflower Seeds, Pumpkin Seeds, Golden Linseed, Goji Berries (Preservative Sulphur Dioxide (**SULPHITE**), Sunflower Oil], Garlic Puree (0.58%) [Garlic, Citric Acid], Salt (0.14%), Cracked Black Pepper (0.07%)

Suitable for vegetarians

### **Salmon Nicoise Salad – V001**

New Potatoes (26.76%) Potato, Water, Citric Acid, Ascorbic acid, Salmon (21.08%) Salmon (**FISH**) (*Salmo salar*), Water, Salt, Green Beans (12.04%) Cold Pressed Rapeseed Oil (10.97%), Tomatoes (8.03%), Lemon Juice (6.27%) [Lemon Juice (from concentrate), Sodium Metabisulphite (**SULPHITE**)], Spinach (6.02%), Black Olives (3.21%) [Pitted Black Olives, Water, Salt, Stabiliser (Ferrous Gluconate)], Cotswold Gold Rapeseed Oil (2.68%), Parsley (1.07%), Lemon Juice (0.6%), Parsley (0.56%), Salt (0.48%), Black Pepper (0.13%), Cracked Black Pepper (0.09%)

### **Slow Cooked Ham Hock, Potato & Egg Salad – V001**

New Potatoes (36.14%) Potato, Water, Citric Acid, Ascorbic acid, Mayonnaise (19.68%) [Rapeseed Oil, Water, Spirit Vinegar, Sugar, Modified Maize Starch, Pasteurised Free Range **EGG** Yolk, Modified Potato Starch, Stabiliser (Guar Gum, Xanthan Gum), Salt, Preservatives: (Acetic Acid, Citric Acid), Potassium Sorbate, Colour: Lutein], Free Range **EGG** (16.06%), Ham Hock (12.05%) [Pork (87%), Water, Salt, Antioxidant (E301), Preservatives: Sodium Nitrate (E250), Potassium Nitrate (E252), Cos Lettuce (12.05%), Wholegrain Mustard (2.41%) Water, **MUSTARD** Seed (30%), White Wine Vinegar, Glucose-Fructose Syrup, **MUSTARD** Flour (4%), Salt, Acidity Regulator (Acetic Acid), Cinnamon, Pimento, Turmeric, Parsley (0.8%), Salt (0.4%), Black Pepper (0.4%)

## LARGE SALADS

### Chicken & Kimchi Noodle Salad - V001

Chicken Breast (29.32%) Chicken Breast (98%), Maize Starch, Salt, Dextrose, Sugar, Stabilizer (Sodium Tripolyphosphate), Chinese Cabbage (19.19%), Noodles (15.24%) [**WHEAT** Flour (Vitamin B1, Niacin, Calcium, Iron), Water, **EGG** Powder, Salt, Natural Colour (Mixed Carotenes and Paprika), Acidity Regulator (Sodium Carbonate, Potassium Carbonate, Citric Acid)], Teriyaki Sauce (9.77%) [Water, Sugar, Japanese **SOYA** sauce (Water, Defatted **SOYA** Beans, Roasted **WHEAT**, Salt, Alcohol), Modified Maize Starch, Soybean (**SOYA**) paste, [Water, **SOYA** Beans (**SOYA**), Rice, Salt], Ginger Puree, Yeast extract paste [Yeast Extract, Salt], Acidity Regulator (Citric Acid), Colour (Plain Caramel)], Red Onion (7.05%), Carrots (5.64%), Spring Onion (4.45%), Gochujang Paste (3.39%) [Miso Paste (Water, **SOYABEANS**, Rice, Salt), Golden Syrup, Soy Sauce (Water, **SOYABEANS**, **WHEAT**, Salt), Water, Korean Red Pepper (10%), Garlic, Rice Vinegar (Water, Rice, Salt), Preservative: Potassium Sorbate], Coriander (2.06%), Garlic Puree (1.13%) [Garlic, Citric Acid], IQF Ginger Puree (1 x 10kg) (1.13%) Ginger, **SESAME** Seeds (0.65%), Nigella Seeds (0.65%), Lime (0.33%)

### Paprika Houmous & Chickpea Falafel Mezze Salad - V001

Chickpea Falafel (26.6%) [Chickpeas (53%), Onion (32%), Rapeseed Oil, Wheat Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Cumin, Garlic Puree (Garlic, Acidity Regulator (Citric Acid)), Salt, Sugar, Kibbled Onion, Rice Starch, Ground Coriander, Coriander Leaf, Parsley, Chilli Powder, Concentrated Lemon Juice, Stabiliser (Methylcellulose), Black Pepper, Turmeric, Raising Agent (Ammonium Carbonates)]  
 Houmous (23.94%) [Chickpeas (46%)(Water, Chickpeas), Rapeseed Oil, Water, Tahini (**SESAME** Seeds) (14%)(**SESAME** Seed Paste), Salt, Garlic Powder, Acidity Regulator(Citric Acid), Concentrated Lemon Juice, Preservative(Potassium Sorbate)], Red Roasted Peppers (Chef's Brigade) (15.96%) [Red Peppers, Water, Salt, Acidity Regulator: Citric Acid], Black Olives (7.98%) [Pitted Black Olives, Water, Salt, Stabiliser (Ferrous Gluconate)], Sourdough Flatbread (7.98%) [**WHEAT** Flour (Fortified with Calcium, Iron, Thiamin, Niacin), Water, Rapeseed Oil, Yeast, Salt, Sugar, Dextrose], Five Grain Mix (5.32%) [Red Quinoa, White Quinoa, Bulgar **WHEAT**, Buckwheat, SPELT (**WHEAT**)], Water (3.47%), Red Onion (2.79%), Rocket (2.66%), White wine vinegar (1.4%) [White Wine, Water, Antioxidant (Sodium Metabisulphite (**SULPHITE**))], Super Seeds Mix (1.33%) [Sunflower Seeds, Pumpkin Seeds, Golden Linseed, Goji Berries (Preservative Sulphur Dioxide (**SULPHITE**), Sunflower Oil], Smoked Paprika (0.27%), Icing Sugar (0.2%) [Icing Sugar, Maize Starch], Salt (0.12%)

Suitable for vegetarians & vegans

### Prosciutto Crudo & Basil Pesto Pasta Salad - V001

Farfalle Pasta (47.51%) [Durum **WHEAT** Semolina], Green Pesto (18.77%) Basil Puree (Basil Leaf, Sunflower Oil, Salt, Ascorbic Acid) (80.231%) Prosciano Grated (Vegan) (Water, Modified Potato Starch, Coconut Oil, Maize Starch, Rice Starch, Potato Starch, Sea Salt, Rice Protein, Olive Leaf Extract, Flavouring, Vitamin B12), Rapeseed Oil, Garlic Puree, Acidity Regulator: Citric Acid, Tomatoes (17.6%), Mozzarella Cheese (**MILK**) (8.8%), Prosciutto (4.11%) [Pork leg, salt, Preservative: E252], Cold Pressed Rapeseed Oil (2.93%), Basil (0.29%).

## KIDS

### Chocolate Mousse – V001

Chocolate Mousse (20%) (Sugar, Modified Starch, Skimmed **MILK** Powder, Palm Oil, Fat Reduced Cocoa Powder, Gelling Agents (Diphosphates, Sodium Phosphates), Emulsifiers (Propylene Glycol Esters of Fatty Acids, Lecithins), Lactose (**MILK**), **MILK** Proteins, Calcium Carbonate, Whey Powder (**MILK**), Anti-caking Agent (Silicon Dioxide), Flavouring)

Suitable for vegetarians

### Jelly Baby Jelly – V001

Strawberry Flavour Jelly (61.76%) (Sugar, Beef Gelatine, Acid (Citric Acid), Acidity Regulator (Trisodium Citrate), Flavouring, Colours (Beetroot Red, Annatto)), Jelly Babies (38.24%) (Sugar, Glucose Syrup, Water, Gelatine, Concentrated Fruit Juices (Apple, Lime, Orange, Strawberry, Blackcurrant, Lemon, Raspberry), Citric Acid, Flavourings, Colours: Anthocyanins, Paprika Extract, Vegetable Carbon, Lutein, Curcumin)

NOT suitable for vegetarians

### Simply Cheese Sandwich – V001

Malted Grain Bread (77.88%) (Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Malted **WHEAT** Flakes, **WHEAT BRAN**, Yeast, Spirit Vinegar, Salt, **WHEAT GLUTEN**, Malted **BARLEY** Flour, Emulsifier; Mono- and Diglycerides of Fatty Acids and Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Vegetable Fat (Rapeseed Oil, Palm Fat), **WHEAT** Starch, Treatment Agent: Ascorbic Acid), Mature Cheddar (**MILK**) Slices (17.7%), Butter (**MILK**) (4.42%)

Suitable for vegetarians

### Simply Ham Sandwich – V001

Malted Grain Bread (66.17%) (Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Malted **WHEAT** Flakes, **WHEAT BRAN**, Yeast, Spirit Vinegar, Salt, **WHEAT GLUTEN**, Malted **BARLEY** Flour, Emulsifier; Mono- and Diglycerides of Fatty Acids and Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Vegetable Fat (Rapeseed Oil, Palm Fat), **WHEAT** Starch, Treatment Agent: Ascorbic Acid, Preservative: Calcium Propionate), Gammon Ham (30.08%) (Pork, Water, Cure (Modified Waxy Maize Starch, Salt, Stabiliser (Triphosphates), Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite)), Salt, Preservatives (Sodium Lactate, Sodium Acetate)), Butter (**MILK**) (3.76%)

## TRAYBAKES AND CAKES

### Wagon Wheel Rocky Road – V001

Chocolate Chips (31.71%) [Sugar, Vegetable Oil (Palm), Fat-Reduced Cocoa Powder, Emulsifiers (**SOYA** Lecithin, Sorbitan Tristearate), Natural Flavouring], Jammie Wagon Wheel (26.95%) [**WHEAT** Flour (with Calcium Carbonate, Iron, Niacin and Thiamin), Chocolate Flavoured Coating (23%) (Sugar, Vegetable Fats (Sustainable Palm Kernel, Sustainable Palm, Shea), Dried Whey (**MILK**), Fat Reduced Cocoa powder, Emulsifiers (E476, **SOYA** Lecithin)), Mallow (19%) (Glucose syrup, Gelling agent (Beef Gelatine), Acidity Regulator (Citric Acid)), Sugar, Raspberry Flavoured Apple Jam (5%) (Glucose-Fructose Syrup, Apples, Sugar, Humectant (Glycerol), Acid (Citric Acid), Acidity Regulator (Sodium Citrates), Flavourings, Colours (Anthocyanins, Annatto norbixin), Gelling Agent (Pectin)), Sustainable Palm Oil, Glucose Syrup, Fat Reduced Cocoa Powder, Raising Agent (Sodium Bicarbonate), Salt], Butter (**MILK**) (13.08%), Digestive Biscuit (10.31%) [Flour (**WHEAT** Flour, Calcium, Iron, Niacin, Thiamin), Vegetable Oil (Palm), Wholemeal **WHEAT** Flour, Sugar, Raising Agents (Sodium Bicarbonate, Malic Acid, Ammonium Bicarbonate), Partially Inverted Sugar Syrup, Salt], Mini Marshmallows (9.91%) [Glucose-Fructose Syrup, Sugar, Water, Pork Gelatine, Maize Starch, Dextrose, Flavouring], Raspberry Jam (7.93%) [Raspberries, Cane Sugar, Lemons], Freeze Dried Raspberries (0.12%).

Suitable for vegetarians

### Viennese Mince Pie – V001

Viennese Mince Pie (100%) [Mincemeat (39%) (Contains: Vine Fruits (Contains: Sultanas, Raisins, Sunflower oil), Apple Puree (Apples, Preservative E260), Sugar, Glucose Fructose Syrup, Candied Mixed Peel (Orange Peel, Glucose-Fructose Syrup, Sugar, Lemon Peel, Acidity Regulator (E330), Vegetable Suet (Palm Oil, Rice flour, Sunflower Oil), Acidity regulator (E330), Modified Maize Starch, Mixed Spice, Colour (E150a), Orange Oil), **WHEAT** Flour (**WHEAT** flour, Calcium carbonate, Iron, Niacin, Thiamin), Vegetable Oil (Palm, Rapeseed), Water, Sugar, Pasteurised Whole **EGG**, Glucose Syrup, Dextrose, Emulsifier (E471), Modified Maize Starch, Salt, **WHEAT GLUTEN**, Cornflour, Raising Agents (E450, E500), Flavouring, Colour (E160a)].

Suitable for vegetarians

### Rainbow Cake – V001

Rainbow Cake (100%) Sugar, Wheat Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Pasteurised Whole **EGG**, Rapeseed Oil, Water, Butter (**MILK**), Margarine (Vegetable Oils (Palm, Rapeseed), Water, Emulsifier (Mono- and Diglycerides of Fatty Acids)), Humectant (Glycerol), **WHEAT** Starch, Raising Agents (Disodium Diphosphate, Sodium Hydrogen Carbonate, Potassium Carbonate), Whey (**MILK**) Powder (**MILK**), Modified Potato Starch, Emulsifiers (Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl-2-Lactylate), Colours (Carmine, Anthocyanins, Paprika Extract, Lutein, Copper Complexes of Chlorophylls), **WHEAT GLUTEN**, Salt, Stabilisers (Sodium Carboxy Methyl Cellulose, Guar Gum), Spirulina

**NOT** Suitable for vegetarians

### Pecan & Cornflake Tart – V001

Pecan & Cornflake Tart (100%) Wheat Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Butter (**MILK**) (17%), Partially Inverted Refiners Syrup, Shortening (Palm Oil, Rapeseed Oil), Sugar Frosted Flakes of Corn (8%) (Maize, Sugar, **BARLEY** Malt Extract, Salt), **PECAN NUTS** (7.5%), Margarine (Vegetable Oils (Palm, Rapeseed), Water, Salt, Emulsifier (Mono- and Diglycerides of Fatty Acids)), Maize Flour, Sugar, Water, Salt, Natural Flavouring

Suitable for vegetarians

## Red Velvet Mini Cake – V001

Red Velvet Mini Cake (100%) [Sugar, **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Pasteurised Whole **EGG**, Rapeseed Oil, Strawberry Jam (9.0%) (Sugar, Strawberry Purée, Glucose-Fructose Syrup, Acid (Citric Acid), Acidity Regulator (Sodium Citrate), Gelling Agent (Pectin)), Water, Full Fat Soft Cheese (**MILK**) (3.5%) (added ingredients: Cornflour, Sea Salt, Preservative (Potassium Sorbate)), Humectant (Glycerol), Butter (**MILK**), Margarine (Vegetable Oils (Palm, Rapeseed), Water, Emulsifier (Mono- and Diglycerides of Fatty Acids)), Fat Reduced Cocoa Powder, Sweet Dusting (Dextrose, **WHEAT** Starch, Vegetable Oils (Palm, Rapeseed), Salt, Natural Flavouring), Modified Maize Starch, Whey Powder (**MILK**), **WHEAT** Gluten, Natural Flavourings, Colour (Carmine), Raising Agents (Disodium Diphosphate, Sodium Hydrogen Carbonate), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl-2-lactylate, Propane- 1,2 Diol Esters of Fatty Acids), Lemon Juice]

NOT Suitable for vegetarians

## Carrot Cake Slice – V001

**WHEAT** Flour (Calcium Carbonate, Iron, Niacin, Thiamin), Icing Sugar, Brown Sugar, Carrots 10%, Oranges 9%, Rapeseed Oil, **SOYA** Drink (Water, **SOYA** Beans, Apple Extract, Acidity Regulators (Monopotassium Phosphate, Dipotassium Phosphate), Calcium Carbonate, Sea Salt, Gellan Gum, Vitamins B2, B12, D2), Sultanas 4%, Violife Creamy (Water, Coconut Oil, Starch, Sea Salt, Acidity Regulator (Glucono-Delta-Lactone), Flavourings, Olive Extract, Vitamin B12), **WALNUTS (NUTS)** 3%, Plant Butter (Plant Oils (Sustainable Palm, Sunflower, Rapeseed), Water, Sea Salt, Fava Bean Preparation, Emulsifier (Sunflower Lecithin), Natural Flavourings), Lemon Juice, Flax Seeds, Coconut 1%, Raising Agent (Diphosphates, Sodium Carbonates, **WHEAT** Flour (Calcium Carbonate, Iron, Niacin, Thiamin)), Mixed Spices 1%, Candied **HAZELNUTS** (Sugar, **HAZELNUTS**), Pumpkin Seeds, Sodium Bicarbonate, Salt, Madagascan Vanilla Paste, Cornflower Petals

Suitable for vegetarians & vegans

## Chocolate Caramel Shortcake – V001

Shortcake Base (43%) [**WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Sugar, Butter (**MILK**), Vegetable Margarine [Palm Oil, Rapeseed Oil, Water, Salt, Emulsifier (E471), Natural Flavouring], Cornflour, Salt], Caramel (42%) [Sweetened Condensed **MILK**, Salted Butter [Butter (**MILK**), Salt], Soft Brown Sugar, Golden Syrup], Milk Chocolate (15%) [Sugar, Cocoa Butter, Whole **MILK** Powder, Cocoa Mass, Emulsifier (**SOYA** Lecithin), Natural Vanilla Flavouring].

Suitable for vegetarians

## Salted Caramel Pecan Brownie – V001

Caramel (19%) (Sugar, Glucose Syrup, Sweetened Condensed **MILK**, Water, Butter (**MILK**), Golden Syrup, Palm Oil, Salt, Emulsifiers (Rapeseed Lecithin, Sorbitane Monostearate), Natural Flavouring), Belgium Dark Chocolate (18%) (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier (**SOYA** Lecithin), Natural Vanilla Flavouring), Sugar, Dark Chocolate Flavoured Coating (Sugar, Palm Oil, Fat Reduced Cocoa Powder, Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Whey Powder (**MILK**), Emulsifiers (**SOYA** Lecithin), Natural Flavouring), Pasteurised Free Range **EGG**, Butter (**MILK**), Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Margarine (Palm Oil, Rapeseed Oil, Water, Emulsifier (Mono- and Diglycerides of Fatty Acids)), Fudge Pieces (Sugar, Full Cream Condensed **MILK** (**MILK**, Sugar), Fondant (Sugar, Glucose, Water), Glucose (**SULPHITES**), Palm Oil, Water, Salt), Fat Reduced Cocoa Powder, Pecan **NUTS** (1.4%), Salt.

Suitable for vegetarians

## Signature Espresso Tray Cake – V001

Sugar, **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Butter (**MILK**), Water, Pasteurised Whole **EGG**, Rapeseed Oil, Belgian Dark Chocolate (7%) (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier (**SOYA** Lecithins), Natural Vanilla Flavouring), Margarine (Vegetable Oils (Palm, Rapeseed), Water, Emulsifier (Mono- and Diglycerides of Fatty Acids)), Dark Chocolate Shavings (2%) (Cocoa Mass, Sugar, Cocoa Butter, Anhydrous **MILK** Fat, Emulsifier (**SOYA** Lecithin), Vanilla Extract), Glucose Syrup, Humectant (Glycerol), Coffee (1%), Dried Whole **MILK**, **WHEAT** Starch, Raising Agents (Disodium Diphosphate, Potassium Carbonate, Sodium Hydrogen Carbonate), Molasses Powder, Emulsifiers (Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl-2-Lactylate), Whey Powder (**MILK**), Modified Starch, **WHEAT** Gluten, Natural Flavouring, Salt, Stabilisers (Sodium Carboxy Methyl Cellulose, Guar Gum)

Suitable for vegetarians

## Spiced Brioche Teacake (toasted with butter) – V001

Teacake (90.8%) (**WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Sultanas (19.9%), Free Range Whole **EGG** (9.7%), Butter (**Milk**) (9.5%), Diced Sweetened Dried Cranberries (5.2%) (Cranberry, Sugar, Rice Flour, Sunflower Oil), Sugar, Yeast, Water, Golden Syrup(Partially inverted sugar syrup), Palm Oil, Salt, Palm Kernel Oil, Rapeseed Oil, Emulsifiers[Mono and di-glycerides of fatty acids, Sodium Stearoyl-2 Lactylate, Mono and di-acetyltauric acid esters of mono and diglycerides of fatty acids], Glaze(Water, Vegetable Proteins (pea, potato, faba bean), Vegetable Oils (Rapeseed Oil, Sunflower Oil), Dextrose, Maltodextrin, Starch), Nutmeg, Mixed Spice(Cinnamon, Coriander, Ginger, Allspice, Clove, Nutmeg), Cinnamon, Natural flavouring, Turmeric, Colour[Beta-carotene], Flour treatment agent [Ascorbic Acid]), Butter (**MILK**) (9.2%)

Suitable for vegetarians

## Raspberry Ripple Tray Cake – V001

Sugar, **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Pasteurised Whole **EGG**, Rapeseed Oil, Water, Butter (**MILK**), Raspberry Jam (6%) (Sugar, Water, Raspberry Purée, Acid (Citric Acid), Gelling Agent (Pectin), Acidity Regulator (Trisodium Citrate), Preservative (Potassium Sorbate), Natural Flavouring), Lemon Flavour Curd (2%) (Glucose-Fructose Syrup, Sugar, Water, Margarine (Palm Oil, Rapeseed Oil, Water, Palm Stearin), Cornflour, Acidity Regulators (Citric Acid, Trisodium Citrate), Dried Whole **EGG**, Gelling Agent (Pectin), Colours (Lutein, Curcumin), Natural Flavouring), Humectant (Glycerol), Potato Starch, **WHEAT** Gluten, Raising Agents (Disodium Diphosphate, Sodium Hydrogen Carbonate), Lemon Juice, Whey Powder (**MILK**), Salt, Colour (Carmine), Freeze-dried Raspberries, Acidity Regulators (Citric Acid)

Suitable for vegetarians

# COOKIES & BISCUITS

## Santa's Little Helper Gingerbread- V001

Santa Gingerbread Man (100%) [**WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Sugar, Icing (12%) (Sugar, Water, Glucose Syrup, **EGG** White Powder, Colours (Lycopene, Vegetable Carbon), Stabilisers (Carboxy Methyl Cellulose, Guar Gum), Acidity Regulator (Citric Acid)), Invert Sugar Syrup, Vegetable Oils (Palm, Rapeseed), Water, Black Treacle, Humectant (Glycrine), Ground Ginger, Spices, **WHEAT** Gluten, Raising Agent (Diphosphates, Potassium Hydrogen Carbonate), Salt, Flavouring]

Suitable for vegetarians

## Santa Face Shortbread – V001

Santa Shortbread (100%) [**WHEAT** flour (**WHEAT** flour, Calcium Carbonate, Iron, Niacin, Thiamin), Sugar, Vegetable Oil (Palm, Rapeseed), Water, Glucose Syrup, Salt, **EGG** White Powder, Flavouring, Colours (E160a, E160d, E153), Stabilisers (E466, E412), Acidity regulator (E330)].

Suitable for vegetarians

## Christmas Pudding Chocolate Biscuit – V001

Sugar, Fortified **WHEAT** flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Margarine (Palm Oil, Rapeseed Oil, Water, Emulsifier (Mono- and diglycerides of fatty acids), Flavouring, Colours (Annatto Bixin, Curcumin)), Water, Fat Reduced Cocoa Powder, Glucose Syrup, **EGG** white powder, Humectant (Glycerol), Plant Extracts (Spirulina, Safflower), Concentrates (Radish, Carrot), Colour(lutein), Acidity regulator (Citric Acid).

Suitable for vegetarians

## Biscuit – Flamingo Shortbread – V001

**WHEAT** flour (**WHEAT** flour, Calcium carbonate, Iron, Niacin, Thiamin), Sugar, Vegetable oils (Palm, Rapeseed), Water, Glucose syrup, Salt, **EGG** white powder, Colours (E160a, E162, E153), Flavouring, Stabilisers (E466, E412), Acidity regulator (E330)]

Suitable for vegetarians

## Biscuit – Ghost Shortbread – V001

Ghost Shortbread Biscuit (100%) [**WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Sugar, Vegetable Oil (Palm, Rapeseed), Water, Glucose Syrup, Salt, **EGG** White Powder, Flavouring, Stabilisers (E466, E412), Colours (E160a, E153), Acidity Regulator (E330)]

Suitable for vegetarians

## MUFFINS

### Blueberry Muffin – V001

Mississippi Muffin Mix (51.71%) (Sugar, **WHEAT** Flour (Calcium, Iron, Niacin, Thiamin), Vegetable Oil, Dried Whole **EGG**, Modified Starch, **WHEAT** Starch, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate, Potassium Bicarbonate, Calcium Acid Pyrophosphate, Monocalcium Phosphate, Emulsifiers (E471, E477, E481), Dextrose, **WHEAT GLUTEN**, Stabiliser, Xanthan gum), Water (20.7%), Blueberries (13.29%), Vegetable Oil (11.82%), (Rapeseed Oil, Antifoaming Agent (Dimethylpolysiloxane)), Soft Cookie Mix (2.49%) (**WHEAT** Flour (Calcium, Iron, Niacin, Thiamin), Sugar, Vegetable Oil, Dried **EGG** Yolk, Dried Glucose Syrup, Dried **EGG** White, Raising Agents: Disodium Diphosphate, Sodium Bicarbonate, Potassium Bicarbonate, Emulsifier: Mono and Diglycerides of Fatty Acids, Salt, Flavouring)

Suitable for vegetarians

### Chocolate Chip Muffin – V001

Mississippi Muffin Mix (51.88%) [Sugar, **WHEAT** Flour (Calcium, Iron, Niacin, Thiamin), Vegetable Oil, Dried Whole **EGG**, Modified Starch, **WHEAT** Starch, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate, Potassium Bicarbonate, Calcium Acid Pyrophosphate, Monocalcium Phosphate, Emulsifiers (E471, E477, E481), Dextrose, **WHEAT GLUTEN**, Stabiliser, Xanthan Gum], Water (21.34%), Chocolate Chips (15.01%) [Sugar, Vegetable Oil (Palm), Dextrose, Cocoa Mass, Fat-Reduced, Cocoa Powder, Emulsifiers (**SOYA** Lecithin, Sorbitan Tristearate), Natural Flavouring], Vegetable Oil (11.77%), [Rapeseed Oil, Antifoaming Agent (Dimethylpolysiloxane)]]

Suitable for vegetarians

# SONUTS

## White Chocolate & Raspberry SONut- V001

Crodot (57.35%) [**WHEAT** Flour, Margarine (Vegetable Fat (Palm), Vegetable Oils (Sunflower, Soya), Water, Emulsifier (E471), Acid (E330), Colour (E160a)), Vegetable Fat (Palm), Water, Sugar, Yeast, Salt, **WHEAT GLUTEN**, **WHEAT** Fibre, Flour Treatment Agent (E300)], Mactop (22.28%) [Water, Fully and Partially Hydrogenated Vegetable Oil (Palm Kernel), Dextrose, Sugar, Humectant (Glycerol), **MILK** Protein, Emulsifiers (Polysorbate 60, Mono and di-glycerides, **SOYA** Lecithin), Stabilisers (Cellulose, Carboxymethyl Cellulose, Methyl Cellulose, Hydroxypropyl Methyl Cellulose), Acidity Regulators (Tri sodium Citrate, DiSodium Phosphate), Salt, Flavouring (Vanilla), Colour (Beta-Carotene)], Raspberry Jam (8.6%) [Raspberries, Cane Sugar, Lemons], White Chocolate Syrup (5.56%) [Sugar, Water, Natural Flavouring, Acidity Regulator: Citric Acid], White Chocolate Dessert Sauce (3.58%) [Water, Sugar, Dextrose, Skimmed **MILK** Powder, White Chocolate (9%) (Sugar, Cocoa Butter, Whole **MILK** Powder, Emulsifier (**SOYA** Lecithin), Natural Vanilla Flavouring), Humectant (Glycerol), Maltodextrin, White Chocolate Powder (2%) (Sugar, Cocoa Butter, Whole **MILK** Powder, Skimmed **MILK** Powder), Whey Powder (**MILK**), Vanilla Extract], Freeze Dried Raspberries (1.79%), Water (0.67%), Matcha Powder (0.17%) 100% Green Tea (Camellia Sinensis).

Suitable for vegetarians

## Party Ring SONut- V001

Crodot (56.34%) [**WHEAT** Flour, Margarine (Vegetable Fat (Palm), Vegetable Oils (Sunflower, Soya), Water, Emulsifier (E471), Acid (E330), Colour (E160a)), Vegetable Fat (Palm), Water, Sugar, Yeast, Salt, **WHEAT GLUTEN**, **WHEAT** Fibre, Flour Treatment Agent (E300)], Mactop (24.65%) [Water, Fully and Partially Hydrogenated Vegetable Oil (Palm Kernel), Dextrose, Sugar, Humectant (Glycerol), **MILK** Protein, Emulsifiers (Polysorbate 60, Mono and di-glycerides, **SOYA** Lecithin), Stabilisers (Cellulose, Carboxymethyl Cellulose, Methyl Cellulose, Hydroxypropyl Methyl Cellulose), Acidity Regulators (Tri sodium Citrate, DiSodium Phosphate), Salt, Flavouring (Vanilla), Colour (Beta-Carotene)], Icing Sugar (15.24%) [Icing Sugar, Maize Starch], Water (2.11%), Party Ring Minis (1.41%) [**WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Sugar, Palm Oil, Glucose Syrup, Salt, Raising Agents (Ammonium Bicarbonates, Disodium Diphosphates, Sodium Bicarbonates), Partially Inverted Sugar Syrup, Hydrolysed **WHEAT** Gluten, Flavouring, Emulsifier (**SOYA** Lecithin), Plant, Fruit & Vegetable Concentrates (Radish, Safflower Apple, Carrot, Blackcurrant, Hibiscus), Acidity Regulator: Citric Acid; Vegetable Glycerine], Pitaya Powder (0.25%)

Suitable for vegetarians

## Biscoff® SONut- V001

Crodot (55.94%) **WHEAT** Flour, Margarine (Vegetable Fat (Palm), Vegetable Oils (Sunflower, **SOYA**), Water, Emulsifier (E471), Acid (E330), Colour (E160a)), Vegetable Fat (Palm), Water, Sugar, Yeast, Salt, **WHEAT GLUTEN**, **WHEAT** Fibre, Flour Treatment Agent (E300), Mactop (23.69%) (Water, Fully and Partially Hydrogenated Vegetable Oil (Palm Kernel), Dextrose, Sugar, Humectant (Glycerol), **MILK** Protein, Emulsifiers (Polysorbate 60, Mono and di-glycerides, **SOYA** Lecithin), Stabilisers (Cellulose, Carboxymethyl Cellulose, Methyl Cellulose, Hydroxypropyl Methyl Cellulose), Acidity Regulators (Tri sodium Citrate, DiSodium Phosphate), Salt, Flavouring (Vanilla), Colour (Beta-Carotene)), Biscoff Topping Sauce (18.27%) Caramelised Biscuits 52% (**WHEAT** Flour, Sugar, Vegetable Oils (Palm\*, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), **SOYA** Flour, Salt, Cinnamon), Rapeseed Oil, Sugar, Emulsifier (Lecithins (**SOYA**)), Acid (Citric Acid). \*palm oil from sustainable and certified plantations, Biscoff Crumble (2.1%) **WHEAT** Flour, Sugar, Vegetable Oils (Palm\*, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Salt, Cinnamon. \*from sustainable and certified plantations

Suitable for vegetarians

## Raspberry Jam & Custard SOnut- V001

Crodot (58.29%) **WHEAT** Flour, Margarine (Vegetable Fat (Palm), Vegetable Oils (Sunflower, **SOYA**), Water, Emulsifier (E471), Acid (E330), Colour (E160a)), Vegetable Fat (Palm), Water, Sugar, Yeast, Salt, **WHEAT GLUTEN**, **WHEAT** Fibre, Flour Treatment Agent (E300), Mactop (20.81%) (Water, Fully and Partially Hydrogenated Vegetable Oil (Palm Kernel), Dextrose, Sugar, Humectant (Glycerol), **MILK** Protein, Emulsifiers (Polysorbate 60, Mono and di-glycerides, **SOYA** Lecithin), Stabilisers (Cellulose, Carboxymethyl Cellulose, Methyl Cellulose, Hydroxypropyl Methyl Cellulose), Acidity Regulators (Tri sodium Citrate, DiSodium Phosphate), Salt, Flavouring (Vanilla), Colour (Beta-Carotene)), Raspberry Jam (8.74%) (Raspberries, Cane Sugar, Lemons), Custard (8.34%) Reconstituted Skimmed **MILK**, Reconstituted Buttermilk (**MILK**), Water, Sugar, Modified Maize Starch, Palm Oil, **MILK** Proteins, Natural Flavouring, Colours (Beta Carotene, Paprika Extract), White Chocolate Dessert Sauce (3.64%) Water, Sugar, Dextrose, Skimmed **MILK** Powder, White Chocolate (9%) [Sugar, Cocoa Butter, Whole **MILK** Powder, Emulsifier (**SOYA** Lecithin), Natural Vanilla Flavouring], Humectant (Glycerol), Maltodextrin, White Chocolate Powder (2%) [Sugar, Cocoa Butter, Whole **MILK** Powder, Skimmed **MILK** Powder], Whey Powder (**MILK**), Modified Starch, Stabilisers (E466, E460, E415), Flavouring, Salt, Preservative (Sorbic Acid), Freeze Dried Raspberries (0.18%)

Suitable for vegetarians

## PASTRIES

### Almond Croissant – V002

**WHEAT** Flour (**WHEAT GLUTEN**, Calcium Carbonate, Niacin, Iron, Thiamine), Water, Laminated Sheet (Vegetable Oils (Palm, Rapeseed), Water, Emulsifier (Sunflower Lecithin, Mono- and Diglycerides of Fatty Acids), Salt, Flavouring, Antioxidant (Ascorbyl Palmitate, Tocopherol-Rich Extract), Preservative (Potassium Sorbate), Acid (Citric Acid), Colour (Beta Carotene), Fermented **WHEAT** Flour), Caster Sugar, **ALMOND (NUTS)**, Margarine (Vegetable Oils (Palm, Rapeseed), Water, Salt, Acid (Citric Acid), Emulsifier (Mono- and Diglycerides of Fatty Acids), Antioxidant (Tocopherolrich Extract, Ascorbyl Palmitate), Flavouring, Colour (Beta Carotene)), Ground Almonds (**NUTS**), Flour (**WHEAT** Flour), Creme Patisserie (Sugar, Modified Starch, Whey (**MILK**) Powder, Skimmed **MILK** Powder, Dextrose, Vegetable Oil, Vegatable Fat, Stabilizer, Starch, Thickener, Lactose (**MILK**), **MILK** Protein, Glucose Syrup, Salt, Emulsifier, Flavour, Color), Whole **EGG (EGG**, Acidity Regulator(E330), Preservatives(E202)), Raftsnow (Sugar, **WHEAT** Starch, Vegetable Fat(Palm)), Baker's Yeast, **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Nicotinamide, Thiamine), Dextrose, Emulsifier (Mono-and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids (E472e)), Flour Treatment Agent (Ascorbic Acid (E300)), Rapeseed Oil, Enzymes, Salt, **ALMOND (NUTS)** Flavour (Water, Vegetable Oil, Xantham **WHEAT** Gum, Citric Acid, Potassium Sorbate)

Suitable for vegetarians

### Chocolate Twist – V001

Flour (**WHEAT**; Malted **WHEAT**; tabilised **WHEAT** Germs); Water; Butter (**MILK**) (15.5%); Sugar; Cocoa Mass; Yeast; Sweet Whey Powder (**MILK**); Modified Starch; **EGG**; **WHEAT** Gluten; Salt; Skimmed **MILK** Powder; Thickener (E401); Cream Powder (**MILK**); Stabilizer (E516; E450); Flavouring; Cocoa Butter; Natural Vanilla Flavouring; Emulsifier (Lecithins); Carrot Extract; Acerola Powder; Maltodextrin; Enzymes.

Suitable for vegetarians

### Pain Au Chocolat – V001

Pain Au Chocolat (100%) [**WHEAT** Flour, Butter (**MILK**), Water, Chocolate (Sugar, Cocoa Paste, Cocoa Butter, Emulsifier (**SOYA** Lecithins), Natural Flavouring, Yeast, Sugar, **EGGS**, Salt, Gluten (**WHEAT**), Antioxidant (Ascorbic Acid)])

Suitable for vegetarians

### Cinnamon Roll (Without Frosting) – V001

**WHEAT** Flour (**WHEAT, GLUTEN**, Calcium Carbonate, Niacin, Iron, Thiamine), Water, Light Brown Sugar (Sugar and Cane Molasses), Laminated Sheet (Vegetable Oils (Palm, Rapeseed), Water, Emulsifier (Sunflower lecithin, Mono- and Diglycerides of Fatty Acids), Salt, Flavouring, Antioxidant (Ascorbyl Palmitate, Tocopherol-Rich Extract), Preservative (Potassium Sorbate), Acid (Citric Acid), Colour (Beta Carotene), Fermented **WHEAT** Flour), Caster Sugar, Glaze (Vegetable Protein, Rapeseed Oil, Maltodextrin, Dextrose (**WHEAT**, Maize), Starch, Water), Baker's Yeast, **WHEAT** Flour (**GLUTEN**, Calcium Carbonate, Iron, Nicotinamide, Thiamine), Dextrose, Emulsifier (Mono-and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids (E472e)), Flour Treatment Agent (Ascorbic Acid (E300)), Rapeseed Oil, Enzymes), Salt, Ground Cinnamon

Suitable for vegetarians

### Cinnamon Roll (With Cream Cheese Frosting) – V001

Cinnamon Roll (75.61%) **WHEAT** Flour (**WHEAT, GLUTEN**, Calcium Carbonate, Niacin, Iron, Thiamine), Water, Light Brown Sugar (Sugar and Cane Molasses), Laminated Sheet (Vegetable Oils (Palm, Rapeseed), Water, Emulsifier (Sunflower lecithin, Mono- and Diglycerides of Fatty Acids), Salt, Flavouring, Antioxidant (Ascorbyl Palmitate, Tocopherol-Rich Extract), Preservative (Potassium Sorbate), Acid (Citric Acid), Colour (Beta Carotene), Fermented **WHEAT** Flour), Caster Sugar, Glaze (Vegetable Protein, Rapeseed Oil, Maltodextrin, Dextrose (**WHEAT**, Maize), Starch, Water), Baker's Yeast, **WHEAT** Flour (**GLUTEN**, Calcium Carbonate, Iron, Nicotinamide, Thiamine), Dextrose, Emulsifier (Mono-and Diacetyl Tartaric Acid Esters of Mono- and

Diglycerides of Fatty Acids (E472e)), Flour Treatment Agent (Ascorbic Acid (E300)), Rapeseed Oil, Enzymes), Salt, Ground Cinnamon, Cream Cheese Frosting (24.39%) Sugar, Vegetable Oils, Water, Humectant, Glycerol, Cream Cheese Powder (**MILK**), Skimmed **MILK** Powder, Fully Hydrogenated Vegetable Fat, Modified Starch, Emulsifiers, Mono- and diglycerides of fatty acids, Polysorbate 60, Flavouring (**MILK**), Preservative (Potassium Sorbate), Acidity Regulator (Disodium Phosphate), Colour (Lutein)

Suitable for vegetarians

### Croissant – V002

**WHEAT** Flour, Calcium Carbonate, Niacin, Iron, Thiamine), Pasteurised Whole **MILK** (100% **MILK**), Double Cream(100% Cream) (**MILK**), Flour (**WHEAT** Flour), Caster Sugar, Laminated Sheet (Vegetable Oils (Palm, Rapeseed), Water, Emulsifier (Sunflower Lecithin, Mono- and Diglycerides of Fatty Acids), Salt, Flavouring, Antioxidant (Ascorbyl Palmitate, Tocopherol-Rich Extract), Preservative (Potassium Sorbate), Citric Acid), Colour (Beta Carotene), Fermented **WHEAT** Flour), Glaze (Vegetable Protein, Rapeseed Oil, Maltodextrin, Dextrose (**WHEAT**, Maize), Starch, Water), Baker's Yeast, Salt

Suitable for vegetarians

## Forest Fruits Square Danish – V001

**WHEAT** Flour (**WHEAT GLUTEN**, Calcium Carbonate, Niacin, Iron, Thiamine), Water, Laminated Sheet [Vegetable Oils (Palm, Rapeseed), Water, Emulsifier (Sunflower Lecithin, Mono - and Diglycerides of Fatty Acids), Salt, Flavouring, Antioxidant (Ascorbyl Palmitate, Tocopherol-Rich Extract), Preservative (Potassium Sorbate), Acid (Citric Acid), Colour (Beta Carotene), Fermented **WHEAT** Flour], Creme Patisserie (Sugar, Modified Starch, Whey (**Milk**) Powder, Skimmed **MILK** Powder, Dextrose, Vegetable Oil, Vegetable Fat, Stabiliser, Starch, Thickener, Lactose (**MILK**), **MILK** Protein, Glucose Syrup, Red Currant, Blackberry, Raspberry, Blueberries, Caster Sugar, Glaze (Water, Sugar, Glucose-Fructose Syrup, Pectin, Citric Acid, Potassium Citrate, Calcium Citrate, Potassium Sorbate, Natural Flavour), Glaze [Vegetable Protein, Rapeseed Oil, Maltodextrin, Dextrose (**WHEAT**, Maize), Starch, Water], Baker's Yeast **WHEAT** Flour (**GLUTEN**, Calcium Carbonate, Iron, Nicotinamide, Thiamine), Dextrose, Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono-and Diglycerides of Fatty Acids (E472E), Flour Treatment Agent (Ascorbic Acid (E300)), Rapeseed Oil, Enzymes), Salt, Raspberry Flavour (Sugar, Raspberry, Glucose-Fructose Syrup, Citric Acid, Trisodium Citrate, Acetylated Distrach Adiphate)

Suitable for vegetarians

## Pain aux Raisins – V002

**WHEAT** Flour (**WHEAT GLUTEN**, Calcium Carbonate, Niacin, Iron, Thiamine), Water, Laminated Sheet [Vegetable Oils (Palm, Rapeseed), Water, Emulsifier (Sunflower Lecithin, Mono - and Diglycerides of Fatty Acids), Salt, Flavouring, Antioxidant (Ascorbyl Palmitate, Tocopherol-Rich Extract), Preservative (Potassium Sorbate), Acid (Citric Acid), Colour (Beta Carotene), Fermented **WHEAT** Flour], Creme Patisserie (Sugar, Modified Starch, Whey (**Milk**) Powder, Skimmed **MILK** Powder, Dextrose, Vegetable Oil, Vegetable Fat, Stabiliser, Starch, Thickener, Lactose (**MILK**), **MILK** Protein, Glucose Syrup, Salt, Emulsifier, Flavour, Colour), Caster Sugar, Sultanas (Turkish Sultanas, Vegetable Oil), Glaze (Water, Sugar, Glucose-Fructose Syrup, Pectin, Citric Acid, Potassium Citrate, Calcium Citrate, Potassium Sorbate, Natural Flavour), Glaze [Vegetable Protein, Rapeseed Oil, Maltodextrin, Dextrose (**WHEAT**, Maize), Starch, Water], Currants (Currants, Sunflower Oil), Baker's Yeast, **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Nicotinamide, Thiamine), Dextrose, Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono-and Diglycerides of Fatty Acids (E472E), Flour Treatment Agent (Ascorbic Acid (E300)), Rapeseed Oil, Enzymes), Salt

Suitable for vegetarians

## TOAST & CONDIMENTS

### HP Brown Sauce – V001

Tomatoes, Malt Vinegar (from **BARLEY**), Molasses, Glucose - Fructose Syrup, Spirit Vinegar, Sugar, Dates, Modified Cornflour, **RYE** Flour, Salt, Spices, Flavourings, Tamarind

Suitable for vegetarians & vegans

### Multigrain Bloomer Bread – V001

**WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Malted **WHEAT** Flake(10.8%), , Brown Linseed, **WHEAT** Gluten, Yeast, Millet seed, Sunflower Seeds, Poppy seeds, Dried **WHEAT** Sour dough (**WHEAT** Flour), **BARLEY**, Malt Flour, Salt, Palm Oil, Emulsifiers[Mono and di-glycerides of fatty acids, Mono and di-acetyl tartaric acid esters of mono and di-glycerides of fatty acids], Rapeseed Oil, Flour treatment agent [Ascorbic Acid].

Suitable for vegetarians & vegans

### Sourdough Toast – V001

**WHEAT** Flour (with added Calcium, Iron, Niacin, Thiamin), Water, Fermented **WHEAT** Flour, Rapeseed Oil, Salt; Fermented **WHEAT** Flour, Malt Extract (**BARLEY**)

Suitable for vegetarians & vegans

### Tomato Sauce – V001

Tomatoes, Tomato Paste, Spirit Vinegar, Sugar, Salt, Spice and Herb Extracts (contains **CELERY**), Water, Glucose-Fructose Syrup, Modified Maize Starch, Acidity Regulators (Acetic Acid, Citric Acid), Preservative (Potassium Sorbate), Tomato Spice (Natural Clove Flavourings, Natural Flavourings)

Suitable for vegetarians & vegans

### White Bloomer Bread – V001

**WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Palm Oil, Salt, Emulsifiers [Mono and di-glycerides of fatty acids, Mono and di-acetyl tartaric acid esters of mono and di-glycerides of fatty acids], Rapeseed Oil, **BARLEY** Malt Flour, Flour treatment agent [Ascorbic Acid]

Suitable for vegetarians & vegans

## HOT BREAKFAST

### Pigs In Blankets Breakfast Roll – V001

Pigs in Blankets (51.72%) [Pork (74%), Water, Pea flour, Seasoning, (Rice Flour, Salt, Spices, Herb, Preservative (E221) (**SULPHITE**), Diphosphate(E450), Yeast Extract, Antioxidant (E300), Sugar). Collagen Casing. Bacon: Pork (87%), Water, Salt, Preservatives (E252,E250), Antioxidant (E301)], Breakfast Roll (36.78%) [**WHEAT** Flour, Water, Beer (Water, **BARLEY** Malt, Rice, Hops), **WHEAT** Sourdough (Fermented **WHEAT** Flour, Water), **WHEAT** Semolina, Olive Oil, Yeast, Sugar, Salt, Inverted Sugar Syrup, **WHEAT** Malt Flour], Cranberry Relish (11.49%) [Cranberries, Apples, Red Onions, Glucose Fructose Syrup, Red Wine Vinegar, Muscovado Sugar, Pectin, Red Wine Vinegar, Dehydrated Red Onions (6%), Modified Tapioca Starch, Acidity Regulators (Citric Acid, Trisodium Citrate ,Tricalcium Citrate), Preservative (Potassium Sorbate), Spirit Vinegar, Salt, Sugar, Acetic Acid, Raisins, Salt, Orange Zest, Orange Juice from Concentrate, Cinnamon, Ground Coriander, Ground Cinnamon, Ground Ginger, Ground Nutmeg, Ground Cloves, Ground Black Pepper].

### Guacamole & Eggs on Toast – V001

Free Range **EGG** (41.35%) Sourdough (26.74%) (**WHEAT** Flour (with added Calcium, Iron, Niacin, Thiamin), Water, Fermented **WHEAT** Flour, Rapeseed Oil, Salt, Malt Extract (**BARLEY**)) Guacamole (22.64%) (Avocado, Water, Red Bell Pepper, Jalapeno Puree, Salt, Sugar, Antioxidant (Ascorbic Acid), Onion Powder, Stabiliser (Xanthan Gum), Garlic Powder, Acidity Regulator (Citric Acid), Dehydrated Coriander) Vegan Pesto Dressing (5.35%) Extra Virgin Rapeseed Oil, Pesto (18%) (Basil, Sunflower Oil, Potato Flakes, Salt, Sugar, Extra Virgin Olive Oil, Garlic, Acidity Regulator: (Lactic Acid), Antioxidant: (Ascorbic Acid)), Water, White Wine Vinegar (**SULPHITE**), Spirit Vinegar, Lemon Juice, Garlic Puree, Sugar, Salt, Black Pepper, Xanthan Gum, Guar Gum Cold Pressed Rapeseed Oil (3.57%) Coriander (0.36%)

Suitable for vegetarians

### Guacamole & Tomato on Toast – V001

Sourdough (34.32%) (**WHEAT** Flour (with added Calcium, Iron, Niacin, Thiamin), Water, Fermented **WHEAT** Flour, Rapeseed Oil, Salt, Malt Extract (**BARLEY**)) Cherry Tomatoes (29.29%) Guacamole (29.06%) (Avocado, Water, Red Bell Pepper, Jalapeno Puree, Salt, Sugar, Antioxidant (Ascorbic Acid), Onion Powder, Stabiliser (Xanthan Gum), Garlic Powder, Acidity Regulator (Citric Acid), Dehydrated Coriander) Vegan Pesto Dressing (6.86%) Extra Virgin Rapeseed Oil, Pesto (18%) (Basil, Sunflower Oil, Potato Flakes, Salt, Sugar, Extra Virgin Olive Oil, Garlic, Acidity Regulator: (Lactic Acid), Antioxidant: (Ascorbic Acid)), Water, White Wine Vinegar (**SULPHITE**), Spirit Vinegar, Lemon Juice, Garlic Puree, Sugar, Salt, Black Pepper, Xanthan Gum, Guar Gum, Coriander (0.46%)

Suitable for vegetarians & vegans

### Halloumi, Harissa & Spinach Breakfast Roll – V001

Halloumi Cheese (42.86%) [Cow, Sheep and Goat's **MILK**, Salt, Rennet (Non-Animal)]. Breakfast Roll (41.84%) [**WHEAT** Flour, Water, Beer (Water, **BARLEY** Malt, Rice, Hops), **WHEAT** Sourdough (Fermented **WHEAT** Flour, Water), **WHEAT** Semolina, Olive Oil, Yeast, Sugar, Salt, Inverted Sugar Syrup, **WHEAT** Malt Flour], Sundried Tomato Paste (8.5%) [Slow Roast Tomatoes (50%), Tomato Concentrate (21%), Sunflower Oil, Olive Oil, Salt, Oregano, Sugar, Garlic], Harissa Paste (4.25%) [Red Peppers, Tomato Puree, Rapeseed Oil, Salt, Chillies, Garlic, Cider Vinegar, Coriander, Spices, Paprika, Lemon Juice, Caraway Seeds, Spirit Vinegar, Paprika Oil], Spinach (2.55%)

Suitable for vegetarians

## Mushroom, Tomato & Egg Breakfast Wrap – V002

Free Range **EGGS** (32.4%), Cherry Tomatoes (27.93%), Mozzarella and Cheddar Mix (16.76%) [Mozzarella - Pasteurised Full Fat **MILK**, Salt, Starter Culture, Vegetarian Rennet, (Microbial), Cheddar - Pasteurised Full Fat **MILK**, Salt, Starter Culture, Vegetarian Rennet, Added - Potato Starch], Mushrooms (13.97%), Baby Leaf Spinach (8.38%), Flour Tortilla (0.56%) [**WHEAT** flour (66%) (**WHEAT** flour, calcium carbonate, iron, niacin, thiamin), water, rapeseed oil, **WHEAT** fibre, raising agents (E500, E450) salt, acidity regulator (E296), dextrose, **WHEAT gluten**, preservative (E282)]

Suitable for vegetarians

## Sausage, Bacon & Egg Breakfast Wrap – V002

Smoked Rindless Back Bacon (38.61%) [Pork (87%), Water, Salt Preservatives; E252 (Potassium Nitrate), E250 (Sodium Nitrite), Anti-Oxidant; E301 (Sodium Ascorbate)], Lincolnshire Sausage (27.03%) [Pork (65%), Water, Rusk (**WHEAT** Flour (Fortified with Calcium Carbonate, Iron, Niacin, Thiamin), Pork Fat, Herbs (Lovage, Sage, Thyme), Dextrose, Spices (Black Pepper, Ginger, Mace, White Pepper), Salt, Yeast Extract, Stabilisers (E450), Preservative (Sodium **SULPHITE**), Onion Powder, Antioxidant (E300), Herb Extract (Sage))], Free Range **EGGS** (22.39%), Mozzarella and Cheddar Mix (11.58%) [Mozzarella - Pasteurised Full Fat **MILK**, Salt, Starter Culture, Vegetarian Rennet, (Microbial), Cheddar - Pasteurised Full Fat **MILK**, Salt, Starter Culture, Vegetarian Rennet, Added - Potato Starch], Flour Tortilla (0.39%) [**WHEAT** flour (66%) (**WHEAT** flour, calcium carbonate, iron, niacin, thiamin), water, rapeseed oil, **WHEAT** fibre, raising agents (E500, E450) salt, acidity regulator (E296), dextrose, **WHEAT gluten**, preservative (E282)]

## The Big Breakfast Roll – V001

Smoked Rindless Back Bacon (26.81%) Pork (87%), Water, Salt Preservatives; E252 (Potassium Nitrate), E250 (Sodium Nitrite), Anti-Oxidant; E301 (Sodium Ascorbate), Breakfast Roll (21.45%) **WHEAT** Flour, Water, Beer (Water, **BARLEY** Malt, Rice, Hops), **WHEAT** Sourdough (Fermented **WHEAT** Flour, Water), **WHEAT** Semolina, Olive Oil, Yeast, Sugar, Salt, Inverted sugar Syrup, **WHEAT** Malt Flour, Lincolnshire Sausage (18.77%) Pork (65%), Water, Rusk (**WHEAT** Flour (Fortified with Calcium Carbonate, Iron, Niacin, Thiamin), Pork Fat, Herbs (Lovage, Sage, Thyme), Dextrose, Spices (Black Pepper, Ginger, Mace, White Pepper), Salt, Yeast Extract, Stabilisers (E450), Preservative (Sodium **SULPHITE**), Onion Powder, Antioxidant (E300), Herb Extract (Sage)), Free Range **EGG** (15.55%), Hashbrown (14.75%) (Potatoes, Sunflower Oil, Salt, Onion Powder, Stabiliser (E450), White Pepper), Cold Pressed Rapeseed Oil (2.68%)

## The Full SOHO – V001

Lincolnshire Sausage (27.34%) Pork (65%), Water, Rusk (**WHEAT** Flour (Fortified with Calcium Carbonate, Iron, Niacin, Thiamin), Pork Fat, Herbs (Lovage, Sage, Thyme), Dextrose, Spices (Black Pepper, Ginger, Mace, White Pepper), Salt, Yeast Extract, Stabilisers (E450), Preservative (Sodium **SULPHITE**), Onion Powder, Antioxidant (E300), Herb Extract (Sage)), Hashbrown (21.48%) (Potatoes, Sunflower Oil, Salt, Onion Powder, Stabiliser (E450), White Pepper), Baked Beans (19.53%) (Beans (49%), Tomatoes (30%), Water, Sugar, Glucose-Fructose Syrup, Modified Maize Starch, Salt, Onion Powder, Paprika, Flavourings), Smoked Rindless Back Bacon (18.36%) Pork (87%), Water, Salt Preservatives; E252 (Potassium Nitrate), E250 (Sodium Nitrite), Anti-Oxidant; E301 (Sodium Ascorbate), Free Range **EGG** (11.33%), Cold Pressed Rapeseed Oil (1.95%)

## Triple Bacon Roll – V001

Smoked Rindless Back Bacon (63.8%) Pork (87%), Water, Salt Preservatives; E252 (Potassium Nitrate), E250 (Sodium Nitrite), Anti-Oxidant; E301 (Sodium Ascorbate), Breakfast Roll (36.2%) **WHEAT** Flour, Water, Beer (Water, **BARLEY** Malt, Rice, Hops), **WHEAT** Sourdough (Fermented **WHEAT** Flour, Water), **WHEAT** Semolina, Olive Oil, Yeast, Sugar, Salt, Inverted sugar syrup, **WHEAT** Malt flour

## Triple Bacon & Egg Roll – V001

Smoked Rindless Back Bacon (48.45%) Pork (87%), Water, Salt Preservatives; E252 (Potassium Nitrate), E250 (Sodium Nitrite), Anti-Oxidant; E301 (Sodium Ascorbate), Breakfast Roll (28.18%) **WHEAT** Flour, Water, Beer (Water, **BARLEY** Malt, Rice, Hops), **WHEAT** Sourdough (Fermented **WHEAT** flour, water), **WHEAT** Semolina, Olive oil, Yeast, Sugar, Salt, Inverted Sugar Syrup, **WHEAT** Malt Flour, Free Range **EGG** (19.93%), Cold Pressed Rapeseed Oil (3.44%)

## Triple Sausage Roll – V001

Lincolnshire Sausage (72.41%) Pork (65%), Water, Rusk (**WHEAT** Flour (Fortified with Calcium Carbonate, Iron, Niacin, Thiamin), Pork Fat, Herbs (Lovage, Sage, Thyme), Dextrose, Spices (Black Pepper, Ginger, Mace, White Pepper), Salt, Yeast Extract, Stabilisers (E450), Preservative (Sodium **SULPHITE**), Onion Powder, Antioxidant (E300), Herb Extract (Sage)) Breakfast Roll (27.59%) **WHEAT** Flour, Water, Beer (Water, **BARLEY** Malt, Rice, Hops), **WHEAT** Sourdough (Fermented **WHEAT** Flour, Water), **WHEAT** Semolina, Olive Oil, Yeast, Sugar, Salt, Inverted Sugar Syrup, **WHEAT** Malt Flour

## PORRIDGE

### Honey and Banana Porridge – V001

Whole **MILK** (52.04%), Bananas (35.71%), Gluten Free **OATS** (8.16%), Honey (4.08%)

Suitable for vegetarians

### Peanut Butter and Jam Porridge – V001

Whole **MILK** (77.27%), Gluten Free **OATS** (12.12%), Raspberry Jam (9.09%) (Raspberries, Cane Sugar, Lemons), Peanut Butter (Roasted **PEANUTS**) (1.52%)

Suitable for vegetarians

## HOT WRAPS

### Yorkshire Pudding Wrap with Gravy – V001

Giant Yorkshire Pudding (40.29%) [WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), EGG White, Water, Whole EGG, Rapeseed Oil, Skimmed MILK Powder, Salt], Pigs in Blankets (14.65%) [Pork Sausage meat (Pork 60%, Water Breadcrumb (Rice Flour, Potato Starch, Tapioca Starch, Vegetable Oil (Sunflower), Dextrose, Yeast, Sugar, Stabiliser (E464), Maize Starch, Psyllium Fibre), SOYA Protein, Pork Fat, Salt, Diphosphates (E450 (iii), E450 (i), Flavouring (Potato Maltodextrin, Salt, Yeast Extract), Dextrose, Preservative (Sodium SULPHITE), White Pepper, Sunflower Oil, Antioxidant (E300), Spice Extracts (Black Pepper, Nutmeg, Capsicum, Ginger, Mace, Coriander), Smoked streaky Bacon (Pork 85%, Water, Salt, Preservative (E252, E250))], Water (13.29%), Chicken Breast (7.33%) [Chicken Breast (98%), Maize Starch, Salt, Dextrose, Sugar, Stabilizer (Sodium Tripolyphosphate)], New Potatoes (6.3%) Potato, Water, Citric Acid, Ascorbic acid, Calcium Chloride, Cranberry Sauce (5.37%) [Cranberries (40%), Glucose Fructose Syrup, Water, Sugar, Gelling Agent : Pectin, Acidity Regulators (Citric Acid, Trisodium Citrate ,Tricalcium Citrate), Preservative (Potassium Sorbate)], Butternut Squash (4.22%), Orange Juice from Concentrate (2.53%) [Mandarin Orange Juice from Concentrate (70%), Orange Juice from Concentrate (30%)], Mayonnaise (2.03%) [Rapeseed Oil (64.5%), Water, Spirit Vinegar, Pasteurised Free Range EGG Yolk (3.5%), Sugar, Salt, Modified Potato Starch, Stabiliser (Guar gum, Xanthan gum), Preservative (Potassium Sorbate), Acidity Regulator (Citric Acid), MUSTARD Flour, Lemon Juice Concentrate, Flavouring, Colour (Paprika, Carotene), Antioxidant: Calcium Disodium], Gravy (1.8%) [Potato Starch, Maltodextrin, Yeast Extract, Palm Fat, Salt, Rapeseed Oil, Sunflower Oil, Onion Extract, Toasted Onion Powder, Maize Starch, Tomato Puree, BARLEY Malt Extract, WHEAT Flour (with added Calcium, Iron, Niacin, Thiamin), Colour (Ammonia Caramel), Onion Concentrate, Natural Caramel, Kelp Powder, Ground Pimento, Ground Black Pepper, Modified Maize Starch, Red Currant Jam (Sugar, Redcurrant Juice Concentrate, Water, Lemon Juice Concentrate, Gelling Agent (Pectin), Sugar, Flavourings, Flavour Enhancers (Monosodium Glutamate, Disodium 5'-ribonucleotides), Emulsifier (SOYA Lecithin), Black Pepper Extract, Rosemary Extract, Onion Oil, Balsamic Vinegar], Sage and Onion Stuffing (1.43%) [Breadcrumbs (WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Yeast, Salt), Onion, Salt, Rapeseed Oil, Flavouring, Parsley, Sage], Rapeseed Oil (0.59%) [Rapeseed Oil, Antifoaming Agent (E900)], Garlic Puree (0.09%) [Garlic, Citric Acid], Salt (0.03%), Mixed Spice (0.02%) Ground Coriander, Ground Cinnamon, Ground Ginger, Ground Nutmeg, Ground Cloves, Cracked Black Pepper (0.01%).

### Falafel & Halloumi Hot Wrap – V001

Flour Tortilla (39.82%) [WHEAT flour (66%) (WHEAT flour, calcium carbonate, iron, niacin, thiamin), water, rapeseed oil, WHEAT fibre, raising agents (E500, E450) salt, acidity regulator (E296), dextrose, WHEAT gluten, preservative (E282)], Halloumi Cheese (24.78%) [Cow, Sheep and Goat's MILK, Salt, Rennet (Non-Animal)], Chickpea Falafel (11.06%) [Chickpeas (53%), Onion (32%), Rapeseed Oil, Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Cumin, Garlic Puree (Garlic, Acidity Regulator (Citric Acid)), Salt, Sugar, Kibbled Onion, Rice Starch, Ground Coriander, Coriander Leaf, Parsley, Chilli Powder, Concentrated Lemon Juice, Stabiliser (Methylcellulose), Black Pepper, Turmeric, Raising Agent (Ammonium Carbonates)], Tomato Sauce (6.15%) [Sun-Ripened Tomatoes (48.5%), Puree of Sun Ripened Tomatoes (41.5%), Onion, Sunflower Oil, Sugar, Salt, Herb and Spices (Black Pepper, Basil, Oregano), Garlic, Acid (Citric Acid), Firming Agent (Calcium Chloride)], Baby Leaf Spinach (4.42%), Red Peppers (4.2%), Yellow Peppers (4.2%), Sundried Tomato Paste (3.68%) [Slow Roast Tomatoes (50%), Tomato Concentrate (21%), Sunflower Oil, Olive Oil, Salt, Oregano, Sugar, Garlic], Harissa Paste (1.23%) [Red Peppers, Tomato Puree, Rapeseed Oil, Salt, Chillies, Garlic, Cider Vinegar, Coriander, Spices, Paprika, Lemon Juice, Caraway Seeds, Spirit Vinegar, Paprika Oil], Rapeseed Oil (0.38%) [Rapeseed Oil, Antifoaming Agent (E900)], Salt (0.04%), Cracked Black Pepper (0.02%)

Suitable for vegetarians

## Veggie Meatball Marinara Hot Wrap- V001

Flour Tortilla (43.58%) [**WHEAT** flour (66%) (**WHEAT** flour, calcium carbonate, iron, niacin, thiamin), water, rapeseed oil, **WHEAT** fibre, raising agents (E500, E450) salt, acidity regulator (E296), dextrose, **WHEAT** gluten, preservative (E282)], Vegan Meatballs (24.7%) [Water, Oyster Mushrooms, Vegetable Oil (Coconut, Sunflower), 8.1% **SOYA** Protein (Concentrate, Isolate), 1.2% Pea Protein Isolate, Rice, **WHEAT** Gluten, **WHEAT** Starch, Thickeners (Methyl Cellulose, Sodium Alginate), Natural Flavouring, OAT Fibre, Sea Salt, Dextrose, Apple Vinegar, Lemon Juice, **BARLEY** Malt Extract, Preservative (Lactic Acid), Colour (Beetroot Red), Vitamin B12], Fresh Mozzarella Cheese (14.53%) [MILK, Salt, Rennet, Starter Cultures], Tomato Sauce (6.02%) Sun-Ripened Tomatoes (48.5%), Puree of Sun Ripened Tomatoes (41.5%), Onion, Sunflower Oil, Sugar, Salt, Herb and Spices (Black Pepper, Basil, Oregano), Garlic, Acid (Citric Acid), Firming Agent (Calcium Chloride), Sundried Tomato Paste (6.02%) [Slow Roast Tomatoes (50%), Tomato Concentrate (21%), Sunflower Oil, Olive Oil, Salt, Oregano, Sugar, Garlic], Red Onion (2.42%), Vegetarian Parmesan (1.45%) [Whole Cow's MILK, Salt, Vegetarian Rennet], Basil (1.21%), Dried Mixed Herbs (0.06%) [Thyme (40%), Marjoram (27%), Oregano (10%), Parsley (9%), Sage (9%), Basil (5%)]

Suitable for vegetarians

## MAC & CHEESE

### Original- V001

Macaroni Pasta (48.62%) [Durum **WHEAT** Semolina], Bechamel Sauce (28.44%) [Vegetable Stock (Water, Salt, Yeast Extract, Maltodextrin, Sugar, Onion, Carrot, Tomato, Herbs), Skimmed **MILK**, Vegetable Oil (Palm - Segregated), Modified Starch (Waxy Maize), Butter(**MILK**) (5%), Whey(**MILK**) Protein Concentrate, Salt, Emulsifier (**SOYA** Lecithin E322)], Mozzarella and Cheddar Mix (17.12%) [Mozzarella - Pasteurised Full Fat **MILK**, Salt, Starter Culture, Vegetarian Rennet, (Microbial), Cheddar - Pasteurised Full Fat **MILK**, Salt, Starter Culture, Vegetarian Rennet, Added - Potato Starch], Barber's Farmhouse Mature Cheddar (2.43%) [Cheddar Cheese (Cow's **MILK**)], Panko Breadcrumbs (0.94%) [Unbleached **WHEAT** flour, Yeast, Salt, Bread Improver (Corn Starch, Calcium Carbonate, Calcium Sulfate, L-Ascorbic Acid, Alpha Amylase)], Vegetarian Parmesan (0.94%) [Whole Cow's **MILK**, Salt, Vegetarian Rennet], Extended Life Rapeseed Oil (0.67%) Rapeseed Oil, Anti-foaming Agent (Dimethyl Polysiloxane), Sriracha Sauce (0.39%) [Water, Red Chillies, Sugar, Minced Garlic, Salt, Glucose-Fructose Syrup, Modified Maize Starch, Acid (Acetic Acid), Stabiliser (Xanthan Gum), Preservative (Sodium Benzoate), Colour (Paprika Extract), Chilli Extract], **MUSTARD** (0.19%) [Water, **MUSTARD** Flour, Glucose-Fructose Syrup, Salt, **MUSTARD** Bran, Acidity Regulator (Acetic Acid), Turmeric, Stabiliser (Xanthan Gum)], Parsley (0.16%), Garlic Puree (0.05%) [Garlic (98%), Citric Acid], Salt (0.03%) Salt, Sodium Hexacyanoferrate, Dried Mixed Herbs (0.01%) [Thyme (40%), Marjoram (27%), Oregano (10%), Parsley (9%), Sage (9%), Basil (5%)]

Suitable for vegetarians

### Truffle Mushroom- V001

Macaroni Pasta (43.17%) [Durum **WHEAT** Semolina], Bechamel Sauce (25.25%) [Vegetable Stock (Water, Salt, Yeast Extract, Maltodextrin, Sugar, Onion, Carrot, Tomato, Herbs), Skimmed **MILK**, Vegetable Oil (Palm - Segregated), Modified Starch (Waxy Maize), Butter(**MILK**) (5%), Whey(**MILK**) Protein Concentrate, Salt, Emulsifier (**SOYA** Lecithin E322)], Mozzarella and Cheddar Mix (15.19%) [Mozzarella - Pasteurised Full Fat **MILK**, Salt, Starter Culture, Vegetarian Rennet, (Microbial), Cheddar - Pasteurised Full Fat **MILK**, Salt, Starter Culture, Vegetarian Rennet, Added - Potato Starch], Mushrooms (10.07%), Vegetarian Parmesan (2.3%) [Whole Cow's **MILK**, Salt, Vegetarian Rennet], Barber's Farmhouse Mature Cheddar (2.16%) [Cheddar Cheese (Cow's **MILK**)], Truffle Infused Olive Oil (1.15%) [Extra Virgin Olive Oil (96%), Natural Truffle Infusion (3%) (Extra Virgin Olive Oil, Truffle), Truffle Flavouring (1%)], Sriracha Sauce (0.35%) [Water, Red Chillies, Sugar, Minced Garlic, Salt, Glucose-Fructose Syrup, Modified Maize Starch, Acid (Acetic Acid), Stabiliser (Xanthan Gum), Preservative (Sodium Benzoate), Colour (Paprika Extract), Chilli Extract], **MUSTARD** (0.17%) [Water, **MUSTARD** Flour, Glucose-Fructose Syrup, Salt, **MUSTARD** Bran, Acidity Regulator (Acetic Acid), Turmeric, Stabiliser (Xanthan Gum)], Parsley (0.14%), Garlic Puree (0.04%) [Garlic (98%), Citric Acid]

Suitable for vegetarians

## BBQ, Bacon & Cheese- V001

Macaroni Pasta (40.6%) [Durum **WHEAT** Semolina], Bechamel Sauce (23.75%) [Vegetable Stock (Water, Salt, Yeast Extract, Maltodextrin, Sugar, Onion, Carrot, Tomato, Herbs), Skimmed **MILK**, Vegetable Oil (Palm - Segregated), Modified Starch (Waxy Maize), Butter(**MILK**) (5%), Whey(**MILK**) Protein Concentrate, Salt, Emulsifier (**SOYA** Lecithin E322)], Mozzarella and Cheddar Mix (22.41%) [Mozzarella - Pasteurised Full Fat **MILK**, Salt, Starter Culture, Vegetarian Rennet, (Microbial), Cheddar - Pasteurised Full Fat **MILK**, Salt, Starter Culture, Vegetarian Rennet, Added - Potato Starch], Streaky Bacon (6.5%) [Pork Meat, Salt (E535), Acidity Regulator (E326), Antioxidants (E301, E331), Sodium Triphosphate, Preservatives (E250, E251, E252, E262), Spice Extracts, Smoke (Polysorbate 80), Sugar], BBQ Sauce (4.06%) [Sugar, Tomato Paste, Red Wine Vinegar, Water, Salt, Demerara Sugar, Modified Tapioca Starch, Black Treacle (cane molasses, inverted sugar syrup), Gravy Browning (Colour: **SULPHITE** Ammonia Caramel), Dijon **MUSTARD**, Onion Powder, Garlic Powder, Smoke Flavouring, Smoked Salt], Barber's Farmhouse Mature Cheddar (2.03%) [Cheddar Cheese (Cow's **MILK**)], Sriracha Sauce (0.32%) [Water, Red Chillies, Sugar, Minced Garlic, Salt, Glucose-Fructose Syrup, Modified Maize Starch, Acid (Acetic Acid), Stabiliser (Xanthan Gum), Preservative (Sodium Benzoate), Colour (Paprika Extract), Chilli Extract], **MUSTARD** (0.16%) [Water, **MUSTARD** Flour, Glucose-Fructose Syrup, Salt, **MUSTARD** Bran, Acidity Regulator (Acetic Acid), Turmeric, Stabiliser (Xanthan Gum)], Parsley (0.14%), Garlic Puree (0.04%) [Garlic (98%), Citric Acid]

## LOADED HASH BROWNS

### Mac & Cheese - V001

Hashbrown (58.12%) [Potatoes, Sunflower Oil, Salt, Onion Powder, Stabiliser (E450), White Pepper], Macaroni Pasta (19.82%) [Durum **WHEAT** Semolina], Bechamel Sauce (11.59%) [Vegetable Stock (Water, Salt, Yeast Extract, Maltodextrin, Sugar, Onion, Carrot, Tomato, Herbs), Skimmed **MILK**, Vegetable Oil (Palm - Segregated), Modified Starch (Waxy Maize), Butter(**MILK**) (5%), Whey(**MILK**) Protein Concentrate, Salt, Emulsifier (**SOYA** Lecithin E322)], Mozzarella and Cheddar Mix (6.97%) [Mozzarella - Pasteurised Full Fat **MILK**, Salt, Starter Culture, Vegetarian Rennet, (Microbial), Cheddar - Pasteurised Full Fat **MILK**, Salt, Starter Culture, Vegetarian Rennet, Added - Potato Starch], Barber's Farmhouse Mature Cheddar (0.99%) [Cheddar Cheese (Cow's **MILK**)], Panko Breadcrumbs (0.77%) [Unbleached **WHEAT** flour, Yeast, Salt, Bread Improver (Corn Starch, Calcium Carbonate, Calcium Sulfate, L-Ascorbic Acid, Alpha Amylase)], Vegetarian Parmesan (0.77%) [Whole Cow's **MILK**, Salt, Vegetarian Rennet], Extended Life Rapeseed Oil (0.55%) Rapeseed Oil, Anti-foaming Agent (Dimethyl Polysiloxane), Sriracha Sauce (0.16%) [Water, Red Chillies, Sugar, Minced Garlic, Salt, Glucose-Fructose Syrup, Modified Maize Starch, Acid (Acetic Acid), Stabiliser (Xanthan Gum), Preservative (Sodium Benzoate), Colour (Paprika Extract), Chilli Extract], Parsley (0.13%), **MUSTARD** (0.08%) [Water, **MUSTARD** Flour, Glucose-Fructose Syrup, Salt, **MUSTARD** Bran, Acidity Regulator (Acetic Acid), Turmeric, Stabiliser (Xanthan Gum)], Salt (0.02%) Salt, Sodium Hexacyanoferrate, Garlic Puree (0.02%) [Garlic (98%), Citric Acid, Dried Mixed Herbs (0.01%) Thyme (40%), Marjoram (27%), Oregano (10%), Parsley (9%), Sage (9%), Basil (5%)]

Suitable for vegetarians

### Truffle Mushroom- V001

Hashbrown (82.24%) [Potatoes, Sunflower Oil, Salt, Onion Powder, Stabiliser (E450), White Pepper], Mushrooms (13.08%). Vegetarian Parmesan (2.99%) [Whole Cow's **MILK**, Salt, Vegetarian Rennet], Truffle Infused Olive Oil (1.5%) [Extra Virgin Olive Oil (96%), Natural Truffle Infusion (3%) (Extra Virgin Olive Oil, Truffle), Truffle Flavouring (1%)], Parsley (0.19%)

Suitable for vegetarians

### BBQ, Bacon & Cheese- V001

Hashbrown (68.86%) [Potatoes, Sunflower Oil, Salt, Onion Powder, Stabiliser (E450), White Pepper], Mozzarella and Cheddar Mix (18.78%) [Mozzarella - Pasteurised Full Fat **MILK**, Salt, Starter Culture, Vegetarian Rennet, (Microbial), Cheddar - Pasteurised Full Fat **MILK**, Salt, Starter Culture, Vegetarian Rennet, Added - Potato Starch], Streaky Bacon (7.51%) [Pork Meat, Salt (E535), Acidity Regulator (E326), Antioxidants (E301, E331), Sodium Triphosphate, Preservatives (E250, E251, E252, E262), Spice Extracts, Smoke (Polysorbate 80), Sugar], BBQ Sauce (4.69%) [Sugar, Tomato Paste, Red Wine Vinegar, Water, Salt, Demerara Sugar, Modified Tapioca Starch, Black Treacle (cane molasses, inverted sugar syrup), Gravy Browning (Colour: **SULPHITE** Ammonia Caramel), Dijon **MUSTARD**, Onion Powder, Garlic Powder, Smoke Flavouring, Smoked Salt], Parsley (0.16%)

## JACKET POTATOES

### Cheese and Bacon Jacket Potato – V001

Potato (82.64%), Mozzarella and Cheddar (9.92%) Mozzarella (**MILK**, Salt, Lactic Culture,) White Cheddar (**MILK** Salt, Starter, rennet), Potato Starch, Streaky Bacon (4.96%) (Pork Meat, Salt (E535), Acidity Regulator (E326), Antioxidants (E301, E331), Sodium Triphosphate, Preservatives (E250, E251, E252, E262), Spice Extracts, Smoke (Polysorbate 80), Sugar), Butter (**MILK**) (2.48%)

### Cheese and Beans Jacket Potato – V001

Potato (61.35%), Baked Beans (29.45%) (Beans (49%), Tomatoes (30%), Water, Sugar, Glucose-Fructose Syrup, Modified Maize Starch, Salt, Onion Powder, Paprika, Flavourings), Mozzarella and Cheddar (7.36%) Mozzarella (**MILK**, Salt, Lactic Culture,) White Cheddar (**MILK** Salt, Starter, rennet), Potato Starch, Butter (**MILK**) (1.84%)

Suitable for vegetarians

### Tuna Mayo Jacket Potato – V001

Potato (77.52%) Tuna (**FISH**) (15.12%) (Tuna (**FISH**), Water, Salt) Mayonnaise (5.04%) (Water, Rapeseed Oil, Thickening Agent (Modified Maize Starch), Spirit Vinegar, Sugar, Pasteurised Free Range **EGG** Yolk (1%), Salt, Stabilisers (Guar Gum, Xanthan Gum), Concentrated Lemon Juice, Acidity Regulator: Acetic Acid, Texture Enhancer (Citrus Fibre, Dextrose), **MUSTARD** Flour, Preservative (Potassium sorbate, Sodium Benzoate) Natural Colour: Beta Carotene) Butter (**MILK**) (2.33%)

### Cheese and Slaw Jacket Potato – V001

Potato (74.07%), Mozzarella and Cheddar (8.89%) Mozzarella (**MILK**, Salt, Lactic Culture,) White Cheddar (**MILK** Salt, Starter, rennet), Potato Starch, Carrots (5.38%), Cabbage (4.49%), Mayonnaise (3.14%) Rapeseed Oil, Water, Spirit Vinegar, Sugar, Modified Maize Starch, Pasteurised Free Range **EGG** Yolk, Modified Potato Starch, Stabiliser (Guar Gum, Xanthan Gum), Salt, Preservatives: (Acetic Acid, Citric Acid), Potassium Sorbate, Colour: Lutein, Butter (**MILK**) (2.22%), Red Onion (0.9%), Set Sour Cream (0.67%) Cream @ 20% (**MILK**), Skim **MILK** Powder, Modified Starch, Lactic Cultures, Preservative (Potassium Sorbate), **MUSTARD** (0.09%) (Water, **MUSTARD** Flour, Glucose-Fructose Syrup, Salt, **MUSTARD** Bran, Acidity Regulator (Acetic Acid), Turmeric, Stabiliser (Xanthan Gum)), Sugar (0.09%) Cane Sugar, Salt (0.04%) Salt, Sodium Hexacyanoferrate (**II**)

Suitable for vegetarians

## PIES

### Pieminister Steak & Ale Pie – V001

British Beef (28%), **WHEAT** Flour (**WHEAT**, Calcium, Niacin, Iron, Thiamine), Onion, Craft Ale (9%) (**WHEAT** & **BARLEY**), Water, Identity Preserved Palm Oil\*, Carrot, Modified Corn Starch, Tomato Puree, Worcester Sauce (Water, Spirit Vinegar, Cane Molasses, Tamarind Paste, Salt, Onion Powder, Cayenne Powder, Garlic Powder, Clove Powder), Salt, **WHEAT** Maltodextrin, Garlic, Herbs, Dijon **MUSTARD** (Water, **MUSTARD** Seeds, Spirit Vinegar, Salt), **BARLEY** Malt Extract, Yeast Extract Powder, **WHEAT** Protein, Green Peppercorn, Glavouring, Leek Powder, Mushroom Powder, Caramelised Sugar Powder, Black Pepper, Butter (**MILK**)

### Pieminister Goats Cheese & Sweet Potato Pie – V001

Sweet Potato (31%), **WHEAT** Flour (**WHEAT**, Calcium, Niacin, Iron, Thiamine), Goats' Cheese (**MILK**) (11%), Identity Preserved Palm Oil\*, Red Onion (7%), Water, Spinach (5%), Garlic, Modified Corn Starch, Demerara Sugar, Salt, **SESAME** Seed, Rapeseed Oil, Basil, Tapioca Starch, **WHEAT** Protein, Black Pepper, Crushed Chilli, White Wine Vinegar, Raising Agent (Sodium Bicarbonate).

Suitable for vegetarians

### Pieminister Chicken & Ham Pie – V001

**WHEAT** Flour (**WHEAT**, Calcium, Niacin, Iron, Thiamine), British Free Range Chicken (18%), Water, Identity Preserved Palm Oil, Leek (6%), Double Cream (**MILK**), Ham (5%) (British Free Range Pork Leg, Salt, Demerara Sugar, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrate, Potassium Nitrate)), Onion, Cheddar Cheese (**MILK**), White Wine, Modified Corn Starch, Garlic, Vegetable Fibre, Salt, Butter (**MILK**), Wholegrain **MUSTARD** (Water, **MUSTARD** Seeds, Spirit Vinegar, Salt, White Wine Vinegar, Sugar, Spices), **WHEAT** Maltodextrin, Yeast, **WHEAT** Protein, Potato Starch, Black Pepper, Flavouring, Sugar, Thyme.

### Pieminister Gravy – V001

Water, Concentrated Gravy Paste (7%) (Yeast Extract (Yeast Extract, Salt), Vegetable Oil, (Rapeseed Oil and Sunflower Oil In Variable Proportions), Water, Onion Extract, Toasted Onion Powder, Maize Starch, Tomato Puree, Gluten-Free **BARLEY** Malt Extract, Onion Concentrate, Natural Caramel, Kelp Powder, Ground Pimento, Ground Black Pepper, Modified Maize Starch, Red Currant Jam (Sugar, Redcurrant Juice Concentrate, Water, Lemon Juice Concentrate, Gelling Agent (Pectin), Natural Flavouring), Vegetable Oil, (Rapeseed Oil and Sunflower Oil In Variable Proportions), Balsamic Vinegar, Gluten-Free **BARLEY** Malt Extract, Onion.

Suitable for vegetarians & vegans

### Pieminister Mashed Potato – V001

Potato (73%), Whey Permeate (**MILK**), Cream (**MILK**) (8.8%), Skimmed **MILK**, Salt, Spice, Pepper Extract.

Suitable for vegetarians

### Pieminister Minty Mushy Peas – V001

Processed Peas (70%) (Rehydrated Processed Peas, Water, Sugar, Salt, Colours [E101 - Riboflavin, E133 – Brilliant Blue]), Frozen Peas (26%), Mint Sauce (2%) (Water, Rehydrated Mint, Sugar, Acetic Acid, Modified Potato Starch, Salt, Colour [Copper Chlorophyll], Flavouring), Sugar.

Suitable for vegetarians

### Pieminister Cheddar Cheese Crumb – V001

Cheddar Cheese (98%) (**MILK**), Starch.

Suitable for vegetarians

## PLATTERS

### Chocoholic Box – V001

**See individual products in allergen pack.**

Suitable for vegetarians

### Fruit Platter – V001

**See individual products in allergen pack.**

Suitable for vegetarians and vegans

### Hot Breakfast Roll Box (Both sizes) – V001

**See individual products in allergen pack.**

### Wrap Selection Platter – V001

**See individual products in allergen pack.**

**NOT Suitable for vegetarians**

### Meat Sandwich Platter – V001

**See individual products in allergen pack.**

**NOT Suitable for vegetarians**

### Mixed Muffin Box – V001

**See individual products in allergen pack.**

Suitable for vegetarians

### Pastry Box Platter – V002

**See individual products in allergen pack.**

Suitable for vegetarians

### SONut Platter Box – V001

**See individual products in allergen pack.**

Suitable for vegetarians

### Veggie Sandwich Platter – V001

**See individual products in allergen pack.**

Suitable for vegetarians

## HOT FOOD ADD-ONS

### Baked Beans – V001

Beans (49%), Tomatoes (30%), Water, Sugar, Glucose-Fructose Syrup, Modified Maize Starch, Salt, Onion Powder, Paprika, Flavourings

Suitable for vegetarians & vegans

### Cheesy Scrambled Egg – V001

Free Range **EGGS** (65.91%), Mozzarella and Cheddar Mix (34.09%) [Mozzarella (**MILK**, Salt, Lactic Culture,) White Cheddar (**MILK** Salt, Starter, Rennet), Potato Starch]

Suitable for vegetarians

### Streaky Bacon – V001

Pork Meat, Salt (E535), Acidity Regulator (E326), Antioxidants (E301, E331), Sodium Triphosphate, Preservatives (E250, E251, E252, E262), Spice Extracts, Smoke (Polysorbate 80), Sugar

### Grated Cheese Mix – V002

Mozzarella - Pasteurised Full Fat **MILK**, Salt, Starter Culture, Vegetarian Rennet, (Microbial), Cheddar - Pasteurised Full Fat **MILK**, Salt, Starter Culture, Vegetarian Rennet, Added - Potato Starch

Suitable for vegetarians

### Guacamole – V001

Avocado, Water, Red Bell Pepper, Jalapeno Puree, Salt, Sugar, Antioxidant (Ascorbic Acid), Onion Powder, Stabiliser (Xanthan Gum), Garlic Powder, Acidity Regulator (Citric Acid), Dehydrated Coriander

Suitable for vegetarians & vegans

### Hash Browns – V001

Potatoes, Sunflower Oil, Salt, Onion Powder, Stabiliser (E450), White Pepper

Suitable for vegetarians & vegans

### Salsa – V001

Glucose-Fructose Syrup, Diced Tomatoes, Tomato Paste, Water, Acidity Regulator (Acetic Acid), Rapeseed Oil, Green Jalapeno Peppers (Green Jalapeno Peppers, Water, Salt, Acidity Regulator (Acetic Acid), Firming Agent (Calcium Chloride), Preservatives (Sodium Benzoate, Sodium **METABISULPHITE**)), Salt, Minced Onion, Stabiliser (Xanthan Gum), Preservative (Potassium Sorbate), Dried Garlic, Dried Onion, Black pepper, Chilli Powder, Dried Parsley

Suitable for vegetarians & vegans

### Sausage – V001

Pork (65%), Water, Rusk (**WHEAT** Flour (Fortified with Calcium Carbonate, Iron, Niacin, Thiamin), Pork Fat, Herbs (Lovage, Sage, Thyme), Dextrose, Spices (Black Pepper, Ginger, Mace, White Pepper), Salt, Yeast Extract, Stabilisers (E450), Preservative (Sodium **SULPHITE**), Onion Powder, Antioxidant (E300), Herb Extract (Sage))

## SOHO Best Ever Slaw – V001

Carrots (36.34%), Cabbage (30.31%), Mayonnaise (21.22%) Rapeseed Oil, Water, Spirit Vinegar, Sugar, Modified Maize Starch, Pasteurised Free Range **EGG** Yolk, Modified Potato Starch, Stabiliser (Guar Gum, Xanthan Gum), Salt, Preservatives: (Acetic Acid, Citric Acid), Potassium Sorbate, Colour: Lutein, Red Onion (6.06%), Set Sour Cream (4.55%) Cream @ 20% (**MILK**), Skim **MILK** Powder, Modified Starch, Lactic Cultures, Preservative (Potassium Sorbate), **MUSTARD** (0.61%) (Water, **MUSTARD** Flour, Glucose-Fructose Syrup, Salt, **MUSTARD** Bran, Acidity Regulator (Acetic Acid), Turmeric, Stabiliser (Xanthan Gum)), Sugar (0.61%) Cane Sugar, Salt (0.3%) Salt, Sodium Hexacyanoferrate (**II**)

Suitable for vegetarians

## Tuna Mayo – V001

Tuna (**FISH**) (75%) (Tuna (**FISH**), Water, Salt, Stabiliser (Xanthan Gum)), Mayonnaise (25%) Rapeseed Oil, Water, Spirit Vinegar, Sugar, Modified Maize Starch, Pasteurised Free Range **EGG** Yolk, Modified Potato Starch, Stabiliser (Guar Gum, Xanthan Gum), Salt, Preservatives: (Acetic Acid, Citric Acid), Potassium Sorbate, Colour: Lutein

## WESTFIELD SPECIFIC MENU- FRESHLY PRESSED JUICES

### **The Green One – V001**

Golden Delicious (60.34%) Apples, Ice (16.76%) [Water], Cucumber (8.94%), Spinach (7.82%), Fresh Ginger (3.35%), Mint (2.23%), Lime Juice (0.56%) [100% Freshly Squeezed Lime Juice].

Suitable for vegetarians & vegans

### **The Red One – V001**

Orange (34.88%), Beetroot (23.26%), Carrot (19.77%), Ice (17.44%) [Water], Turmeric Root (3.49%), Lime Juice (1.16%) [100% Freshly Squeezed Lime Juice].

Suitable for vegetarians & vegans

### **The Orange One – V001**

Orange (88.89%), Ice (11.11%) [Water].

Suitable for vegetarians & vegans

### **The Tropic Shot – V001**

Pineapple (81.34%), Fresh Ginger (14.35%), Turmeric Root (3.35%), Red Chilli (0.96%).

Suitable for vegetarians & vegans

## WESTFIELD SPECIFIC MENU- BREAKFAST

### SOHO Eggs Benedict – V001

Free Range **EGG** (29.97%), Hollandaise Sauce (23.26%) [Water, Vegetable Oil (Rapeseed, Palm), Butter (**MILK**) (7%), Modified Starch., Reconstituted **EGG** Yolk (4.5%), Emulsifiers (Polysorbate 60, Mono- and diglycerides of fatty acids), Lemon Juice from Concentrate (1%), White Wine Vinegar, Sugar, Flavouring, Salt, Acidity Regulator (Citric acid), Dried Onion, Colour (Beta-Carotene)], Crumpet (19.38%) [Water, **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Yeast, Raising Agents (E450, E501(ii)), Sugar, Salt, Dextrose, Preservatives (E282, E200)], Smoked Rindless Back Bacon (12.92%) [Pork (87%), Water, Salt Preservatives; E252 (Potassium Nitrate), E250 (Sodium Nitrite), Anti-Oxidant; E301 (Sodium Ascorbate)], Streaky Bacon (5.17%) [Pork Meat, Salt (E535), Acidity Regulator (E326), Antioxidants (E301, E331), Sodium Triphosphate, Preservatives (E250, E251, E252, E262), Spice Extracts, Smoke (Polysorbate 80), Sugar], Butter (**MILK**) (3.88%), Rapeseed Oil (3.88%) [Rapeseed Oil, Antifoaming Agent (E900)], Rocket (1.29%), Smoked Paprika (0.26%).

### Smoked Salmon & Scrambled Eggs – V001

Sourdough (35.46%) [**WHEAT** Flour (with added Calcium, Iron, Niacin, Thiamin), Water, Fermented **WHEAT** Flour, Rapeseed Oil, Salt, Malt Extract (**BARLEY**)], Free Range **EGG** (27.42%), Mozzarella and Cheddar Mix (14.18%) [Pasteurised Cow's **MILK**, Salt, Starter Cultures, Vegetarian Microbial Rennet, Beta Carotene E160a], Lemon Juice (9.46%) [Lemon Juice from Concentrate, Preservative: Potassium Metabisulphite (**SULPHITE**)], Salmon (9.46%) [**SALMON** (**FISH**) (96%), Salt, Sugar], Butter (**MILK**) (3.55%), Chives (0.47%).

### Bacon & Egg Maple Waffle – V001

Waffle (41.28%) [**WHEAT** Flour, Sugar, Margarine (Vegetable Oils & Fats (Palm and Rapeseed)), Water, Emulsifiers **SOYA** Lecithin, Mono- and Diglycerides of Fatty Acids, Salt, Acid Regulator: Citric Acid, Natural Flavours, Colouring (Beta-Carotene), **EGGS**, Yeast, Invert Sugar Syrup, Stabilizer Sorbitol, **SOYA** Flour, Salt, Emulsifier **SOYA** Lecithin, Flavour], Free Range **EGG** (26.61%), Streaky Bacon (13.76%) [Pork Meat, Salt (E535), Acidity Regulator (E326), Antioxidants (E301, E331), Sodium Triphosphate, Preservatives (E250, E251, E252, E262), Spice Extracts, Smoke (Polysorbate 80), Sugar], Maple Syrup (13.76%) [100% Pure Canadian Maple Syrup], Rapeseed Oil (4.59%) [Rapeseed Oil, Antifoaming Agent (E900)].

### The Full SOHO – V001

Hashbrown (22.09%) [Potatoes, Sunflower Oil, Salt, Onion Powder, Stabiliser (E450), White Pepper], Baked Beans (20.08%) [Beans (49%), Tomatoes (30%), Water, Sugar, Glucose-Fructose Syrup, Modified Maize Starch, Salt, Onion Powder, Paprika, Flavourings], Sourdough (15.06%) [**WHEAT** Flour (with added Calcium, Iron, Niacin, Thiamin), Water, Fermented **WHEAT** Flour, Rapeseed Oil, Salt, Malt Extract (**BARLEY**)], Lincolnshire Sausage (14.06%) [Pork (65%), Water, Rusk (**WHEAT** Flour (Fortified with Calcium Carbonate, Iron, Niacin, Thiamin)), Pork Fat, Herbs (Lovage, Sage, Thyme), Dextrose, Spices (Black Pepper, Ginger, Mace, White Pepper), Salt, Yeast Extract, Stabilisers (E450), Preservative (Sodium **SULPHITE**), Onion Powder, Antioxidant (E300), Herb Extract (Sage)], Free Range **EGG** (11.65%), Smoked Rindless Back Bacon (10.04%) [Pork (87%), Water, Salt Preservatives; E252 (Potassium Nitrate), E250 (Sodium Nitrite), Anti-Oxidant; E301 (Sodium Ascorbate)], Butter (**MILK**) (3.01%), Rapeseed Oil (2.01%) [Rapeseed Oil, Antifoaming Agent (E900)], Streaky Bacon (2.01%) [Pork Meat, Salt (E535), Acidity Regulator (E326), Antioxidants (E301, E331), Sodium Triphosphate, Preservatives (E250, E251, E252, E262), Spice Extracts, Smoke (Polysorbate 80), Sugar].

## WESTFIELD SPECIFIC MENU- HOT FOOD

### SOHO Hot Madame – V001

Sourdough Bread (39.58%) [**WHEAT** Flour (fortified with Calcium, Iron, Niacin & Thiamin), Sourdough, Water, Salt, Malt Extract (**BARLEY**)], Free Range **EGG** (15.3%), Gammon Ham (10.55%) [Pork, Water, Cure (Modified Waxy Maize Starch, Salt, Stabiliser (Triphosphates), Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite)), Salt, Preservatives (Sodium Lactate, Sodium Acetate)], Mature Cheddar (7.92%) [Pasteurised Cow's **MILK**, Non Animal Rennet (Sodium Benzoate Free), Salt (Contains Anti Caking Agent E535), Starter Culture], Mozzarella and Cheddar Mix (7.46%) [Pasteurised Cow's **MILK**, Salt, Starter Cultures, Vegetarian Microbial Rennet, Beta Carotene E160a], Bechamel Sauce (7.15%) [Vegetable Stock (Water, Salt, Yeast Extract, Maltodextrin, Sugar, Onion, Carrot, Tomato, Herbs), Skimmed **MILK**, Vegetable Oil (Palm - Segregated), Reconstituted Whole **MILK**, Cheddar Cheese (10%) (**MILK**), Modified Starch (Waxy Maize), Cheese Powder (2%) (**MILK**), Butter(**MILK**) (5%), Whey(**MILK**) Protein Concentrate, Salt, Acidity Regulator (Trisodium Citrate), Emulsifier (**SOYA** Lecithin E322), Colour (Beta- Carotene)], Cheddar and Mozzarella Analogue (4.18%) [Mozzarella (**MILK**), Pasteurised Full Fat **MILK**, Cheddar (**MILK**), Standard Analogue (Water, Palm Oil, Modified Potato Starch, Salt, Skimmed **MILK** Powder, Starter Culture, Vegetarian Rennet, (Microbial) Acidity Regulator (E270), Colour: Beta Carotene (E160a), Potato Starch (anti-caking agent), Annatto], Rapeseed Oil (2.81%) [Rapeseed Oil, Antifoaming Agent (E900)], Onions (1.73%), Sriracha Sauce (1.32%) [Water, Red Chillies, Sugar, Minced Garlic, Salt, Glucose-Fructose Syrup, Modified Maize Starch, Acid (Acetic Acid), Stabiliser (Xanthan Gum), Preservative (Sodium Benzoate), Colour (Paprika Extract), Chilli Extract], Spring Onion (0.98%), **MUSTARD** (0.33%) [Water, **MUSTARD** Flour, Glucose-Fructose Syrup, Salt, **MUSTARD** Bran, Acidity Regulator (Acetic Acid), Turmeric, Stabiliser (Xanthan Gum)], Smoked Paprika (0.26%), White wine vinegar (0.21%) [White Wine, Water, Antioxidant (Sodium Metabisulphite (**SULPHITE**))], Salt (0.07%), Black Pepper (0.07%), Sugar (0.06%), Salt (0.01%), Cracked Black Pepper (0%).

### Chunky Fish Finger Bap – V001

Chunky Fish Fingers (67.8%) [Alaska Pollock (**FISH**) (56%), Breadcrumb Coating (**WHEAT** Flour, Water, Starch (Potato, **WHEAT**), Salt, Yeast, **EGG** White Powder, Dextrose, Sugar, Paprika, Calcium Carbonate, Iron, Niacin, Thiamin), Rapeseed Oil], Minty Mushy Peas (9.42%) [Processed Peas (70%) (Rehydrated Processed Peas, Water, Sugar, Salt, Colours [E101 - Riboflavin, E133 – Brilliant Blue]), Frozen Peas (26%), Mint Sauce (2%) (Water, Rehydrated Mint, Sugar, Acetic Acid, Modified Potato Starch, Salt, Colour [Copper Chlorophyll], Flavouring), Sugar], Lemon Juice (7.53%) [Lemon Juice from Concentrate, Preservative: Potassium Metabisulphite (**SULPHITE**)], Cos Lettuce (3.77%), Mayonnaise (3.39%) [Rapeseed Oil (64.5%), Water, Spirit Vinegar, Pasteurised Free Range **EGG** Yolk (3.5%), Sugar, Salt, Modified Potato Starch, Stabiliser (Guar gum, Xanthan gum), Preservative (Potassium Sorbate), Acidity Regulator (Citric Acid), **MUSTARD** Flour, Lemon Juice Concentrate, Flavouring, Colour (Paprika, Carotene), Antioxidant: Calcium Disodium], Gherkins (2.37%) [Gherkins, Spirit Vinegar, Sugar, Salt, Natural Flavouring, Sweetener (Saccharine), Colouring: Riboflavin], Red Onion (2.37%), Capers (2.37%) [Capers, Water, Wine Vinegar, Salt], Parsley (0.56%), Breakfast Roll (0.19%) [**WHEAT** Flour, Water, Beer (Water, **BARLEY** Malt, Rice, Hops), **WHEAT** Sourdough (Fermented **WHEAT** Flour, Water), **WHEAT** Semolina, Olive Oil, Yeast, Sugar, Salt, Inverted Sugar Syrup, **WHEAT** Malt Flour], Salt (0.11%), Black Pepper (0.11%).

## Chicken & Bacon Stack – V001

Soft White Bread (30.91%) [**WHEAT** Flour (with Calcium, Iron, niacin (B3) and Thiamin (B1)), Water, Yeast, Salt, Vegetable Oils (Rapeseed, Sustainable Palm), Sustainable **SOYA** Flour, Vinegar, Preservative: Calcium Propionate, Emulsifier: E472e, Flour Treatment Agent: Ascorbic Acid (Vitamin C)], Roasted Chicken Skewer (25.76%) [Chicken Breast Fillets (95%), Water, Potato Starch, Salt, **SOYBEAN** Oil, Palm Oil, Xylose, Acidity Regulators (Sodium Carbonates, Sodium Citrates), Bulking Agents: (Trisodium Diphosphate, Pentasodium Triphosphate)], Tomatoes (14.05%), Mayonnaise (10.54%) [Rapeseed Oil (64.5%), Water, Spirit Vinegar, Pasteurised Free Range **EGG** Yolk (3.5%), Sugar, Salt, Modified Potato Starch, Stabiliser (Guar gum, Xanthan gum), Preservative (Potassium Sorbate), Acidity Regulator (Citric Acid), **MUSTARD** Flour, Lemon Juice Concentrate, Flavouring, Colour (Paprika, Carotene), Antioxidant: Calcium Disodium], Cos Lettuce (4.68%), Streaky Bacon (4.68%) [Pork Meat, Salt (E535), Acidity Regulator (E326), Antioxidants (E301, E331), Sodium Triphosphate, Preservatives (E250, E251, E252, E262), Spice Extracts, Smoke (Polysorbate 80), Sugar], Carrot (3.4%), Cabbage (2.84%), Mayonnaise (1.99%) [Rapeseed Oil, Water, Spirit Vinegar, Sugar, Modified Maize Starch, Pasteurised Free Range **EGG** Yolk, Modified Potato Starch, Stabiliser (Guar Gum, Xanthan Gum), Salt, Preservatives: (Acetic Acid, Citric Acid), Potassium Sorbate, Colour: Lutein], Red Onion (0.57%), Set Sour Cream (0.43%) Cream @ 20% (**MILK**), Skim **MILK** Powder, Modified Starch, Lactic Cultures, Preservative (Potassium Sorbate), **MUSTARD** (0.06%) [Water, **MUSTARD** Flour, Glucose-Fructose Syrup, Salt, **MUSTARD** Bran, Acidity Regulator (Acetic Acid), Turmeric, Stabiliser (Xanthan Gum)], Sugar (0.06%) Cane Sugar, Salt (0.03%).

## SOHO 'Slaw Side – V001

Carrot (36.34%), Cabbage (30.31%), Mayonnaise (21.22%) [Rapeseed Oil, Water, Spirit Vinegar, Sugar, Modified Maize Starch, Pasteurised Free Range **EGG** Yolk, Modified Potato Starch, Stabiliser (Guar Gum, Xanthan Gum), Salt, Preservatives: (Acetic Acid, Citric Acid), Potassium Sorbate, Colour: Lutein], Red Onion (6.06%), Set Sour Cream (4.55%) Cream @ 20% (**MILK**), Skim **MILK** Powder, Modified Starch, Lactic Cultures, Preservative (Potassium Sorbate), **MUSTARD** (0.61%) [Water, **MUSTARD** Flour, Glucose-Fructose Syrup, Salt, **MUSTARD** Bran, Acidity Regulator (Acetic Acid), Turmeric, Stabiliser (Xanthan Gum)], Sugar (0.61%) Cane Sugar, Salt (0.3%).

Suitable for vegetarians

## Minted Mushy Peas Side – V001

Minty Mushy Peas (100%) [Processed Peas (70%) (Rehydrated Processed Peas, Water, Sugar, Salt, Colours [E101 - Riboflavin, E133 – Brilliant Blue]), Frozen Peas (26%), Mint Sauce (2%) (Water, Rehydrated Mint, Sugar, Acetic Acid, Modified Potato Starch, Salt, Colour [Copper Chlorophyll], Flavouring), Sugar]

Suitable for vegetarians

## WESTFIELD SPECIFIC MENU- SALADS

### Teriyaki Chicken Noodle Salad – V001

Noodles (23.53%) [**WHEAT** Flour (Vitamin B1, Niacin, Calcium, Iron), Water, **EGG** Powder, Salt, Natural Colour (Mixed Carotenes and Paprika), Acidity Regulator (Sodium Carbonate, Potassium Carbonate, Citric Acid)], Roasted Chicken Skewer (21.07%) [Chicken Breast Fillets (95%), Water, Potato Starch, Salt, **SOYBEAN** Oil, Palm Oil, Xylose, Acidity Regulators (Sodium Carbonates, Sodium Citrates), Bulking Agents: (Trisodium Diphosphate, Pentasodium Triphosphate)], Chinese Cabbage (19.98%), Red Onion (7.38%), Teriyaki Sauce (6.9%) [Water, Sugar, Japanese **SOYA** sauce (Water, Defatted **SOYA** Beans, Roasted **WHEAT**, Salt, Alcohol), Modified Maize Starch, Soybean (**SOYA**) paste, [Water, **SOYA** Beans (**SOYA**), Rice, Salt], Ginger Puree, Yeast Extract Paste [Yeast Extract, Salt], Acidity Regulator (Citric Acid), Colour (Plain Caramel)], Carrot (5.9%), Spring Onion (4.87%), Gochujang Paste (3.55%) [Miso Paste (Water, **SOYAB**, Rice, Salt), Golden Syrup, Soy Sauce (Water, **SOYA**, **WHEAT**, Salt), Water, Korean Red Pepper (10%), Garlic, Rice Vinegar (Water, Rice, Salt), Preservative: Potassium Sorbate], Red Chilli (2.3%), Coriander (1.86%), Garlic Puree (1.14%) [Garlic, Citric Acid], Ginger Puree (1.14%) Ginger, **SESAME** Seeds (0.19%), Nigella Seeds (0.19%).

### Mozzarella & Pesto Pasta Salad – V001

Farfalle Pasta (44.44%) [Durum **WHEAT** Semolina], Fresh Mozzarella Cheese (30.86%) [**MILK**, Salt, Rennet, Starter Cultures, Acidity Regulator: Citric Acid], Green Pesto (17.28%) [Basil (54%), Sunflower Oil, Cheese (**MILK**), Potato Flakes, **CASHEW NUTS** (3%), Salt, Sugar, Extra Virgin Olive Oil, Pine Nuts, Yeast Extract, Garlic, Acidity Regulator: Lactic Acid, Antioxidant: Ascorbic Acid], Balsamic Glaze (4.94%) [Aceto Balsamico di Modena IGP (40%) (Wine Vinegar (Wine, Water, Antioxidant: SULPHITES), Concentrated Grape Must and Juice, Colouring: Caramel E150d (Contains **SULPHITES**)), Thickener (Modified Starch)], Cherry Tomatoes (1.23%), Rocket (1.23%).

Suitable for vegetarians

### Halloumi Panzanella Salad – V001

Tomatoes (50.84%), Halloumi Cheese (20.86%) [Cow, Sheep and Goat's **MILK**, Salt, Rennet (Non-Animal)], Sourdough (9.3%) [**WHEAT** Flour (with added Calcium, Iron, Niacin, Thiamin), Water, Fermented **WHEAT** Flour, Rapeseed Oil, Salt, Malt Extract (**BARLEY**)], Red Onion (7.63%), Rapeseed Oil (4.1%) [Rapeseed Oil, Antifoaming Agent (E900)], Garlic Puree (3.69%) [Garlic, Citric Acid], Rocket (2.33%), Basil (0.93%), Salt (0.16%), Black Pepper (0.16%), Vegetable Oil (0.01%) [Rapeseed Oil, Antifoaming Agent (Dimethylpolysiloxane)].

Suitable for vegetarians

### Chicken Caesar Salad – V001

Cos Lettuce (34.88%), Roasted Chicken Skewer (25.58%) [Chicken Breast Fillets (95%), Water, Potato Starch, Salt, **SOYBEAN** Oil, Palm Oil, Xylose, Acidity Regulators (Sodium Carbonates, Sodium Citrates), Bulking Agents: (Trisodium Diphosphate, Pentasodium Triphosphate)], Sourdough (23.23%) [**WHEAT** Flour (with added Calcium, Iron, Niacin, Thiamin), Water, Fermented **WHEAT** Flour, Rapeseed Oil, Salt, Malt Extract (**BARLEY**)], Caesar Dressing (13.95%) [Rapeseed Oil, Water, Spirit Vinegar, Sugar, **EGG** Yolk, Cheese (**MILK**), Salt, Garlic Powder, Lemon Concentrate, Garlic Puree, Cheddar Cheese Powder (**MILK**), Xanthan gum, Cracked Black Pepper, Potassium Sorbate, Onion Powder, Garlic Powder, White Pepper, Clove], Chives (1.16%), Vegetarian Parmesan (1.16%) [Whole Cow's **MILK**, Salt, Vegetarian Rennet], Vegetable Oil (0.03%) [Rapeseed Oil, Antifoaming Agent (Dimethylpolysiloxane)].

## Salmon Nicoise Salad – V001

New Potatoes (30.58%) Potato, Water, Citric Acid, Ascorbic acid, Calcium Chloride, Salmon (26.55%) [Salmon (**FISH**), Water, Salt], Green Beans (13.76%), Tomatoes (9.17%), Lemon Juice (7.08%) [Lemon Juice from Concentrate, Preservative: Potassium Metabisulphite (**SULPHITE**)], Rapeseed Oil (4.12%) [Rapeseed Oil, Antifoaming Agent (E900)], Black Olives (3.67%) [Pitted Black Olives, Water, Salt, Stabiliser (Ferrous Gluconate)], Rocket (2.65%), Parsley (1.22%), Garlic Puree (0.71%) [Garlic, Citric Acid], Salt (0.34%), Black Pepper (0.15%).

## WESTFIELD SPECIFIC MENU- DELI SANDWICHES

### Tuna & Jalapeno Focaccia – V001

Focaccia (40.68%) [**WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin & Thiamin), Water, Blended Oil (Sunflower 65% & Olive Oil 35%), Salt, Yeast, Rosemary], Tuna (**FISH**) (30.51%) [Tuna (**FISH**), Water, Salt, Stabiliser (Xanthan Gum)], Mayonnaise (10.17%) [Rapeseed Oil, Water, Spirit Vinegar, Sugar, Modified Maize Starch, Pasteurised Free Range **EGG** Yolk, Modified Potato Starch, Stabiliser (Guar Gum, Xanthan Gum), Salt, Preservatives: (Acetic Acid, Citric Acid), Potassium Sorbate, Colour: Lutein], Jalapeños (6.78%) [Jalapeños, Water, Spirit Vinegar, Salt, Firming Agent: Calcium Chloride], Mature Cheddar Slices (**MILK**) (6.78%), Baby Leaf Spinach (3.39%), Sriracha Sauce (1.69%) [Water, Red Chillies, Sugar, Minced Garlic, Salt, Glucose-Fructose Syrup, Modified Maize Starch, Acid (Acetic Acid), Stabiliser (Xanthan Gum), Preservative (Sodium Benzoate), Colour (Paprika Extract), Chilli Extract].

### Spicy Chicken Focaccia – V001

Focaccia (36.92%) [**WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin & Thiamin), Water, Blended Oil (Sunflower 65% & Olive Oil 35%), Salt, Yeast, Rosemary], Chicken (27.69%) [Chicken Breast, Salt], Red Cabbage (9.23%), Mayonnaise (9.23%) [Rapeseed Oil, Water, Spirit Vinegar, Sugar, Modified Maize Starch, Pasteurised Free Range **EGG** Yolk, Modified Potato Starch, Stabiliser (Guar Gum, Xanthan Gum), Salt, Preservatives: (Acetic Acid, Citric Acid), Potassium Sorbate, Colour: Lutein], Rocket (4.62%), Water (4.02%), Red Onion (3.23%), Gochujang Paste (3.08%) [Miso Paste (Water, **SOYABEANS**, Rice, Salt), Golden Syrup, Soy Sauce (Water, **SOYABEANS**, **WHEAT**, Salt), Water, Korean Red Pepper (10%), Garlic, Rice Vinegar (Water, Rice, Salt), Preservative: Potassium Sorbate], White wine vinegar (1.62%) [White Wine, Water, Antioxidant (Sodium Metabisulphite (**SULPHITE**))], Icing Sugar (0.23%) [Icing Sugar, Maize Starch], Salt (0.14%).

### Red Pepper, Mozzarella & Pesto Focaccia – V001

Focaccia (37.8%) [**WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin & Thiamin), Water, Blended Oil (Sunflower 65% & Olive Oil 35%), Salt, Yeast, Rosemary], Roasted Red Peppers (28.35%) [Red Peppers, Water, Salt, Acidity Regulator: Citric Acid], Fresh Mozzarella Cheese (19.69%) [**MILK**, Salt, Rennet, Starter Cultures, Acidity Regulator: Citric Acid], Green Pesto (9.45%) Basil Puree (Basil Leaf, Sunflower Oil, Salt, Ascorbic Acid) (80.23%) Proscociano Grated (Vegan) (Water, Modified Potato Starch, Coconut Oil, Maize Starch, Rice Starch, Potato Starch, Sea Salt, Rice Protein, Olive Leaf Extract, Flavouring, Vitamin B12), Rapeseed Oil, Garlic Puree, Acidity Regulator: Citric Acid, Rocket (4.72%)

Suitable for vegetarians

### BBQ Beef & Balsamic Onion Focaccia – V001

Focaccia (42.86%) [**WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin & Thiamin), Water, Blended Oil (Sunflower 65% & Olive Oil 35%), Salt, Yeast, Rosemary], Seasoned Pulled Beef (17.86%) [Beef Shin (84%), Beef Stock, Salt, Black Pepper], Red Onion (15.18%), BBQ Sauce (7.14%) [Sugar, Tomato Paste, Red Wine Vinegar, Water, Salt, Demerara Sugar, Modified Tapioca Starch, Black Treacle (cane molasses, inverted sugar syrup), Gravy Browning (Colour: **SULPHITE** Ammonia Caramel), Dijon MUSTARD, Onion Powder, Garlic Powder, Smoke Flavouring, Smoked Salt], Mature Cheddar (7.14%) [Pasteurised Cow's **MILK**, Non Animal Rennet (Sodium Benzoate Free), Salt (Contains Anti Caking Agent E535), Starter Culture], Balsamic Glaze (6.25%) [Aceto Balsamico di Modena IGP (40%) (Wine Vinegar (Wine, Water, Antioxidant: **SULPHITES**), Concentrated Grape Must and Juice, Colouring: Caramel E150d (Contains **SULPHITES**)), Thickener (Modified Starch)], Rocket (3.57%).

## Glazed Beetroot, Feta & Houmous Focaccia – V001

Focaccia (32%) [**WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin & Thiamin), Water, Blended Oil (Sunflower 65% & Olive Oil 35%), Salt, Yeast, Rosemary], Houmous (26.67%) [Chickpeas (46%)(Water, Chickpeas), Rapeseed Oil, Water, Tahini (**SESAME** Seeds) (14%) (**SESAME** Seed Paste), Salt, Garlic Powder, Acidity Regulator(Citric Acid), Concentrated Lemon Juice, Preservative(Potassium Sorbate)], Beetroot (22.82%), Greek Feta Cheese (8%) [Pasteurised Sheep and Goats **MILK**], Balsamic Glaze (6.52%)[Aceto Balsamico di Modena IGP (40%) (Wine Vinegar (Wine, Water, Antioxidant: **SULPHITES**), Concentrated Grape Must and Juice, Colouring: Caramel E150d (Contains **SULPHITES**)), Thickener (Modified Starch)], Rocket (4%).

Suitable for vegetarians

## Hog Roast Focaccia – V001

Focaccia (33.33%) [**WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin & Thiamin), Water, Blended Oil (Sunflower 65% & Olive Oil 35%), Salt, Yeast, Rosemary], Pulled Pork (25%) [Pork (97%), Pea Starch, Triphosphates, Salt, Cracked Black Pepper], Water (17%), Apple Sauce (16.67%) Re-hydrated Apple (49%) (**SULPHITES**), Water, Sugar, Lemon Juice From Concentrate, Modified Maize Starch, Spirit Vinegar, Salt, Preservative (Sodium **MetabiSULPHITE**), Sage and Onion Stuffing (6.75%) [Breadcrumbs (**WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Yeast, Salt), Onion, Salt, Rapeseed Oil, Flavouring, Parsley, Sage], Rapeseed Oil (1.25%) [Rapeseed Oil, Antifoaming Agent (E900)].

## Tomato Side Salad – V001

Tomatoes (78%), Red Onion (11.7%), Rapeseed Oil (5%) [Rapeseed Oil, Antifoaming Agent (E900)], Garlic Puree (4.8%) [Garlic, Citric Acid], Salt (0.25%), Black Pepper (0.25%).

Suitable for vegetarians & vegans

## Gravy Side – V001

Gravy (100%)[Water, Concentrated Gravy Paste (7%) (Yeast Extract (Yeast Extract, Salt), Vegetable Oil, (Rapeseed Oil and Sunflower Oil In Variable Proportions), Water, Onion Extract, Toasted Onion Powder, Maize Starch, Tomato Puree, Gluten-Free **BARLEY** Malt Extract, Onion Concentrate, Natural Caramel, Kelp Powder, Ground Pimento, Ground Black Pepper, Modified Maize Starch, Red Currant Jam (Sugar, Redcurrant Juice Concentrate, Water, Lemon Juice Concentrate, Gelling Agent (Pectin), Natural Flavouring), Vegetable Oil, (Rapeseed Oil and Sunflower Oil In Variable Proportions), Balsamic Vinegar, Gluten-free **BARLEY** Malt Extract, Onion].

Suitable for vegetarians & vegans

## WESTFIELD SPECIFIC MENU- GELATO

### Affogato – V001

Vanilla Gelato (78.95%) [Organic Jersey **MILK**, Organic Jersey Cream (**MILK**), Sugar, Skimmed **MILK** Powder, Dextrose, Glucose (Sulphur Di-oxide), Vanilla Moroni Paste (Invert Sugar Syrup, Fructose Syrup, Extracted Vanilla Pods, Powdered Extracted, Natural Bourbon Vanilla Flavouring, Concentrates Pumpkin, Carrot, Citric Acid), Thickening Agent: Carob Seed Flour, Guar Gum], Roasted Coffee Beans (21.05%).

Suitable for vegetarians

### Snowflake Raspberry Sorbet – V001

Raspberry Sorbet (100%) [Spring Water, Fresh Raspberries 50%, Sugar, Dextrose, Vegetable Fibre, Pea Protein, Thickening Agent: Pectin].

Suitable for vegetarians & vegans

### Snowflake Mango Sorbet – V001

Mango Sorbet (100%) [Spring Water, Fresh Mangos 30%, Mango Pulp 15%, Sugar, Dextrose, Grape Sugar, Pea Protein, Vegetable Fibre, Thickening Agent: Pectin].

Suitable for vegetarians & vegans

### Snowflake Vanilla Gelato – V001

Vanilla Gelato (100%) [Organic Jersey **MILK**, Organic Jersey Cream (**MILK**), Sugar, Skimmed **MILK** Powder, Dextrose, Glucose (Sulphur Di-oxide), Vanilla Moroni Paste (Invert Sugar Syrup, Fructose Syrup, Extracted Vanilla Pods, Powdered Extracted, Natural Bourbon Vanilla Flavouring, Concentrates Pumpkin, Carrot, Citric Acid), Thickening Agent: Carob Seed Flour, Guar Gum].

Suitable for vegetarians

### Snowflake Chocolate Gelato – V001

Chocolate Gelato (100%) [Organic Jersey **MILK**, organic Jersey cream (**MILK**), Cacao Powder (22/24%), Chocolate (62%) (Cocoa Beans, Sugar, Cocoa Butter, Emulsifier (Soya Lecithin), Natural Vanilla Extract, **MILK**), Skimmed **MILK** Powder, Dextrose, Glucose (Sulphur Di-oxide), Emulsifying Agent: Soy Lecithin, Thickening Agent: Carob Seed Flour, Guar Gum].

Suitable for vegetarians

### Waffle Cone – V001

Waffle Cone (100%) [**WHEAT** Flour, Sugar, Coconut fat, Emulsifier (**SOYA** Lecithin E322), Butter (**MILK**), Salt, Raising agent (Sodium bicarbonate E500ii), Natural flavouring, Flavouring].

Suitable for vegetarians & vegans

## Snowflake Vanilla Shake – V001

Vanilla Gelato (53.45%) [Organic Jersey **MILK**, Organic Jersey Cream (**MILK**), Sugar, Skimmed **MILK** Powder, Dextrose, Glucose (Sulphur Di-oxide), Vanilla Moroni Paste (Invert Sugar Syrup, Fructose Syrup, Extracted Vanilla Pods, Powdered Extracted, Natural Bourbon Vanilla Flavouring, Concentrates Pumpkin, Carrot, Citric Acid), Thickening Agent: Carob Seed Flour, Guar Gum], Whole **MILK** (37.54%), Double Cream (**MILK**) (6.76%), Whole **MILK** (2.03%), Vanilla Syrup (0.23%) [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid].

Suitable for vegetarians

## Snowflake Caramel Shake – V001

Vanilla Gelato (48%) [Organic Jersey **MILK**, Organic Jersey Cream (**MILK**), Sugar, Skimmed **MILK** Powder, Dextrose, Glucose (Sulphur Di-oxide), Vanilla Moroni Paste (Invert Sugar Syrup, Fructose Syrup, Extracted Vanilla Pods, Powdered Extracted, Natural Bourbon Vanilla Flavouring, Concentrates Pumpkin, Carrot, Citric Acid), Thickening Agent: Carob Seed Flour, Guar Gum], Whole **MILK** (33.33%), Double Cream (**MILK**) (6%), Caramel Syrup (5.33%) Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator, Citric Acid, Toffee Dessert Sauce (5.33%) [Glucose Syrup, Reconstituted Skimmed **MILK**, Dextrose, Water, Humectant (Glycerol), Sugar, Vegetable Oil, Modified Starch, Butter (**MILK**), Colour (Plain Caramel), Salt, Stabilisers (Guar Gum, Xanthan Gum), Flavouring, Preservative (Potassium Sorbate)], Whole **MILK** (1.8%), Vanilla Syrup (0.2%) [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid].

Suitable for vegetarians

## Snowflake Chocolate Shake – V001

Chocolate Gelato (50.7%) [Organic Jersey **MILK**, Organic Jersey Cream (**MILK**), Cacao Powder (22/24%), Chocolate (62%) (Cocoa Beans, Sugar, Cocoa Butter, Emulsifier (**SOYA** Lecithin) Natural Vanilla Extract, **MILK**), Skimmed **MILK** Powder, Dextrose, Glucose (Sulphur Di-oxide), Emulsifying Agent: **SOYA** Lecithin, Thickening Agent: Carob Seed Flour, Guar Gum], Whole **MILK** (35.21%), Double Cream (**MILK**) (6.34%), Chocolate Topping Sauce (5.63%) [Sugar, Water, Glucose Syrup, Humectant (Glycerol), Fat Reduced Cocoa Powder (6.5%), Chocolate (3.5%) (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier (**SOYA** Lecithin), Natural Vanilla Flavouring), Stabilisers (Guar Gum, Xantham Gum), Acidity Regulator (Citric Acid), Preservative (Sorbic Acid)] Whole **MILK** (1.9%), Vanilla Syrup (0.21%) [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid].

Suitable for vegetarians

## Snowflake Vanilla Frappe – V001

Vanilla Gelato (59.8%) [Organic Jersey **MILK**, Organic Jersey Cream (**MILK**), Sugar, Skimmed **MILK** Powder, Dextrose, Glucose (Sulphur Di-oxide), Vanilla Moroni Paste (Invert Sugar Syrup, Fructose Syrup, Extracted Vanilla Pods, Powdered Extracted, Natural Bourbon Vanilla Flavouring, Concentrates Pumpkin, Carrot, Citric Acid), Thickening Agent: Carob Seed Flour, Guar Gum], Ice (16.61%) [Water], Whole **MILK** (8.31%), Double Cream (**MILK**) (7.48%), Ground Coffee (5.32%), Whole **MILK** (2.24%), Vanilla Syrup (0.25%) [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid].

Suitable for vegetarians

## Snowflake Caramel Frappe – V001

Vanilla Gelato (52.79%) [Organic Jersey **MILK**, Organic Jersey Cream (**MILK**), Sugar, Skimmed **MILK** Powder, Dextrose, Glucose (Sulphur Di-oxide), Vanilla Moroni Paste (Invert Sugar Syrup, Fructose Syrup, Extracted Vanilla Pods, Powdered Extracted, Natural Bourbon Vanilla Flavouring, Concentrates Pumpkin, Carrot, Citric Acid), Thickening Agent: Carob Seed Flour, Guar Gum], Ice (14.66%) [Water], Whole **MILK** (7.33%), Double Cream (**MILK**) (6.6%), Caramel Syrup (5.87%) Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator, Citric Acid, Toffee Dessert Sauce (5.87%) [Glucose Syrup, Reconstituted Skimmed **MILK**, Dextrose, Water, Humectant (Glycerol), Sugar, Vegetable Oil, Modified Starch, Butter (**MILK**), Colour (Plain Caramel), Salt, Stabilisers (Guar Gum, Xanthan Gum), Flavouring, Preservative (Potassium Sorbate).] Ground Coffee (4.69%), Whole **MILK** (1.98%), Vanilla Syrup (0.22%) [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid].

Suitable for vegetarians

## Snowflake Chocolate Frappe – V001

Chocolate Gelato (56.07%) [Organic Jersey **MILK**, Organic Jersey Cream (**MILK**), Cacao Powder (22/24%), Chocolate (62%) (Cocoa Beans, Sugar, Cocoa Butter, Emulsifier (**SOYA** Lecithin) Natural Vanilla Extract, **MILK**), Skimmed **MILK** Powder, Dextrose, Glucose (Sulphur Di-oxide), Emulsifying Agent: **SOYA** Lecithin, Thickening Agent: Carob Seed Flour, Guar Gum], Ice (15.58%) [Water], Whole **MILK** (7.79%), Double Cream (**MILK**) (7.01%) Chocolate Topping Sauce (6.23%) [Sugar, Water, Glucose Syrup, Humectant (Glycerol), Fat Reduced Cocoa Powder (6.5%), Chocolate (3.5%) (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier (**SOYA** Lecithin), Natural Vanilla Flavouring), Stabilisers (Guar Gum, Xantham Gum), Acidity Regulator (Citric Acid), Preservative (Sorbic Acid)] Ground Coffee (4.98%), Whole **MILK** (2.1%), Vanilla Syrup (0.23%) [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid].

Suitable for vegetarians

## BATH CHRISTMAS MARKET

### Hog Roast Sausage Roll – V001

Hog Roast Sausage Roll (100%) Pork Shoulder (21%), **WHEAT** Flour (Calcium Carbonate, Iron, Niacin, Thiamine), Unsalted Butter (**MILK**), Pork Shoulder Heart Muscle (12%), Diced Onion, Water, Bramley Apple (Ascorbic Acid, Citric Acid, Salt), Potato, Liquid **EGG**, Pork Rind, Breadcrumb (**WHEAT** Flour (Calcium Carbonate, Iron, Niacin, Thiamin)), Water, Salt, Yeast), Honey, White Wine Vinegar 6% Acidity, Salt, Garlic, Rubbed Sage, Parsley, Cracked Black Pepper, Caster Sugar, Rapeseed Oil (Anti-foaming Agent (Polydimethylsiloxane)).

## ADDITIONAL THREADNEEDLE STREET JACKET MENU

### Soho Slaw – V001

Grated Carrots (36.34%), Cabbage (30.31%), Mayonnaise (21.22%) Rapeseed Oil, Water, Spirit Vinegar, Sugar, Modified Maize Starch, Pasteurised Free Range **EGG** Yolk, Modified Potato Starch, Stabiliser (Guar Gum, Xanthan Gum), Salt, Preservatives: (Acetic Acid, Citric Acid), Potassium Sorbate, Colour: Lutein, Red Onion (6.06%), Set Sour Cream (4.55%) Cream @ 20% (**MILK**), Skim **MILK** Powder, Modified Starch, Lactic Cultures, Preservative (Potassium Sorbate), **MUSTARD** (0.61%) (Water, **MUSTARD** Flour, Glucose-Fructose Syrup, Salt, **MUSTARD** Bran, Acidity Regulator (Acetic Acid), Turmeric, Stabiliser (Xanthan Gum)), Sugar (0.61%) Cane Sugar Salt (0.3%) Salt, Sodium Hexacyanoferrate (II)

Suitable for vegetarians

### Tomato & Cucumber Salad – V001

Tomato (63%), Cucumber (34.5%), Rapeseed Oil (1.5%), Parsley (1%)

Suitable for vegetarians & vegans

## THREADNEEDLE STREET - FRESHLY SQUEEZED JUICE

### Freshly Squeezed Orange Juice – V001

100% Orange Juice

Suitable for vegetarians & vegans

## THREADNEEDLE STREET CARVERY - BASES

### Semolina Topped Breakfast Roll – V001

Breakfast Roll (100%) **WHEAT** Flour, Water, Beer (Water, **BARLEY** malt, rice, hops), **WHEAT** Sourdough (Fermented **WHEAT** flour, water), **WHEAT** Semola, Olive oil, Yeast, Sugar, Salt, Inverted sugar syrup, **WHEAT** Malt flour

Suitable for vegetarians & vegans

### Soft Flour Tortilla Wrap – V001

Tortilla (41.28%) **WHEAT** flour (66%) (**WHEAT** flour, calcium carbonate, iron, niacin, thiamin), water, rapeseed oil, **WHEAT** fibre, raising agents (E500, E450) salt, acidity regulator (E296), dextrose, **WHEAT** gluten, preservative (E282).

Suitable for vegetarians & vegans

## **Roasted Potatoes – V001**

Potato (93.7%), Cold Pressed Rapeseed Oil (6%), Salt (0.1%), Cracked Black Pepper (0.1%), Dried Thyme (0.1%)

Suitable for vegetarians & vegans

## **Mixed Leaf Salad – V001**

Cucumber (29.17%), Tomatoes (29.17%), Baby Leaf Mix (28.33%), Baby Leaf Spinach (13.33%)

Suitable for vegetarians & vegans

# **THREADNEEDLE STREET CARVERY - MEATS**

## **Roasted Pork – V001**

Pork Loin (98.6%), Cold Pressed Rapeseed Oil (1%), Salt (0.3%), Cracked Black Pepper (0.1%)

## **Roasted Turkey – V001**

Turkey Breast (96.88%), Cold Pressed Rapeseed Oil (2.77%), Salt (0.23%), Cracked Black Pepper (0.12%)

## **Roasted Chicken – V001**

Chicken Breast, Cold Pressed Rapeseed Oil, Salt, Cracked Black Pepper

## **Roasted Beef – V001**

Topside Beef, Cold Pressed Rapeseed Oil, Salt, Cracked Black Pepper

# **THREADNEEDLE STREET CARVERY - SAUCES**

## **Honey & Mustard Dressing – V001**

Water, Sunflower oil (30%), Spirit Vinegar, Sugar, Wholegrain **MUSTARD** (7%) [Spirit Vinegar, **MUSTARD** seeds, Water, Salt, White Wine, Sugar, Natural flavouring, Acid (Lactic Acid)], Honey (4%), **MUSTARD** (3%) (Water, **MUSTARD** Seeds, Spirit Vinegar, Salt, Flavourings, Spices), Free Range **EGG** Yolk (2.7%), Modified Corn Starch, Salt, Concentrated Juices (apples, lemon, carrot), Invert Sugar Syrup, Safflower Concentrate, Thickener (xanthan gum), Hibiscus, Antioxidant (Calcium Disodium EDTA), Molasses, Natural Flavourings. Rapeseed oil, Dijon Mustard (4%) Kuhne Mustard, Preservative (Potassium Sorbate) Paprika, Clove, Black Pepper

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## **Mayonnaise – V001**

Mayonnaise (100%) Rapeseed Oil, Water, Spirit Vinegar, Sugar, Modified Maize Starch, Pasteurised Free Range **EGG** Yolk, Modified Potato Starch, Stabiliser (Guar Gum, Xanthan Gum), Salt, Preservatives: (Acetic Acid, Citric Acid), Potassium Sorbate, Colour: Lutein

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## **Tomato Sauce – V001**

Tomatoes (148 g per 100 g Tomato Ketchup), Spirit Vinegar, Sugar, Salt, Spice and Herb Extracts (contains **CELERY**), Spices, Water, Glucose-Fructose Syrup, Modified Maize Starch, Acidity Regulators (Acetic Acid, Citric Acid), Preservative (Potassium Sorbate), Tomato Spice (Natural Clove Flavourings, Natural Flavourings)

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## Gravy – V001

Water, Potato Starch, Maltodextrin, Palm Fat, Salt, **WHEAT** Flour (with added Calcium, Iron, Niacin, Thiamin), Colour (Ammonia Caramel), Sugar, Flavourings, Flavour Enhancers (Monosodium Glutamate, Disodium 5'-ribonucleotides), Emulsifier (**SOYA** Lecithin), Black Pepper Extract, Rosemary Extract, Onion Oil.

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## BBQ Sauce – V001

BBQ Sauce (100%) Sugar, Tomato Paste, Red Wine Vinegar, Water, Salt, Demerara Sugar, Modified Tapioca Starch, Black Treacle (cane molasses, inverted sugar syrup), Gravy Browning (Colour: SULPHITE Ammonia Caramel), Dijon **MUSTARD**, Onion Powder, Garlic Powder, Smoke Flavouring, Smoked Salt

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## TNS Apple Sauce – V001

Solid Apple Pack (97.96%) (Apples, Water, Acidity Regulator: Citric Acid), Icing Sugar (2.04%) (Icing Sugar, Anti-Caking Agent: Tricalcium Phosphate)

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## Horseradish Sauce – V001

Water, Acetic Acid, Rapeseed Oil, Sugar, Horseradish, Salt (Sodium Chloride, Sodium Hexacyanoferrate), **EGG** Yolk; Stabiliser (Xanthan Gum), **MUSTARD** Flour, Potassium sorbate, White Pepper, Calcium Disodium EDTA.

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# THREADNEEDLE STREET CARVERY - TOPPINGS

## Stuffing Mix – V002

Breadcrumbs (**WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Yeast, Salt), Onion, Salt, Rapeseed Oil, Flavouring, Parsley, Sage

Suitable for vegetarians & vegans

## Jalapenos – V001

Sliced Jalapeno Peppers, Water, Vinegar, Salt, Firming Agent: Calcium Chloride

## Soho Slaw – V001

Grated Carrots (36.34%), Cabbage (30.31%), Mayonnaise (21.22%) Rapeseed Oil, Water, Spirit Vinegar, Sugar, Modified Maize Starch, Pasteurised Free Range **EGG** Yolk, Modified Potato Starch, Stabiliser (Guar Gum, Xanthan Gum), Salt, Preservatives: (Acetic Acid, Citric Acid), Potassium Sorbate, Colour: Lutein, Red Onion (6.06%), Set Sour Cream (4.55%) Cream @ 20% (**MILK**), Skim **MILK** Powder, Modified Starch, Lactic Cultures, Preservative (Potassium Sorbate), **MUSTARD** (0.61%) (Water, **MUSTARD** Flour, Glucose-Fructose Syrup, Salt, **MUSTARD** Bran, Acidity Regulator (Acetic Acid), Turmeric, Stabiliser (Xanthan Gum)), Sugar (0.61%) Cane Sugar Salt (0.3%) Salt, Sodium Hexacyanoferrate (II)

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## Roasted Red Onions – V001

Red Onion (93.4%), Cold Pressed Rapeseed Oil (6%), Salt (0.5%), Cracked Black Pepper (0.1%)

Suitable for vegetarians & vegans

## Sliced Gherkins – V001

Gherkins, Water, Spirit Vinegar, Glucose-Fructose Syrup, Dill, **MUSTARD SEED**, Red Pepper, Onions, Salt, Sugar, Natural Flavouring

Suitable for vegetarians & vegans

## Crispy Fried Onions – V001

Onions, Palm oil, **WHEAT** flour, Salt

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## BRADLEY STOKE & YATE LEISURE CENTRE - TIDDLY FRAPPS

### Strawberry

**MILK**, Ice Cubes, Sweetbird Strawberry Syrup – V001 (Sugar, Water, Strawberry Juice from concentrate (10%), Natural Flavouring, Fruit and Vegetable Concentrates: black carrot and elderberry, Acid: Citric Acid)

Suitable for vegetarians

### Banana

**MILK**, Bananas, Ice Cubes

Suitable for vegetarians

### Chocolate

**MILK**, Ice Cubes, Organic Chocolate Syrup (Cocoa Powder, Sugar)

Suitable for vegetarians

### White Chocolate

**MILK**, Ice Cubes, Sweetbird White Chocolate Syrup – Sugar, Water, Natural Flavouring, Acidity Regulator: Citric Acid

Suitable for vegetarians

## BRADLEY STOKE & YATE LEISURE CENTRE - PROTEIN SHAKES

All protein powders are marked as "May contain milk, eggs, soya, cereals containing gluten, fish, crustaceans, molluscs, mustard, sesame, sulphur dioxide and sulphites".

### Vanilla made with Water

Whey Protein Concentrate (**MILK**), Flavouring, Thickener (Xanthan Gum), Sunflower Lecithin, Sweetener (Sucralose), Water.

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### Vanilla made with Milk

**MILK**, Whey Protein Concentrate (**MILK**), Flavouring, Thickener (Xanthan Gum), Sunflower Lecithin, Sweetener (Sucralose)

Suitable for vegetarians

### Strawberry made with Water

Whey Protein Concentrate (**MILK**), Flavouring, Colouring (Beetroot Red), Thickener (Xanthan Gum), Acid (Citric Acid), Sunflower Lecithin, Sweetener (Sucralose), Water

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## Strawberry made with Milk

**MILK**, Whey Protein Concentrate (**MILK**), Flavouring, Colouring (Beetroot Red - Raspberry, Cherry Bakewell, Berries & Cream and Strawberry flavours only; Thickener (Xanthan Gum), Acid (Citric Acid - Berries & Cream, Lemon Meringue, Raspberry and Strawberry flavours only), Sunflower Lecithin, Sweetener (Sucralose).

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## Chocolate made with Water

Whey Protein Concentrate (**MILK**), Reduced Fat Cocoa Powder, Flavouring, Thickener (Xanthan Gum), Sunflower Lecithin, Sweetener (Sucralose), Water.

Suitable for vegetarians

## Chocolate made with Milk

**MILK**, Whey Protein Concentrate (**MILK**), Reduced Fat Cocoa Powder, Flavouring, Thickener (Xanthan Gum), Sunflower Lecithin, Sweetener (Sucralose), Citric Acid (Chocolate Orange flavour only)

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## Add Oats

Mornflake Gluten Free Porridge **OATS** (100%)