



INGREDIENT & NUTRITION GUIDE

2025

Version 6: 28th November 2025

SEASONAL

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Coffee					Nutritional information based on per portion basis								
Gingerbread Latte (whole milk)	Y		Whole MILK , Double Cream (MILK), Dark Brown Sugar [Cane Sugar], Ground Coffee, Water Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid] Gingerbread Biscuit Flour (WHEAT Flour, Calcium, Iron, Niacin, Thiamin), Sugar, Vegetable Oil (Palm), Partially Inverted Sugar Syrup, Molasses, Raising Agents (Sodium Bicarbonate, Disodium Diphosphate), Ground Ginger, Salt, Natural Ginger Flavouring Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid], Ground Cinnamon, Ground Ginger, Ground Nutmeg, Ground Cloves	Regular	1659	398	23.4	14.6	39.4	37.7	0.4	8.1	0.3
Gingerbread Latte (skimmed milk)	Y		Skimmed MILK , Double Cream (MILK), Dark Brown Sugar [Cane Sugar], Ground Coffee, Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Gingerbread Biscuit Flour (WHEAT Flour, Calcium, Iron, Niacin, Thiamin), Sugar, Vegetable Oil (Palm), Partially Inverted Sugar Syrup, Molasses, Raising Agents (Sodium Bicarbonate, Disodium Diphosphate), Ground Ginger, Salt, Natural Ginger Flavouring, Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid], Ground Cinnamon, Ground Ginger, Ground Nutmeg, Ground Cloves	Regular	1333	318	15.4	9.3	39	37.2	0.5	7.8	0.3
Gingerbread Latte (oat milk) ALLERGEN UPDATE	Y		Oat Milk (Water, OATS (GLUTEN) , Sunflower Oil, Sea Salt, Gellan Gum, Chicory Root Fibre, Pea Protein, Vitamins (B2, B12, D2)), Double Cream (MILK), Dark Brown Sugar [Cane Sugar], Ground Coffee, Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Gingerbread Biscuit Flour (WHEAT Flour, Calcium, Iron, Niacin, Thiamin), Sugar, Vegetable Oil (Palm), Partially Inverted Sugar Syrup, Molasses, Raising Agents (Sodium Bicarbonate, Disodium Diphosphate), Ground Ginger, Salt, Natural Ginger Flavouring, Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid], Ground Cinnamon, Ground Ginger, Ground Nutmeg, Ground Cloves	Regular	1575	378	21	10.2	44.5	37.5	1.7	2.8	0.3
Gingerbread Latte (soya milk)	Y		SOYA Milk (Water, Organic Soybean (SOYA), Organic Rice syrup, Sea Salt), Double Cream (MILK), Dark Brown Sugar [Cane Sugar], Ground Coffee, Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Gingerbread Biscuit Flour (WHEAT Flour, Calcium, Iron, Niacin, Thiamin), Sugar, Vegetable Oil (Palm), Partially Inverted Sugar Syrup, Molasses, Raising Agents (Sodium Bicarbonate, Disodium Diphosphate), Ground Ginger, Salt, Natural Ginger Flavouring, Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid], Ground Cinnamon, Ground Ginger, Ground Nutmeg, Ground Cloves	Regular	1439	345	18.4	9.7	37	32	1.9	7.9	0.3
Gingerbread Latte (coconut milk)	Y		Coconut Milk (Water, Gluten Free OATS , Coconut, Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum), Double Cream (MILK), Dark Brown Sugar [Cane Sugar], Ground Coffee, Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Gingerbread Biscuit Flour (WHEAT Flour, Calcium, Iron, Niacin, Thiamin), Sugar, Vegetable Oil (Palm), Partially Inverted Sugar Syrup, Molasses, Raising Agents (Sodium Bicarbonate, Disodium Diphosphate), Ground Ginger, Salt, Natural Ginger Flavouring, Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid], Ground Cinnamon, Ground Ginger, Ground Nutmeg, Ground Cloves	Regular	1540	369	20	11.7	44.7	37.5	2.4	2.6	0.3

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Coffee					Nutritional information based on per portion basis								
Sticky Toffee Latte (whole milk)	Y		Whole MILK , English Toffee Syrup (Sugar, Water, Flavourings, Colour: Plain caramel, Acidity Regulator: Citric Acid) Double Cream (MILK), Toffee Sauce (Glucose Syrup, Water, Sugar, Humectant (Glycerol), Sweetened Condensed MILK (MILK , Sugar), Dextrose, Modified Starch, Butter (Milk) (MILK), Salt, Devonshire Clotted Cream (0.5%) (MILK), Colour (Plain Caramel), Natural Flavourings, Emulsifier (E435)), Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid]	Regular	1616	389	22.9	14.3	38	35.8	0	7.8	0.3
Sticky Toffee Latte (skimmed milk)	Y		Skimmed MILK , English Toffee Syrup (Sugar, Water, Flavourings, Colour: Plain caramel, Acidity Regulator: Citric Acid) Double Cream (MILK), Toffee Sauce (Glucose Syrup, Water, Sugar, Humectant (Glycerol), Sweetened Condensed MILK (MILK , Sugar), Dextrose, Modified Starch, Butter (Milk) (MILK), Salt, Devonshire Clotted Cream (0.5%) (MILK), Colour (Plain Caramel), Natural Flavourings, Emulsifier (E435)), Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid]	Regular	1319	316.5	15	9.1	38	36.2	0	8.3	0.3
Sticky Toffee Latte (oat milk) ALLERGEN UPDATE	Y		Oat Milk (Water, OATS (GLUTEN) , Sunflower Oil, Sea Salt, Gellan Gum, Chicory Root Fibre, Pea Protein, Vitamins (B2, B12, D2)), English Toffee Syrup (Sugar, Water, Flavourings, Colour: Plain caramel, Acidity Regulator: Citric Acid) Double Cream (MILK), Toffee Sauce (Glucose Syrup, Water, Sugar, Humectant (Glycerol), Sweetened Condensed MILK (MILK , Sugar), Dextrose, Modified Starch, Butter (Milk) (MILK), Salt, Devonshire Clotted Cream (0.5%) (MILK), Colour (Plain Caramel), Natural Flavourings, Emulsifier (E435)), Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid]	Regular	1539	369	20.5	9.9	43	35.6	1.3	2.6	0.3
Sticky Toffee Latte (soya milk)	Y		SOYA Milk (Water, Organic Soybean (SOYA), Organic Rice syrup, Sea Salt), English Toffee Syrup (Sugar, Water, Flavourings, Colour: Plain caramel, Acidity Regulator: Citric Acid), Double Cream (MILK), Toffee Sauce (Glucose Syrup, Water, Sugar, Humectant (Glycerol), Sweetened Condensed MILK (MILK , Sugar), Dextrose, Modified Starch, Butter (Milk) (MILK), Salt, Devonshire Clotted Cream (0.5%) (MILK), Colour (Plain Caramel), Natural Flavourings, Emulsifier (E435)), Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid]	Regular	1396	336	17.9	9.4	35	30	1.5	7.6	0.3
Sticky Toffee Latte (coconut milk)	Y		Coconut Milk (Water, Gluten Free OATS , Coconut, Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum), English Toffee Syrup (Sugar, Water, Flavourings, Colour: Plain caramel, Acidity Regulator: Citric Acid), Double Cream (MILK), Toffee Sauce (Glucose Syrup, Water, Sugar, Humectant (Glycerol), Sweetened Condensed MILK (MILK , Sugar), Dextrose, Modified Starch, Butter (Milk) (MILK), Salt, Devonshire Clotted Cream (0.5%) (MILK), Colour (Plain Caramel), Natural Flavourings, Emulsifier (E435)), Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid]	Regular	1497	360	19.4	11.4	43	35.6	2	2.3	0.3

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Chocolate					Nutritional information based on per portion basis								
Pistachio Hot Chocolate (whole milk)	Y		Whole MILK , Drinking Chocolate [Cocoa Powder, Natural Sugar], Double Cream (MILK), Pistachio Flavour Syrup Sugar, Water, Natural flavourings, Salt, Acidity Regulator: Citric Acid), Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	1715	410.6	20.3	12.8	49.2	47.6	0.4	8.3	0.9
Pistachio Hot Chocolate (skimmed milk)	Y		Skimmed MILK , Drinking Chocolate [Cocoa Powder, Natural Sugar], Double Cream (MILK), Pistachio Flavour Syrup Sugar, Water, Natural flavourings, Salt, Acidity Regulator: Citric Acid), Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	1418	338	12.3	7.6	49.7	48	0.4	8.7	0.9
Pistachio Hot Chocolate (oat milk) ALLERGEN UPDATE	Y		Oat Milk (Water, OATS (GLUTEN) , Sunflower Oil, Sea Salt, Gellan Gum, Chicory Root Fibre, Pea Protein, Vitamins (B2, B12, D2)), Drinking Chocolate [Cocoa Powder, Natural Sugar], Double Cream (MILK), Pistachio Flavour Syrup Sugar, Water, Natural flavourings, Salt, Acidity Regulator: Citric Acid), Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	1632	391	17.8	8.4	54.3	47.4	1.7	3	0.8
Pistachio Hot Chocolate (soya milk)	Y		SOYA Milk (Water, Organic Soybean (SOYA), Organic Rice syrup, Sea Salt), Drinking Chocolate [Cocoa Powder, Natural Sugar], Double Cream (MILK), Pistachio Flavour Syrup Sugar, Water, Natural flavourings, Salt, Acidity Regulator: Citric Acid), Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	1495	358	15.2	7.9	46.8	41.9	1.9	8	0.8
Pistachio Hot Chocolate (coconut milk)	Y		Coconut Milk (Water, Gluten Free OATS , Coconut, Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum),,Drinking Chocolate [Cocoa Powder, Natural Sugar], Double Cream (MILK), Pistachio Flavour Syrup Sugar, Water, Natural flavourings, Salt, Acidity Regulator: Citric Acid), Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	1597	382	16.7	9.9	54.5	47.4	2.35	2.8	0.8

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Iced Coffee					Nutritional information based on per portion basis								
Iced Gingerbread Latte (whole milk)	Y		Whole MILK , Ice (Water), Double Cream (MILK), Dark Brown Sugar [Cane Sugar], Water, Ground Coffee, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Gingerbread Biscuit Flour (WHEAT Flour, Calcium, Iron, Niacin, Thiamin), Sugar, Vegetable Oil (Palm), Partially Inverted Sugar Syrup, Molasses, Raising Agents (Sodium Bicarbonate, Disodium Diphosphate), Ground Ginger, Salt, Natural Ginger Flavouring Ground Cinnamon, Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid] Ground Ginger,, Ground Nutmeg, Ground Cloves	Regular	1722	412	22.7	14.1	45.3	43.2	0.7	7.5	0.3
Iced Gingerbread Latte (skimmed milk)	Y		Skimmed MILK , Ice (Water), Double Cream (MILK), Dark Brown Sugar [Cane Sugar], Water, Ground Coffee, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Ground Cinnamon, Gingerbread Biscuit Flour (WHEAT Flour, Calcium, Iron, Niacin, Thiamin), Sugar, Vegetable Oil (Palm), Partially Inverted Sugar Syrup, Molasses, Raising Agents (Sodium Bicarbonate, Disodium Diphosphate), Ground Ginger, Salt, Natural Ginger Flavouring, Ground Ginger, Ground Nutmeg, Ground Cloves	Regular	1452	346	15.5	9.3	45.7	43.6	0.7	7.9	0.3
Iced Gingerbread Latte (oat milk) ALLERGEN UPDATE	Y		Oat Milk (Water, OATS (GLUTEN) , Sunflower Oil, Sea Salt, Gellan Gum, Chicory Root Fibre, Pea Protein, Vitamins (B2, B12, D2)), Ice (Water), Double Cream (MILK), Dark Brown Sugar [Cane Sugar], Water, Ground Coffee, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Ground Cinnamon, Gingerbread Biscuit Flour (WHEAT Flour, Calcium, Iron, Niacin, Thiamin), Sugar, Vegetable Oil (Palm), Partially Inverted Sugar Syrup, Molasses, Raising Agents (Sodium Bicarbonate, Disodium Diphosphate), Ground Ginger, Salt, Natural Ginger Flavouring Ground Ginger, Ground Nutmeg, Ground Cloves	Regular	1646	394	20.5	10.1	50	43	1.9	2.7	0.3
Iced Gingerbread Latte (soya milk)	Y		SOYA Milk (Water, Organic Soybean (SOYA), Organic Rice syrup, Sea Salt), Ice (Water), Double Cream (MILK), Dark Brown Sugar [Cane Sugar], Water, Ground Coffee, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Ground Cinnamon, Gingerbread Biscuit Flour (WHEAT Flour, Calcium, Iron, Niacin, Thiamin), Sugar, Vegetable Oil (Palm), Partially Inverted Sugar Syrup, Molasses, Raising Agents (Sodium Bicarbonate, Disodium Diphosphate), Ground Ginger, Salt, Natural Ginger Flavouring Ground Ginger, Ground Nutmeg, Ground Cloves	Regular	1522	364	18.1	9.7	43.1	38	2.1	7.3	0.3
Iced Gingerbread Latte (coconut milk)	Y		Coconut Milk (Water, Gluten Free OATS , Coconut, Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum), Ice (Water), Double Cream (MILK), Dark Brown Sugar [Cane Sugar], Water, Ground Coffee, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Ground Cinnamon, Gingerbread Biscuit Flour (WHEAT Flour, Calcium, Iron, Niacin, Thiamin), Sugar, Vegetable Oil (Palm), Partially Inverted Sugar Syrup, Molasses, Raising Agents (Sodium Bicarbonate, Disodium Diphosphate), Ground Ginger, Salt, Natural Ginger Flavouring Ground Ginger, Ground Nutmeg, Ground Cloves	Regular	1614	386	19.5	11.5	50.1	43	2.5	2.5	0.3

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Iced Coffee					Nutritional information based on per portion basis								
Iced Sticky Toffee Latte (whole milk)	Y		Whole MILK , Ice (Water), English Toffee Syrup (Sugar, Water, Flavourings, Colour: Plain caramel, Acidity Regulator: Citric Acid), Double Cream (MILK), Toffee Sauce (Glucose Syrup, Water, Sugar, Humectant (Glycerol), Sweetened, Condensed MILK (MILK , Sugar), Dextrose, Modified Starch, Butter (Milk) (MILK), Salt, Devonshire Clotted Cream (MILK), Colour (Plain Caramel), Natural Flavourings, Emulsifier (E435)), Vanilla Syrup (Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid)	Regular	1673	402	22.2	13.8	43.8	41.6	0	7.2	0.3
Iced Sticky Toffee Latte (skimmed milk)	Y		Skimmed MILK , Ice (Water), English Toffee Syrup (Sugar, Water, Flavourings, Colour: Plain caramel, Acidity Regulator: Citric Acid), Double Cream (MILK), Toffee Sauce (Glucose Syrup, Water, Sugar, Humectant (Glycerol), Sweetened, Condensed MILK (MILK , Sugar), Dextrose, Modified Starch, Butter (Milk) (MILK), Salt, Devonshire Clotted Cream (MILK), Colour (Plain Caramel), Natural Flavourings, Emulsifier (E435)), Vanilla Syrup (Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid)	Regular	1403	337	15	9	44.2	42	0	7.6	0.3
Iced Sticky Toffee Latte (oat milk) ALLERGEN UPDATE	Y		Oat Milk Water, OATS (GLUTEN), Sunflower Oil, Sea Salt, Gellan Gum, Chicory Root Fibre, Pea Protein, Vitamins (B2, B12, D2)), Ice (Water), English Toffee Syrup (Sugar, Water, Flavourings, Colour: Plain caramel, Acidity Regulator: Citric Acid), Double Cream (MILK), Toffee Sauce (Glucose Syrup, Water, Sugar, Humectant (Glycerol), Sweetened, Condensed MILK (MILK , Sugar), Dextrose, Modified Starch, Butter (Milk) (MILK), Salt, Devonshire Clotted Cream (MILK), Colour (Plain Caramel), Natural Flavourings, Emulsifier (E435)), Vanilla Syrup (Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid)	Regular	1597	385	20	10	48.4	41.4	1.2	2.4	0.3
Iced Sticky Toffee Latte (soya milk)	Y		SOYA Milk (Water, Organic Soybean (SOYA), Organic Rice syrup, Sea Salt), Ice (Water), English Toffee Syrup (Sugar, Water, Flavourings, Colour: Plain caramel, Acidity Regulator: Citric Acid), Double Cream (MILK), Toffee Sauce (Glucose Syrup, Water, Sugar, Humectant (Glycerol), Sweetened, Condensed MILK (MILK , Sugar), Dextrose, Modified Starch, Butter (Milk) (MILK), Salt, Devonshire Clotted Cream (MILK), Colour (Plain Caramel), Natural Flavourings, Emulsifier (E435)), Vanilla Syrup (Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid)	Regular	1473	355	17.6	9.4	41.6	36.4	1.4	7	0.3
Iced Sticky Toffee Latte (coconut milk)	Y		Coconut Milk (Water, Gluten Free OATS , Coconut, Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum), Ice (Water), English Toffee Syrup (Sugar, Water, Flavourings, Colour: Plain caramel, Acidity Regulator: Citric Acid), Double Cream (MILK), Toffee Sauce (Glucose Syrup, Water, Sugar, Humectant (Glycerol), Sweetened, Condensed MILK (MILK , Sugar), Dextrose, Modified Starch, Butter (Milk) (MILK), Salt, Devonshire Clotted Cream (MILK), Colour (Plain Caramel), Natural Flavourings, Emulsifier (E435)), Vanilla Syrup (Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid)	Regular	1565	377	19	11.2	48.6	41.4	1.8	2.2	0.3

COFFEE

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Coffee				Nutritional information based on per portion basis									
Americano (no milk)	Y	Y	Water, Ground Coffee	Small	0	0	0.1	0.1	0.1	0.1	0	0	0
				Regular	0	0	0.1	0.1	0.1	0.1	0	0	0
				Large	0	0	0.1	0	0.1	0.1	0	0	0
Espresso	Y	Y	Ground Coffee	N/A	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Cortado (whole milk)	Y		Whole MILK . Ground Coffee	N/A	238.5	56.7	3.3	2.1	4.2	4.2	0	3.1	0.1
Cortado (oat milk) ALLERGEN UPDATE	Y	Y	Oat Milk (Water, OATS (GLUTEN) , Sunflower Oil, Sea Salt, Gellan Gum, Chicory Root Fibre, Pea Protein, Vitamins (B2, B12, D2)), Ground Coffee	N/A	216.9	52.2	2.6	0.5	6.3	4.1	0.5	0.8	0.1
Cortado (soya milk)	Y	Y	SOYA Milk Water, Organic Soybean (SOYA) (13%), Organic Rice syrup, Sea Salt, Ground Coffee	N/A	161.1	38.7	1.5	0.3	3.2	1.9	0.6	2.9	0.1
Cortado (coconut milk)	Y	Y	Coconut Milk Water, Gluten Free OATS (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum, Ground Coffee	N/A	202.5	48.6	2.1	1.1	6.4	4.1	0.8	0.7	0.1

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Coffee					Nutritional information based on per portion basis								
Flat White (whole milk)	Y		Whole MILK , Ground Coffee	N/A	530	126	7.2	4.6	9.2	9.2	0	6.8	0.2
Flat White (oat milk) ALLERGEN UPDATE	Y	Y	Oat Milk (Water, OATS (GLUTEN) , Sunflower Oil, Sea Salt, Gellan Gum, Chicory Root Fibre, Pea Protein, Vitamins (B2, B12, D2)), Ground Coffee	N/A	482	116	5.7	1.0	13.9	9.1	1.2	1.8	0.2
Flat white (soya milk)	Y	Y	SOYA Milk Water, Organic Soybean (SOYA) (13%), Organic Rice syrup, Sea Salt, Ground Coffee	N/A	358	86	3.3	0.6	7.1	4.1	1.4	6.4	0.2
Flat White (coconut milk)	Y	Y	Coconut Milk Water, Gluten Free OATS (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum, Ground Coffee	N/A	450	108	4.7	2.4	14.1	9.1	1.8	1.6	0.2

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Coffee					Nutritional information based on per portion basis								
Latte (whole milk)	Y		Whole MILK , Ground Coffee	Small	538	127.9	7.3	4.7	9.4	9.4	0	6.9	0.2
				Regular	755.3	179.6	10.3	6.5	13.2	13.2	0	9.7	0.3
				Large	954	226.8	13.0	8.3	16.6	16.6	0	12.2	0.4
Latte (oat milk) ALLERGEN UPDATE	Y	Y	Oat Milk (Water, OATS (GLUTEN) , Sunflower Oil, Sea Salt, Gellan Gum, Chicory Root Fibre, Pea Protein, Vitamins (B2, B12, D2)), Ground Coffee	Small	489.2	117.7	5.7	1	14	9.2	1.2	1.8	0.2
				Regular	686.5	165.3	8.1	1.4	19.7	12.9	1.7	2.6	0.3
				Large	867.6	208.8	10.2	1.8	24.9	16.3	2.2	3.2	0.4
Latte (soya milk)	Y	Y	SOYA Milk Water, Organic Soybean (SOYA) (13%), Organic Rice syrup, Sea Salt, Ground Coffee	Small	363.4	87.3	3.3	0.6	7.1	4.1	1.4	6.5	0.2
				Regular	510.2	122.6	4.6	0.9	10.1	5.8	2	9.1	0.3
				Large	644.4	154.8	5.8	1.1	12.7	7.3	2.5	11.5	0.4
Latte (coconut milk)	Y	Y	Coconut Milk Water, Gluten Free OATS (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum, Ground Coffee	Small	456.8	109.6	4.7	2.4	14.3	9.2	1.8	1.6	0.2
				Reg	641.3	153.9	6.6	3.4	20	12.9	2.6	2.3	0.3
				Large	810	194.4	8.4	4.3	25.3	16.3	3.2	2.9	0.4

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Coffee					Nutritional information based on per portion basis								
Cappuccino (whole milk)	Y		Whole MILK , Ground Coffee, Organic Drinking Chocolate [Cocoa Powder, Natural Sugar]	Small	570.2	135.6	7.4	4.7	11.3	11.2	0.0	6.9	0.2
				Reg	787.5	187.3	10.4	6.6	15.1	15	0.02	9.7	0.3
				Large	986.2	234.5	13.1	8.3	18.5	18.4	0.0	12.3	0.4
Cappuccino (oat milk) ALLERGEN UPDATE	Y	Y	Oat Milk (Water, OATS (GLUTEN) , Sunflower Oil, Sea Salt, Gellan Gum, Chicory Root Fibre, Pea Protein, Vitamins (B2, B12, D2)), Ground Coffee, Organic Drinking Chocolate [Cocoa Powder, Natural Sugar]	Small	521.5	125.4	5.7	1.0	15.9	11	1.2	1.9	0.2
				Regular	719.1	173	8.1	1.5	21.6	15.7	1.7	2.6	0.3
				Large	899.8	216.5	10.2	1.8	26.8	18.1	2.2	3.3	0.4
Cappuccino (soya milk)	Y	Y	SOYA Milk Water, Organic Soybean (SOYA) (13%), Organic Rice syrup, Sea Salt, Ground Coffee, Organic Drinking Chocolate [Cocoa Powder, Natural Sugar]	Small	395.6	95	3.3	0.6	9.0	5.9	1.4	6.5	0.2
				Reg	542.4	130.3	4.7	0.9	12	7.6	2	9.2	0.3
				Large	676.6	162.5	5.9	1.1	14.6	9.1	2.5	11.6	0.4
Cappuccino (coconut milk)	Y	Y	Coconut Milk Water, Gluten Free OATS (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum, Ground Coffee, Organic Drinking Chocolate [Cocoa Powder, Natural Sugar]	Small	489	117.3	4.7	2.5	16.2	11	1.9	1.7	0.2
				Reg	673.5	161.6	6.7	3.5	21.9	14.7	2.6	2.3	0.3
				Large	842.2	202.1	8.4	4.4	27.2	18.1	3.3	2.9	0.4

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Coffee				Nutritional information based on per portion basis									
Mocha (whole milk)	Y		Whole MILK , Organic Drinking Chocolate [Cocoa Powder, Natural Sugar], Water, Ground Coffee	Small	785.4	187.1	6.7	4.2	26.5	25.4	0.2	6.5	0.4
				Regular	1161.9	276.8	10.1	6.4	38.8	37.2	0.3	9.7	0.6
				Large	1512	360.2	13	8.3	50.6	48.5	0.4	12.6	0.7
Mocha (oat milk) ALLERGEN UPDATE	Y	Y	Oat Milk (Water, OATS (GLUTEN) , Sunflower Oil, Sea Salt, Gellan Gum, Chicory Root Fibre, Pea Protein, Vitamins (B2, B12, D2)), Organic Drinking Chocolate [Cocoa Powder, Natural Sugar], Water, Ground Coffee	Small	743.9	178.4	5.4	1.1	30.3	24.9	1.4	2.1	0.4
				Regular	1097.1	263.3	7.9	1.5	45	36.9	1.9	3	0.6
				Large	1428	342.7	10.2	2	58.7	48.1	2.5	3.9	0.7
Mocha (soya milk)	Y	Y	SOYA Milk Water, Organic Soybean (SOYA) (13%), Organic Rice syrup, Sea Salt, Organic Drinking Chocolate [Cocoa Powder, Natural Sugar], Water, Ground Coffee	Small	632.3	151.4	3.2	0.7	24.1	20.4	1.6	6.2	0.4
				Reg	929.7	222.8	4.7	1	35.9	30.1	2.2	9.2	0.6
				Large	1211	290.2	6.0	1.3	46.8	39.4	2.8	11.9	0.7
Mocha (coconut milk)	Y	Y	Coconut Milk Water, Gluten Free OATS (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum, Organic Drinking Chocolate [Cocoa Powder, Natural Sugar], Ground Coffee, Water	Small	713.4	171	4.4	2.3	30.9	25.2	1.8	1.8	0.4
				Reg	1037.8	248.7	6.6	3.4	44.4	36	2.7	2.7	0.5
				Large	1372	328.7	8.5	4.4	59	48.1	3.5	3.5	0.7

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Coffee					Nutritional information based on per portion basis								
Macchiato (whole Milk)	Y		Whole MILK , Ground Coffee	Small	53	12.6	0.8	0.5	1	1	0	0.7	0
				Regular	79.5	18.9	1.2	0.7	1.5	1.5	0	1	0.0
Macchiato (oat milk) ALLERGEN UPDATE	Y	Y	Oat Milk (Water, OATS (GLUTEN) , Sunflower Oil, Sea Salt, Gellan Gum, Chicory Root Fibre, Pea Protein, Vitamins (B2, B12, D2)), Ground Coffee	Small	48.2	11.6	0.6	0.1	1.4	0.9	0.1	0.2	0
				Regular	72.3	17.4	0.9	0.2	2.1	1.4	0.2	0.3	0
Macchiato (soya milk)	Y	Y	SOYA Milk Water, Organic Soybean (SOYA) (13%), Organic Rice syrup, Sea Salt, Ground Coffee	Small	35.8	8.6	0.4	0.1	0.7	0.4	0.1	0.6	0
				Regular	53.7	12.9	0.6	0.1	1.1	0.7	0.2	1	0
Macchiato (coconut milk)	Y	Y	Coconut Milk Water, Gluten Free OATS (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum, Ground Coffee	Small	45	10.8	0.5	0.3	1.4	0.9	0.2	0.2	0
				Regular	67.5	16.2	0.8	0.4	2.2	1.4	0.3	0.2	0

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Iced Coffee					Nutritional information based on per portion basis								
Iced Latte (whole milk)	Y		Whole MILK , Ground Coffee	Regular	662.5	157.5	9.1	5.7	11.6	11.6	0	8.5	0.3
Iced Latte (oat milk) ALLERGEN UPDATE	Y	Y	Oat Milk (Water, OATS (GLUTEN) , Sunflower Oil, Sea Salt, Gellan Gum, Chicory Root Fibre, Pea Protein, Vitamins (B2, B12, D2)), Ground Coffee	Regular	602.5	145	7.1	1.3	17.3	11.3	1.5	2.3	0.3
Iced Latte (soya milk)	Y	Y	SOYA Milk Water, Organic Soybean (SOYA)(13%), Organic Rice syrup, Sea Salt, Ground Coffee	Regular	447.5	107.5	4.1	0.8	8.8	5.1	1.8	8	0.3
Iced Latte (coconut milk)	Y	Y	Coconut Milk Water, Gluten Free OATS (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum, Ground Coffee	Regular	562.5	135	5.8	3	17.6	11.3	2.3	2	0.3
Iced Mocha (whole milk)	Y		Whole MILK , Organic Drinking Chocolate [Cocoa Powder, Natural Sugar], Water, Ground Coffee	Regular	1214.8	289.5	9.4	5.9	44.1	42.1	0.3	9.2	0.6
Iced Mocha (oat milk) ALLERGEN UPDATE	Y	Y	Oat Milk (Water, OATS (GLUTEN) , Sunflower Oil, Sea Salt, Gellan Gum, Chicory Root Fibre, Pea Protein, Vitamins (B2, B12, D2)), Organic Drinking Chocolate [Cocoa Powder, Natural Sugar], Water, Ground Coffee	Regular	1154.8	277	7.4	1.5	49.9	41.8	1.8	2.9	0.6
Iced Mocha (soya milk)	Y	Y	SOYA Milk Water, Organic Soybean (SOYA)(13%), Organic Rice syrup, Sea Salt, Organic Drinking Chocolate [Cocoa Powder, Natural Sugar], Water, Ground Coffee	Regular	999.8	239.5	4.4	1	41.4	35.6	2.1	8.7	0.6
Iced Mocha (coconut milk)	Y	Y	Coconut Milk Water, Gluten Free OATS (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum, Organic Drinking Chocolate [Cocoa Powder, Natural Sugar], Water, Ground Coffee	Regular	114.8	267	6.2	3.2	50.1	41.8	2.6	2.7	0.6
Iced Long Black (no milk)	Y		Water, Ground Coffee	Regular	0	0	0.1	0	0.1	0.1	0	0	0

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Iced Coffee					Nutritional information based on per portion basis								
Iced Brown Sugar Latte (whole milk)	Y		Whole MILK , Brown Sugar Syrup Demerara Sugar, Water, Colour: Plain Caramel, Acidity Regulator: Citric Acid Double Cream (MILK), Roasted Coffee Beans, Brown Sugar	Regular	1167.3	279.5	18.3	11.6	35.8	14.4	0	8.8	0.3
Iced Brown Sugar Latte (oat milk) ALLERGEN UPDATE	Y		Oat Milk (Water, OATS (GLUTEN) , Sunflower Oil, Sea Salt, Gellan Gum, Chicory Root Fibre, Pea Protein, Vitamins (B2, B12, D2)), Brown Sugar Syrup Demerara Sugar, Water, Colour: Plain Caramel, Acidity Regulator: Citric Acid, Double Cream (MILK), Roasted Coffee Beans, Whole MILK , Brown Sugar	Regular	1072.3	257	15.6	6.6	41.6	14.1	1.5	2.8	0.3
Iced Brown Sugar Latte (soya milk)	Y		SOYA Milk Water, Organic Soybean (SOYA) (13%), Organic Rice syrup, Sea Salt, Brown Sugar Syrup Demerara Sugar, Water, Colour: Plain Caramel, Acidity Regulator: Citric Acid, Double Cream (MILK), Roasted Coffee Beans, Whole MILK , Brown Sugar	Regular	917.3	219.5	12.6	6.1	33.1	7.9	1.8	8.6	0.3
Iced Brown Sugar Latte (coconut milk)	Y		Coconut Milk Water, Gluten Free OATS (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum Brown Sugar Syrup Demerara Sugar, Water, Colour: Plain Caramel, Acidity Regulator: Citric Acid, Double Cream (MILK), Roasted Coffee Bean, Whole MILK , Brown Sugar	Regular	1032.3	247	14.3	8.4	41.8	14.1	2.3	2.6	0.3

**HOT
CHOCOLATE**

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Chocolate					Nutritional information based on per portion basis								
Hot Chocolate (whole milk)	Y		Whole MILK , Organic Drinking Chocolate [Cocoa Powder, Natural Sugar], Water	Small	838.4	199.7	7.4	4.7	27.4	26.2	0.2	7.2	0.4
				Regular	1201.7	286.3	10.5	6.7	39.4	37.8	0.3	10.2	0.6
				Large	1538.5	366.5	13.3	8.5	51	48.9	0.4	13	0.7
Hot Chocolate (oat milk) ALLERGEN UPDATE	Y	Y	Oat Milk (Water, OATS (GLUTEN) , Sunflower Oil, Sea Salt, Gellan Gum, Chicory Root Fibre, Pea Protein, Vitamins (B2, B12, D2)), Organic Drinking Chocolate [Cocoa Powder, Natural Sugar], Water	Small	790.4	189.7	5.8	1.1	32	26	1.4	2.2	0.4
				Regular	1133.3	272	8.3	1.6	46	37.5	2	3.1	0.6
				Large	1452.1	348.5	10.4	2	59.3	48.5	2.5	4	0.7
Hot Chocolate (soya milk)	Y	Y	SOYA Milk Water, Organic Soybean (SOYA) (13%), Organic Rice syrup, Sea Salt, Organic Drinking, Chocolate [Cocoa Powder, Natural Sugar], Water	Small	668.1	160	3.5	0.8	24.8	20.7	1.8	6.9	0.4
				Regular	956.6	229.3	4.8	1	36.3	30.4	2.3	9.7	0.6
				Large	1228.9	294.5	6.1	1.3	47.1	39.5	2.9	12.3	0.7
Hot Chocolate (coconut milk)	Y	Y	Coconut Milk Water, Gluten Free OATS (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum, Organic Drinking Chocolate [Cocoa Powder, Natural Sugar], Water	Small	758.4	181.7	4.8	2.5	32.2	26	2	2	0.4
				Regular	1087.7	260.6	6.8	3.6	46.3	37.5	2.8	2.8	0.6
				Large	1394.5	334.1	8.6	4.5	59.7	48.5	3.6	3.6	0.7

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Chocolate					Nutritional information based on per portion basis								
Babycino (whole milk)	Y		Whole MILK	N/A	195.3	46.9	2.7	1.8	3.2	3.2	0	2.3	0.1
Babycino (oat milk) ALLERGEN UPDATE	Y	Y	Oat Milk (Water, OATS (GLUTEN), Sunflower Oil, Sea Salt, Gellan Gum, Chicory Root Fibre, Pea Protein, Vitamins (B2, B12, D2))	N/A	168.7	40.6	2	0.4	4.8	3.2	0.4	0.6	0.1
Babycino (soya milk)	Y	Y	SOYA Milk Water, Organic Soybean (SOYA) (13%), Organic Rice syrup, Sea Salt	N/A	125.3	30.1	1.1	0.2	2.5	1.4	0.5	2.2	0.1
Babycino (coconut milk)	Y	Y	Coconut Milk Water, Gluten Free OATS (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum	N/A	157.5	37.8	1.6	0.8	4.9	3.2	0.6	0.6	0.1

MATCHA

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Matcha				Nutritional information based on per portion basis									
Oat Matcha Latte ALLERGEN UPDATE	Y	Y	Oat Milk (Water, OATS (GLUTEN) , Sunflower Oil, Sea Salt, Gellan Gum, Chicory Root Fibre, Pea Protein, Vitamins (B2, B12, D2)), Water Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	671.5	161.6	7.6	1.4	19.2	12.1	2.3	3	0.4
Matcha Latte (whole milk)	Y		Whole MILK , Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	773.4	185.7	10.6	6.7	13.1	12.3	0.7	9.4	0.4
Matcha Latte (soya mik)	Y	Y	SOYA Milk Water, Organic Soybean (SOYA) (13%), Organic Rice syrup, Sea Salt, Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	505.4	121.4	4.4	0.8	10.1	5.4	2.6	9.1	0.4
Matcha Latte (coconut milk)	Y	Y	Coconut Milk Water, Gluten Free OATS (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	628.6	150.8	6.3	3.2	19.5	12.1	3.1	2.7	0.4
Vanilla Oat Matcha Latte ALLERGEN UPDATE	Y	Y	Oat Milk (Water, OATS (GLUTEN) , Sunflower Oil, Sea Salt, Gellan Gum, Chicory Root Fibre, Pea Protein, Vitamins (B2, B12, D2)), Water Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid] Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	925.3	221	7	1.3	35.6	28.9	2.2	2.8	0.4
Vanilla Matcha Latte (whole milk)	Y		Whole MILK , Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	1019.6	243.3	9.8	6.2	29.9	29.1	0.7	8.7	0.4
Vanilla Matcha Latte (soya milk)	Y	Y	SOYA Milk Water, Organic Soybean (SOYA) (13%), Organic Rice syrup, Sea Salt, Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	771.6	183.8	4.1	0.8	27.1	22.7	2.5	8.5	0.4
Vanilla Matcha Latte (coconut milk)	Y	Y	Coconut Milk Water, Gluten Free OATS (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	885.6	211	5.8	3	35.8	28.9	3	2.5	0.4

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Matcha					Nutritional information based on per portion basis								
Strawberries & Cream Oat Matcha Latte ALLERGEN UPDATE	Y	Y	Oat Milk (Water, OATS (GLUTEN) , Sunflower Oil, Sea Salt, Gellan Gum, Chicory Root Fibre, Pea Protein, Vitamins (B2, B12, D2)), Water Sweetbird Strawberry Syrup [Sugar, Water, Strawberry Juice from Concentrate (10%), Natural Flavouring, Fruit and Vegetable Concentrates: Black Carrot and Elderberry, Acid: Citric Acid], Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid] Matcha Powder 100% Green Tea (Camellia Sinensis), Pitaya Powder	Regular	952.4	226.9	5.9	1.1	39.6	33.6	2	2.5	0.3
White Chocolate Oat Matcha Latte ALLERGEN UPDATE	Y	Y	Oat Milk (Water, OATS (GLUTEN) , Sunflower Oil, Sea Salt, Gellan Gum, Chicory Root Fibre, Pea Protein, Vitamins (B2, B12, D2)), White Chocolate Syrup [Sugar, Water, Natural Flavouring, Acidity Regulator: Citric Acid], Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	1056	251	6.7	1.2	43.5	37	2.1	2.7	0.4
White Chocolate Matcha Latte (whole milk)	Y	Y	Whole MILK , White Chocolate Syrup [Sugar, Water, Natural Flavouring, Acidity Regulator: Citric Acid], Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	1146	273	9.4	6	38	37.3	0.7	8.4	0.4
White Chocolate Matcha Latte (soya milk)	Y	Y	SOYA Milk (Water, Organic Soybean (SOYA) (13%), Organic Rice syrup, Sea Salt), White Chocolate Syrup [Sugar, Water, Natural Flavouring, Acidity Regulator: Citric Acid], Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	908	216	4	0.7	35.4	31.1	2.4	8.2	0.4
White Chocolate Matcha Latte (coconut milk)	Y	Y	Coconut Milk (Water, Gluten Free OATS (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum Water), White Chocolate Syrup [Sugar, Water, Natural Flavouring, Acidity Regulator: Citric Acid], Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	1018	242	5.6	2.3	43.7	37	2.9	2.5	0.4

**ICED
MATCHA**

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Iced Matcha					Nutritional information based on per portion basis								
Oat Matcha Latte ALLERGEN UPDATE	Y	Y	Oat Milk Water, Gluten Free OATS (13%), Sunflower Oil, Sea Salt, Gellan Gum, Water Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	624.6	150.3	7	1.2	17.9	11	2.4	3	0.4
Matcha Latte (whole milk)	Y		Whole MILK , Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	717.7	172.3	9.7	6.1	12.2	11.3	1	8.8	0.4
Matcha Latte (soya mik)	Y	Y	SOYA Milk Water, Organic Soybean (SOYA) (13%), Organic Rice syrup, Sea Salt, Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	472.7	113.5	4.1	0.8	9.6	4.9	2.7	8.6	0.4
Matcha Latte (coconut milk)	Y	Y	Coconut Milk Water, Gluten Free OATS (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum, Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	585.4	140.5	5.8	3	18.1	11	3.2	2.7	0.4
Vanilla Oat Matcha Latte ALLERGEN UPDATE	Y	Y	Oat Milk (Water, OATS (GLUTEN) , Sunflower Oil, Sea Salt, Gellan Gum, Chicory Root Fibre, Pea Protein, Vitamins (B2, B12, D2)), Water Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid] Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	876	209.1	6.4	1.1	34.2	27.8	2.3	2.8	0.4
Vanilla Matcha Latte (whole milk)	Y		Whole MILK , Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	961.1	229.2	8.9	5.6	29	28	1	8.1	0.4
Vanilla Matcha Latte (soya milk)	Y	Y	SOYA Milk Water, Organic Soybean (SOYA) (13%), Organic Rice syrup, Sea Salt, Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	737.1	175.5	3.7	0.7	26.5	22.2	2.5	7.9	0.4
Vanilla Matcha Latte (coconut milk)	Y	Y	Coconut Milk Water, Gluten Free OATS (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	840.2	200.1	5.3	2.7	34.4	27.8	3	2.5	0.4

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Iced Matcha				Nutritional information based on per portion basis									
Strawberries & Cream Oat Matcha Latte ALLERGEN UPDATE	Y	Y	Oat Milk (Water, OATS (GLUTEN) , Sunflower Oil, Sea Salt, Gellan Gum, Chicory Root Fibre, Pea Protein, Vitamins (B2, B12, D2)), Water Sweetbird Strawberry Syrup [Sugar, Water, Strawberry Juice from Concentrate (10%), Natural Flavouring, Fruit and Vegetable Concentrates: Black Carrot and Elderberry, Acid: Citric Acid], Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid] Matcha Powder 100% Green Tea (Camellia Sinensis), Pitaya Powder	Regular	1002.4	238.2	4.8	0.8	45.2	39.8	2	2.30	0.3
White Chocolate Oat Matcha Latte ALLERGEN UPDATE	Y	Y	Oat Milk (Water, OATS (GLUTEN) , Sunflower Oil, Sea Salt, Gellan Gum, Chicory Root Fibre, Pea Protein, Vitamins (B2, B12, D2)), White Chocolate Syrup [Sugar, Water, Natural Flavouring, Acidity Regulator: Citric Acid], Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	1137	270	5.9	1	50.2	44.3	2.2	2.6	0.4
White Chocolate Matcha Latte (whole milk)	Y	Y	Whole MILK , Water, White Chocolate Syrup [Sugar, Water, Natural Flavouring, Acidity Regulator: Citric Acid], Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	1212	288	8.1	5.1	45.5	44.5	1	7.5	0.4
White Chocolate Matcha Latte (soya milk)	Y	Y	SOYA Milk (Water, Organic Soybean (SOYA) (13%), Organic Rice syrup, Sea Salt, Water), Water,, White Chocolate Syrup [Sugar, Water, Natural Flavouring, Acidity Regulator: Citric Acid], Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	1010	239.5	3.4	0.6	43.3	39.2	2.4	7.3	0.4
White Chocolate Matcha Latte (coconut milk)	Y	Y	Coconut Milk (Water, Gluten Free OATS (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum) Water, White Chocolate Syrup [Sugar, Water, Natural Flavouring, Acidity Regulator: Citric Acid], Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	1104	262	4.8	2.5	50.4	44.3	2.8	2.4	0.4

**TEA &
ADD ONS**

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Chai Latte					Nutritional information based on per portion basis								
Mumbai Railway Chai (whole milk)	Y		Whole MILK , Chai [Sugar, Natural Spices (Cinnamon, Cardamom, Ginger, Clove, Black Pepper, Star Anise, Allspice), Black Tea Extract]	Regular	1171.9	279.7	11.4	7.2	32.4	32.4	0	9.9	0.4
Mumbai Railway Chai (oat milk) ALLERGEN UPDATE	Y	Y	Oat Milk (Water, OATS (GLUTEN) , Sunflower Oil, Sea Salt, Gellan Gum, Chicory Root Fibre, Pea Protein, Vitamins (B2, B12, D2)), Chai [Sugar, Natural Spices (Cinnamon, Cardamom, Ginger, Clove, Black Pepper, Star Anise, Allspice), Black Tea Extract]	Regular	1063.6	254.1	8.2	1.5	40.4	32.1	1.7	3.1	0.3
Mumbai Railway Chai (soya milk)	Y	Y	SOYA Milk Water, Organic Soybean (SOYA) (13%), Organic Rice syrup, Sea Salt Chai [Sugar, Natural Spices (Cinnamon, Cardamom, Ginger, Clove, Black Pepper, Star Anise, Allspice), Black Tea Extract]	Regular	886.9	211.3	4.8	0.9	30.7	25	2	9.7	0.3
Mumbai Railway Chai (coconut milk)	Y	Y	Coconut Milk Water, Gluten Free OATS (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum Chai [Sugar, Natural Spices (Cinnamon, Cardamom, Ginger, Clove, Black Pepper, Star Anise, Allspice), Black Tea Extract]	Regular	1018	242.7	6.8	3.5	40.7	32.1	2.6	2.8	0.3

Product	Vegetarian?	Vegan?	Ingredients	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Drink Add Ons				Nutritional information based on per portion basis								
Marshmallows			Marshmallows [Sugar, Glucose Syrup, Water, Maize Starch, Beef Gelatine, Flavourings, Beetroot Juice Concentrate]	375.8	88.6	0	0	21.2	16.8	0	0.9	0
Whipped Cream	Y		Double Cream (MILK) Whole MILK , Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid]	438.5	106.4	11	6.9	1.6	1.6	0	0.6	0
Vegan Whipped Cream	Y	Y	Water, RSPD Sourced Hydrogenated Palm Oil (15%), Sugar (10%), Dextrose, Propellant (Nitrous Oxide, Glucose Syrup), Humectant (Sorbitol), Emulsifiers (Mono and diacetyl tartaric acid esters of mono - and di-glycerides of fatty acids, Polyoxymethylene Sorbitan Monostearate), Thickener (Hydroxypropylmethylcellulose), Potato Starch, Salt, Flavouring]	254.7	60.9	4.8	4.8	4.5	3.9	0	0	0.1
Brown Sugar Cold Foam	Y		Double Cream (MILK), Whole MILK , Brown Sugar Syrup Demerara Sugar, Water, Colour: Plain Caramel, Acidity Regulator: Citric Acid	351.3	83.9	8.6	5.4	2.9	0.4	0	0.6	0
Syrups				Nutritional information based on per portion basis								
Caramel (1 pump)	Y	Y	Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid]	151	35.5	0	0	8.9	8.9	0	0	0
Hazelnut (1 pump)	Y	Y	Hazelnut Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid]	151.2	35.8	0	0	8.9	8.9	0	0	0
Salted Caramel (1 pump)	Y	Y	Salted Caramel Syrup [Sugar, Water, Salt, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid]	150.1	35.3	0	0	8.8	8.8	0	0	0.2
Vanilla (1 pump)	Y	Y	Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid]	151	35.5	0	0	8.9	8.9	0	0	0
Sugar Free Vanilla (1 pump)	Y	Y	Sugar Free Vanilla Syrup [Water, Flavourings, Thickener: Cellulose Gum], Acidity Regulator (E330: Citric Acid), Sweeteners (E955: Sucralose, E960: Steviol Glycosides), Preservative (E202: Potassium Sorbate), Colour (E150a: Plain Caramel)]	4.6	1.1	0	0	0.2	0	0	0	0
Brown Sugar (1 pump)	Y	Y	Brown Sugar Syrup Demerara Sugar, Water, Colour: Plain Caramel, Acidity Regulator: Citric Acid	25.4	6.1	0	0	6.3	0	0	0	0

SMOOTHIES

Product	Vegetarian?	Vegan?	Ingredients	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Smoothies				Nutritional information based on per portion basis								
Strawberry & Blueberry	Y	Y	Apple Juice (from concentrate), Purple Dragon Fruit Smoothie Pouch [Strawberry (35%), Purple Dragon Fruit (29%), Pineapple (19%), Blueberry (14%), Chia Seeds (Salvia hispanica) (3%)]	826.2	195	2.5	0.2	36.6	35.8	28.1	2.8	0.2
Banana & Spinach	Y	Y	Apple Juice (from concentrate), Vegan Green Protein Smoothie Pouch Banana (25%), Spinach (20%), Mango (20%), Pineapple (20%), Pea Protein Pellets (12%) (Water, Pea Protein, Chlorella, Inactive Yeast, Spirulina), Chia Seeds (Salvia hispanica) (3%)	962.5	227.5	2.2	0.3	43.3	42	32.1	5.4	0.4
Mango & Passionfruit	Y	Y	Apple Juice (from concentrate), Great Defender Smoothie Pouch [Mango (40%), Peach (28%), Pineapple (18%), Seeded Passionfruit (14%)]	824.5	194.5	0.7	0.2	41.8	41.7	32.4	1.8	0.2

**WESTFIELD
SPECIFIC**

Product	Vegetarian?	Vegan?	Ingredients	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Juices				Nutritional information based on per portion basis								
The Green One	Y	Y	Golden Delicious Apples, Ice [Water], Cucumber, Spinach, Fresh Ginger, Mint, Lime Juice [100% Freshly Squeezed Lime Juice]	1159.4	271.5	1.5	0.7	65.2	62.1	0	5.5	0.1
The Red One	Y	Y	Orange (100% Fresh Pressed), Beetroot, Carrot, Ice [Water], Turmeric Root, Lime Juice [100% Freshly Squeezed Lime Juice]	1358.7	327.3	4	1.1	69.5	53.6	0.1	8.1	0.5
The Orange One	Y	Y	Orange (100% Fresh Pressed), Ice [Water]	1818	434.4	1.2	0	102	102	0	13.2	0.1

**COOP
SPECIFIC**

Product	Vegetarian?	Vegan?	Ingredients	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Matcha *using Alpro Alternative milks				Nutritional information based on per portion basis								
Oat Matcha Latte	Y	Y	Water, Matcha Powder 100% Green Tea (Camellia Sinensis), Oat Milk [Oat Base (95.6%)(Water, Oat (10%)), Sunflower Oil, Soluble Corn Fibre, Calcium (Calcium Carbonate), Stabiliser (Gellan Gum), Potassium Iodide, Chicory Root Fibre, Pea Protein, Acidity Regulator (Potassium Phosphates), Sea Salt, Vitamins B2, D2]	687.2	164.2	8.1	0.8	18.7	8.8	3.4	2.7	0.5
Matcha Latte (soya milk)	Y	Y	Alpro SOYA Milk [SOYA base (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Potassium iodide, Vitamins (B2, B12, D2)], Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	496.6	118.7	5.2	0.8	8	6.7	2.3	9.4	0.4
Matcha Latte (coconut milk)	Y	Y	Alpro Coconut Barista (Water,Coconut milk (3.5%)(Coconut cream,Water),Hulled SOYA beans (2.9%),Sugar,Fructose,Acidity regulators (Potassium phosphates),Calcium (Calcium carbonate),Sea salt,Flavouring,Stabiliser (Gellan gum), Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	398.2	94.6	3.9	1.9	9.6	8.8	1.3	4.6	0.4
Vanilla Oat Matcha Latte	Y	Y	Alpro Oat Milk [Oat Base (95.6%)(Water, Oat (10%)), Sunflower Oil, Soluble Corn Fibre, Calcium (Calcium Carbonate), Stabiliser (Gellan Gum), Potassium Iodide, Chicory Root Fibre, Pea Protein, Acidity Regulator (Potassium Phosphates), Sea Salt, Vitamins B2, D2], Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	939.8	223.4	7.5	0.8	35.1	25.9	3.2	2.5	0.4
Vanilla Matcha Latte (soya milk)	Y	Y	Alpro SOYA Milk [SOYA base (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Potassium iodide, Vitamins (B2, B12, D2)], Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	763.4	181.3	4.8	0.8	25.1	13.9	2.2	8.7	0.4
Vanilla Matcha Latte (coconut Milk)	Y	Y	Alpro Coconut Barista (Water,Coconut milk (3.5%)(Coconut cream,Water),Hulled SOYA beans (2.9%),Sugar,Fructose,Acidity regulators (Potassium phosphates),Calcium (Calcium carbonate),Sea salt,Flavouring,Stabiliser (Gellan gum), Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	672.4	159	3.6	1.8	26.6	25.9	1.2	4.3	0.4
Strawberries & Cream Oat Matcha Latte	Y	Y	Alpro Oat Milk [Oat Base (95.6%)(Water, Oat (10%)), Sunflower Oil, Soluble Corn Fibre, Calcium (Calcium Carbonate), Stabiliser (Gellan Gum), Potassium Iodide, Chicory Root Fibre, Pea Protein, Acidity Regulator (Potassium Phosphates), Sea Salt, Vitamins B2, D2], Water, Sweetbird Strawberry Syrup [Sugar, Water, Strawberry Juice from Concentrate (10%), Natural Flavouring, Fruit and Vegetable Concentrates: Black Carrot and Elderberry, Acid: Citric Acid], Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis), Pitaya Powder	964.6	229	6.3	0.6	39.2	31.1	2.8	2.2	0.4

Product	Vegetarian?	Vegan?	Ingredients	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Iced Matcha *using Alpro Alternative milks				Nutritional information based on per portion basis								
Oat Matcha Latte	Y	Y	Alpro Oat Milk [Oat Base (95.6%)(Water, Oat (10%)), Sunflower Oil, Soluble Corn Fibre, Calcium (Calcium Carbonate), Stabiliser (Gellan Gum), Potassium Iodide, Chicory Root Fibre, Pea Protein, Acidity Regulator (Potassium Phosphates), Sea Salt, Vitamins B2, D2], Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	639	152.7	7.5	0.8	17.4	8.1	3.4	2.7	0.5
Matcha Latte (soya milk)	Y	Y	Alpro SOYA Milk (SOYA base (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Potassium iodide, Vitamins (B2, B12, D2)), Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	464.7	111.1	4.8	0.8	7.6	6.1	2.4	8.8	0.4
Matcha Latte (coconut milk)	Y	Y	Alpro Coconut Milk (Water,Coconut milk (3.5%)(Coconut cream,Water),Hulled SOYA beans (2.9%),Sugar,Fructose,Acidity regulators (Potassium phosphates),Calcium (Calcium carbonate),Sea salt,Flavouring,Stabiliser (Gellan gum), Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	374.7	89	3.6	1.7	9.1	8.1	1.5	4.4	0.4
Vanilla Oat Matcha Latte	Y	Y	Alpro Oat Milk [Oat Base (95.6%)(Water, Oat (10%)), Sunflower Oil, Soluble Corn Fibre, Calcium (Calcium Carbonate), Stabiliser (Gellan Gum), Potassium Iodide, Chicory Root Fibre, Pea Protein, Acidity Regulator (Potassium Phosphates), Sea Salt, Vitamins B2, D2], Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	889.1	211.3	6.9	0.7	33.7	25.1	3.2	2.5	0.5
Vanilla Matcha Latte (soya milk)	Y	Y	Alpro SOYA Milk [Soya base (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Potassium iodide, Vitamins (B2, B12, D2)), Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	729.8	173.2	4.4	0.7	24.7	23.3	2.3	8.1	0.4
Vanilla Matcha Latte (coconut milk)	Y	Y	Alpro Coconut Milk (Water,Coconut milk (3.5%)(Coconut cream,Water),Hulled SOYA beans Sugar,Fructose,Acidity regulators (Potassium phosphates),Calcium (Calcium carbonate),Sea salt,Flavouring,Stabiliser (Gellan gum)), Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	647.5	153.1	3.3	1.6	26.1	25.1	1.4	4.1	0.4
Iced Strawberries & Cream Oat Matcha Latte	Y	Y	Alpro Barista Oat Milk [Oat Base (95.6%)(Water, Oat (10%)), Sunflower Oil, Soluble Corn Fibre, Calcium (Calcium Carbonate), Stabiliser (Gellan Gum), Potassium Iodide, Chicory Root Fibre, Pea Protein, Acidity Regulator (Potassium Phosphates), Sea Salt, Vitamins B2, D2], Water, Sweetbird Strawberry Syrup [Sugar, Water, Strawberry Juice from Concentrate (10%), Natural Flavouring, Fruit and Vegetable Concentrates: Black Carrot and Elderberry, Acid: Citric Acid], Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis), Pitaya Powder	1012.1	239.8	5.1	0.5	44.9	37.8	2.6	2.1	0.4

**COOP
SPECIFIC -
SEASONAL**

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Coffee					Nutritional information based on per portion basis								
Pumpkin Spice Latte (oat milk)	Y		Oat Milk (OAT Base (95.6%)(Water, OAT (10%)), Sunflower Oil, Chicory Root Fibre, Calcium (Calcium Carbonate), Soluble Corn Fibre, Pea Protein, Acidity Regulator (Potassium Phosphates),Stabiliser (Gellan Gum), Potassium Iodide, Sea Salt, Vitamins B2, D2), Double Cream (MILK), Sweetened Condensed MILK , Roasted Coffee Beans, Sugar, Water, Pumpkin, Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid], Cinnamon, Ginger, Nutmeg, Cloves	Regular	1555	375	22	11	34	33.7	1.7	4	0.3
Pumpkin Spice Latte (almond milk)	Y		ALMOND Milk (Almond Original (Water, ALMOND (2.3%), Sugar, Calcium (Tri-calcium phosphate), Sea salt, Stabilisers (Locust bean gum, Gellan gum), Emulsifier (Lecithins (Sunflower)), Natural flavouring, Vitamins (B2, B12, E, D2), Double Cream (MILK), Sweetened Condensed MILK , Roasted Coffee Beans, Sugar, Water, Pumpkin, Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid], Cinnamon, Ginger, Nutmeg, Cloves	Regular	1603	385	21	10.5	43.8	33.7	1.9	4.6	0.3
Pumpkin Spice Latte (soya milk)	Y		SOYA Milk [SOYA base (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Potassium iodide, Vitamins (B2, B12, D2)],), Double Cream (MILK), Sweetened Condensed MILK , Roasted Coffee Beans, Sugar, Water, Pumpkin, Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid], Cinnamon, Ginger, Nutmeg, Cloves	Regular	1419	341	19	10.5	32	28	1.9	9	0.3
Pumpkin Spice Latte (coconut milk)	Y		Coconut Milk (Water, Coconut milk (3.5%)(Coconut cream, Water),Hulled SOYA beans (2.9%),Sugar, Fructose, Acidity regulators (Potassium phosphates),Calcium (Calcium carbonate),Sea salt, Flavouring, Stabiliser (Gellan gum), Double Cream (MILK), Sweetened Condensed MILK , Roasted Coffee Beans, Sugar, Water, Pumpkin, Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid], Cinnamon, Ginger, Nutmeg, Cloves	Regular	1518	365	20.9	12.5	39.8	33.6	2.4	3.9	0.3

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Iced Coffee					Nutritional information based on per portion basis								
Iced Pumpkin Spice Cold Foam Latte (oat milk)	Y		Oat Milk (OAT Base (95.6%)(Water, OAT (10%)), Sunflower Oil, Chicory Root Fibre, Calcium (Calcium Carbonate), Soluble Corn Fibre, Pea Protein, Acidity Regulator (Potassium Phosphates),Stabiliser (Gellan Gum), Potassium Iodide, Sea Salt, Vitamins B2, D2), Sea Salt, Vitamins B2, D2), Sweetened Condensed MILK , Double Cream (MILK), Sugar, Water, Pumpkin, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Cinnamon, Ginger, Nutmeg Cloves	Regular	1362	325	15.4	7.6	41.9	37.3	1.4	4	0.2
Iced Pumpkin Spice Cold Foam Latte (almond milk)	Y		Coconut Milk (Water, Coconut milk (3.5%)(Coconut cream, Water),Hulled SOYA beans (2.9%),Sugar, Fructose, Acidity regulators (Potassium phosphates),Calcium (Calcium carbonate),Sea salt, Flavouring, Stabiliser (Gellan gum), Ice (Water), Sweetened Condensed MILK , Double Cream (MILK), Sugar, Water, Pumpkin, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Cinnamon, Ginger, Nutmeg Cloves	Regular	1397	333	14.8	7.3	45	37.3	1.6	4.4	0.2
Iced Pumpkin Spice Cold Foam Latte (soya milk)	Y		SOYA Milk [SOYA base (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Potassium iodide, Vitamins (B2, B12, D2)], Ice (Water), Sweetened Condensed MILK , Double Cream (MILK), Sugar, Water, Pumpkin, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Cinnamon, Ginger, Nutmeg Cloves	Regular	1263	301	13.5	7.3	36.4	33.3	1.6	7.7	0.2
Iced Pumpkin Spice Cold Foam Latte (coconut milk)	Y		Coconut Milk (Water, Gluten Free OATS (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum), Ice (Water), Sweetened Condensed MILK , Double Cream (MILK), Sugar, Water, Pumpkin, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Cinnamon, Ginger, Nutmeg Cloves	Regular	1336	319	14.6	8.7	42	37	1.9	3.9	0.2

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Matcha					Nutritional information based on per portion basis								
Blueberry Muffin Matcha Latte (oat milk)	Y	Y	Oat Milk (OAT Base (95.6%)(Water, OAT (10%)), Sunflower Oil, Chicory Root Fibre, Calcium (Calcium Carbonate), Soluble Corn Fibre, Pea Protein, Acidity Regulator (Potassium Phosphates),Stabiliser (Gellan Gum), Potassium Iodide, Sea Salt, Vitamins B2, D2), Water, Blueberry Syrup Sugar, Water, Natural Blueberry Flavouring with Other Natural Flavourings, Concentrated Lemon Juice, Natural Flavouring, Cinnamon Bun Syrup Sugar, Water, Natural Flavourings, Colour: Plain Caramel, Acidity Regulator: Citric Acid, Matcha Powder 100% Green Tea (Camellia Sinensis), Blue Spirulina Powder	Regular	1013	243	7.6	1.3	39	32	2.3	3	0.4
Blueberry Muffin Matcha Latte (almond milk)	Y	Y	ALMOND Almond Original (Water, ALMOND (2.3%), Sugar, Calcium (Tri-calcium phosphate), Sea salt, Stabilisers (Locust bean gum, Gellan gum), Emulsifier (Lecithins (Sunflower)), Natural flavouring, Vitamins (B2, B12, E, D2), Water, Natural Blueberry Flavouring with Other Natural Flavourings, Concentrated Lemon Juice, Natural Flavouring, Cinnamon Bun Syrup Sugar, Water, Natural Flavourings, Colour: Plain Caramel, Acidity Regulator: Citric Acid, Matcha Powder 100% Green Tea (Camellia Sinensis), Blue Spirulina Powder	Regular	1071	256	6.5	0.8	44.2	31.9	2.6	3.5	0.4
Blueberry Muffin Matcha Latte (soya milk)	Y	Y	Alpro SOYA Milk [SOYA base (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Potassium iodide, Vitamins (B2, B12, D2)], Water, Natural Blueberry Flavouring with Other Natural Flavourings, Concentrated Lemon Juice, Natural Flavouring, Cinnamon Bun Syrup Sugar, Water, Natural Flavourings, Colour: Plain Caramel, Acidity Regulator: Citric Acid, Matcha Powder 100% Green Tea (Camellia Sinensis), Blue Spirulina Powder	Regular	846	203	4	0.6	33	31.6	2.2	7.5	0.4
Blueberry Muffin Matcha Latte (coconut milk)	Y	Y	Coconut Milk (Water, Coconut milk (3.5%)(Coconut cream, Water),Hulled SOYA beans (2.9%),Sugar, Fructose, Acidity regulators (Potassium phosphates),Calcium (Calcium carbonate),Sea salt, Flavouring, Stabiliser (Gellan gum), Water, Natural Blueberry Flavouring with Other Natural Flavourings, Concentrated Lemon Juice, Natural Flavouring, Cinnamon Bun Syrup Sugar, Water, Natural Flavourings, Colour: Plain Caramel, Acidity Regulator: Citric Acid, Matcha Powder 100% Green Tea (Camellia Sinensis), Blue Spirulina Powder	Regular	970	232	6.3	3	39.4	32	3	2.7	0.4

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Iced Matcha					Nutritional information based on per portion basis								
Iced Blueberry Muffin Matcha Latte (oat milk)	Y	Y	Oat Milk (OAT Base (95.6%)(Water, OAT (10%)), Sunflower Oil, Chicory Root Fibre, Calcium (Calcium Carbonate), Soluble Corn Fibre, Pea Protein, Acidity Regulator (Potassium Phosphates),Stabiliser (Gellan Gum), Potassium Iodide, Sea Salt, Vitamins B2, D2), Sea Salt, Vitamins B2, D2), Ice (Water), Water, Blueberry Syrup Sugar, Water, Natural Blueberry Flavouring with Other Natural Flavourings, Concentrated Lemon Juice, Natural Flavouring Cinnamon Bun Syrup Sugar, Water, Natural Flavourings, Colour: Plain Caramel, Acidity Regulator: Citric Acid, Matcha Powder 100% Green Tea (Camellia Sinensis) Blue Spirulina Powder	Regular	983	236	5.9	1	41.7	36	2.2	2.6	0.4
Iced Blueberry Muffin Matcha Latte (almond milk)	Y	Y	ALMOND Almond Original (Water, ALMOND (2.3%), Sugar, Calcium (Tri-calcium phosphate), Sea salt, Stabilisers (Locust bean gum, Gellan gum), Emulsifier (Lecithins (Sunflower)), Natural flavouring, Vitamins (B2, B12, E, D2), Ice (Water), Water, Blueberry Syrup Sugar, Water, Natural Blueberry Flavouring with Other Natural Flavourings, Concentrated Lemon Juice, Natural Flavouring, Cinnamon Bun Syrup Sugar, Water, Natural Flavourings, Colour: Plain Caramel, Acidity Regulator: Citric Acid, Matcha Powder 100% Green Tea (Camellia Sinensis) Blue Spirulina Powder	Regular	1028	246	5	0.6	45.6	35.7	2.4	3	0.4
Iced Blueberry Muffin Matcha Latte (soya milk)	Y	Y	SOYA Milk [SOYA base (Water, Hulled SOYA beans (8.7%), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Potassium iodide, Vitamins (B2, B12, D2)), Ice (Water), Blueberry Syrup Sugar, Water, Natural Blueberry Flavouring with Other Natural Flavourings, Concentrated Lemon Juice, Natural Flavouring, Cinnamon Bun Syrup Sugar, Water, Natural Flavourings, Colour: Plain Caramel, Acidity Regulator: Citric Acid, Matcha Powder 100% Green Tea (Camellia Sinensis) Blue Spirulina Powder	Regular	849	203	4	0.6	33	31.6	2.2	7.5	0.4
Iced Blueberry Muffin Matcha Latte (coconut milk)	Y	Y	Coconut Milk (Water, Coconut milk (3.5%)(Coconut cream, Water),Hulled SOYA beans (2.9%),Sugar, Fructose, Acidity regulators (Potassium phosphates),Calcium (Calcium carbonate),Sea salt, Flavouring, Stabiliser (Gellan gum), Ice (Water), Blueberry Syrup Sugar, Water, Natural Blueberry Flavouring with Other Natural Flavourings, Concentrated Lemon Juice, Natural Flavouring, Cinnamon Bun Syrup Sugar, Water, Natural Flavourings, Colour: Plain Caramel, Acidity Regulator: Citric Acid, Matcha Powder 100% Green Tea (Camellia Sinensis) Blue Spirulina Powder	Regular	950	227	4.8	2.5	42	36	2.8	2.4	0.4