



# INGREDIENT & NUTRITION GUIDE

**SUMMER DRINKS - 1<sup>ST</sup> MAY 2025**

Version: 1<sup>st</sup> May 2025

# COFFEE MENU

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Coffee				Nutritional information based on per portion basis									
Americano (no milk)	Y	Y	Water, Ground Coffee	Small	0	0	0.1	0.1	0.1	0.1	0	0	0
				Regular	0	0	0.1	0.1	0.1	0.1	0	0	0
				Large	0	0	0.1	0	0.1	0.1	0	0	0
Espresso	Y	Y	Ground Coffee	N/A	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Cortado (whole milk)	Y		Whole <b>MILK</b> . Ground Coffee	N/A	238.5	56.7	3.3	2.1	4.2	4.2	0	3.1	0.1
Cortado (oat milk)	Y	Y	Oat Milk Water, Gluten Free <b>OATS</b> (13%), Sunflower Oil, Sea Salt, Gellan Gum, Ground Coffee	N/A	216.9	52.2	2.6	0.5	6.3	4.1	0.5	0.8	0.1
Cortado (almond milk)	Y	Y	<b>ALMOND</b> Milk [Water, gluten free <b>OATS</b> (13%), <b>ALMONDS (NUTS)</b> (2%), Sunflower Oil, Sea Salt, Gellan Gum] Ground Coffee	N/A	236.7	56.7	2.2	0.3	8	4.1	0.6	1	1
Cortado (soya milk)	Y	Y	Soya Milk Water, Organic Soybean ( <b>SOYA</b> )(13%), Organic Rice syrup, Sea Salt, Ground Coffee	N/A	161.1	38.7	1.5	0.3	3.2	1.9	0.6	2.9	0.1
Cortado (coconut milk)	Y	Y	Coconut Milk Water, Gluten Free <b>OATS</b> (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum, Ground Coffee	N/A	202.5	48.6	2.1	1.1	6.4	4.1	0.8	0.7	0.1

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Coffee					Nutritional information based on per portion basis								
Flat White (whole milk)	Y		Whole <b>MILK</b> , Ground Coffee	N/A	530	126	7.2	4.6	9.2	9.2	0	6.8	0.2
Flat White (oat milk)	Y	Y	Oat Milk Water, Gluten Free <b>OATS</b> (13%), Sunflower Oil, Sea Salt, Gellan Gum, Ground Coffee	N/A	482	116	5.7	1.0	13.9	9.1	1.2	1.8	0.2
Flat White (almond milk)	Y	Y	<b>ALMOND</b> Milk [ Water, gluten free <b>OATS</b> (13%), <b>ALMONDS (NUTS)</b> (2%), Sunflower Oil, Sea Salt, Gellan Gum] Ground Coffee	N/A	526	126	4.9	0.6	17.7	9.1	1.4	2.2	0.2
Flat white (soya milk)	Y	Y	Soya Milk Water, Organic Soybean ( <b>SOYA</b> ) (13%), Organic Rice syrup, Sea Salt, Ground Coffee	N/A	358	86	3.3	0.6	7.1	4.1	1.4	6.4	0.2
Flat White (coconut milk)	Y	Y	Coconut Milk Water, Gluten Free <b>OATS</b> (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum, Ground Coffee	N/A	450	108	4.7	2.4	14.1	9.1	1.8	1.6	0.2

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Coffee					Nutritional information based on per portion basis								
Latte (whole milk)	Y		Whole <b>MILK</b> , Ground Coffee	Small	538	127.9	7.3	4.7	9.4	9.4	0	6.9	0.2
				Regular	755.3	179.6	10.3	6.5	13.2	13.2	0	9.7	0.3
				Large	954	226.8	13.0	8.3	16.6	16.6	0	12.2	0.4
Latte (oat milk)	Y	Y	Oat Milk Water, Gluten Free <b>OATS</b> (13%), Sunflower Oil, Sea Salt, Gellan Gum, Ground Coffee	Small	489.2	117.7	5.7	1	14	9.2	1.2	1.8	0.2
				Regular	686.5	165.3	8.1	1.4	19.7	12.9	1.7	2.6	0.3
				Large	867.6	208.8	10.2	1.8	24.9	16.3	2.2	3.2	0.4
Latte (almond milk)	Y	Y	<b>ALMOND</b> Milk [ Water, gluten free <b>OATS</b> (13%), <b>ALMONDS (NUTS)</b> (2%), Sunflower Oil, Sea Salt, Gellan Gum ], Ground Coffee	Small	533.9	127.9	4.9	0.6	17.9	9.2	1.4	2.2	0.2
				Regular	749.6	179.6	6.9	0.9	25.2	12.9	2	3.1	0.3
				Large	946.8	226.8	8.7	1.1	31.8	16.3	2.5	4	0.36
Latte (soya milk)	Y	Y	Soya Milk Water, Organic Soybean ( <b>SOYA</b> )(13%), Organic Rice syrup, Sea Salt, Ground Coffee	Small	363.4	87.3	3.3	0.6	7.1	4.1	1.4	6.5	0.2
				Regular	510.2	122.6	4.6	0.9	10.1	5.8	2	9.1	0.3
				Large	644.4	154.8	5.8	1.1	12.7	7.3	2.5	11.5	0.4
Latte (coconut milk)	Y	Y	Coconut Milk Water, Gluten Free <b>OATS</b> (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum, Ground Coffee	Small	456.8	109.6	4.7	2.4	14.3	9.2	1.8	1.6	0.2
				Reg	641.3	153.9	6.6	3.4	20	12.9	2.6	2.3	0.3
				Large	810	194.4	8.4	4.3	25.3	16.3	3.2	2.9	0.4

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Coffee				Nutritional information based on per portion basis									
Cappuccino (whole milk)	Y		Whole <b>MILK</b> , Ground Coffee, Organic Drinking Chocolate [Cocoa Powder, Natural Sugar]	Small	570.2	135.6	7.4	4.7	11.3	11.2	0.0	6.9	0.2
				Reg	787.5	187.3	10.4	6.6	15.1	15	0.02	9.7	0.3
				Large	986.2	234.5	13.1	8.3	18.5	18.4	0.0	12.3	0.4
Cappuccino (oat milk)	Y	Y	Oat Milk Water, Gluten Free <b>OATS</b> (13%), Sunflower Oil, Sea Salt, Gellan Gum, Ground Coffee, Organic Drinking Chocolate [Cocoa Powder, Natural Sugar]	Small	521.5	125.4	5.7	1.0	15.9	11	1.2	1.9	0.2
				Regular	719.1	173	8.1	1.5	21.6	15.7	1.7	2.6	0.3
				Large	899.8	216.5	10.2	1.8	26.8	18.1	2.2	3.3	0.4
Cappuccino (almond milk)	Y	Y	<b>ALMOND</b> Milk [Water, gluten free <b>OATS</b> (13%), <b>ALMONDS (NUTS)</b> (2%), Sunflower Oil, Sea Salt, Gellan Gum], Ground Coffee, Organic Drinking Chocolate [Cocoa Powder, Natural Sugar]	Small	566.1	135.6	4.9	0.6	19.8	11	1.4	2.3	0.2
				Regular	765.7	183.4	6.9	0.9	26.1	13.8	2	3.2	0.3
				Large	979	234.5	8.7	1.1	33.7	18.1	2.5	4	0.4
Cappuccino (soya milk)	Y	Y	Soya Milk Water, Organic Soybean ( <b>SOYA</b> ) (13%), Organic Rice syrup, Sea Salt, Ground Coffee, Organic Drinking Chocolate [Cocoa Powder, Natural Sugar]	Small	395.6	95	3.3	0.6	9.0	5.9	1.4	6.5	0.2
				Reg	542.4	130.3	4.7	0.9	12	7.6	2	9.2	0.3
				Large	676.6	162.5	5.9	1.1	14.6	9.1	2.5	11.6	0.4
Cappuccino (coconut milk)	Y	Y	Coconut Milk Water, Gluten Free <b>OATS</b> (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum, Ground Coffee, Organic Drinking Chocolate [Cocoa Powder, Natural Sugar]	Small	489	117.3	4.7	2.5	16.2	11	1.9	1.7	0.2
				Reg	673.5	161.6	6.7	3.5	21.9	14.7	2.6	2.3	0.3
				Large	842.2	202.1	8.4	4.4	27.2	18.1	3.3	2.9	0.4

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Coffee				Nutritional information based on per portion basis									
Mocha (whole milk)	Y		Whole <b>MILK</b> , Organic Drinking Chocolate [Cocoa Powder, Natural Sugar], Water, Ground Coffee	Small	785.4	187.1	6.7	4.2	26.5	25.4	0.2	6.5	0.4
				Regular	1161.9	276.8	10.1	6.4	38.8	37.2	0.3	9.7	0.6
				Large	1512	360.2	13	8.3	50.6	48.5	0.4	12.6	0.7
Mocha (oat milk)	Y	Y	Oat Milk Water, Gluten Free <b>OATS</b> (13%), Sunflower Oil, Sea Salt, Gellan Gum, Organic Drinking Chocolate [Cocoa Powder, Natural Sugar], Water, Ground Coffee	Small	743.9	178.4	5.4	1.1	30.3	24.9	1.4	2.1	0.4
				Regular	1097.1	263.3	7.9	1.5	45	36.9	1.9	3	0.6
				Large	1428	342.7	10.2	2	58.7	48.1	2.5	3.9	0.7
Mocha (almond milk)	Y	Y	<b>ALMOND</b> Milk [Water, gluten free <b>OATS</b> (13%), <b>ALMONDS (NUTS)</b> (2%), Sunflower Oil, Sea Salt, Gellan Gum], Organic Drinking Chocolate [Cocoa Powder, Natural Sugar], Water, Ground Coffee	Small	781.8	187.1	4.6	0.7	34.1	25.2	1.5	2.4	0.4
				Regular	1156.5	276.8	6.8	1	50.2	36.9	2.2	3.5	0.6
				Large	1505	360.2	8.8	1.3	65.3	48.1	2.8	4.6	0.7
Mocha (soya milk)	Y	Y	Soya Milk Water, Organic Soybean ( <b>SOYA</b> ) (13%), Organic Rice syrup, Sea Salt, Organic Drinking Chocolate [Cocoa Powder, Natural Sugar], Water, Ground Coffee	Small	632.3	151.4	3.2	0.7	24.1	20.4	1.6	6.2	0.4
				Reg	929.7	222.8	4.7	1	35.9	30.1	2.2	9.2	0.6
				Large	1211	290.2	6.0	1.3	46.8	39.4	2.8	11.9	0.7
Mocha (coconut milk)	Y	Y	Coconut Milk Water, Gluten Free <b>OATS</b> (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum, Organic Drinking Chocolate [Cocoa Powder, Natural Sugar], Ground Coffee, Water	Small	713.4	171	4.4	2.3	30.9	25.2	1.8	1.8	0.4
				Reg	1037.8	248.7	6.6	3.4	44.4	36	2.7	2.7	0.5
				Large	1372	328.7	8.5	4.4	59	48.1	3.5	3.5	0.7

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Hot Coffee					Nutritional information based on per portion basis								
Macchiato (whole Milk)	Y		Whole <b>MILK</b> , Ground Coffee	Small	53	12.6	0.8	0.5	1	1	0	0.7	0
				Regular	79.5	18.9	1.2	0.7	1.5	1.5	0	1	0.0
Macchiato (oat milk)	Y	Y	Oat Milk Water, Gluten Free <b>OATS</b> (13%), Sunflower Oil, Sea Salt, Gellan Gum, Ground Coffee	Small	48.2	11.6	0.6	0.1	1.4	0.9	0.1	0.2	0
				Regular	72.3	17.4	0.9	0.2	2.1	1.4	0.2	0.3	0
Macchiato (almond milk)	Y	Y	<b>ALMOND</b> Milk [Water, gluten free <b>OATS</b> (13%), <b>ALMONDS (NUTS)</b> (2%), Sunflower Oil, Sea Salt, Gellan Gum], Ground Coffee	Small	52.6	12.6	0.5	0.1	1.8	0.9	0.	0.2	0
				Regular	78.9	18.9	0.8	0.1	2.7	1.4	0.2	0.3	0
12.6Macchiato (soya milk)	Y	Y	Soya Milk Water, Organic Soybean ( <b>SOYA</b> )(13%), Organic Rice syrup, Sea Salt, Ground Coffee	Small	35.8	8.6	0.4	0.1	0.7	0.4	0.1	0.6	0
				Regular	53.7	12.9	0.6	0.1	1.1	0.7	0.2	1	0
Macchiato (coconut milk)	Y	Y	Coconut Milk Water, Gluten Free <b>OATS</b> (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum, Ground Coffee	Small	45	10.8	0.5	0.3	1.4	0.9	0.2	0.2	0
				Regular	67.5	16.2	0.8	0.4	2.2	1.4	0.3	0.2	0



Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Iced Coffee					Nutritional information based on per portion basis								
Iced Latte (whole milk)	Y		Whole <b>MILK</b> , Ground Coffee	Regular	662.5	157.5	9.1	5.7	11.6	11.6	0	8.5	0.3
Iced Latte (oat milk)	Y	Y	Oat Milk Water, Gluten Free <b>OATS</b> (13%), Sunflower Oil, Sea Salt, Gellan Gum, Ground Coffee	Regular	602.5	145	7.1	1.3	17.3	11.3	1.5	2.3	0.3
Iced Latte (almond milk)	Y	Y	<b>ALMOND</b> Milk [Water, gluten free <b>OATS</b> (13%), <b>ALMONDS (NUTS)</b> (2%), Sunflower Oil, Sea Salt, Gellan Gum], Ground Coffee	Regular	657.5	157.5	6.1	0.8	22.1	11.3	1.8	2.8	0.3
Iced Latte (soya milk)	Y	Y	Soya Milk Water, Organic Soybean ( <b>SOYA</b> )(13%), Organic Rice syrup, Sea Salt, Ground Coffee	Regular	447.5	107.5	4.1	0.8	8.8	5.1	1.8	8	0.3
Iced Latte (coconut milk)	Y	Y	Coconut Milk Water, Gluten Free <b>OATS</b> (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum, Ground Coffee	Regular	562.5	135	5.8	3	17.6	11.3	2.3	2	0.3
Iced Mocha (whole milk)	Y		Whole <b>MILK</b> , Organic Drinking Chocolate [Cocoa Powder, Natural Sugar], Water, Ground Coffee	Regular	1214.8	289.5	9.4	5.9	44.1	42.1	0.3	9.2	0.6
Iced Mocha (oat milk)	Y	Y	Oat Milk Water, Gluten Free <b>OATS</b> (13%), Sunflower Oil, Sea Salt, Gellan Gum, Organic Drinking Chocolate [Cocoa Powder, Natural Sugar], Water, Ground Coffee	Regular	1154.8	277	7.4	1.5	49.9	41.8	1.8	2.9	0.6
Iced Mocha (almond milk)	Y	Y	<b>ALMOND</b> Milk [Water, gluten free <b>OATS</b> (13%), <b>ALMONDS (NUTS)</b> (2%), Sunflower Oil, Sea Salt, Gellan Gum] Organic Drinking Chocolate [Cocoa Powder, Natural Sugar], Water, Ground Coffee	Regular	1209.8	289.5	6.4	1	54.6	41.8	2.1	3.4	0.6
Iced Mocha (soya milk)	Y	Y	Soya Milk Water, Organic Soybean ( <b>SOYA</b> )(13%), Organic Rice syrup, Sea Salt, Organic Drinking Chocolate [Cocoa Powder, Natural Sugar], Water, Ground Coffee	Regular	999.8	239.5	4.4	1	41.4	35.6	2.1	8.7	0.6
Iced Mocha (coconut milk)	Y	Y	Coconut Milk Water, Gluten Free <b>OATS</b> (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum, Organic Drinking Chocolate [Cocoa Powder, Natural Sugar], Water, Ground Coffee	Regular	114.8	267	6.2	3.2	50.1	41.8	2.6	2.7	0.6
Iced Long Black (no milk)	Y		Water, Ground Coffee	Regular	0	0	0.1	0	0.1	0.1	0	0	0

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Iced Coffee				Nutritional information based on per portion basis									
Iced Brown Sugar Latte (whole milk)	Y		Whole <b>MILK</b> , Brown Sugar Syrup Demerara Sugar, Water, Colour: Plain Caramel, Acidity Regulator: Citric Acid Double Cream ( <b>MILK</b> ), Roasted Coffee Beans, Brown Sugar	Regular	1167.3	279.5	18.3	11.6	35.8	14.4	0	8.8	0.3
Iced Brown Sugar Latte (oat milk)	Y		Oat Milk Water, Gluten Free <b>OATS</b> (13%), Sunflower Oil, Sea Salt, Gellan Gum, Brown Sugar Syrup Demerara Sugar, Water, Colour: Plain Caramel, Acidity Regulator: Citric Acid, Double Cream ( <b>MILK</b> ), Roasted Coffee Beans, Whole <b>MILK</b> , Brown Sugar	Regular	1072.3	257	15.6	6.6	41.6	14.1	1.5	2.8	0.3
Iced Brown Sugar Latte (almond milk)	Y		<b>ALMOND</b> Milk [ Water, gluten free <b>OATS</b> (13%), <b>ALMONDS (NUTS)</b> (2%), Sunflower Oil, Sea Salt, Gellan Gum ], Brown Sugar Syrup Demerara Sugar, Water, Colour: Plain Caramel, Acidity Regulator: Citric Acid, Double Cream ( <b>MILK</b> ), Roasted Coffee Beans, Whole <b>MILK</b> , Brown Sugar	Regular	1127.3	269.5	14.6	6.1	46.3	14.1	1.8	3.3	0.3
Iced Brown Sugar Latte (soya milk)	Y		Soya Milk Water, Organic Soybean ( <b>SOYA</b> )(13%), Organic Rice syrup, Sea Salt, Brown Sugar Syrup Demerara Sugar, Water, Colour: Plain Caramel, Acidity Regulator: Citric Acid, Double Cream ( <b>MILK</b> ), Roasted Coffee Beans, Whole <b>MILK</b> , Brown Sugar	Regular	917.3	219.5	12.6	6.1	33.1	7.9	1.8	8.6	0.3
Iced Brown Sugar Latte (coconut milk)	Y		Coconut Milk Water, Gluten Free <b>OATS</b> (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum Brown Sugar Syrup Demerara Sugar, Water, Colour: Plain Caramel, Acidity Regulator: Citric Acid, Double Cream ( <b>MILK</b> ), Roasted Coffee Bean, Whole <b>MILK</b> , Brown Sugar	Regular	1032.3	247	14.3	8.4	41.8	14.1	2.3	2.6	0.3

**HOT  
CHOCOLATE**

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Chocolate					Nutritional information based on per portion basis								
Hot Chocolate (whole milk)	Y		Whole <b>MILK</b> , Organic Drinking Chocolate [Cocoa Powder, Natural Sugar], Water	Small	838.4	199.7	7.4	4.7	27.4	26.2	0.2	7.2	0.4
				Regular	1201.7	286.3	10.5	6.7	39.4	37.8	0.3	10.2	0.6
				Large	1538.5	366.5	13.3	8.5	51	48.9	0.4	13	0.7
Hot Chocolate (oat milk)	Y	Y	Oat Milk Water, Gluten Free <b>OATS</b> (13%), Sunflower Oil, Sea Salt, Gellan Gum, Organic Drinking Chocolate [Cocoa Powder, Natural Sugar], Water	Small	790.4	189.7	5.8	1.1	32	26	1.4	2.2	0.4
				Regular	1133.3	272	8.3	1.6	46	37.5	2	3.1	0.6
				Large	1452.1	348.5	10.4	2	59.3	48.5	2.5	4	0.7
Hot Chocolate (almond milk)	Y	Y	<b>ALMOND</b> Milk [Water, gluten free <b>OATS</b> (13%), <b>ALMONDS (NUTS)</b> (2%), Sunflower Oil, Sea Salt, Gellan Gum], Organic Drinking Chocolate [Cocoa Powder, Natural Sugar], Water, Hot Chocolate Powder [Cocoa powder, Acidity Regulator (Sodium Carbonate), Flavouring]	Small	834.4	199.7	5	0.7	35.8	26	1.6	2.6	0.4
				Regular	1197.7	286.6	7.2	1.1	51	37.2	2.4	3.8	0.6
				Large	1531.3	366.5	9	1.3	66.2	48.5	2.9	4.7	0.7
Hot Chocolate (soya milk)	Y	Y	Soya Milk Water, Organic Soybean ( <b>SOYA</b> )(13%), Organic Rice syrup, Sea Salt, Organic Drinking, Chocolate [Cocoa Powder, Natural Sugar], Water	Small	668.1	160	3.5	0.8	24.8	20.7	1.8	6.9	0.4
				Regular	956.6	229.3	4.8	1	36.3	30.4	2.3	9.7	0.6
				Large	1228.9	294.5	6.1	1.3	47.1	39.5	2.9	12.3	0.7
Hot Chocolate (coconut milk)	Y	Y	Coconut Milk Water, Gluten Free <b>OATS</b> (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum, Organic Drinking Chocolate [Cocoa Powder, Natural Sugar], Water	Small	758.4	181.7	4.8	2.5	32.2	26	2	2	0.4
				Regular	1087.7	260.6	6.8	3.6	46.3	37.5	2.8	2.8	0.6
				Large	1394.5	334.1	8.6	4.5	59.7	48.5	3.6	3.6	0.7

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Chocolate					Nutritional information based on per portion basis								
Biscoff Blondie Hot Chocolate (whole milk)	Y		Whole <b>MILK</b> Biscoff Topping Sauce [Caramelised Biscuits 52% ( <b>WHEAT</b> Flour, Sugar, Vegetable Oils (Palm*, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), <b>SOYA</b> Flour, Salt, Cinnamon, Rapeseed Oil, Sugar, Emulsifier (Lecithins ( <b>SOYA</b> ), Acid (Citric Acid). * palm oil from sustainable and certified plantations] Double Cream ( <b>MILK</b> ) Gold Chocolate Powder [Sugar, White Chocolate 36% (Sugar; Cocoa Butter, Whole MILK Powder; Skimmed <b>MILK</b> Powder), Fat Powder (Coconut Oil; Whey Powder ( <b>MILK</b> ); <b>MILK</b> Proteins) Caramelised Sugar (Caramelised Sugar, Maltodextrin), Natural Flavouring, Thickener: Guar Gum] Biscoff Crumble [ <b>WHEAT</b> Flour, Sugar, Vegetable Oils (Palm*, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Salt, Cinnamon. * from sustainable and certified plantations] Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid]	Regular	2723.9	653.8	49.1	19.3	44	34.5	0.4	10.2	0.5
Biscoff Blondie Hot Chocolate (oat milk)	Y		Oat Milk Water, Gluten Free <b>OATS</b> (13%), Sunflower Oil, Sea Salt, Gellan Gum Biscoff Topping Sauce [Caramelised Biscuits 52% ( <b>WHEAT</b> Flour, Sugar, Vegetable Oils (Palm*, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), <b>SOYA</b> Flour, Salt, Cinnamon, Rapeseed Oil, Sugar, Emulsifier (Lecithins ( <b>SOYA</b> ), Acid (Citric Acid). * palm oil from sustainable and certified plantations], Double Cream ( <b>MILK</b> ) Gold Chocolate Powder [Sugar, White Chocolate 36% (Sugar; Cocoa Butter, Whole MILK Powder; Skimmed <b>MILK</b> Powder), Fat Powder (Coconut Oil; Whey Powder ( <b>MILK</b> ); <b>MILK</b> Proteins) Caramelised Sugar (Caramelised Sugar, Maltodextrin), Natural Flavouring, Thickener: Guar Gum] Whole <b>MILK</b> Biscoff Crumble [ <b>WHEAT</b> Flour, Sugar, Vegetable Oils (Palm*, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Salt, Cinnamon. * from sustainable and certified plantations] Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid]	Regular	2671.1	642.8	47.4	15.3	49.1	34.3	1.7	4.7	0.5
Biscoff Blondie Hot Chocolate (almond milk)	Y		<b>ALMOND</b> Milk [Water, gluten free <b>OATS</b> (13%), <b>ALMONDS</b> (NUTS)(2%), Sunflower Oil, Sea Salt, Gellan Gum] Biscoff Topping Sauce [Caramelised Biscuits 52% ( <b>WHEAT</b> Flour, Sugar, Vegetable Oils (Palm*, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), <b>SOYA</b> Flour, Salt, Cinnamon, Rapeseed Oil, Sugar, Emulsifier (Lecithins ( <b>SOYA</b> ), Acid (Citric Acid). * palm oil from sustainable and certified plantations] Double Cream ( <b>MILK</b> ) Gold <b>Chocolate</b> Powder [Sugar, White Chocolate 36% (Sugar; Cocoa Butter, Whole <b>MILK</b> Powder; Skimmed MILK Powder), Fat Powder (Coconut Oil; Whey Powder ( <b>MILK</b> ); <b>MILK</b> Proteins) Caramelised Sugar (Caramelised Sugar, Maltodextrin), Natural Flavouring, Thickener: Guar Gum] Whole <b>MILK</b> Biscoff Crumble [ <b>WHEAT</b> Flour, Sugar, Vegetable Oils (Palm*, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Salt, Cinnamon. * from sustainable and certified plantations] Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid]	Regular	2719.5	653.8	46.5	14.9	53.3	34.3	1.9	5.1	0.5

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Chocolate					Nutritional information based on per portion basis								
Biscoff Blondie Hot Chocolate (soya milk)	Y		Soya Milk Water, Organic Soybean ( <b>SOYA</b> )(13%), Organic Rice syrup, Sea Salt, Biscoff Topping Sauce [Caramelised Biscuits 52% ( <b>WHEAT</b> Flour, Sugar, Vegetable Oils (Palm*, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), <b>SOYA</b> Flour, Salt, Cinnamon, Rapeseed Oil, Sugar, Emulsifier (Lecithins ( <b>SOYA</b> ), Acid (Citric Acid). * palm oil from sustainable and certified plantations], Double Cream ( <b>MILK</b> ), Gold Chocolate Powder [Sugar, White Chocolate 36% (Sugar; Cocoa Butter, Whole <b>MILK</b> Powder; Skimmed <b>MILK</b> Powder), Fat Powder (Coconut Oil; Whey Powder ( <b>MILK</b> ); <b>MILK</b> Proteins) Caramelised Sugar (Caramelised Sugar, Maltodextrin), Natural Flavouring, Thickener: Guar Gum], Whole <b>MILK</b> , Biscoff Crumble [ <b>WHEAT</b> Flour, Sugar, Vegetable Oils (Palm*, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Salt, Cinnamon. * from sustainable and certified plantations], Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid]	Regular	2534.7	609.8	44.7	14.9	41.6	28.8	1.9	9.7	0.5
Biscoff Blondie Hot Chocolate (coconut milk)	Y		Coconut Milk Water, Gluten Free <b>OATS</b> (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum Biscoff Topping Sauce [Caramelised Biscuits 52% ( <b>WHEAT</b> Flour, Sugar, Vegetable Oils (Palm*, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), <b>SOYA</b> Flour, Salt, Cinnamon, Rapeseed Oil, Sugar, Emulsifier (Lecithins ( <b>SOYA</b> ), Acid (Citric Acid). * palm oil from sustainable and certified plantations] Double Cream ( <b>MILK</b> ) Gold Chocolate Powder [Sugar, White Chocolate 36% (Sugar; Cocoa Butter, Whole <b>MILK</b> Powder; Skimmed <b>MILK</b> Powder), Fat Powder (Coconut Oil; Whey Powder ( <b>MILK</b> ); <b>MILK</b> Proteins) Caramelised Sugar (Caramelised Sugar, Maltodextrin), Natural Flavouring, Thickener: Guar Gum] Whole <b>MILK</b> Biscoff Crumble [ <b>WHEAT</b> Flour, Sugar, Vegetable Oils (Palm*, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Salt, Cinnamon. * from sustainable and certified plantations] Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid]	Regular	2635.9	634	46.3	16.9	49.3	34.3	2.3	4.4	0.5

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Chocolate					Nutritional information based on per portion basis								
Babycino (whole milk)	Y		Whole MILK	N/A	195.3	46.9	2.7	1.8	3.2	3.2	0	2.3	0.1
Babycino (oat milk)	Y	Y	Oat Milk Water, Gluten Free OATS (13%), Sunflower Oil, Sea Salt, Gellan Gum	N/A	168.7	40.6	2	0.4	4.8	3.2	0.4	0.6	0.1
Babycino (almond milk)	Y	Y	ALMOND Milk [Water, gluten free OATS (13%), ALMONDS (NUTS)(2%), Sunflower Oil, Sea Salt, Gellan Gum]	N/A	184.1	44.1	1.7	0.2	6.2	3.2	0.5	0.8	0.1
Babycino (soya milk)	Y	Y	Soya Milk Water, Organic Soybean (SOYA)(13%), Organic Rice syrup, Sea Salt	N/A	125.3	30.1	1.1	0.2	2.5	1.4	0.5	2.2	0.1
Babycino (coconut milk)	Y	Y	Coconut Milk Water, Gluten Free OATS (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum	N/A	157.5	37.8	1.6	0.8	4.9	3.2	0.6	0.6	0.1

# MATCHA MENU



Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Matcha					Nutritional information based on per portion basis								
Oat Matcha Latte	Y	Y	Oat Milk Water, Gluten Free <b>OATS</b> (13%), Sunflower Oil, Sea Salt, Gellan Gum, Water Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	671.5	161.6	7.6	1.4	19.2	12.1	2.3	3	0.4
Matcha Latte (whole milk)	Y		Whole <b>MILK</b> , Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	773.4	185.7	10.6	6.7	13.1	12.3	0.7	9.4	0.4
Matcha Latte (almond milk)	Y	Y	<b>ALMOND</b> Milk [Water, gluten free <b>OATS</b> (13%), <b>ALMONDS (NUTS)</b> (2%), Sunflower Oil, Sea Salt, Gellan Gum], Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	730.5	175	6.5	0.8	24.3	12.1	2.6	3.5	0.4
Matcha Latte (soya milk)	Y	Y	Soya Milk Water, Organic Soybean ( <b>SOYA</b> ) (13%), Organic Rice syrup, Sea Salt, Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	505.4	121.4	4.4	0.8	10.1	5.4	2.6	9.1	0.4
Matcha Latte (coconut milk)	Y	Y	Coconut Milk Water, Gluten Free <b>OATS</b> (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	628.6	150.8	6.3	3.2	19.5	12.1	3.1	2.7	0.4
Vanilla Oat Matcha Latte	Y	Y	Oat Milk Water, Gluten Free <b>OATS</b> (13%), Sunflower Oil, Sea Salt, Gellan Gum, Water Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid] Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	925.3	221	7	1.3	35.6	28.9	2.2	2.8	0.4
Vanilla Matcha Latte (whole milk)	Y		Whole <b>MILK</b> , Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	1019.6	243.3	9.8	6.2	29.9	29.1	0.7	8.7	0.4
Vanilla Matcha Latte (almond milk)	Y	Y	<b>ALMOND</b> Milk [Water, gluten free <b>OATS</b> (13%), <b>ALMONDS (NUTS)</b> (2%), Sunflower Oil, Sea Salt, Gellan Gum], Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	979.9	233.4	6.1	0.7	40.3	28.9	2.5	3.3	0.4
Vanilla Matcha Latte (soya milk)	Y	Y	Soya Milk Water, Organic Soybean ( <b>SOYA</b> ) (13%), Organic Rice syrup, Sea Salt, Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	771.6	183.8	4.1	0.8	27.1	22.7	2.5	8.5	0.4
Vanilla Matcha Latte (coconut milk)	Y	Y	Coconut Milk Water, Gluten Free <b>OATS</b> (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	885.6	211	5.8	3	35.8	28.9	3	2.5	0.4

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Matcha					Nutritional information based on per portion basis								
Strawberries & Cream Oat Matcha Latte	Y	Y	Oat Milk Water, Gluten Free <b>OATS</b> (13%), Sunflower Oil, Sea Salt, Gellan Gum, Water Sweetbird Strawberry Syrup [Sugar, Water, Strawberry Juice from Concentrate (10%), Natural Flavouring, Fruit and Vegetable Concentrates: Black Carrot and Elderberry, Acid: Citric Acid], Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid] Matcha Powder 100% Green Tea (Camellia Sinensis), Pitaya Powder	Regular	952.4	226.9	5.9	1.1	39.6	33.6	2	2.5	0.3

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Iced Matcha					Nutritional information based on per portion basis								
Oat Matcha Latte	Y	Y	Oat Milk Water, Gluten Free <b>OATS</b> (13%), Sunflower Oil, Sea Salt, Gellan Gum, Water Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	624.6	150.3	7	1.2	17.9	11	2.4	3	0.4
Matcha Latte (whole milk)	Y		Whole <b>MILK</b> , Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	717.7	172.3	9.7	6.1	12.2	11.3	1	8.8	0.4
Matcha Latte (almond milk)	Y	Y	<b>ALMOND</b> Milk [Water, gluten free <b>OATS</b> (13%), <b>ALMONDS (NUTS)</b> (2%), Sunflower Oil, Sea Salt, Gellan Gum], Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	678.5	162.5	6	0.8	22.5	11	2.7	3.4	0.4
Matcha Latte (soya milk)	Y	Y	Soya Milk Water, Organic Soybean ( <b>SOYA</b> ) (13%), Organic Rice syrup, Sea Salt, Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	472.7	113.5	4.1	0.8	9.6	4.9	2.7	8.6	0.4
Matcha Latte (coconut milk)	Y	Y	Coconut Milk Water, Gluten Free <b>OATS</b> (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum, Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	585.4	140.5	5.8	3	18.1	11	3.2	2.7	0.4
Vanilla Oat Matcha Latte	Y	Y	Oat Milk Water, Gluten Free <b>OATS</b> (13%), Sunflower Oil, Sea Salt, Gellan Gum Water Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid] Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	876	209.1	6.4	1.1	34.2	27.8	2.3	2.8	0.4
Vanilla Matcha Latte (whole milk)	Y		Whole <b>MILK</b> , Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	961.1	229.2	8.9	5.6	29	28	1	8.1	0.4
Vanilla Matcha Latte (almond milk)	Y	Y	<b>ALMOND</b> Milk [Water, gluten free <b>OATS</b> (13%), <b>ALMONDS (NUTS)</b> (2%), Sunflower Oil, Sea Salt, Gellan Gum] Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	925.3	220.3	5.5	0.7	38.4	27.8	2.5	3.2	0.4
Vanilla Matcha Latte (soya milk)	Y	Y	Soya Milk Water, Organic Soybean ( <b>SOYA</b> ) (13%), Organic Rice syrup, Sea Salt, Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	737.1	175.5	3.7	0.7	26.5	22.2	2.5	7.9	0.4
Vanilla Matcha Latte (coconut milk)	Y	Y	Coconut Milk Water, Gluten Free <b>OATS</b> (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	840.2	200.1	5.3	2.7	34.4	27.8	3	2.5	0.4

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Iced Matcha					Nutritional information based on per portion basis								
Strawberries & Cream Oat Matcha Latte	Y	Y	Oat Milk Water, Gluten Free <b>OATS</b> (13%), Sunflower Oil, Sea Salt, Gellan Gum, Water Sweetbird Strawberry Syrup [Sugar, Water, Strawberry Juice from Concentrate (10%), Natural Flavouring, Fruit and Vegetable Concentrates: Black Carrot and Elderberry, Acid: Citric Acid], Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid] Matcha Powder 100% Green Tea (Camellia Sinensis), Pitaya Powder	Regular	1002.4	238.2	4.8	0.8	45.2	39.8	2	2.30	0.3
Passionfruit Punch Matcha	Y	Y	Orange Juice from Concentrate [Mandarin Orange Juice from Concentrate (70%), Orange Juice from Concentrate (30%)] Water Mango & Passionfruit Puree partially from concentrate [Mango 18.1%, Passionfruit 17%, Banana 6.9%], Sugar, Water, Acid: Citric Acid, Thickeners: Pectin, Xanthan Gum, Antioxidant: Ascorbic Acid, Natural Flavourings] Lemonade Syrup [Water, Sugar, Lemon Juice from Concentrate (10%), Acid Citric Acid, Flavourings, Stabiliser: Acacia Gum, Coconut Oil], Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	561	132.8	0.3	0	30.9	29.7	1	1.3	0.2

# TEA & ADD ONS MENU

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Chai Latte					Nutritional information based on per portion basis								
Mumbai Railway Chai (whole milk)	Y		Whole <b>MILK</b> , Chai [Sugar, Natural Spices (Cinnamon, Cardamom, Ginger, Clove, Black Pepper, Star Anise, Allspice), Black Tea Extract]	Regular	1171.9	279.7	11.4	7.2	32.4	32.4	0	9.9	0.4
Mumbai Railway Chai (oat milk)	Y	Y	Oat Milk Water, Gluten Free <b>OATS</b> (13%), Sunflower Oil, Sea Salt, Gellan Gum Chai [Sugar, Natural Spices (Cinnamon, Cardamom, Ginger, Clove, Black Pepper, Star Anise, Allspice), Black Tea Extract]	Regular	1063.6	254.1	8.2	1.5	40.4	32.1	1.7	3.1	0.3
Mumbai Railway Chai (almond milk)	Y	Y	<b>ALMOND</b> Milk [Water, gluten free <b>OATS</b> (13%), <b>ALMONDS (NUTS)</b> (2%), Sunflower Oil, Sea Salt, Gellan Gum] Chai [Sugar, Natural Spices (Cinnamon, Cardamom, Ginger, Clove, Black Pepper, Star Anise, Allspice), Black Tea Extract]	Regular	1126.3	268.3	7.1	0.9	45.8	32.1	2	3.7	0.3
Mumbai Railway Chai (soya milk)	Y	Y	Soya Milk Water, Organic Soybean ( <b>SOYA</b> ) (13%), Organic Rice syrup, Sea Salt Chai [Sugar, Natural Spices (Cinnamon, Cardamom, Ginger, Clove, Black Pepper, Star Anise, Allspice), Black Tea Extract]	Regular	886.9	211.3	4.8	0.9	30.7	25	2	9.7	0.3
Mumbai Railway Chai (coconut milk)	Y	Y	Coconut Milk Water, Gluten Free <b>OATS</b> (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum Chai [Sugar, Natural Spices (Cinnamon, Cardamom, Ginger, Clove, Black Pepper, Star Anise, Allspice), Black Tea Extract]	Regular	1018	242.7	6.8	3.5	40.7	32.1	2.6	2.8	0.3

Product	Vegetarian?	Vegan?	Ingredients	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Drink Add Ons				Nutritional information based on per portion basis								
Marshmallows			Marshmallows [Sugar, Glucose Syrup, Water, Maize Starch, Beef Gelatine, Flavourings, Beetroot Juice Concentrate]	375.8	88.6	0	0	21.2	16.8	0	0.9	0
Whipped Cream	Y		Double Cream ( <b>MILK</b> ) Whole <b>MILK</b> , Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid]	438.5	106.4	11	6.9	1.6	1.6	0	0.6	0
Vegan Whipped Cream	Y	Y	Water, RSPO Sourced Hydrogenated Palm Oil (15%), Sugar (10%), Dextrose, Propellant (Nitrous Oxide, Glucose Syrup), Humectant (Sorbitol), Emulsifiers (Mono and diacetyl tartaric acid esters of mono - and di-glycerides of fatty acids, Polyoxymethylene Sorbitan Monostearate), Thickener (Hydroxypropylmethylcellulose), Potato Starch, Salt, Flavouring]	254.7	60.9	4.8	4.8	4.5	3.9	0	0	0.1
Brown Sugar Cold Foam	Y		Double Cream ( <b>MILK</b> ), Whole <b>MILK</b> , Brown Sugar Syrup Demerara Sugar, Water, Colour: Plain Caramel, Acidity Regulator: Citric Acid	351.3	83.9	8.6	5.4	2.9	0.4	0	0.6	0
Syrups				Nutritional information based on per portion basis								
Caramel (1 pump)	Y	Y	Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid]	151	35.5	0	0	8.9	8.9	0	0	0
Hazelnut (1 pump)	Y	Y	Hazelnut Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid]	151.2	35.8	0	0	8.9	8.9	0	0	0
Salted Caramel (1 pump)	Y	Y	Salted Caramel Syrup [Sugar, Water, Salt, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid]	150.1	35.3	0	0	8.8	8.8	0	0	0.2
Vanilla (1 pump)	Y	Y	Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid]	151	35.5	0	0	8.9	8.9	0	0	0
Sugar Free Vanilla (1 pump)	Y	Y	Sugar Free Vanilla Syrup [Water, Flavourings, Thickener: Cellulose Gum], Acidity Regulator (E330: Citric Acid), Sweeteners (E955: Sucralose, E960: Steviol Glycosides), Preservative (E202: Potassium Sorbate), Colour (E150a: Plain Caramel)]	4.6	1.1	0	0	0.2	0	0	0	0
Brown Sugar (1 pump)	Y	Y	Brown Sugar Syrup Demerara Sugar, Water, Colour: Plain Caramel, Acidity Regulator: Citric Acid	25.4	6.1	0	0	6.3	0	0	0	0

# SMOOTHIES & SHAKES MENU



Product	Vegetarian?	Vegan?	Ingredients	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Smoothies				Nutritional information based on per portion basis								
Strawberry & Blueberry	Y	Y	Apple Juice (from concentrate), Purple Dragon Fruit Smoothie Pouch [Strawberry(35%), Purple Dragon Fruit (29%), Pineapple (19%), Blueberry (14%), Chia Seeds (Salvia hispanica)(3%)]	826.2	195	2.5	0.2	36.6	35.8	28.1	2.8	0.2
Banana & Spinach	Y	Y	Apple Juice (from concentrate), Vegan Green Protein Smoothie Pouch Banana (25%), Spinach (20%), Mango (20%), Pineapple (20%), Pea Protein Pellets (12%)(Water, Pea Protein, Chlorella, Inactive Yeast, Spirulina), Chia Seeds (Salvia hispanica)(3%)	962.5	227.5	2.2	0.3	43.3	42	32.1	5.4	0.4
Mango & Passionfruit	Y	Y	Apple Juice (from concentrate), Great Defender Smoothie Pouch [Mango (40%), Peach (28%), Pineapple (18%), Seeded Passionfruit (14%)]	824.5	194.5	0.7	0.2	41.8	41.7	32.4	1.8	0.2
Shakes				Nutritional information based on per portion basis								
Vanilla Shake (whole milk)	Y		Ice [Water] Whole <b>MILK</b> Frappe Base Syrup [Water, Sugar, Thickener: Cellulose Gum, Acidity Regulator: Citric Acid, Preservative: Potassium Sorbate, Natural Flavouring] Double Cream ( <b>MILK</b> ) Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid] Whole <b>MILK</b> Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid]	1382.5	330.1	15.7	9.9	42.5	42.5	0	4.9	0.2
Caramel Shake (whole milk)	Y		Ice [Water] Whole <b>MILK</b> , Frappe Base Syrup [Water, Sugar, Thickener: Cellulose Gum, Acidity Regulator: Citric Acid, Preservative: Potassium Sorbate, Natural Flavouring] Double Cream ( <b>MILK</b> ), Salted Caramel Syrup [Sugar, Water, Salt, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid] Toffee Dessert Sauce [Glucose Syrup, Reconstituted Skimmed <b>MILK</b> , Dextrose, Water, Humectant (Glycerol), Sugar, Vegetable Oil, Modified Starch, Butter (MILK), Colour (Plain Caramel), Salt, Stabilisers (Guar Gum, Xanthan Gum), Flavouring, Preservative (Potassium Sorbate),] Whole <b>MILK</b> Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid]	1622.3	387.5	16.7	10	53.5	50.1	0	5.1	0.6
Chocolate Shake (whole milk)	Y		Ice [Water], Whole <b>MILK</b> , Organic Drinking Chocolate [Cocoa Powder, Natural Sugar], Frappe Base Syrup [Water, Sugar, Thickener: Cellulose Gum, Acidity Regulator: Citric Acid, Preservative: Potassium Sorbate, Natural Flavouring], Water, Double Cream ( <b>MILK</b> ), Chocolate Topping Sauce [Sugar, Water, Glucose Syrup, Humectant (Glycerol), Fat Reduced Cocoa Powder (6.5%), Chocolate (3.5%)(Sugar, Cocoa Mass, Cocoa Butter, Emulsifier ( <b>SOYA</b> Lecithin), Natural Vanilla Flavouring), Stabilisers (Guar Gum, Xanthan Gum), Acidity Regulator (Citric Acid), Preservative (Sorbic Acid)], Whole <b>MILK</b> , Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid]	1872.4	447.7	16.4	10.3	70.4	64.5	0.6	5.8	0.5

Product	Vegetarian?	Vegan?	Ingredients	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Shakes				Nutritional information based on per portion basis								
Biscoff Shake (whole milk)	Y		Ice [Water], Whole <b>MILK</b> , Biscoff Topping Sauce [Caramelised Biscuits 52% ( <b>WHEAT</b> Flour, Sugar, Vegetable Oils (Palm*, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), <b>SOYA</b> Flour, Salt, Cinnamon, Rapeseed Oil, Sugar, Emulsifier (Lecithins ( <b>SOYA</b> ), Acid (Citric Acid). * palm oil from sustainable and certified plantations] Frappe Base Syrup [Water, Sugar, Thickener: Cellulose Gum, Acidity Regulator: Citric Acid, Preservative: Potassium Sorbate, Natural Flavouring], Double Cream ( <b>MILK</b> ), Biscoff Crumble [ <b>WHEAT</b> Flour, Sugar, Vegetable Oils (Palm*, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Salt, Cinnamon. * from sustainable and certified plantations], Whole <b>MILK</b> , Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid]	2743.2	659.4	47.3	14.6	52.3	39.3	0.5	6.1	0.5

**WESTFIELD  
SPECIFIC**

Product	Vegetarian?	Vegan?	Ingredients	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Juices				Nutritional information based on per portion basis								
The Green One	Y	Y	Golden Delicious Apples, Ice [Water], Cucumber, Spinach, Fresh Ginger, Mint, Lime Juice [100% Freshly Squeezed Lime Juice]	1159.4	271.5	1.5	0.7	65.2	62.1	0	5.5	0.1
The Red One	Y	Y	Orange (100% Fresh Pressed), Beetroot, Carrot, Ice [Water], Turmeric Root, Lime Juice [100% Freshly Squeezed Lime Juice]	1358.7	327.3	4	1.1	69.5	53.6	0.1	8.1	0.5
The Orange One	Y	Y	Orange (100% Fresh Pressed), Ice [Water]	1818	434.4	1.2	0	102	102	0	13.2	0.1

**COOP  
SPECIFIC**

Product	Vegetarian?	Vegan?	Ingredients	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Matcha *using Alpro Alternative milks				Nutritional information based on per portion basis								
Oat Matcha Latte	Y	Y	Water, Matcha Powder 100% Green Tea (Camellia Sinensis), Alpro Barista Oat Milk [ <b>Oat</b> Base (95.6%)(Water, <b>Oat</b> (10%)), Sunflower Oil, Chicory Root Fibre, Pea Protein, Acidity Regulator (Potassium Phosphates), Sea Salt, Vitamins B2, D2]	687.2	164.2	8.1	0.8	18.7	8.8	3.4	2.7	0.5
Matcha Latte (almond milk)	Y	Y	Alpro Almond Original (Water, <b>ALMOND</b> (2.3%), Sugar, Calcium (Tri-calcium phosphate), Sea salt, Stabilisers (Locust bean gum, Gellan gum), Emulsifier (Lecithins (Sunflower)), Natural flavouring, Vitamins (B2, B12, E, D2), Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	274.9	65.1	3.1	0.3	7.2	6.4	1.8	1.6	0.5
Matcha Latte (soya milk)	Y	Y	Alpro Soya Milk [ <b>Soya</b> base (Water, Hulled <b>soya</b> beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Potassium iodide, Vitamins (B2, B12, D2)], Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	496.6	118.7	5.2	0.8	8	6.7	2.3	9.4	0.4
Matcha Latte (coconut milk)	Y	Y	Alpro Coconut Barista (Water, Coconut milk (3.5%)(Coconut cream, Water), Hulled <b>SOYA</b> beans (2.9%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Flavouring, Stabiliser (Gellan gum), Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	398.2	94.6	3.9	1.9	9.6	8.8	1.3	4.6	0.4
Vanilla Oat Matcha Latte	Y	Y	Alpro Barista Oat Milk [ <b>Oat</b> Base (95.6%)(Water, <b>Oat</b> (10%)), Sunflower Oil, Chicory Root Fibre, Pea Protein, Acidity Regulator (Potassium Phosphates), Sea Salt, Vitamins B2, D2], Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	939.8	223.4	7.5	0.8	35.1	25.9	3.2	2.5	0.4
Vanilla Matcha Latte (almond milk)	Y	Y	Alpro Almond Original (Water, <b>ALMOND</b> (2.3%), Sugar, Calcium (Tri-calcium phosphate), Sea salt, Stabilisers (Locust bean gum, Gellan gum), Emulsifier (Lecithins (Sunflower)), Natural flavouring, Vitamins (B2, B12, E, D2), Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	558.3	131.7	2.8	0.3	24.4	23.7	1.7	1.6	0.5
Vanilla Matcha Latte (soya milk)	Y	Y	Alpro Soya Milk [ <b>Soya</b> base (Water, Hulled <b>soya</b> beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Potassium iodide, Vitamins (B2, B12, D2)], Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	763.4	181.3	4.8	0.8	25.1	13.9	2.2	8.7	0.4
Vanilla Matcha Latte (coconut Milk)	Y	Y	Alpro Coconut Barista (Water, Coconut milk (3.5%)(Coconut cream, Water), Hulled <b>SOYA</b> beans (2.9%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Flavouring, Stabiliser (Gellan gum), Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	672.4	159	3.6	1.8	26.6	25.9	1.2	4.3	0.4
Strawberries & Cream Oat Matcha Latte	Y	Y	Alpro Barista Oat Milk [ <b>Oat</b> Base (95.6%)(Water, <b>Oat</b> (10%)), Sunflower Oil, Chicory Root Fibre, Pea Protein, Acidity Regulator (Potassium Phosphates), Sea Salt, Vitamins B2, D2], Water, Sweetbird Strawberry Syrup [Sugar, Water, Strawberry Juice from Concentrate (10%), Natural Flavouring, Fruit and Vegetable Concentrates: Black Carrot and Elderberry, Acid: Citric Acid] Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis), Pitaya Powder	964.6	229	6.3	0.6	39.2	31.1	2.8	2.2	0.4

Product	Vegetarian?	Vegan?	Ingredients	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Iced Matcha *using Alpro Alternative milks				Nutritional information based on per portion basis								
Oat Matcha Latte	Y	Y	Alpro Barista Oat Milk [ <b>Oat</b> Base (95.6%) (Water, <b>Oat</b> (10%)), Sunflower Oil, Chicory Root Fibre, Pea Protein, Acidity Regulator (Potassium Phosphates), Sea Salt, Vitamins B2, D2], Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	639	152.7	7.5	0.8	17.4	8.1	3.4	2.7	0.5
Matcha Latte (almond milk)	Y	Y	Alpro Almond Original UHT 8x1L Water, <b>ALMOND</b> (2.3%), Sugar, Calcium (Tri-calcium phosphate), Sea salt, Stabilisers (Locust bean gum, Gellan gum), Emulsifier (Lecithins (Sunflower)), Natural flavouring, Vitamins (B2, B12, E, D2), Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	262	62.1	2.8	0.3	6.9	5.9	2	1.7	0.5
Matcha Latte (soya milk)	Y	Y	Alpro Soya Milk [ <b>Soya</b> base (Water, Hulled <b>soya</b> beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Potassium iodide, Vitamins (B2, B12, D2)], Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	464.7	111.1	4.8	0.8	7.6	6.1	2.4	8.8	0.4
Matcha Latte (coconut milk)	Y	Y	Alpro Coconut Barsita (Water, Coconut milk (3.5%)(Coconut cream, Water), Hulled <b>SOYA</b> beans (2.9%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Flavouring, Stabiliser (Gellan gum), Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	374.7	89	3.6	1.7	9.1	8.1	1.5	4.4	0.4
Vanilla Oat Matcha Latte	Y	Y	Alpro Barista Oat Milk [ <b>Oat</b> Base (95.6%) (Water, <b>Oat</b> (10%)), Sunflower Oil, Chicory Root Fibre, Pea Protein, Acidity Regulator (Potassium Phosphates), Sea Salt, Vitamins B2, D2], Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	889.1	211.3	6.9	0.7	33.7	25.1	3.2	2.5	0.5
Vanilla Matcha Latte (almond milk)	Y	Y	Alpro Almond Original UHT 8x1L Water, <b>ALMOND</b> (2.3%), Sugar, Calcium (Tri-calcium phosphate), Sea salt, Stabilisers (Locust bean gum, Gellan gum), Emulsifier (Lecithins (Sunflower)), Natural flavouring, Vitamins (B2, B12, E, D2), Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	544.5	128.4	2.6	0.2	24.1	23.1	1.9	1.6	0.5
Vanilla Matcha Latte (soya milk)	Y	Y	Alpro Soya Milk [ <b>Soya</b> base (Water, Hulled <b>soya</b> beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Potassium iodide, Vitamins (B2, B12, D2)], Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	729.8	173.2	4.4	0.7	24.7	23.3	2.3	8.1	0.4
Vanilla Matcha Latte (coconut milk)	Y	Y	Alpro Coconut Barsita drink for professionals (12x1L) Water, Coconut milk (3.5%)(Coconut cream, Water), Hulled <b>SOYA</b> beans (2.9%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Flavouring, Stabiliser (Gellan gum), Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	647.5	153.1	3.3	1.6	26.1	25.1	1.4	4.1	0.4
Iced Strawberries & Cream Oat Matcha Latte	Y	Y	Alpro Barista Oat Milk [ <b>Oat</b> Base (95.6%) (Water, <b>Oat</b> (10%)), Sunflower Oil, Chicory Root Fibre, Pea Protein, Acidity Regulator (Potassium Phosphates), Sea Salt, Vitamins B2, D2], Water, Sweetbird Strawberry Syrup [Sugar, Water, Strawberry Juice from Concentrate (10%), Natural Flavouring, Fruit and Vegetable Concentrates: Black Carrot and Elderberry, Acid: Citric Acid] Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis), Pitaya Powder	1012.1	239.8	5.1	0.5	44.9	37.8	2.6	2.1	0.4

Product	Vegetarian?	Vegan?	Ingredients	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Shakes				Nutritional information based on per portion basis								
Double Chocolate Shake	Y		Whole <b>MILK</b> , Frappe Base Syrup [Water, Sugar, Thickener: Cellulose Gum, Acidity Regulator: Citric Acid, Preservative: Potassium Sorbate, Natural Flavouring], Organic Drinking Chocolate [Cocoa Powder, Natural Sugar] Double Cream ( <b>MILK</b> ), Chocolate Topping Sauce [Sugar, Water, Glucose Syrup, Humectant (Glycerol), Fat Reduced Cocoa Powder (6.5%), Chocolate (3.5%)(Sugar, Cocoa Mass, Cocoa Butter, Emulsifier ( <b>SOYA</b> Lecithin), Natural Vanilla Flavouring), Stabilisers (Guar Gum, Xanthan Gum), Acidity Regulator (Citric Acid), Preservative (Sorbic Acid)], Water, Strawberries, Hot Chocolate Powder [Cocoa powder, Acidity Regulator (Sodium Carbonate), Flavouring], Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid]	1847.9	440.9	17.2	10.7	66	60.6	0.7	7	0.5
Caramel Coffee Shake	Y		Whole <b>MILK</b> , Frappe Base Syrup [Water, Sugar, Thickener: Cellulose Gum, Acidity Regulator: Citric Acid, Preservative: Potassium Sorbate, Natural Flavouring], Double Cream ( <b>MILK</b> ), Toffee Dessert Sauce [Glucose Syrup, Reconstituted Skimmed <b>MILK</b> , Dextrose, Water, Humectant (Glycerol), Sugar, Vegetable Oil, Modified Starch, Butter ( <b>MILK</b> ), Colour (Plain Caramel), Salt, Stabilisers (Guar Gum, Xanthan Gum), Flavouring, Preservative (Potassium Sorbate).], Caramel Syrup Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator, Citric Acid, Roasted Coffee Beans, Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid]	1609.3	383.7	16.3	9.8	53.8	50.4	0	5.2	0.8