

**SOHO**  
— SINCE 1999 —  
*COFFEE*

# ALLERGEN GUIDE

**2026**

Version 4: 2<sup>nd</sup> April 2026



**Our food is handmade in our own busy kitchen, where they handle many ingredients. Our drinks are made using shared equipment.**

**Whilst we do our best to manage allergens we cannot guarantee that any of our food or drinks are allergen-free or suitable for those with allergies, due to the risk of cross-contamination.**

**Our vegan food is made to a vegan recipe but is not suitable for those with milk or egg allergies. Please check this information regularly as we're always working on our products.**

**Adults need around 2000kcal a day.**

**This information is updated regularly to reflect our procedures instore.**

The Food Standards Agency regards the following ingredients and their derivatives as allergens:

- Peanuts
- Sesame
- Crustaceans
- Egg
- Lupin
- Mustard
- Soya
- Tree Nuts
- Celery & Celeriac
- Fish
- Milk
- Mollusc
- Sulphites
- Cereals containing gluten

This guide will provide allergen information for UK based SOHO Coffee branded stores.

Please ensure you take extra care to identify all the possible allergens present in our food.

# SEASONAL DRINKS

Key: ✓ = Contains this allergen Y = Suitable for

Product	Vegetarian?	Vegan?	Cereals Containing Gluten	Eggs	Milk	Nuts	Peanuts	Fish	Soya	Celery	Sulphites	Mustard	Lupin	Crustaceans	Molluscs	Sesame
Coffee *allergen info is with Oat Milk.																
Berry Bakewell Latte	Y	Y	✓													
Iced Coffee *allergen info is with Oat Milk.																
Iced Berry Bakewell Latte	Y	Y	✓													

# HOT DRINKS

Key: ✓ = Contains this allergen Y = Suitable for

Product	Vegetarian?	Vegan?	Cereals Containing Gluten	Eggs	Milk	Nuts	Peanuts	Fish	Soya	Celery	Sulphites	Mustard	Lupin	Crustaceans	Molluscs	Sesame
Coffee *allergen info is with Whole Milk. For alternative milks allergy info please see the specific section.																
Latte	Y				✓											
Americano	Y	Y														
Flat White	Y				✓											
Cappuccino	Y				✓											
Cortado	Y				✓											
Espresso	Y	Y														
Mocha	Y				✓											
Macchiato	Y				✓											
Hot Chocolate *allergen info is with Whole Milk. For alternative milks allergy info please see the specific section.																
Hot Chocolate	Y				✓											
Babyccino	Y				✓											
Chai Latte *allergen info is with Whole Milk. For alternative milks allergy info please see the specific section.																
Mumbai Railway Chai Latte	Y				✓											
Matcha *allergen info is with Oat Milk as standard.																
Oat Matcha	Y	Y	✓													
Vanilla Oat Matcha	Y	Y	✓													
White Chocolate Oat Matcha	Y	Y	✓													
Blueberry Muffin Oat Matcha	Y	Y	✓													
Banana Bread Muffin Oat Matcha	Y	Y	✓													

# HOT DRINKS

Key: ✓ = Contains this allergen Y = Suitable for

Product	Vegetarian?	Vegan?	Cereals Containing Gluten	Eggs	Milk	Nuts	Peanuts	Fish	Soya	Celery	Sulphites	Mustard	Lupin	Crustaceans	Molluscs	Sesame
Tea																
Clipper Chamomile	Y	Y														
Clipper Lemon Ginger & Manuka Honey	Y	Y														
Clipper Green Tea	Y	Y														
Clipper Peppermint	Y	Y														
Clipper Earl Grey	Y	Y														
Yorkshire Tea	Y	Y														
Yorkshire Decaf Tea	Y	Y														
Hot Drink Add Ons																
Marshmallows																
Whipped Cream	Y				✓											
Vegan Whipped Cream	Y	Y														
Syrups																
Caramel	Y	Y														
Hazelnut	Y	Y														
Sugar Free Vanilla	Y	Y														
Vanilla	Y	Y														
White Chocolate	Y	Y														
Brown Sugar	Y	Y														

Product	Vegetarian?	Vegan?	Cereals Containing Gluten	Eggs	Milk	Nuts	Peanuts	Fish	Soya	Celery	Sulphites	Mustard	Lupin	Crustaceans	Molluscs	Sesame
<b>Smoothies</b>																
Strawberry & Blueberry Smoothie	Y	Y														
Banana & Spinach Smoothie	Y	Y														
Mango & Passion Fruit Smoothie	Y	Y														
<b>Iced Coffee</b> *allergen info is with Whole Milk. For alternative milks allergy info please see the specific section																
Iced Latte	Y				✓											
Iced Mocha	Y				✓											
Iced Long Black	Y	Y														
Iced Brown Sugar Latte	Y				✓											
<b>Iced Matcha</b> *allergen info is with Oat Milk.																
Iced Oat Matcha	Y	Y	✓													
Iced Vanilla Oat Matcha	Y	Y	✓													
Iced Blueberry Muffin Oat Matcha	Y	Y	✓													
Iced White Chocolate Oat Matcha	Y	Y	✓													
Iced Banana Bread Muffin Oat Matcha	Y	Y	✓													

# ALTERNATIVE MILKS

Key: ✓ = Contains this allergen Y = Suitable for

Product	Vegetarian?	Vegan?	Cereals Containing Gluten	Eggs	Milk	Nuts	Peanuts	Fish	Soya	Celery	Sulphites	Mustard	Lupin	Crustaceans	Molluscs	Sesame
Alternative Milks																
Rude Health Soya	Y	Y							✓							
Rude Health Coconut	Y	Y														
Rude Health Oat	Y	Y														
Alpro Almond Milk	Y	Y				✓										
Alpro Coconut Milk	Y	Y														
Alpro Oat Milk	Y	Y	✓													
Alpro Soya Milk	Y	Y							✓							

# BREAKFAST

Key: ✓ = Contains this allergen Y = Suitable for

Product	Vegetarian?	Vegan?	Cereals Containing Gluten	Eggs	Milk	Nuts	Peanuts	Fish	Soya	Celery	Sulphites	Mustard	Lupin	Crustaceans	Molluscs	Sesame
<b>Breakfast Rolls</b>																
The Big Breakfast Rustic Roll (New Recipe)			✓	✓							✓					
Triple Bacon Rustic Roll (New Recipe)			✓													
Triple Sausage Rustic Roll (New Recipe)			✓								✓					
Smashed Avo & Cheesy Omelette Rustic Roll (New Recipe)	Y		✓	✓	✓											
<b>Breakfast</b>																
Avocado on Toast (New Recipe)	Y	Y	✓													
Avocado & Egg on Toast (New Recipe)	Y		✓	✓												
The Full SOHO (New Recipe)			✓	✓							✓					
<b>Toast</b>																
White Bloomer Bread with Butter	Y		✓		✓				✓							
Multigrain Bloomer Bread with Butter	Y		✓		✓											
Sourdough Toast with Butter	Y		✓		✓											

# BREAKFAST

Key: ✓ = Contains this allergen Y = Suitable for

Product	Vegetarian?	Vegan?	Cereals Containing Gluten	Eggs	Milk	Nuts	Peanuts	Fish	Soya	Celery	Sulphites	Mustard	Lupin	Crustaceans	Molluscs	Sesame
Hot Food Add Ons & Condiments																
Tomato Sauce	Y	Y														
Brown Sauce	Y	Y	✓													
Honey	Y															
Banana	Y	Y														
Breakfast Bacon																
Egg	Y			✓												
Honey	Y															
Jam	Y	Y														
Mushroom	Y	Y														
Sausage			✓								✓					
Hash Browns	Y	Y														
Baked Beans	Y	Y														
Cheese	Y				✓											
Jacket Potato Bacon																
Tuna Mayo				✓				✓								
SOHO 'Slaw	Y			✓	✓							✓				
Smashed Avocado	Y	Y														
Halloumi	Y				✓											

Product	Vegetarian?	Vegan?	Cereals Containing Gluten	Eggs	Milk	Nuts	Peanuts	Fish	Soya	Celery	Sulphites	Mustard	Lupin	Crustaceans	Molluscs	Sesame
Jacket Potatoes																
Tuna Mayo Jacket Potato (New Recipe)				✓	✓			✓								
Cheese & Beans Jacket Potato	Y				✓											
Coronation Chicken Jacket Potato			✓	✓	✓					✓		✓				
Cheese & 'Slaw Jacket Potato	Y				✓							✓				
Hot Pastries																
Ham & Cheese Crown			✓	✓	✓											
Sausage Roll			✓		✓											

Product	Vegetarian?	Vegan?	Cereals Containing Gluten	Eggs	Milk	Nuts	Peanuts	Fish	Soya	Celery	Sulphites	Mustard	Lupin	Crustaceans	Molluscs	Sesame
<b>Cold Wraps</b>																
Chicken & Bacon Caesar Wrap			✓	✓	✓											
Fiery Peri-Peri Chicken Wrap			✓	✓								✓				
Middle Eastern Aubergine and Red Pepper Wrap	Y	Y	✓													✓
Korean Chicken Wrap			✓	✓					✓		✓					
Mexican Sweet Potato Falafel Wrap	Y	Y	✓								✓	✓				
<b>Sandwiches &amp; Rolls</b>																
Chicken Club Sandwich			✓	✓												
Egg Mayo and Cress Sandwich	Y		✓	✓												
Tuna Mayo & Cucumber Sandwich			✓	✓				✓								
Cheese Sandwich	Y		✓		✓											
Ham & Cheese Sandwich			✓		✓											
Goats Cheese & Chutney Loaded Roll	Y		✓	✓	✓						✓					
Peppered Pastrami & Pickle Loaded Roll			✓		✓					✓		✓				
Smoked Salmon & Whipped Feta Loaded Roll			✓		✓			✓		✓		✓				
<b>Salads</b>																
Italian Chicken Salad				✓	✓						✓	✓				
Beetroot Falafel Buddha Bowl	Y	Y	✓								✓					✓

Product	Vegetarian?	Vegan?	Cereals Containing Gluten	Eggs	Milk	Nuts	Peanuts	Fish	Soya	Celery	Sulphites	Mustard	Lupin	Crustaceans	Molluscs	Sesame
<b>Sourdough Toasties</b>																
Ultimate Ham & Cheese Toastie			✓		✓				✓							
Simply Cheese Toastie	Y		✓		✓				✓							
Tuna Melt (New Recipe)			✓	✓	✓			✓								
<b>Hot Wraps</b>																
Falafel & Halloumi	Y		✓		✓											
Chicken Parmesan			✓	✓	✓											
<b>Flatbreads</b>																
Spicy Tuna Flatbread (New Recipe)			✓	✓				✓			✓	✓				
Chicken Shawarma Flatbread			✓								✓					✓
Avocado & Feta Flatbread	Y		✓		✓											
<b>Pots</b>																
SOHO Berry Granola	Y		✓		✓	✓										
Zest Lemon Granola	Y			✓	✓	✓										
Very Berry Bircher (New Recipe)	Y	Y									✓					
Fresh Fruit Pot	Y	Y														
Berry Bakewell Overnight Oats	Y				✓	✓										
Carrot Cake Overnight Oats	Y				✓											

Product	Vegetarian?	Vegan?	Cereals Containing Gluten	Eggs	Milk	Nuts	Peanuts	Fish	Soya	Celery	Sulphites	Mustard	Lupin	Crustaceans	Molluscs	Sesame
<b>Pastries</b>																
Croissant	Y		✓	✓	✓											
Pain Aux Raisins	Y		✓	✓	✓											
Almond Croissant	Y		✓	✓	✓	✓										
Raspberry Croissant	Y	Y	✓													
Pistachio Croissant	Y		✓	✓	✓	✓										
Chocolate Twist	Y		✓	✓	✓				✓							
<b>Cakes</b>																
Salted Caramel Pecan Brownie	Y		✓	✓	✓	✓			✓		✓					
Chocolate Caramel Shortcake	Y		✓		✓				✓							
Victoria Sponge	Y	Y	✓													
Toasted Tea Cake with Butter	Y		✓	✓	✓											
<b>Muffins</b>																
Blueberry Muffin	Y		✓	✓												
Chocolate Chip Muffin	Y		✓	✓					✓							
Banana Bread Muffin	Y		✓	✓												

Product	Vegetarian?	Vegan?	Cereals Containing Gluten	Eggs	Milk	Nuts	Peanuts	Fish	Soya	Celery	Sulphites	Mustard	Lupin	Crustaceans	Molluscs	Sesame
Cookies & Biscuits																
Double Chocolate Chunk Cookie	Y		✓		✓				✓							
Billionaire's Stuffed Cookie	Y		✓		✓				✓							
Carrot Cake Stuffed Cookie	Y		✓		✓				✓							
Almond Croissant Stuffed Cookie	Y	Y	✓			✓			✓							
Lennie the Llama Shortbread	Y		✓													

Product	Vegetarian?	Vegan?	Cereals Containing Gluten	Eggs	Milk	Nuts	Peanuts	Fish	Soya	Celery	Sulphites	Mustard	Lupin	Crustaceans	Molluscs	Sesame
Breakfast																
The Full Veggie SOHO Kitchen (New Recipe)	Y		✓	✓	✓											
Freshly Pressed Juices																
The Green One	Y	Y														
The Red One	Y	Y														
The Orange One	Y	Y														

# AIRPORT SPECIFIC

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**SOHO COFFEE**  
SINCE 1998

Product	Vegetarian?	Vegan?	Cereals Containing Gluten	Eggs	Milk	Nuts	Peanuts	Fish	Soya	Celery	Sulphites	Mustard	Lupin	Crustaceans	Molluscs	Sesame
<b>Baguettes</b>																
Ham & Cheddar Baguette			✓	✓	✓											
Tuna Mayo & Cucumber Baguette (New Recipe)			✓	✓				✓								
Chicken & Bacon Mayo Baguette			✓	✓												
Chicken & Bacon Caesar Baguette			✓	✓	✓											
<b>Hot Breakfast</b>																
Halloumi, Tomatade & Spinach Rustic Roll (New Recipe)	Y		✓		✓											
All Day Breakfast Ciabatta			✓	✓	✓						✓					
Veggie Brunch Ciabatta	Y		✓	✓	✓											
Whole Milk Porridge	Y		✓		✓											
Coconut & Chia Porridge	Y	Y	✓													
<b>Hot Lunch</b>																
Swiss Cheese & Ham Croissant			✓		✓				✓							
Swiss Cheese & Tomato Croissant	Y		✓		✓				✓							
Cinnamon Sugar Pretzel Bites with Caramel Dip	Y		✓		✓				✓							
Salted Pretzel Bites with Chipotle Cheese Dip	Y		✓		✓				✓							
Chipotle Chicken Ciabatta			✓		✓											
Cheese & Beans Jacket Potato	Y				✓											
Cheese Jacket Potato	Y				✓											
Extra Cheese	Y				✓											
Extra Beans	Y	Y														

Our food is handmade in our own busy kitchen, where they handle many ingredients. Our drinks are made using shared equipment. Whilst we do our best to manage allergens we cannot guarantee that any of our food or drinks are allergen-free or suitable for those with allergies, due to the risk of cross-contamination. Our vegan food is made to a vegan recipe but is not suitable for those with milk or egg allergies. Please check this information regularly as we're always working on our products. Adults need around 2000kcal a day.

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Condiments																
Heinz Ketchup Sachet	Y	Y								✓						
HP Sauce Sachet	Y	Y	✓													

Product	Vegetarian?	Vegan?	Cereals Containing Gluten	Eggs	Milk	Nuts	Peanuts	Fish	Soya	Celery	Sulphites	Mustard	Lupin	Crustaceans	Molluscs	Sesame
Matcha *allergen info is with Alpro Oat Milk as standard																
Oat Matcha Latte	Y	Y	✓													
Vanilla Oat Matcha Latte	Y	Y	✓													
Strawberries & Cream Oat Matcha Latte	Y	Y	✓													
Blueberry Muffin Oat Matcha Latte	Y	Y	✓													
Iced Oat Matcha Latte	Y	Y	✓													
Iced Vanilla Oat Matcha Latte	Y	Y	✓													
Iced Strawberries & Cream Oat Matcha Latte	Y	Y	✓													
Iced Blueberry Muffin Oat Matcha Latte	Y	Y	✓													
Coffee *allergen info is with Whole Milk as standard																
Pumpkin Spice Latte	Y				✓											
Iced Pumpkin Spice Cold Foam Latte	Y				✓											
Drink Add-Ons																
Vanilla Cold Foam	Y				✓											
Bakery																
Biscoff Crunch Croissant	Y		✓	✓	✓				✓							

Product	Vegetarian?	Vegan?	Cereals Containing Gluten	Eggs	Milk	Nuts	Peanuts	Fish	Soya	Celery	Sulphites	Mustard	Lupin	Crustaceans	Molluscs	Sesame
Breakfast																
Triple Bacon Roll			✓													
Triple Sausage Breakfast Roll			✓								✓					
Halloumi, Tomatade & Spinach Breakfast Roll	Y		✓		✓											
The Big Breakfast Roll			✓	✓							✓					
Triple Bacon & Egg Breakfast Roll			✓	✓												
Avocado on Toast		Y	✓								✓					
Avocado & Egg on Toast	Y		✓	✓							✓					
The Full SOHO			✓	✓							✓					