



ALLERGEN GUIDE

2026



Our food is handmade in our own busy kitchen, where they handle many ingredients. Our drinks are made using shared equipment.

Whilst we do our best to manage allergens we cannot guarantee that any of our food or drinks are allergen-free or suitable for those with allergies, due to the risk of cross-contamination.

Our vegan food is made to a vegan recipe but is not suitable for those with milk or egg allergies. Please check this information regularly as we're always working on our products.

Adults need around 2000kcal a day.

This information is updated regularly to reflect our procedures instore.

The Food Standards Agency regards the following ingredients and their derivatives as allergens:

- Peanuts
- Sesame
- Crustaceans
- Egg
- Lupin
- Mustard
- Soya
- Tree Nuts
- Celery & Celeriac
- Fish
- Milk
- Mollusc
- Sulphites
- Cereals containing gluten

This guide will provide allergen information for UK based SOHO Coffee branded stores.

Please ensure you take extra care to identify all the possible allergens present in our food.

SEASONAL DRINKS

Key: ✓ = Contains this allergen Y = Suitable for

Product	Vegetarian?	Vegan?	Cereals Containing Gluten	Eggs	Milk	Nuts	Peanuts	Fish	Soya	Celery	Sulphites	Mustard	Lupin	Crustaceans	Molluscs	Sesame
Cloud Coolers *allergen info is with Coconut Milk. Milk Substitutions are not available for these drinks.																
Strawberry & Orange Sunrise Cloud Cooler	Y	Y														
Pineapple & Banana Sunshine Cloud Cooler	Y	Y														
Blueberry & Ube Sunset Cloud Cooler	Y	Y														

HOT DRINKS

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Product	Vegetarian?	Vegan?	Cereals Containing Gluten	Eggs	Milk	Nuts	Peanuts	Fish	Soya	Celery	Sulphites	Mustard	Lupin	Crustaceans	Molluscs	Sesame
Coffee *allergen info is with Whole Milk. For alternative milks allergy info please see the specific section.																
Latte	Y				✓											
Americano	Y	Y														
Flat White	Y				✓											
Cappuccino	Y				✓											
Cortado	Y				✓											
Espresso	Y	Y														
Mocha	Y				✓											
Macchiato	Y				✓											
Hot Chocolate *allergen info is with Whole Milk. For alternative milks allergy info please see the specific section.																
Hot Chocolate	Y				✓											
Babyccino	Y				✓											
Chai Latte *allergen info is with Whole Milk. For alternative milks allergy info please see the specific section.																
Mumbai Railway Chai Latte	Y				✓											
Matcha *allergen info is with Oat Milk as standard.																
Oat Matcha	Y	Y	✓													
Vanilla Oat Matcha	Y	Y	✓													
White Chocolate Oat Matcha	Y	Y	✓													
Blueberry Muffin Oat Matcha	Y	Y	✓													
Banana Bread Muffin Oat Matcha	Y	Y	✓													

HOT DRINKS

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Product	Vegetarian?	Vegan?	Cereals Containing Gluten	Eggs	Milk	Nuts	Peanuts	Fish	Soya	Celery	Sulphites	Mustard	Lupin	Crustaceans	Molluscs	Sesame
Tea																
Clipper Chamomile	Y	Y														
Clipper Lemon Ginger & Manuka Honey	Y	Y														
Clipper Green Tea	Y	Y														
Clipper Peppermint	Y	Y														
Clipper Earl Grey	Y	Y														
Yorkshire Tea	Y	Y														
Yorkshire Decaf Tea	Y	Y														
Hot Drink Add Ons																
Marshmallows																
Whipped Cream	Y				✓											
Vegan Whipped Cream	Y	Y														
Syrups																
Caramel	Y	Y														
Hazelnut	Y	Y														
Sugar Free Vanilla	Y	Y														
Vanilla	Y	Y														
White Chocolate	Y	Y														
Brown Sugar	Y	Y														

Product	Vegetarian?	Vegan?	Cereals Containing Gluten	Eggs	Milk	Nuts	Peanuts	Fish	Soya	Celery	Sulphites	Mustard	Lupin	Crustaceans	Molluscs	Sesame
Smoothies																
Strawberry & Blueberry Smoothie	Y	Y														
Banana & Spinach Smoothie	Y	Y														
Mango & Passion Fruit Smoothie	Y	Y														
Iced Coffee *allergen info is with Whole Milk. For alternative milks allergy info please see the specific section																
Iced Latte	Y				✓											
Iced Mocha	Y				✓											
Iced Long Black	Y	Y														
Iced Brown Sugar Latte	Y				✓											
Iced Matcha *allergen info is with Oat Milk.																
Iced Oat Matcha	Y	Y	✓													
Iced Vanilla Oat Matcha	Y	Y	✓													
Iced Blueberry Muffin Oat Matcha	Y	Y	✓													
Iced White Chocolate Oat Matcha	Y	Y	✓													
Iced Banana Bread Muffin Oat Matcha	Y	Y	✓													

ALTERNATIVE MILKS

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Product	Vegetarian?	Vegan?	Cereals Containing Gluten	Eggs	Milk	Nuts	Peanuts	Fish	Soya	Celery	Sulphites	Mustard	Lupin	Crustaceans	Molluscs	Sesame
Alternative Milks																
Rude Health Soya Milk	Y	Y							✓							
Rude Health Coconut Milk	Y	Y														
Rude Health Oat Milk	Y	Y														
Alpro Almond Milk	Y	Y				✓										
Alpro Coconut Milk	Y	Y														
Alpro Oat Milk	Y	Y	✓													
Alpro Soya Milk	Y	Y							✓							

Product	Vegetarian?	Vegan?	Cereals Containing Gluten	Eggs	Milk	Nuts	Peanuts	Fish	Soya	Celery	Sulphites	Mustard	Lupin	Crustaceans	Molluscs	Sesame
Breakfast Rolls																
The Big Breakfast Rustic Roll			✓	✓							✓					
Triple Bacon Rustic Rol			✓													
Triple Sausage Rustic Roll			✓								✓					
Smashed Avo & Cheesy Omelette Rustic Roll	Y		✓	✓	✓											
Breakfast																
Avocado on Toast	Y	Y	✓													
Avocado & Egg on Toast	Y		✓	✓												
The Full SOHO			✓	✓							✓					
Toast																
White Bloomer Bread with Butter	Y		✓		✓				✓							
Multigrain Bloomer Bread with Butter	Y		✓		✓											
Sourdough Toast with Butter	Y		✓		✓											

Product	Vegetarian?	Vegan?	Cereals Containing Gluten	Eggs	Milk	Nuts	Peanuts	Fish	Soya	Celery	Sulphites	Mustard	Lupin	Crustaceans	Molluscs	Sesame
Hot Food Add Ons & Condiments																
Tomato Sauce	Y	Y														
Brown Sauce	Y	Y	✓													
Honey	Y															
Banana	Y	Y														
Breakfast Bacon																
Egg	Y			✓												
Honey	Y															
Jam	Y	Y														
Mushroom	Y	Y														
Sausage			✓								✓					
Hash Browns	Y	Y														
Baked Beans	Y	Y														
Cheese	Y				✓											
Jacket Potato Bacon																
Tuna Mayo				✓				✓								
SOHO 'Slaw	Y			✓	✓							✓				
Smashed Avocado	Y	Y														
Halloumi	Y				✓											

Product	Vegetarian?	Vegan?	Cereals Containing Gluten	Eggs	Milk	Nuts	Peanuts	Fish	Soya	Celery	Sulphites	Mustard	Lupin	Crustaceans	Molluscs	Sesame
Jacket Potatoes																
Tuna Mayo Jacket Potato				✓	✓			✓								
Cheese & Beans Jacket Potato	Y				✓											
Coronation Chicken Jacket Potato			✓	✓	✓					✓		✓				
Cheese & 'Slaw Jacket Potato	Y				✓							✓				
Hot Pastries																
Ham & Cheese Crown			✓	✓	✓											
Sausage Roll			✓		✓											

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Cold Wraps																
Chicken & Bacon Caesar Wrap			✓	✓	✓											
Fiery Peri-Peri Chicken Wrap			✓	✓								✓				
Middle Eastern Aubergine and Red Pepper Wrap	Y	Y	✓													✓
Sandwiches & Rolls																
Chicken Club Sandwich			✓	✓												
Egg Mayo and Cress Sandwich	Y		✓	✓												
Tuna Mayo & Cucumber Sandwich			✓	✓				✓								
Cheese Sandwich	Y		✓		✓											
Ham & Cheese Sandwich			✓		✓											
Goats Cheese & Chutney Loaded Roll	Y		✓	✓	✓						✓					
Peppered Pastrami & Pickle Loaded Roll			✓		✓					✓		✓				
Smoked Salmon & Whipped Feta Loaded Roll			✓		✓			✓		✓		✓				
Salads																
The Big Chicken SOHO Shaker Salad				✓					✓			✓				
The Big Tuna SOHO Shaker Salad								✓	✓			✓				
The Big Olive SOHO Shaker Salad	Y	Y														✓
Little Tuna & Egg SOHO Shaker Salad				✓				✓	✓			✓				
Little Chicken & Feta SOHO Shaker Salad					✓											✓

Product	Vegetarian?	Vegan?	Cereals Containing Gluten	Eggs	Milk	Nuts	Peanuts	Fish	Soya	Celery	Sulphites	Mustard	Lupin	Crustaceans	Molluscs	Sesame
Sourdough Toasties																
Ultimate Ham & Cheese Toastie (New Recipe)			✓		✓				✓							
Simply Cheese Toastie (New Recipe)	Y		✓		✓				✓							
Tuna Melt			✓	✓	✓			✓								
Hot Wraps																
Falafel & Halloumi	Y		✓		✓											
Chicken Parmesan			✓	✓	✓											
Flatbreads																
Spicy Tuna Flatbread			✓	✓				✓			✓	✓				
Chicken Shawarma Flatbread			✓								✓					✓
Avocado & Feta Flatbread	Y		✓		✓											
Pots																
SOHO Berry Granola	Y		✓		✓	✓										
Zest Lemon Granola	Y			✓	✓	✓										
Very Berry Bircher	Y	Y									✓					
Fresh Fruit Pot	Y	Y														
Berry Bakewell Overnight Oats	Y				✓	✓										
Chocolate Hazelnut Blended Oats	Y	Y				✓										
Rhubarb & Custard Crumble Blended Oats	Y					✓										
Raspberry & Coconut Chia Pot	Y	Y														

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Pastries																
Croissant	Y		✓	✓	✓											
Pain Aux Raisins	Y		✓	✓	✓											
Almond Croissant	Y		✓	✓	✓	✓										
Raspberry Croissant	Y	Y	✓													
Pistachio Croissant	Y		✓	✓	✓	✓										
Chocolate Twist	Y		✓	✓	✓				✓							
Cheese & Chive Bubble Bread	Y		✓	✓	✓											
Sticky Cinnamon Bubble Bread	Y		✓	✓	✓											
Cakes																
SOHO Handmade Brownie	Y		✓	✓					✓							
Chocolate Caramel Shortcake	Y		✓		✓				✓							
Toasted Coconut & Dark Chocolate Flapjack	Y	Y														
Toasted Tea Cake with Butter	Y		✓	✓	✓											
Muffins																
Blueberry Muffin	Y		✓	✓												
Chocolate Chip Muffin	Y		✓	✓					✓							
Banana Bread Muffin	Y		✓	✓												

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Cookies & Biscuits																
Double Chocolate Chunk Cookie	Y		✓		✓				✓							
Billionaire's Stuffed Cookie	Y		✓		✓				✓							
Carrot Cake Stuffed Cookie	Y		✓		✓				✓							
Almond Croissant Stuffed Cookie	Y	Y	✓			✓			✓							
Panda Gingerbread Biscuit	Y		✓	✓												

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Breakfast																
The Full Veggie SOHO Kitchen	Y		✓	✓	✓											
Freshly Pressed Juices																
The Green One	Y	Y														
The Red One	Y	Y														
The Orange One	Y	Y														

AIRPORT SPECIFIC

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Baguettes																
Ham & Cheddar Baguette (New Recipe)			✓	✓	✓											
Tuna Mayo & Cucumber Baguette			✓	✓				✓								
Chicken & Bacon Mayo Baguette			✓	✓												
Hot Breakfast																
Halloumi, Tomatade & Spinach Rustic Roll	Y		✓		✓											
All Day Breakfast Ciabatta			✓	✓	✓						✓					
Veggie Brunch Ciabatta	Y		✓	✓	✓											
Whole Milk Porridge	Y		✓		✓											
Coconut & Chia Porridge	Y	Y														
Hot Lunch																
Cheddar & Ham Croissant			✓	✓	✓				✓							
Tomato & Cheddar Croissant	Y		✓	✓	✓				✓							
Cheesy Chipotle Pasta Bake	Y		✓		✓				✓							
Chicken & Mozzarella Pasta Bake			✓		✓											
Cinnamon Sugar Pretzel Bites with Caramel Dip	Y		✓		✓				✓							
Salted Pretzel Bites with Chipotle Cheese Dip	Y		✓		✓				✓							
Chipotle Chicken Ciabatta			✓		✓											
Cheese & Beans Jacket Potato	Y				✓											
Cheese Jacket Potato	Y				✓											
Extra Cheese	Y				✓											
Extra Beans	Y	Y														

Our food is handmade in our own busy kitchen, where they handle many ingredients. Our drinks are made using shared equipment. Whilst we do our best to manage allergens we cannot guarantee that any of our food or drinks are allergen-free or suitable for those with allergies, due to the risk of cross-contamination. Our vegan food is made to a vegan recipe but is not suitable for those with milk or egg allergies. Please check this information regularly as we're always working on our products. Adults need around 2000kcal a day.

Version 6: 30th June 2026

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Condiments																
Heinz Ketchup Sachet	Y	Y								✓						
HP Sauce Sachet	Y	Y	✓													
Pots																
Smoked Houmous, Edamame & Egg Pot	Y			✓					✓							✓

Product	Vegetarian?	Vegan?	Cereals Containing Gluten	Eggs	Milk	Nuts	Peanuts	Fish	Soya	Celery	Sulphites	Mustard	Lupin	Crustaceans	Molluscs	Sesame
Matcha *allergen info is with Alpro Oat Milk as standard																
Oat Matcha Latte	Y	Y	✓													
Vanilla Oat Matcha Latte	Y	Y	✓													
Strawberries & Cream Oat Matcha Latte	Y	Y	✓													
Blueberry Muffin Oat Matcha Latte	Y	Y	✓													
Iced Oat Matcha Latte	Y	Y	✓													
Iced Vanilla Oat Matcha Latte	Y	Y	✓													
Iced Strawberries & Cream Oat Matcha Latte	Y	Y	✓													
Iced Blueberry Muffin Oat Matcha Latte	Y	Y	✓													
Coffee *allergen info is with Whole Milk as standard																
Pumpkin Spice Latte	Y				✓											
Iced Pumpkin Spice Cold Foam Latte	Y				✓											
Drink Add-Ons																
Vanilla Cold Foam	Y				✓											
Bakery																
Biscoff Crunch Croissant	Y		✓	✓	✓				✓							

Product	Vegetarian?	Vegan?	Cereals Containing Gluten	Eggs	Milk	Nuts	Peanuts	Fish	Soya	Celery	Sulphites	Mustard	Lupin	Crustaceans	Molluscs	Sesame
Breakfast																
Triple Bacon Roll			✓													
Triple Sausage Breakfast Roll			✓								✓					
Halloumi, Tomatade & Spinach Breakfast Roll	Y		✓		✓											
The Big Breakfast Roll			✓	✓							✓					
Triple Bacon & Egg Breakfast Roll			✓	✓												
Avocado on Toast		Y	✓								✓					
Avocado & Egg on Toast	Y		✓	✓							✓					
The Full SOHO			✓	✓							✓					