SOHO COFFEE

INGREDIENT & NUTRITION GUIDE

SEASONAL



Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Coffee					Nutritio	onal info	rmation	n based	on per	portion	basis		
Pumpkin Spice Latte (whole milk)	Υ		Whole MILK, Double Cream (MILK), Sweetened Condensed MILK, Roasted Coffee Beans, Sugar, Water, Pumpkin, Whole MILK, Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid], Cinnamon, Ginger, Nutmeg, Cloves	Regular	1533	368	21	13.4	34.8	34.2	0.4	9.5	0.3
Pumpkin Spice Latte (skimmed milk)	Y		Skimmed MILK, Double Cream (MILK), Sweetened Condensed MILK, Roasted Coffee Beans, Sugar, Water, Pumpkin, Whole MILK, Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid], Cinnamon, Ginger, Nutmeg, Cloves	Regular	1342	321	16.5	10.1	35	34.3	0.4	9.9	0.3
Pumpkin Spice Latte (oat milk)	Y		Oat Milk (Water, Gluten Free OATS (13%), Sunflower Oil, Sea Salt, Gellan Gum), Double Cream (MILK), Sweetened Condensed MILK , Roasted Coffee Beans, Sugar, Water, Pumpkin, Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid], Cinnamon, Ginger, Nutmeg, Cloves	Regular	1555	375	22	11	34	33.7	1.7	4	0.3
Pumpkin Spice Latte (almond milk)	Y		ALMOND Milk (Water, gluten free OATS (13%), ALMONDS (NUTS) (2%), Sunflower Oil, Sea Salt, Gellan Gum), Double Cream (MILK), Sweetened Condensed MILK, Roasted Coffee Beans, Sugar, Water, Pumpkin, Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid], Cinnamon, Ginger, Nutmeg, Cloves	Regular	1603	385	21	10.5	43.8	33.7	1.9	4.6	0.3
Pumpkin Spice Latte (soya milk)	Y		SOYA Milk (Water, Organic Soybean (SOYA) (13%), Organic Rice syrup, Sea Salt), Double Cream (MILK), Sweetened Condensed MILK, Roasted Coffee Beans, Sugar, Water, Pumpkin, Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid], Cinnamon, Ginger, Nutmeg, Cloves	Regular	1419	341	19	10.5	32	28	1.9	9	0.3
Pumpkin Spice Latte (coconut milk)	Υ		Coconut Milk (Water, Gluten Free OATS (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum), Double Cream (MILK), Sweetened Condensed MILK , Roasted Coffee Beans, Sugar, Water, Pumpkin, Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid], Cinnamon, Ginger, Nutmeg, Cloves	Regular	1518	365	20.9	12.5	39.8	33.6	2.4	3.9	0.3



Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Sait (g)
Iced Coffee					Nutritio	onal info	rmatior	ı based	on per	portion	basis		
Iced Pumpkin Spice Cold Foam Latte (whole milk)	Y		Whole MILK , Ice (Water), Sweetened Condensed MILK , Double Cream (MILK), Sugar, Water, Pumpkin, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Cinnamon, Ginger, Nutmeg Cloves	Regular	1423	340	17.2	10.8	38.2	37.4	0.4	7.9	0.2
Iced Pumpkin Spice Cold Foam Latte (skimmed milk)	Y		Skimmed MILK , Ice (Water), Sweetened Condensed MILK , Double Cream (MILK), Sugar, Water, Pumpkin, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Cinnamon, Ginger, Nutmeg Cloves	Regular	1207	287	11.4	7	38.5	37.8	0.4	8.2	0.2
Iced Pumpkin Spice Cold Foam Latte (oat milk)	Y		Oat Milk (Water, Gluten Free OATS (13%), Sunflower Oil, Sea Salt, Gellan Gum), Ice (Water), Sweetened Condensed MILK , Double Cream (MILK), Sugar, Water, Pumpkin, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Cinnamon, Ginger, Nutmeg Cloves	Regular	1362	325	15.4	7.6	41.9	37.3	1.4	4	0.2
Iced Pumpkin Spice Cold Foam Latte (almond milk)	Y		ALMOND Milk (Water, gluten free OATS (13%), ALMONDS (NUTS) (2%), Sunflower Oil, Sea Salt, Gellan Gum), Ice (Water), Sweetened Condensed MILK , Double Cream (MILK), Sugar, Water, Pumpkin, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Cinnamon, Ginger, Nutmeg Cloves	Regular	1397	333	14.8	7.3	45	37.3	1.6	4.4	0.2
Iced Pumpkin Spice Cold Foam Latte (soya milk)	Υ		SOYA Milk (Water, Organic Soybean (SOYA) (13%), Organic Rice syrup, Sea Salt), Ice (Water), Sweetened Condensed MILK, Double Cream (MILK), Sugar, Water, Pumpkin, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Cinnamon, Ginger, Nutmeg Cloves	Regular	1263	301	13.5	7.3	36.4	33.3	1.6	7.7	0.2
Iced Pumpkin Spice Cold Foam Latte (coconut milk)	Y		Coconut Milk (Water, Gluten Free OATS (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum), Ice (Water), Sweetened Condensed MILK , Double Cream (MILK), Sugar, Water, Pumpkin, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Cinnamon, Ginger, Nutmeg Cloves	Regular	1336	319	14.6	8.7	42	37	1.9	3.9	0.2



Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Matcha					Nutritio	onal info	rmation	n based	on per	portion	basis		
Blueberry Muffin Matcha Latte (oat milk)	Y	Υ	Oat Milk (Water, Gluten Free OATS (13%), Sunflower Oil, Sea Salt, Gellan Gum), Water, Blueberry Syrup Sugar, Water, Natural Blueberry Flavouring with Other Natural Flavourings, Concentrated Lemon Juice, Natural Flavouring, Cinnamon Bun Syrup Sugar, Water, Natural Flavourings, Colour: Plain Caramel, Acidity Regulator: Citric Acid, Matcha Powder 100% Green Tea (Camellia Sinensis), Blue Spirulina Powder	Regular	1013	243	7.6	1.3	39	32	2.3	3	0.4
Blueberry Muffin Matcha Latte (whole milk)	Y		Whole MILK , Water, Blueberry Syrup Sugar, Water, Natural Blueberry Flavouring with Other Natural Flavourings, Concentrated Lemon Juice, Natural Flavouring, Cinnamon Bun Syrup Sugar, Water, Natural Flavourings, Colour: Plain Caramel, Acidity Regulator: Citric Acid, Matcha Powder 100% Green Tea (Camellia Sinensis), Blue Spirulina Powder	Regular	1114	267	10.5	6.7	33	32.2	0.7	9.4	0.4
Blueberry Muffin Matcha Latte (skimmed milk)	Y		Skimmed MILK , Water, Blueberry Syrup Sugar, Water, Natural Blueberry Flavouring with Other Natural Flavourings, Concentrated Lemon Juice, Natural Flavouring, Cinnamon Bun Syrup Sugar, Water, Natural Flavourings, Colour: Plain Caramel, Acidity Regulator: Citric Acid, Matcha Powder 100% Green Tea (Camellia Sinensis), Blue Spirulina Powder	Regular	752	179	0.9	0.4	33.5	32.7	0.73	9.9	0.4
Blueberry Muffin Matcha Latte (almond milk)	Y	Y	ALMOND Milk (Water, gluten free OATS (13%), ALMONDS (NUTS)(2%), Sunflower Oil, Sea Salt, Gellan Gum), Water, Natural Blueberry Flavouring with Other Natural Flavourings, Concentrated Lemon Juice, Natural Flavouring, Cinnamon Bun Syrup Sugar, Water, Natural Flavourings, Colour: Plain Caramel, Acidity Regulator: Citric Acid, Matcha Powder 100% Green Tea (Camellia Sinensis), Blue Spirulina Powder	Regular	1071	256	6.5	0.8	44.2	31.9	2.6	3.5	0.4
Blueberry Muffin Matcha Latte (soya milk)	Y	Υ	SOYA Milk (Water, Organic Soybean (SOYA) (13%), Organic Rice syrup, Sea Salt), Water, Natural Blueberry Flavouring with Other Natural Flavourings, Concentrated Lemon Juice, Natural Flavouring, Cinnamon Bun Syrup Sugar, Water, Natural Flavourings, Colour: Plain Caramel, Acidity Regulator: Citric Acid, Matcha Powder 100% Green Tea (Camellia Sinensis), Blue Spirulina Powder	Regular	846	203	4	0.6	33	31.6	2.2	7.5	0.4
Blueberry Muffin Matcha Latte (coconut milk)	Y	Υ	Coconut Milk (Water, Gluten Free OATS (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum), Water, Natural Blueberry Flavouring with Other Natural Flavourings, Concentrated Lemon Juice, Natural Flavouring, Cinnamon Bun Syrup Sugar, Water, Natural Flavourings, Colour: Plain Caramel, Acidity Regulator: Citric Acid, Matcha Powder 100% Green Tea (Camellia Sinensis), Blue Spirulina Powder	Regular	970	232	6.3	3	39.4	32	3	2.7	0.4



Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
lced Matcha					Nutritio	nal info	rmatior	ı based	on per	portion	basis		
lced Blueberry Muffin Matcha Latte (oat milk)	Y	Y	Oat Milk (Water, Gluten Free OATS (13%), Sunflower Oil, Sea Salt, Gellan Gum), Ice (Water), Water, Blueberry Syrup Sugar, Water, Natural Blueberry Flavouring with Other Natural Flavourings, Concentrated Lemon Juice, Natural Flavouring Cinnamon Bun Syrup Sugar, Water, Natural Flavourings, Colour: Plain Caramel, Acidity Regulator: Citric Acid, Matcha Powder 100% Green Tea (Camellia Sinensis) Blue Spirulina Powder	Regular	983	236	5.9	1	41.7	36	2.2	2.6	0.4
lced Blueberry Muffin Matcha Latte (whole milk)	Y		Whole MILK , Ice (Water), Water, Blueberry Syrup Sugar, Water, Natural Blueberry Flavouring with Other Natural Flavourings, Concentrated Lemon Juice, Natural Flavouring, Cinnamon Bun Syrup Sugar, Water, Natural Flavourings, Colour: Plain Caramel, Acidity Regulator: Citric Acid, Matcha Powder 100% Green Tea (Camellia Sinensis) Blue Spirulina Powder	Regular	1061	254	8	5	37	36	1	7.5	0.4
Iced Blueberry Muffin Matcha Latte (skimmed milk)	Υ		Skimmed MILK , Ice (Water), Water, Blueberry Syrup Sugar, Water, Natural Blueberry Flavouring with Other Natural Flavourings, Concentrated Lemon Juice, Natural Flavouring, Cinnamon Bun Syrup Sugar, Water, Natural Flavourings, Colour: Plain Caramel, Acidity Regulator: Citric Acid, Matcha Powder 100% Green Tea (Camellia Sinensis) Blue Spirulina Powder	Regular	784	186	0.7	0.3	37.4	36.3	1	7.9	0.4
Iced Blueberry Muffin Matcha Latte (almond milk)	Υ	Υ	ALMOND Milk (Water, gluten free OATS (13%), ALMONDS (NUTS) (2%), Sunflower Oil, Sea Salt, Gellan Gum), Ice (Water), Water, Blueberry Syrup Sugar, Water, Natural Blueberry Flavouring with Other Natural Flavourings, Concentrated Lemon Juice, Natural Flavouring, Cinnamon Bun Syrup Sugar, Water, Natural Flavourings, Colour: Plain Caramel, Acidity Regulator: Citric Acid, Matcha Powder 100% Green Tea (Camellia Sinensis) Blue Spirulina Powder	Regular	1028	246	5	0.6	45.6	35.7	2.4	3	0.4
Iced Blueberry Muffin Matcha Latte (soya milk)	Υ	Υ	SOYA Milk (Water, Organic Soybean (SOYA) (13%), Organic Rice syrup, Sea Salt), Ice (Water), Blueberry Syrup Sugar, Water, Natural Blueberry Flavouring with Other Natural Flavourings, Concentrated Lemon Juice, Natural Flavouring, Cinnamon Bun Syrup Sugar, Water, Natural Flavourings, Colour: Plain Caramel, Acidity Regulator: Citric Acid, Matcha Powder 100% Green Tea (Camellia Sinensis) Blue Spirulina Powder	Regular	849	203	4	0.6	33	31.6	2.2	7.5	0.4
lced Blueberry Muffin Matcha Latte (coconut milk)	Y	Y	Coconut Milk (Water, Gluten Free OATS (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum), Ice (Water), Blueberry Syrup Sugar, Water, Natural Blueberry Flavouring with Other Natural Flavourings, Concentrated Lemon Juice, Natural Flavouring, Cinnamon Bun Syrup Sugar, Water, Natural Flavourings, Colour: Plain Caramel, Acidity Regulator: Citric Acid, Matcha Powder 100% Green Tea (Camellia Sinensis) Blue Spirulina Powder	Regular	950	227	4.8	2.5	42	36	2.8	2.4	0.4

COFFEE



Product Hot Coffee	Vegetarian?	Vegan?	Ingredients	Size	Energy (لام)	Energy (kcal)	Eat (g)	of which saturates (g)	Carbohydrates (g)	of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
				Small	0	0	0.1	0.1	0.1	0.1	0	0	0
Americano	Υ	Υ	Water, Ground Coffee	Regular	0	0	0.1	0.1	0.1	0.1	0	0	0
(no milk)				Large	0	0	0.1	0	0.1	0.1	0	0	0
Espresso	Υ	Υ	Ground Coffee	N/A	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Cortado (whole milk)	Υ		Whole MILK. Ground Coffee	N/A	238.5	56.7	3.3	2.1	4.2	4.2	0	3.1	0.1
Cortado (oat milk)	Υ	Υ	Oat Milk Water, Gluten Free OATS (13%), Sunflower Oil, Sea Salt, Gellan Gum, Ground Coffee	N/A	216.9	52.2	2.6	0.5	6.3	4.1	0.5	0.8	0.1
Cortado (almond milk)	Y	Y	ALMOND Milk [Water, gluten free OATS (13%), ALMONDS (NUTS) (2%), Sunflower Oil, Sea Salt, Gellan Gum] Ground Coffee	N/A	236.7	56.7	2.2	0.3	8	4.1	0.6	1	1
Cortado (soya milk)	Y	Υ	Soya Milk Water, Organic Soybean (SOYA) (13%), Organic Rice syrup, Sea Salt, Ground Coffee	N/A	161.1	38.7	1.5	0.3	3.2	1.9	0.6	2.9	0.1
Cortado (coconut milk)	Y	Υ	Coconut Milk Water, Gluten Free OATS (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum, Ground Coffee	N/A	202.5	48.6	2.1	1.1	6.4	4.1	0.8	0.7	0.1



Product Hot Coffee	Vegetarian?	Vegan?	Ingredients	Size	Energy (الم)	Energy (kcal)	eat (g)	ese Of which saturates (g)	o be Carbohydrates (g)	oj oj Of which sugars (g)	n basis	Protein (g)	Salt (g)
Flat White (whole milk)	Υ		Whole MILK , Ground Coffee	N/A	530	126	7.2	4.6	9.2	9.2	0	6.8	0.2
Flat White (oat milk)	Y	Y	Oat Milk Water, Gluten Free OATS (13%), Sunflower Oil, Sea Salt, Gellan Gum, Ground Coffee	N/A	482	116	5.7	1.0	13.9	9.1	1.2	1.8	0.2
Flat White (almond milk)	Y	Y	ALMOND Milk [Water, gluten free OATS (13%), ALMONDS (NUTS) (2%), Sunflower Oil, Sea Salt, Gellan Gum] Ground Coffee	N/A	526	126	4.9	0.6	17.7	9.1	1.4	2.2	0.2
Flat white (soya milk)	Y	Y	Soya Milk Water, Organic Soybean (SOYA) (13%), Organic Rice syrup, Sea Salt, Ground Coffee	N/A	358	86	3.3	0.6	7.1	4.1	1.4	6.4	0.2
Flat White (coconut milk)	Y	Y	Coconut Milk Water, Gluten Free OATS (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum, Ground Coffee	N/A	450	108	4.7	2.4	14.1	9.1	1.8	1.6	0.2



Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Coffee					Nutritio	nal inforn	nation b	ased o	n per po	ortion b	asis		
				Small	538	127.9	7.3	4.7	9.4	9.4	0	6.9	0.2
Latte (whole milk)	Υ		Whole MILK , Ground Coffee	Regular	755.3	179.6	10.3	6.5	13.2	13.2	0	9.7	0.3
				Large	954	226.8	13.0	8.3	16.6	16.6	0	12.2	0.4
Latte				Small	489.2	117.7	5.7	1	14	9.2	1.2	1.8	0.2
(oat milk)	Υ	Υ	Oat Milk Water, Gluten Free OATS (13%), Sunflower Oil, Sea Salt, Gellan Gum, Ground Coffee	Regular	686.5	165.3	8.1	1.4	19.7	12.9	1.7	2.6	0.3
				Large	867.6	208.8	10.2	1.8	24.9	16.3	2.2	3.2	0.4
Latte			AL MOND Mills [Western glutern free CATC (17%). AL MONDO (MILTO) (2%). Configurary Oil Con Calls College Cure.] Consumd	Small	533.9	127.9	4.9	0.6	17.9	9.2	1.4	2.2	0.2
(almond milk)	Υ	Υ	ALMOND Milk [Water, gluten free OATS (13%), ALMONDS (NUTS)(2%), Sunflower Oil, Sea Salt, Gellan Gum], Ground Coffee	Regular	749.6	179.6	6.9	0.9	25.2	12.9	2	3.1	0.3
				Large	946.8	226.8	8.7	1.1	31.8	16.3	2.5	4	0.36
Latte				Small	363.4	87.3	3.3	0.6	7.1	4.1	1.4	6.5	0.2
(soya milk)	Υ	Υ	Soya Milk Water, Organic Soybean (SOYA) (13%), Organic Rice syrup, Sea Salt, Ground Coffee	Regular	510.2	122.6	4.6	0.9	10.1	5.8	2	9.1	0.3
				Large	644.4	154.8	5.8	1.1	12.7	7.3	2.5	11.5	0.4
Latte			Constitution Olympia Care CATC (1791) Constitution Oil Con Cally Natural Constitution Cally	Small	456.8	109.6	4.7	2.4	14.3	9.2	1.8	1.6	0.2
(coconut milk)	Υ	Υ	Coconut Milk Water, Gluten Free OATS (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum, Ground Coffee	Reg	641.3	153.9	6.6	3.4	20	12.9	2.6	2.3	0.3
<i>.</i>				Large	810	194.4	8.4	4.3	25.3	16.3	3.2	2.9	0.4



Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Coffee					Nutritio	nal infor	mation	based (on per p	ortion	basis		
				Small	570.2	135.6	7.4	4.7	11.3	11.2	0.0	6.9	0.2
Cappuccino (whole milk)	Υ		Whole MILK , Ground Coffee, Organic Drinking Chocolate [Cocoa Powder, Natural Sugar]	Reg	787.5	187.3	10.4	6.6	15.1	15	0.02	9.7	0.3
				Large	986.2	234.5	13.1	8.3	18.5	18.4	0.0	12.3	0.4
Cappuccino				Small	521.5	125.4	5.7	1.0	15.9	11	1.2	1.9	0.2
(oat milk)	Υ	Υ	Oat Milk Water, Gluten Free OATS (13%), Sunflower Oil, Sea Salt, Gellan Gum, Ground Coffee, Organic Drinking Chocolate [Cocoa Powder, Natural Sugar]	Regular	719.1	173	8.1	1.5	21.6	15.7	1.7	2.6	0.3
				Large	899.8	216.5	10.2	1.8	26.8	18.1	2.2	3.3	0.4
Cappuccino			ALMOND MILLEWARD white five CATO (17%) ALMONDO (MITO)(0%) Quefferres Cit Que Oalb Quilles Quest	Small	566.1	135.6	4.9	0.6	19.8	11	1.4	2.3	0.2
(almond milk)	Υ	Υ	ALMOND Milk [Water, gluten free OATS (13%), ALMONDS (NUTS)(2%), Sunflower Oil, Sea Salt, Gellan Gum], Ground Coffee, Organic Drinking Chocolate [Cocoa Powder, Natural Sugar]	Regular	765.7	183.4	6.9	0.9	26.1	13.8	2	3.2	0.3
				Large	979	234.5	8.7	1.1	33.7	18.1	2.5	4	0.4
Cappuccino			Soya Milk Water, Organic Soybean (SOYA)(13%), Organic Rice syrup, Sea Salt, Ground Coffee, Organic Drinking Chocolate	Small	395.6	95	3.3	0.6	9.0	5.9	1.4	6.5	0.2
(soya milk)	Υ	Υ	[Cocoa Powder, Natural Sugar]	Reg	542.4	130.3	4.7	0.9	12	7.6	2	9.2	0.3
				Large	676.6	162.5	5.9	1.1	14.6	9.1	2.5	11.6	0.4
Cappuccino			Coconut Milly Western Cluttern Free OATS (179) Coconut (09) Supplement Oil Coc Colt Network Court Floring Court	Small	489	117.3	4.7	2.5	16.2	11	1.9	1.7	0.2
(coconut milk)	Υ	Υ	Coconut Milk Water, Gluten Free OATS (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum, Ground Coffee, Organic Drinking Chocolate [Cocoa Powder, Natural Sugar]	Reg	673.5	161.6	6.7	3.5	21.9	14.7	2.6	2.3	0.3
				Large	842.2	202.1	8.4	4.4	27.2	18.1	3.3	2.9	0.4



Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Coffee					Nutrition	nal inforn	nation b	ased o	n per po	ortion b	asis		
				Small	785.4	187.1	6.7	4.2	26.5	25.4	0.2	6.5	0.4
Mocha (whole milk)	Υ		Whole MILK , Organic Drinking Chocolate [Cocoa Powder, Natural Sugar], Water, Ground Coffee	Regular	1161.9	276.8	10.1	6.4	38.8	37.2	0.3	9.7	0.6
				Large	1512	360.2	13	8.3	50.6	48.5	0.4	12.6	0.7
Marka				Small	743.9	178.4	5.4	1.1	30.3	24.9	1.4	2.1	0.4
Mocha (oat milk)	Υ	Υ	Oat Milk Water, Gluten Free OATS (13%), Sunflower Oil, Sea Salt, Gellan Gum, Organic Drinking Chocolate [Cocoa Powder, Natural Sugar], Water, Ground Coffee	Regular	1097.1	263.3	7.9	1.5	45	36.9	1.9	3	0.6
				Large	1428	342.7	10.2	2	58.7	48.1	2.5	3.9	0.7
Mocha			ALMOND WILL DAY (CATO (17%) ALMONDO (MITO) (20%) O. (1	Small	781.8	187.1	4.6	0.7	34.1	25.2	1.5	2.4	0.4
(almond milk)	Y	Υ	ALMOND Milk [Water, gluten free OATS (13%), ALMONDS (NUTS)(2%), Sunflower Oil, Sea Salt, Gellan Gum], Organic Drinking Chocolate [Cocoa Powder, Natural Sugar], Water, Ground Coffee	Regular	1156.5	276.8	6.8	1	50.2	36.9	2.2	3.5	0.6
				Large	1505	360.2	8.8	1.3	65.3	48.1	2.8	4.6	0.7
Mocha			Over Mille Western Course in Overhood (OOVA) (1770) Oversia Discourse Over Oak Oversia Distriction Observator I	Small	632.3	151.4	3.2	0.7	24.1	20.4	1.6	6.2	0.4
(soya milk)	Y	Υ	Soya Milk Water, Organic Soybean (SOYA) (13%), Organic Rice syrup, Sea Salt, Organic Drinking Chocolate [Cocoa Powder, Natural Sugar], Water, Ground Coffee	Reg	929.7	222.8	4.7	1	35.9	30.1	2.2	9.2	0.6
				Large	1211	290.2	6.0	1.3	46.8	39.4	2.8	11.9	0.7
Mocha			Coconut Milk Water, Gluten Free OATS (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan	Small	713.4	171	4.4	2.3	30.9	25.2	1.8	1.8	0.4
(coconut milk)	Υ	Υ	Gum, Organic Drinking Chocolate [Cocoa Powder, Natural Sugar], Ground Coffee, Water	Reg	1037.8	248.7	6.6	3.4	44.4	36	2.7	2.7	0.5
				Large	1372	328.7	8.5	4.4	59	48.1	3.5	3.5	0.7

Ingredient & Nutrition Guide | Coffee Menu



Product Hot Coffee	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	fui lergy (kcal)	eat (g)	of which saturates (g)	a Carbohydrates (g)	of which sugars (g)	ribre (g)	Protein (g)	Salt (g)
Macchiato	Υ		Whole MILK , Ground Coffee	Small	53	12.6	0.8	0.5	1	1	0	0.7	0
(whole Milk)	•		Whole Thank orbital confee	Regular	79.5	18.9	1.2	0.7	1.5	1.5	0	1	0.0
Macchiato	Υ	V	0.1 Mill W. 1	Small	48.2	11.6	0.6	0.1	1.4	0.9	0.1	0.2	0
(oat milk)	Y	Υ	Oat Milk Water, Gluten Free OATS (13%), Sunflower Oil, Sea Salt, Gellan Gum, Ground Coffee	Regular	72.3	17.4	0.9	0.2	2.1	1.4	0.2	0.3	0
Macchiato	Υ	v		Small	52.6	12.6	0.5	0.1	1.8	0.9	0.	0.2	0
(almond milk)	Y	Υ	ALMOND Milk [Water, gluten free OATS (13%), ALMONDS (NUTS)(2%), Sunflower Oil, Sea Salt, Gellan Gum], Ground Coffee	Regular	78.9	18.9	0.8	0.1	2.7	1.4	0.2	0.3	0
12.6Macchiato	V	V		Small	35.8	8.6	0.4	0.1	0.7	0.4	0.1	0.6	0
(soya milk)	Υ	Υ	Soya Milk Water, Organic Soybean (SOYA) (13%), Organic Rice syrup, Sea Salt, Ground Coffee	Regular	53.7	12.9	0.6	0.1	1.1	0.7	0.2	1	0
Macchiato			Coconut Milk Water, Gluten Free OATS (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum,	Small	45	10.8	0.5	0.3	1.4	0.9	0.2	0.2	0
(coconut milk)	Y	Υ	Ground Coffee	Regular	67.5	16.2	0.8	0.4	2.2	1.4	0.3	0.2	0



Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Iced Coffee					Nutritio	nal infor	mation	based	on per p	ortion	basis		
lced Latte (whole milk)	Y		Whole MILK , Ground Coffee	Regular	662.5	157.5	9.1	5.7	11.6	11.6	0	8.5	0.3
lced Latte (oat milk)	Y	Y	Oat Milk Water, Gluten Free OATS (13%), Sunflower Oil, Sea Salt, Gellan Gum, Ground Coffee	Regular	602.5	145	7.1	1.3	17.3	11.3	1.5	2.3	0.3
lced Latte (almond milk)	Y	Y	ALMOND Milk [Water, gluten free OATS (13%), ALMONDS (NUTS)(2%), Sunflower Oil, Sea Salt, Gellan Gum], Ground Coffee	Regular	657.5	157.5	6.1	0.8	22.1	11.3	1.8	2.8	0.3
lced Latte (soya milk)	Y	Y	Soya Milk Water, Organic Soybean (SOYA)(13%), Organic Rice syrup, Sea Salt, Ground Coffee	Regular	447.5	107.5	4.1	0.8	8.8	5.1	1.8	8	0.3
lced Latte (coconut milk)	Y	Υ	Coconut Milk Water, Gluten Free OATS (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum, Ground Coffee	Regular	562.5	135	5.8	3	17.6	11.3	2.3	2	0.3
lced Mocha (whole milk)	Y		Whole MILK , Organic Drinking Chocolate [Cocoa Powder, Natural Sugar], Water, Ground Coffee	Regular	1214.8	289. 5	9.4	5.9	44.1	42.1	0.3	9.2	0.6
lced Mocha (oat milk)	Y	Y	Oat Milk Water, Gluten Free OATS (13%), Sunflower Oil, Sea Salt, Gellan Gum, Organic Drinking Chocolate [Cocoa Powder, Natural Sugar], Water, Ground Coffee	Regular	1154.8	277	7.4	1.5	49.9	41.8	1.8	2.9	0.6
lced Mocha (almond milk)	Y	Y	ALMOND Milk [Water, gluten free OATS (13%), ALMONDS (NUTS)(2%), Sunflower Oil, Sea Salt, Gellan Gum] Organic Drinking Chocolate [Cocoa Powder, Natural Sugar], Water, Ground Coffee	Regular	1209.8	289. 5	6.4	1	54.6	41.8	2.1	3.4	0.6
lced Mocha (soya milk)	Y	Y	Soya Milk Water, Organic Soybean (SOYA)(13%), Organic Rice syrup, Sea Salt, Organic Drinking Chocolate [Cocoa Powder, Natural Sugar], Water, Ground Coffee	Regular	999.8	239. 5	4.4	1	41.4	35.6	2.1	8.7	0.6
lced Mocha (coconut milk)	Y	Y	Coconut Milk Water, Gluten Free OATS (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum, Organic Drinking Chocolate [Cocoa Powder, Natural Sugar], Water, Ground Coffee	Regular	114.8	267	6.2	3.2	50.1	41.8	2.6	2.7	0.6
lced Long Black (no milk)	Y		Water, Ground Coffee	Regular	0	0	0.1	0	0.1	0.1	0	0	0



Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Sait (g)
Iced Coffee					Nutritio	nal infor	mation	based o	on per p	ortion I	basis		
Iced Brown Sugar Latte (whole milk)	Υ		Whole MILK , Brown Sugar Syrup Demerara Sugar, Water, Colour: Plain Caramel, Acidity Regulator: Citric Acid Double Cream (MILK), Roasted Coffee Beans, Brown Sugar	Regular	1167.3	279.5	18.3	11.6	35.8	14.4	0	8.8	0.3
Iced Brown Sugar Latte (oat milk)	Y		Oat Milk Water, Gluten Free OATS (13%), Sunflower Oil, Sea Salt, Gellan Gum, Brown Sugar Syrup Demerara Sugar, Water, Colour: Plain Caramel, Acidity Regulator: Citric Acid, Double Cream (MILK), Roasted Coffee Beans, Whole MILK, Brown Sugar	Regular	1072.3	257	15.6	6.6	41.6	14.1	1.5	2.8	0.3
Iced Brown Sugar Latte (almond milk)	Y		ALMOND Milk [Water, gluten free OATS (13%), ALMONDS (NUTS) (2%), Sunflower Oil, Sea Salt, Gellan Gum], Brown Sugar Syrup Demerara Sugar, Water, Colour: Plain Caramel, Acidity Regulator: Citric Acid, Double Cream (MILK), Roasted Coffee Beans, Whole MILK , Brown Sugar	Regular	1127.3	269.5	14.6	6.1	46.3	14.1	1.8	3.3	0.3
Iced Brown Sugar Latte (soya milk)	Y		Soya Milk Water, Organic Soybean (SOYA)(13%), Organic Rice syrup, Sea Salt, Brown Sugar Syrup Demerara Sugar, Water, Colour: Plain Caramel, Acidity Regulator: Citric Acid, Double Cream (MILK), Roasted Coffee Beans, Whole MILK, Brown Sugar	Regular	917.3	219.5	12.6	6.1	33.1	7.9	1.8	8.6	0.3
Iced Brown Sugar Latte (coconut milk)	Υ		Coconut Milk Water, Gluten Free OATS (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum Brown Sugar Syrup Demerara Sugar, Water, Colour: Plain Caramel, Acidity Regulator: Citric Acid, Double Cream (MILK), Roasted Coffee Bean, Whole MILK , Brown Sugar	Regular	1032.3	247	14.3	8.4	41.8	14.1	2.3	2.6	0.3

HOT CHOCOLATE



Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Chocolate	;				Nutrition	nal inforn	nation b	ased o	n per po	ortion b	asis		
				Small	838.4	199.7	7.4	4.7	27.4	26.2	0.2	7.2	0.4
Hot Chocolate (whole milk)	Υ		Whole MILK, Organic Drinking Chocolate [Cocoa Powder, Natural Sugar], Water	Regular	1201.7	286.3	10.5	6.7	39.4	37.8	0.3	10.2	0.6
				Large	1538.5	366.5	13.3	8.5	51	48.9	0.4	13	0.7
				Small	790.4	189.7	5.8	1.1	32	26	1.4	2.2	0.4
Hot Chocolate (oat milk)	Υ	Υ	Oat Milk Water, Gluten Free OATS (13%), Sunflower Oil, Sea Salt, Gellan Gum, Organic Drinking Chocolate [Cocoa Powder, Natural Sugar], Water	Regular	1133.3	272	8.3	1.6	46	37.5	2	3.1	0.6
				Large	1452.1	348.5	10.4	2	59.3	48.5	2.5	4	0.7
			ALMOND Milk [Water, gluten free OATS (13%), ALMONDS (NUTS)(2%), Sunflower Oil, Sea Salt, Gellan Gum], Organic	Small	834.4	199.7	5	0.7	35.8	26	1.6	2.6	0.4
Hot Chocolate (almond milk)	Υ	Υ	Drinking Chocolate [Cocoa Powder, Natural Sugar], Water, Hot Chocolate Powder [Cocoa powder, Acidity Regulator (Sodium Carbonate), Flavouring]	Regular	1197.7	286.6	7.2	1.1	51	37.2	2.4	3.8	0.6
			(Souldin Carbonate), Flavouring	Large	1531.3	366.5	9	1.3	66.2	48.5	2.9	4.7	0.7
				Small	668.1	160	3.5	0.8	24.8	20.7	1.8	6.9	0.4
Hot Chocolate (soya milk)	Υ	Υ	Soya Milk Water, Organic Soybean (SOYA) (13%), Organic Rice syrup, Sea Salt, Organic Drinking, Chocolate [Cocoa Powder, Natural Sugar], Water	Regular	956.6	229.3	4.8	1	36.3	30.4	2.3	9.7	0.6
				Large	1228.9	294.5	6.1	1.3	47.1	39.5	2.9	12.3	0.7
Hot Chocolate				Small	758.4	181.7	4.8	2.5	32.2	26	2	2	0.4
(coconut	Υ	Υ	Coconut Milk Water, Gluten Free OATS (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum, Organic Drinking Chocolate [Cocoa Powder, Natural Sugar], Water	Regular	1087.7	260.6	6.8	3.6	46.3	37.5	2.8	2.8	0.6
milk)				Large	1394.5	334.1	8.6	4.5	59.7	48.5	3.6	3.6	0.7



Product Hot Chocolat	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	eation b	Of which saturates (g)	Carbohydrates (g)	q uoitro q uoitro sugars (g)	Sir Fibre (g)	Protein (g)	Salt (g)
Biscoff Blondie Hot Chocolate (whole milk)	Υ		Whole MILK Biscoff Topping Sauce [Caramelised Biscuits 52% (WHEAT Flour, Sugar, Vegetable Oils (Palm*, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), SOYA Flour, Salt, Cinnamon, Rapeseed Oil, Sugar, Emulsifier (Lecithins (SOYA), Acid (Citric Acid). * palm oil from sustainable and certified plantations] Double Cream (MILK) Gold Chocolate Powder [Sugar, White Chocolate 36% (Sugar; Cocoa Butter, Whole MILK Powder; Skimmed MILK Powder), Fat Powder (Coconut Oil; Whey Powder (MILK); MILK Proteins) Caramelised Sugar (Caramelised Sugar, Maltodextrin), Natural Flavouring, Thickener: Guar Gum] Biscoff Crumble [WHEAT Flour, Sugar, Vegetable Oils (Palm*, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Salt, Cinnamon. * from sustainable and certified plantations] Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid]	Regular	2723.9	653.8	49.1	19.3	44	34.5	0.4	10.2	0.5
Biscoff Blondie Hot Chocolate (oat milk)	Y		Oat Milk Water, Gluten Free OATS (13%), Sunflower Oil, Sea Salt, Gellan Gum Biscoff Topping Sauce [Caramelised Biscuits 52% (WHEAT Flour, Sugar, Vegetable Oils (Palm*, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), SOYA Flour, Salt, Cinnamon, Rapeseed Oil, Sugar, Emulsifier (Lecithins (SOYA), Acid (Citric Acid). *palm oil from sustainable and certified plantations], Double Cream (MILK) Gold Chocolate Powder [Sugar, White Chocolate 36% (Sugar; Cocoa Butter, Whole MILK Powder; Skimmed MILK Powder), Fat Powder (Coconut Oil; Whey Powder (MILK); MILK Proteins) Caramelised Sugar (Caramelised Sugar, Maltodextrin), Natural Flavouring, Thickener: Guar Gum] Whole MILK Biscoff Crumble [WHEAT Flour, Sugar, Vegetable Oils (Palm*, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Salt, Cinnamon. * from sustainable and certified plantations] Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid]	Regular	2671.1	642.8	47.4	15.3	49.1	34.3	1.7	4.7	0.5
Biscoff Blondie Hot Chocolate (almond milk)	Y		ALMOND Milk [Water, gluten free OATS (13%), ALMONDS (NUTS) (2%), Sunflower Oil, Sea Salt, Gellan Gum] Biscoff Topping Sauce [Caramelised Biscuits 52% (WHEAT Flour, Sugar, Vegetable Oils (Palm*, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), SOYA Flour, Salt, Cinnamon, Rapeseed Oil, Sugar, Emulsifier (Lecithins (SOYA), Acid (Citric Acid). * palm oil from sustainable and certified plantations] Double Cream (MILK) Gold Chocolate Powder [Sugar, White Chocolate 36% (Sugar; Cocoa Butter, Whole MILK Powder; Skimmed MILK Powder), Fat Powder (Coconut Oil; Whey Powder (MILK); MILK Proteins) Caramelised Sugar (Caramelised Sugar, Maltodextrin), Natural Flavouring, Thickener: Guar Gum] Whole MILK Biscoff Crumble [WHEAT Flour, Sugar, Vegetable Oils (Palm*, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Salt, Cinnamon. * from sustainable and certified plantations] Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid]	Regular	2719.5	653.8	46.5	14.9	53.3	34.3	1.9	5.1	0.5



Product Hot Chocolat	Vegetarian?	Vegan?	Ingredients	Size	Energy (k시)	Energy (kcal)	ration l	of which saturates (g)	da Carbohydrates (g)	oit o of which sugars (g)	sise (g)	Protein (g)	Salt (g)
Biscoff Blondie Hot Chocolate (soya milk)	Υ		Soya Milk Water, Organic Soybean (SOYA)(13%), Organic Rice syrup, Sea Salt, Biscoff Topping Sauce [Caramelised Biscuits 52% (WHEAT Flour, Sugar, Vegetable Oils (Palm*, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), SOYA Flour, Salt, Cinnamon, Rapeseed Oil, Sugar, Emulsifier (Lecithins (SOYA), Acid (Citric Acid). * palm oil from sustainable and certified plantations], Double Cream (MILK), Gold Chocolate Powder [Sugar, White Chocolate 36% (Sugar; Cocoa Butter, Whole MILK Powder; Skimmed MILK Powder), Fat Powder (Coconut Oil; Whey Powder (MILK); MILK Proteins) Caramelised Sugar (Caramelised Sugar, Altodextrin), Natural Flavouring, Thickener: Guar Gum], Whole MILK, Biscoff Crumble [WHEAT Flour, Sugar, Vegetable Oils (Palm*, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Salt, Cinnamon. * from sustainable and certified plantations], Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid]	Regular	2534.7	609.8	44.7	14.9	41.6	28.8	1.9	9.7	0.5
Biscoff Blondie Hot Chocolate (coconut milk)	Y		Coconut Milk Water, Gluten Free OATS (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum Biscoff Topping Sauce [Caramelised Biscuits 52% (WHEAT Flour, Sugar, Vegetable Oils (Palm*, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), SOYA Flour, Salt, Cinnamon, Rapeseed Oil, Sugar, Emulsifier (Lecithins (SOYA), Acid (Citric Acid). * palm oil from sustainable and certified plantations] Double Cream (MILK) Gold Chocolate Powder [Sugar, White Chocolate 35% (Sugar; Cocoa Butter, Whole MILK Powder; Skimmed MILK Powder), Fat Powder (Coconut Oil; Whey Powder (MILK); MILK Proteins) Caramelised Sugar (Caramelised Sugar, Maltodextrin), Natural Flavouring, Thickener: Guar Gum] Whole MILK Biscoff Crumble [WHEAT Flour, Sugar, Vegetable Oils (Palm*, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Salt, Cinnamon. * from sustainable and certified plantations] Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid]	Regular	2635.9	634	46.3	16.9	49.3	34.3	2.3	4.4	0.5



Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Chocolate					Nutrit	ional inf	ormatio	on base	d on pe	r portio	n basis		
Babycino (whole milk)	Y		Whole MILK	N/A	195.3	46.9	2.7	1.8	3.2	3.2	0	2.3	0.1
Babycino (oat milk)	Y	Y	Oat Milk Water, Gluten Free OATS (13%), Sunflower Oil, Sea Salt, Gellan Gum	N/A	168.7	40.6	2	0.4	4.8	3.2	0.4	0.6	0.1
Babycino (almond milk)	Y	Y	ALMOND Milk [Water, gluten free OATS (13%), ALMONDS (NUTS)(2%), Sunflower Oil, Sea Salt, Gellan Gum]	N/A	184.1	44.1	1.7	0.2	6.2	3.2	0.5	0.8	0.1
Babycino (soya milk)	Y	Y	Soya Milk Water, Organic Soybean (SOYA) (13%), Organic Rice syrup, Sea Salt	N/A	125.3	30.1	1.1	0.2	2.5	1.4	0.5	2.2	0.1
Babycino (coconut milk)	Y	Y	Coconut Milk Water, Gluten Free OATS (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum	N/A	157.5	37.8	1.6	0.8	4.9	3.2	0.6	0.6	0.1

MATCHA



Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Matcha					Nutritio	nal infor	mation	based o	on per p	ortion l	oasis		
Oat Matcha Latte	Y	Y	Oat Milk Water, Gluten Free OATS (13%), Sunflower Oil, Sea Salt, Gellan Gum, Water Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	671.5	161.6	7.6	1.4	19.2	12.1	2.3	3	0.4
Matcha Latte (whole milk)	Y		Whole MILK , Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	773.4	185.7	10.6	6.7	13.1	12.3	0.7	9.4	0.4
Matcha Latte (almond milk)	Y	Υ	ALMOND Milk [Water, gluten free OATS (13%), ALMONDS (NUTS)(2%), Sunflower Oil, Sea Salt, Gellan Gum], Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	730.5	175	6.5	0.8	24.3	12.1	2.6	3.5	0.4
Matcha Latte (soya mik)	Υ	Υ	Soya Milk Water, Organic Soybean (SOYA) (13%), Organic Rice syrup, Sea Salt, Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	505.4	121.4	4.4	0.8	10.1	5.4	2.6	9.1	0.4
Matcha Latte (coconut milk)	Υ	Υ	Coconut Milk Water, Gluten Free OATS (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	628.6	150.8	6.3	3.2	19.5	12.1	3.1	2.7	0.4
Vanilla Oat Matcha Latte	Υ	Υ	Oat Milk Water, Gluten Free OATS (13%), Sunflower Oil, Sea Salt, Gellan Gum, Water Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid] Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	925.3	221	7	1.3	35.6	28.9	2.2	2.8	0.4
Vanilla Matcha Latte (whole milk)	Υ		Whole MILK , Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	1019.6	243.3	9.8	6.2	29.9	29.1	0.7	8.7	0.4
Vanilla Matcha Latte (almond milk)	Υ	Υ	ALMOND Milk [Water, gluten free OATS (13%), ALMONDS (NUTS)(2%), Sunflower Oil, Sea Salt, Gellan Gum], Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	979.9	233.4	6.1	0.7	40.3	28.9	2.5	3.3	0.4
Vanilla Matcha Latte (soya milk)	Υ	Υ	Soya Milk Water, Organic Soybean (SOYA)(13%), Organic Rice syrup, Sea Salt, Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	771.6	183.8	4.1	0.8	27.1	22.7	2.5	8.5	0.4
Vanilla Matcha Latte (coconut milk)	Υ	Υ	Coconut Milk Water, Gluten Free OATS (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	885.6	211	5.8	3	35.8	28.9	3	2.5	0.4



Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Matcha					Nutritio	onal infor	mation	based (on per p	ortion b	asis		
Strawberries & Cream Oat Matcha Latte	Y	Υ	Oat Milk Water, Gluten Free OATS (13%), Sunflower Oil, Sea Salt, Gellan Gum, Water Sweetbird Strawberry Syrup [Sugar, Water, Strawberry Juice from Concentrate (10%), Natural Flavouring, Fruit and Vegetable Concentrates: Black Carrot and Elderberry, Acid: Citric Acid], Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid] Matcha Powder 100% Green Tea (Camellia Sinensis), Pitaya Powder	Regular	952.4	226.9	5.9	1.1	39.6	33.6	2	2.5	0.3



Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Iced Matcha					Nutritio	nal infor	mation	based (on per p	ortion l	oasis		
Oat Matcha Latte	Y	Υ	Oat Milk Water, Gluten Free OATS (13%), Sunflower Oil, Sea Salt, Gellan Gum, Water Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	624.6	150.3	7	1.2	17.9	11	2.4	3	0.4
Matcha Latte (whole milk)	Y		Whole MILK , Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	717.7	172.3	9.7	6.1	12.2	11.3	1	8.8	0.4
Matcha Latte (almond milk)	Y	Y	ALMOND Milk [Water, gluten free OATS (13%), ALMONDS (NUTS)(2%), Sunflower Oil, Sea Salt, Gellan Gum], Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	678.5	162.5	6	0.8	22.5	11	2.7	3.4	0.4
Matcha Latte (soya mik)	Y	Υ	Soya Milk Water, Organic Soybean (SOYA)(13%), Organic Rice syrup, Sea Salt, Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	472.7	113.5	4.1	0.8	9.6	4.9	2.7	8.6	0.4
Matcha Latte (coconut milk)	Y	Υ	Coconut Milk Water, Gluten Free OATS (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum, Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	585.4	140.5	5.8	3	18.1	11	3.2	2.7	0.4
Vanilla Oat Matcha Latte	Y	Υ	Oat Milk Water, Gluten Free OATS (13%), Sunflower Oil, Sea Salt, Gellan Gum Water Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid] Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	876	209.1	6.4	1.1	34.2	27.8	2.3	2.8	0.4
Vanilla Matcha Latte (whole milk)	Y		Whole MILK , Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	961.1	229.2	8.9	5.6	29	28	1	8.1	0.4
Vanilla Matcha Latte (almond milk)	Υ	Υ	ALMOND Milk [Water, gluten free OATS (13%), ALMONDS (NUTS)(2%), Sunflower Oil, Sea Salt, Gellan Gum] Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	925.3	220.3	5.5	0.7	38.4	27.8	2.5	3.2	0.4
Vanilla Matcha Latte (soya milk)	Y	Υ	Soya Milk Water, Organic Soybean (SOYA) (13%), Organic Rice syrup, Sea Salt, Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	737.1	175.5	3.7	0.7	26.5	22.2	2.5	7.9	0.4
Vanilla Matcha Latte (coconut milk)	Y	Υ	Coconut Milk Water, Gluten Free OATS (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	840.2	200.1	5.3	2.7	34.4	27.8	3	2.5	0.4



Product Iced Matcha	Vegetarian?	Vegan?	Ingredients	Size	Energy (k시)	Energy (kcal)	Fat (g)	og Of which saturates (g)	ad Carbohydrates (g)	uoituoi Of which sugars (g)	sised Fibre (g)	Protein (g)	Salt (g)
Strawberries & Cream Oat Matcha Latte	Υ	Υ	Oat Milk Water, Gluten Free OATS (13%), Sunflower Oil, Sea Salt, Gellan Gum, Water Sweetbird Strawberry Syrup [Sugar, Water, Strawberry Juice from Concentrate (10%), Natural Flavouring, Fruit and Vegetable Concentrates: Black Carrot and Elderberry, Acid: Citric Acid], Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid] Matcha Powder 100% Green Tea (Camellia Sinensis), Pitaya Powder	Regular	1002.4	238.2	4.8	0.8	45.2	39.8	2	2.30	0.3
Passionfruit Punch Matcha	Υ	Υ	Orange Juice from Concentrate [Mandarin Orange Juice from Concentrate (70%), Orange Juice from Concentrate (30%)] Water Mango & Passionfruit Puree partially from concentrate [Mango 18.1%, Passionfruit 17%, Banana 6.9%), Sugar, Water, Acid: Citric Acid, Thickeners: Pectin, Xanthan Gum, Antioxidant: Ascorbic Acid, Natural Flavourings] Lemonade Syrup [Water, Sugar, Lemon Juice from Concentrate (10%), Acid Citric Acid, Flavourings, Stabiliser: Acacia Gum, Coconut Oil], Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	561	132.8	0.3	0	30.9	29.7	1	1.3	0.2

TEA & ADD ONS



Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Chai Latte					Nutritio	nal infor	mation	based o	on per p	ortion I	oasis		
Mumbai Railway Chai (whole milk)	Υ		Whole MILK, Chai [Sugar, Natural Spices (Cinnamon, Cardamom, Ginger, Clove, Black Pepper, Star Anise, Allspice), Black Tea Extract]	Regular	1171.9	279.7	11.4	7.2	32.4	32.4	0	9.9	0.4
Mumbai Railway Chai (oat milk)	Υ	Υ	Oat Milk Water, Gluten Free OATS (13%), Sunflower Oil, Sea Salt, Gellan Gum Chai [Sugar, Natural Spices (Cinnamon, Cardamom, Ginger, Clove, Black Pepper, Star Anise, Allspice), Black Tea Extract]	Regular	1063.6	254.1	8.2	1.5	40.4	32.1	1.7	3.1	0.3
Mumbai Railway Chai (almond milk)	Y	Υ	ALMOND Milk [Water, gluten free OATS (13%), ALMONDS (NUTS)(2%), Sunflower Oil, Sea Salt, Gellan Gum] Chai [Sugar, Natural Spices (Cinnamon, Cardamom, Ginger, Clove, Black Pepper, Star Anise, Allspice), Black Tea Extract]	Regular	1126.3	268.3	7.1	0.9	45.8	32.1	2	3.7	0.3
Mumbai Railway Chai (soya milk)	Y	Υ	Soya Milk Water, Organic Soybean (SOYA)(13%), Organic Rice syrup, Sea Salt Chai [Sugar, Natural Spices (Cinnamon, Cardamom, Ginger, Clove, Black Pepper, Star Anise, Allspice), Black Tea Extract]	Regular	886.9	211.3	4.8	0.9	30.7	25	2	9.7	0.3
Mumbai Railway Chai (coconut milk)	Y	Υ	Coconut Milk Water, Gluten Free OATS (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum Chai [Sugar, Natural Spices (Cinnamon, Cardamom, Ginger, Clove, Black Pepper, Star Anise, Allspice), Black Tea Extract]	Regular	1018	242.7	6.8	3.5	40.7	32.1	2.6	2.8	0.3



Product	Vegetarian?	Vegan?	Ingredients	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Drink Add	Ons			Nutritio	nal infor	mation	based o	on per p	ortion	basis		
Marshmallows			Marshmallows [Sugar, Glucose Syrup, Water, Maize Starch, Beef Gelatine, Flavourings, Beetroot Juice Concentrate]	375.8	88.6	0	0	21.2	16.8	0	0.9	0
Whipped Cream	Y		Double Cream (MILK) Whole MILK, Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid]	438.5	106.4	11	6.9	1.6	1.6	0	0.6	0
Vegan Whipped Cream	Υ	Υ	Water, RSPO Sourced Hydrogenated Palm Oil (15%), Sugar (10%), Dextrose, Propellant (Nitrous Oxide, Glucose Syrup), Humectant (Sorbitol), Emulsifiers (Mono and diacetyl tartaric acid esters of mono - and di-glycerides of fatty acids, Polyoxymethylene Sorbitan Monostearate), Thickener (Hydroxypropylmethylcellulose), Potato Starch, Salt, Flavouring]	254.7	60.9	4.8	4.8	4.5	3.9	0	0	0.1
Brown Sugar Cold Foam	Y		Double Cream (MILK), Whole MILK, Brown Sugar Syrup Demerara Sugar, Water, Colour: Plain Caramel, Acidity Regulator: Citric Acid	351.3	83.9	8.6	5.4	2.9	0.4	0	0.6	0
Syrups				Nutritio	nal infor	mation	based (on per p	ortion	basis		
Caramel (1 pump)	Y	Y	Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid]	151	35.5	0	0	8.9	8.9	0	0	0
Hazelnut (1 pump)	Y	Υ	Hazelnut Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid]	151.2	35.8	0	0	8.9	8.9	0	0	0
Salted Caramel (1 pump)	Υ	Υ	Salted Caramel Syrup [Sugar, Water, Salt, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid]	150.1	35.3	0	0	8.8	8.8	0	0	0.2
Vanilla (1 pump)	Y	Υ	Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid]	151	35.5	0	0	8.9	8.9	0	0	0
Sugar Free Vanilla (1 pump)	Υ	Υ	Sugar Free Vanilla Syrup [Water, Flavourings, Thickener: Cellulose Gum), Acidity Regulator (E330: Citric Acid), Sweeteners (E955: Sucralose, E960: Steviol Glycosides), Preservative (E202: Potassium Sorbate), Colour (E150a: Plain Caramel)]	4.6	1.1	0	0	0.2	0	0	0	0
Brown Sugar (1 pump)	Y	Y	Brown Sugar Syrup Demerara Sugar, Water, Colour: Plain Caramel, Acidity Regulator: Citric Acid	25.4	6.1	0	0	6.3	0	0	0	0

SMOOTHES SHAKES



Product	Vegetarian?	Vegan?	Ingredients	Energy (kJ)	Energy (kcal)	Fat(g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Smoothies				Nutritio	nal infor	mation	based o	n per po	ortion b	asis		
Strawberry & Blueberry	Y	Υ	Apple Juice (from concentrate), Purple Dragon Fruit Smoothie Pouch [Strawberry (35%), Purple Dragon Fruit (29%), Pineapple (19%), Blueberry (14%), Chia Seeds (Salvia hispanica) (3%)]	826.2	195	2.5	0.2	36.6	35.8	28.1	2.8	0.2
Banana & Spinach	Y	Y	Apple Juice (from concentrate), Vegan Green Protein Smoothie Pouch Banana (25%), Spinach (20%), Mango (20%), Pineapple (20%), Pea Protein Pellets (12%) (Water, Pea Protein, Chlorella, Inactive Yeast, Spirulina), Chia Seeds (Salvia hispanica) (3%)	962.5	227.5	2.2	0.3	43.3	42	32.1	5.4	0.4
Mango & Passionfruit	Y	Υ	Apple Juice (from concentrate), Great Defender Smoothie Pouch [Mango (40%), Peach (28%), Pineapple (18%), Seeded Passionfruit (14%)]	824.5	194.5	0.7	0.2	41.8	41.7	32.4	1.8	0.2
Shakes				Nutritio	nal infor	mation	based o	n per po	ortion b	asis		
Vanilla Shake (whole milk)	Y		Ice [Water] Whole MILK Frappe Base Syrup [Water, Sugar, Thickener: Cellulose Gum, Acidity Regulator: Citric Acid, Preservative: Potassium Sorbate, Natural Flavouring] Double Cream (MILK) Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid] Whole MILK Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid]	1382.5	330.1	15.7	9.9	42.5	42.5	0	4.9	0.2
Caramel Shake (whole milk)	Y		Ice [Water] Whole MILK, Frappe Base Syrup [Water, Sugar, Thickener: Cellulose Gum, Acidity Regulator: Citric Acid, Preservative: Potassium Sorbate, Natural Flavouring] Double Cream (MILK), Salted Caramel Syrup [Sugar, Water, Salt, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid] Toffee Dessert Sauce [Glucose Syrup, Reconstituted Skimmed MILK, Dextrose, Water, Humectant (Glycerol), Sugar, Vegetable Oil, Modified Starch, Butter (MILK), Colour (Plain Caramel), Salt, Stabilisers (Guar Gum, Xanthan Gum), Flavouring, Preservative (Potassium Sorbate),] Whole MILK Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid]	1622.3	387.5	16.7	10	53.5	50.1	0	5.1	0.6
Chocolate Shake (whole milk)	Y		Ice [Water], Whole MILK, Organic Drinking Chocolate [Cocoa Powder, Natural Sugar], Frappe Base Syrup [Water, Sugar, Thickener: Cellulose Gum, Acidity Regulator: Citric Acid, Preservative: Potassium Sorbate, Natural Flavouring], Water, Double Cream (MILK), Chocolate Topping Sauce [Sugar, Water, Glucose Syrup, Humectant (Glycerol), Fat Reduced Cocoa Powder (6.5%), Chocolate (3.5%) (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier (SOYA Lecithin), Natural Vanilla Flavouring), Stabilisers (Guar Gum, Xantham Gum), Acidity Regulator (Citric Acid), Preservative (Sorbic Acid)], Whole MILK, Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid]	1872.4	447.7	16.4	10.3	70.4	64.5	0.6	5.8	0.5



Product Shakes	Vegetarian?	Vegan?	Ingredients	oitirtuN Energy (kJ)	Energy (kcal)	Pat (g)	ase Of which saturates (g)	od section (g)	opt which sugars (g)	sis Fibre (g)	Protein (g)	Salt (g)
Biscoff Shake (whole milk)	Υ		Ice [Water], Whole MILK, Biscoff Topping Sauce [Caramelised Biscuits 52% (WHEAT Flour, Sugar, Vegetable Oils (Palm*, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), SOYA Flour, Salt, Cinnamon, Rapeseed Oil, Sugar, Emulsifier (Lecithins (SOYA), Acid (Citric Acid). * palm oil from sustainable and certified plantations] Frappe Base Syrup [Water, Sugar, Thickener: Cellulose Gum, Acidity Regulator: Citric Acid, Preservative: Potassium Sorbate, Natural Flavouring], Double Cream (MILK), Biscoff Crumble [WHEAT Flour, Sugar, Vegetable Oils (Palm*, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Salt, Cinnamon. * from sustainable and certified plantations], Whole MILK, Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid]	2743.2	659.4	47.3	14.6	52.3	39.3	0.5	6.1	0.5

WESTFIELD SPECIFIC



Product	Vegetarian?	Vegan?	Ingredients	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Juices			Nutritional information based on per portion basis									
The Green One	Y	Υ	Golden Delicious Apples, Ice [Water], Cucumber, Spinach, Fresh Ginger, Mint, Lime Juice [100% Freshly Squeezed Lime Juice]	1159.4	271.5	1.5	0.7	65.2	62.1	0	5.5	0.1
The Red One	Y	Y	Orange (100% Fresh Pressed), Beetroot, Carrot, Ice [Water], Turmeric Root, Lime Juice [100% Freshly Squeezed Lime Juice]	1358.7	327.3	4	1.1	69.5	53.6	0.1	8.1	0.5
The Orange One	Y	Y	Orange (100% Fresh Pressed), Ice [Water]	1818	434.4	1.2	0	102	102	0	13.2	0.1

COOP SPECIFIC



Product	Vegetarian?	Vegan?	Ingredients	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein(g)	Salt (g)
Matcha *usin	Matcha *using Alpro Alternative milks Nutritional information based on per portion basis											
Oat Matcha Latte	Y	Υ	Water, Matcha Powder 100% Green Tea (Camellia Sinensis), Alpro Barista Oat Milk [Oat Base (95.6%) (Water, Oat (10%)), Sunflower Oil, Chicory Root Fibre, Pea Protein, Acidity Regulator (Potassium Phosphates), Sea Salt, Vitamins B2, D2]	687.2	164.2	8.1	0.8	18.7	8.8	3.4	2.7	0.5
Matcha Latte (almond milk)	Y	Υ	Alpro Almond Original (Water, ALMOND (2.3%), Sugar, Calcium (Tri-calcium phosphate), Sea salt, Stabilisers (Locust bean gum, Gellan gum), Emulsifier (Lecithins (Sunflower)), Natural flavouring, Vitamins (B2, B12, E, D2), Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	274.9	65.1	3.1	0.3	7.2	6.4	1.8	1.6	0.5
Matcha Latte (soya milk)	Y	Υ	Alpro Soya Milk [Soya base (Water, Hulled soya beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Potassium iodide, Vitamins (B2, B12, D2)], Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	496.6	118.7	5.2	0.8	8	6.7	2.3	9.4	0.4
Matcha Latte (coconut milk)	Y	Y	Alpro Coconut Barista (Water, Coconut milk (3.5%) (Coconut cream, Water), Hulled SOYA beans (2.9%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Flavouring, Stabiliser (Gellan gum), Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	398.2	94.6	3.9	1.9	9.6	8.8	1.3	4.6	0.4
Vanilla Oat Matcha Latte	Y	Y	Alpro Barista Oat Milk [Oat Base (95.6%) (Water, Oat (10%)), Sunflower Oil, Chicory Root Fibre, Pea Protein, Acidity Regulator (Potassium Phosphates), Sea Salt, Vitamins B2, D2], Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	939.8	223.4	7.5	0.8	35.1	25.9	3.2	2.5	0.4
Vanilla Matcha Latte (almond milk)	Y	Y	Alpro Almond Original (Water, ALMOND (2.3%), Sugar, Calcium (Tri-calcium phosphate), Sea salt, Stabilisers (Locust bean gum, Gellan gum), Emulsifier (Lecithins (Sunflower)), Natural flavouring, Vitamins (B2, B12, E, D2), Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	558.3	131.7	2.8	0.3	24.4	23.7	1.7	1.6	0.5
Vanilla Matcha Latte (soya milk)	Y	Y	Alpro Soya Milk [Soya base (Water, Hulled soya beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Potassium iodide, Vitamins (B2, B12, D2)], Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	763.4	181.3	4.8	8.0	25.1	13.9	2.2	8.7	0.4
Vanilla Matcha Latte (coconut Milk)	Y	Υ	Alpro Coconut Barista (Water, Coconut milk (3.5%) (Coconut cream, Water), Hulled SOYA beans (2.9%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Flavouring, Stabiliser (Gellan gum), Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	672.4	159	3.6	1.8	26.6	25.9	1.2	4.3	0.4
Strawberries & Cream Oat Matcha Latte	Y	Υ	Alpro Barista Oat Milk [Oat Base (95.6%) (Water, Oat (10%)), Sunflower Oil, Chicory Root Fibre, Pea Protein, Acidity Regulator (Potassium Phosphates), Sea Salt, Vitamins B2, D2], Water, Sweetbird Strawberry Syrup [Sugar, Water, Strawberry Juice from Concentrate (10%), Natural Flavouring, Fruit and Vegetable Concentrates: Black Carrot and Elderberry, Acid: Citric Acid] Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis), Pitaya Powder	964.6	229	6.3	0.6	39.2	31.1	2.8	2.2	0.4



Product	Vegetarian?	Vegan?	Ingredients	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Iced Matcha *	cha *using Alpro Alternative milks Nutritional information based on per portion basis											
Oat Matcha Latte	Y	Υ	Alpro Barista Oat Milk [Oat Base (95.6%) (Water, Oat (10%)), Sunflower Oil, Chicory Root Fibre, Pea Protein, Acidity Regulator (Potassium Phosphates), Sea Salt, Vitamins B2, D2], Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	639	152.7	7.5	0.8	17.4	8.1	3.4	2.7	0.5
Matcha Latte (almond milk)	Y	Y	Alpro Almond Original UHT 8x1L Water, ALMOND (2.3%), Sugar, Calcium (Tri-calcium phosphate), Sea salt, Stabilisers (Locust bean gum, Gellan gum), Emulsifier (Lecithins (Sunflower)), Natural flavouring, Vitamins (B2, B12, E, D2), Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	262	62.1	2.8	0.3	6.9	5.9	2	1.7	0.5
Matcha Latte (soya milk)	Y	Υ	Alpro Soya Milk [Soya base (Water, Hulled soya beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Potassium iodide, Vitamins (B2, B12, D2)], Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	464.7	111.1	4.8	0.8	7.6	6.1	2.4	8.8	0.4
Matcha Latte (coconut milk)	Y	Y	Alpro Coconut Barsita (Water, Coconut milk (3.5%) (Coconut cream, Water), Hulled SOYA beans (2.9%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Flavouring, Stabiliser (Gellan gum), Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	374.7	89	3.6	1.7	9.1	8.1	1.5	4.4	0.4
Vanilla Oat Matcha Latte	Y	Y	Alpro Barista Oat Milk [Oat Base (95.6%) (Water, Oat (10%)), Sunflower Oil, Chicory Root Fibre, Pea Protein, Acidity Regulator (Potassium Phosphates), Sea Salt, Vitamins B2, D2], Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	889.1	211.3	6.9	0.7	33.7	25.1	3.2	2.5	0.5
Vanilla Matcha Latte (almond milk)	Y	Y	Alpro Almond Original UHT 8x1L Water, ALMOND (2.3%), Sugar, Calcium (Tri-calcium phosphate), Sea salt, Stabilisers (Locust bean gum, Gellan gum), Emulsifier (Lecithins (Sunflower)), Natural flavouring, Vitamins (B2, B12, E, D2), Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	544.5	128.4	2.6	0.2	24.1	23.1	1.9	1.6	0.5
Vanilla Matcha Latte (soya milk)	Y	Y	Alpro Soya Milk [Soya base (Water, Hulled soya beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Potassium iodide, Vitamins (B2, B12, D2)], Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	729.8	173.2	4.4	0.7	24.7	23.3	2.3	8.1	0.4
Vanilla Matcha Latte (coconut milk)	Y	Y	Alpro Coconut Barsita drink for professionals (12x1L) Water, Coconut milk (3.5%) (Coconut cream, Water), Hulled SOYA beans (2.9%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Flavouring, Stabiliser (Gellan gum), Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	647.5	153.1	3.3	1.6	26.1	25.1	1.4	4.1	0.4
Iced Strawberries & Cream Oat Matcha Latte	Y	Y	Alpro Barista Oat Milk [Oat Base (95.6%) (Water, Oat (10%)), Sunflower Oil, Chicory Root Fibre, Pea Protein, Acidity Regulator (Potassium Phosphates), Sea Salt, Vitamins B2, D2], Water, Sweetbird Strawberry Syrup [Sugar, Water, Strawberry Juice from Concentrate (10%), Natural Flavouring, Fruit and Vegetable Concentrates: Black Carrot and Elderberry, Acid: Citric Acid] Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis), Pitaya Powder	1012.1	239.8	5.1	0.5	44.9	37.8	2.6	2.1	0.4



Product Shakes	Vegetarian?	Vegan?	Ingredients	Energy (kJ)	Energy (kcal)	mation (g)	pase o Of which saturates (g)	ad Carbohydrates (g)	ortion of which sugars (g)	sise Fibre (g)	Protein (g)	Salt (g)
Double Chocolate Shake	Y		Whole MILK, Frappe Base Syrup [Water, Sugar, Thickener: Cellulose Gum, Acidity Regulator: Citric Acid, Preservative: Potassium Sorbate, Natural Flavouring], Organic Drinking Chocolate [Cocoa Powder, Natural Sugar] Double Cream (MILK), Chocolate Topping Sauce [Sugar, Water, Glucose Syrup, Humectant (Glycerol), Fat Reduced Cocoa Powder (6.5%), Chocolate (3.5%) (Sugar, Cocoa Baster, Emulsifier (SOYA Lecithin), Natural Vanilla Flavouring), Stabilisers (Guar Gum, Xantham Gum), Acidity Regulator (Citric Acid), Preservative (Sorbic Acid)], Water, Strawberries, Hot Chocolate Powder [Cocoa powder, Acidity Regulator (Sodium Carbonate), Flavouring], Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid]	1847.9	440.9	17.2	10.7	66	60.6	0.7	7	0.5
Caramel Coffee Shake	Y		Whole MILK, Frappe Base Syrup [Water, Sugar, Thickener: Cellulose Gum, Acidity Regulator: Citric Acid, Preservative: Potassium Sorbate, Natural Flavouring], Double Cream (MILK), Toffee Dessert Sauce [Glucose Syrup, Reconstituted Skimmed MILK, Dextrose, Water, Humectant (Glycerol), Sugar, Vegetable Oil, Modified Starch, Butter (MILK), Colour (Plain Caramel), Salt, Stabilisers (Guar Gum, Xanthan Gum), Flavouring, Preservative (Potassium Sorbate),], Caramel Syrup Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator, Citric Acid, Roasted Coffee Beans, Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid]	1609.3	383.7	16.3	9.8	53.8	50.4	0	5.2	0.8