



INGREDIENT & NUTRITION GUIDE

(DRINKS)

2026

Version 4: 26th August 2026



Our food is handmade in our own busy kitchen, where they handle many ingredients. Our drinks are made using shared equipment.

Whilst we do our best to manage allergens we cannot guarantee that any of our food or drinks are allergen-free or suitable for those with allergies, due to the risk of cross-contamination.

Our vegan food is made to a vegan recipe but is not suitable for those with milk or egg allergies. Please check this information regularly as we're always working on our products.

Our recipes may change from time to time. If you have any dietary requirements or allergies, please check every time you order to ensure you have the most up-to-date information on the ingredients and allergens in our products.

Adults need around 2000kcal a day.

This information is updated regularly to reflect our procedures instore.

The Food Standards Agency regards the following ingredients and their derivatives as allergens:

- Peanuts
- Sesame
- Crustaceans
- Egg
- Lupin
- Mustard
- Soya
- Tree Nuts
- Celery & Celeriac
- Fish
- Milk
- Mollusc
- Sulphites
- Cereals containing gluten

This guide will provide allergen information for UK based SOHO Coffee branded stores.

Please ensure you take extra care to identify all the possible allergens present in our food.

SEASONAL

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Coffee					Nutritional information based on per portion basis								
Iced Praline Chocolate Cloud Cooler (whole milk)	Y		Whole MILK , Ice (Water), Coconut Cream [Water, Coconut Oil (30%), Corn Fibre, Potato Starch, Sugar, Tapioca Flour, Fruit Pectin, Emulsifiers (Polysorbate 60, Mono- and Diglycerides of Fatty Acids, Mono- and Diacetyl Tartaric Acid Esters Of Mono- and Diglycerides of Fatty Acids), Citrus Fibre, Natural Flavouring, Colour (Beta-Carotene)], Hot Chocolate Powder [Sugar, Organic Cocoa Powder, Anti-Caking Agent (E170, E551), Sea Salt.], Praline Syrup [Sugar, Water, Natural Flavourings, Salt, Colour: Plain Caramel, Acidity Regulator: Citric Acid], Dark Chocolate Flakes [Sugar, Cocoa Mass; Cocoa Butter; Emulsifier: Lecithins (SOYA); Natural Vanilla Flavouring], Dark Chocolate Sauce Sugar, Water, Glucose Syrup, Fat Reduced Cocoa Power, Dextrose, Humectant: Glycerol, Cocoa Butter, Flavour, Salt, Emulsifier: Rapeseed Lecithins, Acidity Regulator: Citric Acid, Preservative: Potassium Sorbate	Regular	2044	489	22.9	17.5	58.9	53.3	2.2	9.1	0.4
Iced Praline Chocolate Cloud Cooler (skimmed milk)	Y		Skimmed MILK , Coconut Cream [Water, Coconut Oil (30%), Corn Fibre, Potato Starch, Sugar, Tapioca Flour, Fruit Pectin, Emulsifiers (Polysorbate 60, Mono- and Diglycerides of Fatty Acids, Mono- and Diacetyl Tartaric Acid Esters Of Mono- and Diglycerides of Fatty Acids), Citrus Fibre, Natural Flavouring, Colour (Beta-Carotene)], Hot Chocolate Powder [Sugar, Organic Cocoa Powder, Anti-Caking Agent (E170, E551), Sea Salt.], Praline Syrup [Sugar, Water, Natural Flavourings, Salt, Colour: Plain Caramel, Acidity Regulator: Citric Acid] Dark Chocolate Flakes [Sugar, Cocoa Mass; Cocoa Butter; Emulsifier: Lecithins (SOYA); Natural Vanilla Flavouring], Dark Chocolate Sauce Sugar, Water, Glucose Syrup, Fat Reduced Cocoa Power, Dextrose, Humectant: Glycerol, Cocoa Butter, Flavour, Salt, Emulsifier: Rapeseed Lecithins, Acidity Regulator: Citric Acid, Preservative: Potassium Sorbate,	Regular	1790	426	16.0	13.1	58.4	52.8	2.2	9.5	0.4
Iced Praline Chocolate Cloud Cooler (oat milk)	Y	Y	Oat Milk (Water, OATS , Sunflower Oil, Sea Salt, Gellan Gum), Coconut Cream [Water, Coconut Oil (30%), Corn Fibre, Potato Starch, Sugar, Tapioca Flour, Fruit Pectin, Emulsifiers (Polysorbate 60, Mono- and Diglycerides of Fatty Acids, Mono- and Diacetyl Tartaric Acid Esters Of Mono- and Diglycerides of Fatty Acids), Citrus Fibre, Natural Flavouring, Colour (Beta-Carotene)], Hot Chocolate Powder [Sugar, Organic Cocoa Powder, Anti-Caking Agent (E170, E551), Sea Salt.], Praline Syrup [Sugar, Water, Natural Flavourings, Salt, Colour: Plain Caramel, Acidity Regulator: Citric Acid], Dark Chocolate Flakes [Sugar, Cocoa Mass; Cocoa Butter; Emulsifier: Lecithins (SOYA); Natural Vanilla Flavouring], Dark Chocolate Sauce Sugar, Water, Glucose Syrup, Fat Reduced Cocoa Power, Dextrose, Humectant: Glycerol, Cocoa Butter, Flavour, Salt, Emulsifier: Rapeseed Lecithins, Acidity Regulator: Citric Acid, Preservative: Potassium Sorbate	Regular	1975	473	20.9	13.8	63.0	53.1	3.2	4.8	0.4
Iced Praline Chocolate Cloud Cooler (soya milk)	Y	Y	SOYA Milk (Water, Organic Soybean (SOYA), Organic Rice syrup, Sea Salt), Coconut Cream [Water, Coconut Oil (30%), Corn Fibre, Potato Starch, Sugar, Tapioca Flour, Fruit Pectin, Emulsifiers (Polysorbate 60, Mono- and Diglycerides of Fatty Acids, Mono- and Diacetyl Tartaric Acid Esters Of Mono- and Diglycerides of Fatty Acids), Citrus Fibre, Natural Flavouring, Colour (Beta-Carotene)], Hot Chocolate Powder [Sugar, Organic Cocoa Powder, Anti-Caking Agent (E170, E551), Sea Salt.], Praline Syrup [Sugar, Water, Natural Flavourings, Salt, Colour: Plain Caramel, Acidity Regulator: Citric Acid], Dark Chocolate Flakes [Sugar, Cocoa Mass; Cocoa Butter; Emulsifier: Lecithins (SOYA); Natural Vanilla Flavouring], Dark Chocolate Sauce Sugar, Water, Glucose Syrup, Fat Reduced Cocoa Power, Dextrose, Humectant: Glycerol, Cocoa Butter, Flavour, Salt, Emulsifier: Rapeseed Lecithins, Acidity Regulator: Citric Acid, Preservative: Potassium Sorbate	Regular	1864	446	18.7	13.5	56.9	48.6	3.4	9.0	0.4
Iced Praline Chocolate Cloud Cooler (coconut milk)	Y	Y	Coconut Milk (Water, OATS , Coconut, Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum) Coconut Cream [Water, Coconut Oil (30%), Corn Fibre, Potato Starch, Sugar, Tapioca Flour, Fruit Pectin, Emulsifiers (Polysorbate 60, Mono- and Diglycerides of Fatty Acids, Mono- and Diacetyl Tartaric Acid Esters Of Mono- and Diglycerides of Fatty Acids), Citrus Fibre, Natural Flavouring, Colour (Beta-Carotene)], Hot Chocolate Powder [Sugar, Organic Cocoa Powder, Anti-Caking Agent (E170, E551), Sea Salt.], Praline Syrup [Sugar, Water, Natural Flavourings, Salt, Colour: Plain Caramel, Acidity Regulator: Citric Acid], Dark Chocolate Flakes [Sugar, Cocoa Mass; Cocoa Butter; Emulsifier: Lecithins (SOYA); Natural Vanilla Flavouring], Dark Chocolate Sauce Sugar, Water, Glucose Syrup, Fat Reduced Cocoa Power, Dextrose, Humectant: Glycerol, Cocoa Butter, Flavour, Salt, Emulsifier: Rapeseed Lecithins, Acidity Regulator: Citric Acid, Preservative: Potassium Sorbate	Regular	1946	466	20.0	15.1	63.2	53.1	3.7	4.6	0.4

COFFEE

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Coffee			There may be occasions when we temporarily change the brand of milk alternatives available in our stores. If you have any dietary requirements, please speak to a member of our team, who will be happy to show you the milk alternative currently in use so that you can check the product label for relevant ingredients and information	Nutritional information based on per portion basis									
Americano (no milk)	Y	Y	Water, Ground Coffee	Small	0	0	0.1	0.1	0.1	0.1	0	0	0
				Regular	0	0	0.1	0.1	0.1	0.1	0	0	0
				Large	0	0	0.1	0	0.1	0.1	0	0	0
Espresso	Y	Y	Ground Coffee	N/A	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Cortado (whole milk)	Y		Whole MILK, Ground Coffee	N/A	239	57	3.3	2.1	4.2	4.2	0	3.1	0.1
Cortado (skimmed milk)	Y		Skimmed MILK, Ground Coffee	N/A	130	31	0.3	0.1	4.4	4.4	0	3.2	0.1
Cortado (oat milk)	Y	Y	Oat Milk (Water, OATS, Sunflower Oil, Sea Salt, Gellan Gum), Ground Coffee	N/A	217	52	2.6	0.5	6.3	4.1	0.5	0.8	0.1
Cortado (soya milk)	Y	Y	SOYA Milk Water, Organic Soybean (SOYA) (13%), Organic Rice syrup, Sea Salt, Ground Coffee	N/A	161	39	1.5	0.3	3.2	1.9	0.6	2.9	0.1
Cortado (coconut milk)	Y	Y	Coconut Milk Water, OATS , Coconut, Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum, Ground Coffee	N/A	203	49	2.1	1.1	6.4	4.1	0.8	0.7	0.1

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Coffee					Nutritional information based on per portion basis								
Flat White (whole milk)	Y		Whole MILK , Ground Coffee	Regular	530	126	7.2	4.6	9.2	9.2	0.0	6.8	0.2
Flat White (skimmed milk)	Y		Skimmed MILK , Ground Coffee	Regular	288	68	0.7	0.3	9.7	9.7	0.0	7.0	0.2
Flat White (oat milk)	Y	Y	Oat Milk (Water, OATS , Sunflower Oil, Sea Salt, Gellan Gum), Ground Coffee	Regular	482	116	5.7	1.0	13.9	9.1	1.2	1.8	0.2
Flat white (soya milk)	Y	Y	SOYA Milk Water, Organic Soybean (SOYA) (13%), Organic Rice syrup, Sea Salt, Ground Coffee	Regular	358	86	3.3	0.6	7.1	4.1	1.4	6.4	0.2
Flat White (coconut milk)	Y	Y	Coconut Milk Water, OATS , Coconut, Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum, Ground Coffee	Regular	450	108	4.7	2.4	14.1	9.1	1.8	1.6	0.2

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Coffee			Nutritional information based on per portion basis										
Latte (whole milk)	Y		Whole MILK , Ground Coffee	Small	538	1278	7.3	4.7	9.4	9.4	0.0	6.9	0.2
				Regular	755	180	10.3	6.5	13.2	13.2	0.0	9.7	0.3
				Large	954	227	13.0	8.3	16.6	16.6	0.0	12.2	0.4
Latte (skimmed milk)	Y		Skimmed MILK , Ground Coffee	Small	292	69	0.6	0.3	9.8	9.8	0.0	7.1	0.2
				Regular	410	97	0.9	0.4	13.8	13.8	0.0	10.0	0.3
				Large	518	122	1.2	0.5	17.4	17.4	0.0	12.6	0.4
Latte (oat milk)	Y	Y	Oat Milk (Water, OATS , Sunflower Oil, Sea Salt, Gellan Gum), Ground Coffee	Small	490	118	5.7	1.0	14.0	9.2	1.2	1.8	0.2
				Regular	687	165	8.1	1.4	19.7	12.9	1.7	2.6	0.3
				Large	868	209	10.2	1.8	24.9	16.3	2.2	3.2	0.4
Latte (soya milk)	Y	Y	SOYA Milk Water, Organic Soybean (SOYA) , Organic Rice syrup, Sea Salt, Ground Coffee	Small	363	87	3.3	0.6	7.1	4.1	1.4	6.5	0.2
				Regular	510	123	4.6	0.9	10.1	5.8	2.0	9.1	0.3
				Large	644	155	5.8	1.1	12.7	7.3	2.5	11.5	0.4
Latte (coconut milk)	Y	Y	Coconut Milk Water, OATS , Coconut, Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum, Ground Coffee	Small	457	110	4.7	2.4	14.3	9.2	1.8	1.6	0.2
				Reg	641	155	6.6	3.4	20.0	12.9	2.6	2.3	0.3
				Large	810	194	8.4	4.3	25.3	16.3	3.2	2.9	0.4

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Coffee			There may be occasions when we temporarily change the brand of milk alternatives available in our stores. If you have any dietary requirements, please speak to a member of our team, who will be happy to show you the milk alternative currently in use so that you can check the product label for relevant ingredients and information	Nutritional information based on per portion basis									
Cappuccino (whole milk) New Recipe	Y		Whole MILK , Ground Coffee, Hot Chocolate Powder [Sugar, Organic Cocoa Powder, Anti-Caking Agent (E170, E551), Sea Salt.]	Small	570	136	7.4	4.7	11.3	11.2	0.0	6.9	0.2
				Regular	788	187	10.4	6.6	15.1	15.0	0.02	9.7	0.3
				Large	986	235	13.1	8.3	18.5	18.4	0.0	12.3	0.4
Cappuccino (skimmed milk) New Recipe	Y		Skimmed MILK , Ground Coffee, Hot Chocolate Powder [Sugar, Organic Cocoa Powder, Anti-Caking Agent (E170, E551), Sea Salt.]	Small	324	77	0.7	0.3	11.7	11.7	0.0	7.2	0.2
				Regular	443	105	0.9	0.4	15.7	15.5	0.0	10.0	0.3
				Large	551	130	1.2	0.5	19.3	19.1	0.0	12.6	0.4
Cappuccino (oat milk) New Recipe	Y	Y	Oat Milk (Water, OATS , Sunflower Oil, Sea Salt, Gellan Gum), Ground Coffee, Hot Chocolate Powder [Sugar, Organic Cocoa Powder, Anti-Caking Agent (E170, E551), Sea Salt.]	Small	522	125	5.7	1.0	15.9	11.0	1.2	1.9	0.2
				Regular	719	173	8.1	1.5	21.6	15.7	1.7	2.6	0.3
				Large	900	217	10.2	1.8	26.8	18.1	2.2	3.3	0.4
Cappuccino (soya milk) New Recipe	Y	Y	SOYA Milk Water, Organic Soybean (SOYA) (13%), Organic Rice syrup, Sea Salt, Ground Coffee, Hot Chocolate Powder [Sugar, Organic Cocoa Powder, Anti-Caking Agent (E170, E551), Sea Salt.]	Small	396	95	3.3	0.6	9.0	5.9	1.4	6.5	0.2
				Regular	542	130	4.7	0.9	12	7.6	2.0	9.2	0.3
				Large	677	163	5.9	1.1	14.6	9.1	2.5	11.6	0.4
Cappuccino (coconut milk) New Recipe	Y	Y	Coconut Milk Water, OATS , Coconut, Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum, Ground Coffee, Hot Chocolate Powder [Sugar, Organic Cocoa Powder, Anti-Caking Agent (E170, E551), Sea Salt.]	Small	489	117	4.7	2.5	16.2	11.0	1.9	1.7	0.2
				Regular	674	162	6.7	3.5	21.9	14.7	2.6	2.3	0.3
				Large	842	202	8.4	4.4	27.2	18.1	3.3	2.9	0.4

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Coffee				Nutritional information based on per portion basis									
House 32% Mocha (whole milk)	Y		Whole MILK , Hot Chocolate Powder [Sugar, Organic Cocoa Powder, Anti-Caking Agent (E170, E551), Sea Salt.] Roasted Coffee Beans, Dark Chocolate Flakes [Sugar, Cocoa Mass; Cocoa Butter; Emulsifier: Lecithins (SOYA); Natural Vanilla Flavouring]	Regular	1009	242	9.0	5.7	30.7	29.6	0.6	7.7	0.4
				Large	1270	304	10.1	6.3	41.2	39.9	0.6	9.4	0.5
House 32% Mocha (skimmed milk)	Y		Skimmed MILK , Hot Chocolate Powder [Sugar, Organic Cocoa Powder, Anti-Caking Agent (E170, E551), Sea Salt.] Roasted Coffee Beans, Dark Chocolate Flakes [Sugar, Cocoa Mass; Cocoa Butter; Emulsifier: Lecithins (SOYA); Natural Vanilla Flavouring]	Regular	806	192	3.6	2.1	31.0	29.9	0.6	8.0	0.4
				Large	1046	249	4.2	2.4	41.7	40.2	0.6	9.7	0/5
House 32% Mocha (oat milk)	Y	Y	Oat Milk (Water, OATS , Sunflower Oil, Sea Salt, Gellan Gum), Hot Chocolate Powder [Sugar, Organic Cocoa Powder, Anti-Caking Agent (E170, E551), Sea Salt.], Roasted Coffee Beans, Dark Chocolate Flakes [Sugar, Cocoa Mass; Cocoa Butter; Emulsifier: Lecithins (SOYA); Natural Vanilla Flavouring]	Regular	952	228	7.4	2.7	34	29.4	1.5	4.1	0.3
				Large	1207	289	8.3	3.0	45.2	39.7	1.6	5.4	0.4
House 32% Mocha (soya milk)	Y	Y	SOYA Milk (Water, Organic Soybean (SOYA), Organic Rice syrup, Sea Salt), Hot Chocolate Powder [Sugar, Organic Cocoa Powder, Anti-Caking Agent (E170, E551), Sea Salt.], Roasted Coffee Beans, Dark Chocolate Flakes [Sugar, Cocoa Mass; Cocoa Butter; Emulsifier: Lecithins (SOYA); Natural Vanilla Flavouring]	Reg	859	206	5.6	2.4	29.0	25.7	1.6	7.6	0.3
				Large	1105	264	6.3	2.7	39.6	35.6	1.7	9.2	0.4
House 32% Mocha (coconut milk)	Y	Y	Coconut Milk (Water, OATS , Coconut, Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum), Hot Chocolate Powder [Sugar, Organic Cocoa Powder, Anti-Caking Agent (E170, E551), Sea Salt.], Roasted Coffee Beans Dark Chocolate Flakes [Sugar, Cocoa Mass; Cocoa Butter; Emulsifier: Lecithins (SOYA); Natural Vanilla Flavouring]	Reg	928	222	6.6	3.7	34.3	29.4	1.9	4.0	0.3
				Large	1180	282	7.5	4.2	45.4	39.7	2.1	5.3	0.4

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Coffee			There may be occasions when we temporarily change the brand of milk alternatives available in our stores. If you have any dietary requirements, please speak to a member of our team, who will be happy to show you the milk alternative currently in use so that you can check the product label for relevant ingredients and information	Nutritional information based on per portion basis									
Macchiato (whole Milk)	Y		Whole MILK , Ground Coffee	Regular	53	13	0.8	0.5	1	1	0.0	0.7	0.0
				Large	80	19	1.2	0.7	1.5	1.5	0.0	1.0	0.0
Macchiato (skimmed milk)	Y		Skimmed MILK , Ground Coffee	Regular	29	7	0.1	0.0	1.0	1.0	0.0	0.7	0.0
				Large	43	10	0.2	0.0	1.5	1.5	0.0	1.0	0.0
Macchiato (oat milk)	Y	Y	Oat Milk (Water, OATS , Sunflower Oil, Sea Salt, Gellan Gum), Ground Coffee	Regular	48	12	0.6	0.1	1.4	0.9	0.1	0.2	0.0
				Large	72	17	0.9	0.2	2.1	1.4	0.2	0.3	0.0
Macchiato (soya milk)	Y	Y	SOYA Milk Water, Organic Soybean (SOYA) (13%), Organic Rice syrup, Sea Salt, Ground Coffee	Regular	36	9	0.4	0.1	0.7	0.4	0.1	0.6	0.0
				Large	54	13	0.6	0.1	1.1	0.7	0.2	1.0	0.0
Macchiato (coconut milk)	Y	Y	Coconut Milk Water, OATS , Coconut, Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum, Ground Coffee	Regular	45	11	0.5	0.3	1.4	0.9	0.2	0.2	0.0
				Large	68	16	0.8	0.4	2.2	1.4	0.3	0.2	0.0

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Iced Coffee					Nutritional information based on per portion basis								
Iced Latte (whole milk)	Y		Whole MILK , Ground Coffee	Regular	663	158	9.1	5.7	11.6	11.6	0.0	8.5	0.3
Iced Latte (skimmed milk)	Y		Skimmed MILK , Ground Coffee	Regular	360	85	0.8	0.3	12.1	12.1	0.0	8.8	0.3
Iced Latte (oat milk)	Y	Y	Oat Milk (Water, OATS , Sunflower Oil, Sea Salt, Gellan Gum), Ground Coffee	Regular	603	145	7.1	1.3	17.3	11.3	1.5	2.3	0.3
Iced Latte (soya milk)	Y	Y	SOYA Milk Water, Organic Soybean (SOYA) (13%), Organic Rice syrup, Sea Salt, Ground Coffee	Regular	448	108	4.1	0.8	8.8	5.1	1.8	8.0	0.3
Iced Latte (coconut milk)	Y	Y	Coconut Milk Water, Gluten Free OATS (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum, Ground Coffee	Regular	563	135	5.8	3.0	17.6	11.3	2.3	2.0	0.3
Iced 32% House Mocha (whole milk)	Y		Whole MILK , Ice (Water), Hot Chocolate Powder [Sugar, Organic Cocoa Powder, Anti-Caking Agent (E170, E551), Sea Salt.] Roasted Coffee Beans	Regular	1131	271	8.2	5.2	38.0	36.6	0.0	9.2	0.5
Iced 32% House Mocha (skimmed milk)	Y		Skimmed MILK , Ice (Water), Hot Chocolate Powder [Sugar, Organic Cocoa Powder, Anti-Caking Agent (E170, E551), Sea Salt.] Roasted Coffee Beans	Regular	902	215	2.1	1.2	38.3	37.0	0.0	9.6	0.5
Iced 32% House Mocha (oat milk)	Y	Y	Oat Milk (Water, OATS , Sunflower Oil, Sea Salt, Gellan Gum), Ice (Water), Hot Chocolate Powder [Sugar, Organic Cocoa Powder, Anti-Caking Agent (E170, E551), Sea Salt.], Roasted Coffee Beans	Regular	1067	255	6.3	1.8	41.9	36.5	1.0	5.1	0.4
Iced 32% House Mocha (soya milk)	Y	Y	SOYA Milk (Water, Organic Soybean (SOYA), Organic Rice syrup, Sea Salt), Ice (Water), Hot Chocolate Powder [Sugar, Organic Cocoa Powder, Anti-Caking Agent (E170, E551), Sea Salt.], Roasted Coffee Beans	Regular	961	230	4.3	1.5	36.1	32.3	1.2	9.0	0.4
Iced 32% House Mocha (coconut milk)	Y	Y	Coconut Milk (Water, OATS , Coconut, Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum), Ice (Water) Hot Chocolate Powder [Sugar, Organic Cocoa Powder, Anti-Caking Agent (E170, E551), Sea Salt.], Roasted Coffee Beans	Regular	1040	249	5.5	3.0	42.1	36.5	1.5	5.0	0.4

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Iced Coffee			Nutritional information based on per portion basis										
Iced Brown Sugar Latte (whole milk)	Y		Whole MILK , Brown Sugar Syrup Demerara Sugar, Water, Colour: Plain Caramel, Acidity Regulator: Citric Acid Roasted Coffee Beans	Regular	774	186	9.8	6.3	30.4	11.5	0.0	8.3	0.3
Iced Brown Sugar Latte (skimmed milk)	Y		Skimmed MILK , Brown Sugar Syrup Demerara Sugar, Water, Colour: Plain Caramel, Acidity Regulator: Citric Acid Roasted Coffee Beans	Regular	426	103	0.8	0.3	31.0	12.0	0.0	8.8	0.3
Iced Brown Sugar Latte (oat milk)	Y	Y	Oat Milk (Water, OATS , Sunflower Oil, Sea Salt, Gellan Gum), Brown Sugar Syrup Demerara Sugar, Water, Colour: Plain Caramel, Acidity Regulator: Citric Acid Roasted Coffee Beans	Regular	679	163	7.0	1.3	36.2	11.3	1.5	2.3	0.3
Iced Brown Sugar Latte (soya milk)	Y	Y	SOYA Milk (Water, Organic Soybean (SOYA), Organic Rice syrup, Sea Salt), Brown Sugar Syrup Demerara Sugar, Water, Colour: Plain Caramel, Acidity Regulator: Citric Acid, Roasted Coffee Beans	Regular	524	126	4.0	0.8	27.7	5.0	1.8	8.0	0.3
Iced Brown Sugar Latte (coconut milk)	Y	Y	Coconut Milk (Water, OATS , Coconut, Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum) Brown Sugar Syrup Demerara Sugar, Water, Colour: Plain Caramel, Acidity Regulator: Citric Acid, Roasted Coffee Beans	Regular	639	153	5.8	3.0	26.4	11.3	2.3	2.0	0.3
Iced Americano (no milk)	Y		Water, Ground Coffee	Regular	0.0	0.0	0.1	0.0	0.1	0.1	0.0	0.0	0.0

**HOT & ICED
CHOCOLATE**

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Chocolate					Nutritional information based on per portion basis								
Babyccino (whole milk) New Recipe	Y		Whole MILK, Hot Chocolate Powder [Sugar, Organic Cocoa Powder, Anti-Caking Agent (E170, E551), Sea Salt]	N/A	195	47	2.7	1.8	3.2	3.2	0.0	2.3	0.1
Babyccino (skimmed milk) New Recipe	Y		Skimmed MILK, Hot Chocolate Powder [Sugar, Organic Cocoa Powder, Anti-Caking Agent (E170, E551), Sea Salt]	N/A	101	24	0.2	0.1	3.4	3.4	0.0	2.5	0.1
Babyccino (oat milk) New Recipe	Y	Y	Oat Milk (Water, OATS, Sunflower Oil, Sea Salt, Gellan Gum), Hot Chocolate Powder [Sugar, Organic Cocoa Powder, Anti-Caking Agent (E170, E551), Sea Salt]	N/A	169	41	2.0	0.4	4.8	3.2	0.4	0.6	0.1
Babyccino (soya milk) New Recipe	Y	Y	SOYA Milk Water, Organic Soybean (SOYA), Organic Rice syrup, Sea Salt, Hot Chocolate Powder [Sugar, Organic Cocoa Powder, Anti-Caking Agent (E170, E551), Sea Salt]	N/A	125	30	1.1	0.2	2.5	1.4	0.5	2.2	0.1
Babyccino (coconut milk) New Recipe	Y	Y	Coconut Milk Water, OATS, Coconut, Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum, Hot Chocolate Powder [Sugar, Organic Cocoa Powder, Anti-Caking Agent (E170, E551), Sea Salt]	N/A	158	38	1.6	0.8	4.9	3.2	0.6	0.6	0.1

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Chocolate				Nutritional information based on per portion basis									
House 32% Hot Chocolate (whole milk)	Y		Whole MILK , Hot Chocolate Powder [Sugar, Organic Cocoa Powder, Anti-Caking Agent (E170, E551), Sea Salt.] Dark Chocolate Flakes [Sugar, Cocoa Mass; Cocoa Butter; Emulsifier: Lecithins (SOYA); Natural Vanilla Flavouring]	Small	762	183	8.1	5.1	20.1	19.5	0.6	6.2	0.2
				Regular	1176	282	11.4	7.2	33.4	32.3	0.6	9.7	0.4
				Large	1437	344	12.3	7.8	44.2	42.6	0.6	11.4	0.5
House 32% Hot Chocolate (skimmed milk)	Y		Skimmed MILK , Hot Chocolate Powder [Sugar, Organic Cocoa Powder, Anti-Caking Agent (E170, E551), Sea Salt.] Dark Chocolate Flakes [Sugar, Cocoa Mass; Cocoa Butter; Emulsifier: Lecithins (SOYA); Natural Vanilla Flavouring]	Small	573	136	3.1	1.8	20.4	19.8	0.6	6.5	0.2
				Regular	893	213	3.9	2.2	33.8	32.8	0.6	10.1	0.4
				Large	1133	270	4.4	2.5	44.6	43.1	0.6	11.8	0.5
House 32% Hot Chocolate (oat milk)	Y	Y	Oat Milk (Water, OATS , Sunflower Oil, Sea Salt, Gellan Gum), Hot Chocolate Powder [Sugar, Organic Cocoa Powder, Anti-Caking Agent (E170, E551), Sea Salt.], Dark Chocolate Flakes [Sugar, Cocoa Mass; Cocoa Butter; Emulsifier: Lecithins (SOYA); Natural Vanilla Flavouring]	Small	709	170	6.6	2.3	23.4	19.4	1.4	2.8	0.2
				Regular	1096	263	9.1	3.0	38.2	32.1	1.8	4.7	0.4
				Large	1352	324	10	3.3	49.3	42.4	1.9	6.0	0.5
House 32% Hot Chocolate (soya milk)	Y	Y	SOYA Milk (Water, Organic Soybean (SOYA), Organic Rice syrup, Sea Salt), Hot Chocolate Powder [Sugar, Organic Cocoa Powder, Anti-Caking Agent (E170, E551), Sea Salt.], Dark Chocolate Flakes [Sugar, Cocoa Mass; Cocoa Butter; Emulsifier: Lecithins (SOYA); Natural Vanilla Flavouring]	Small	841	201	5.4	2.3	28.7	25.5	1.5	7.2	0.3
				Regular	966	231	6.5	2.5	31.1	26.9	2.0	9.5	0.4
				Large	1212	290	7.3	2.9	41.7	36.8	2.1	11.2	0.5
House 32% Hot Chocolate (coconut milk)	Y	Y	Coconut Milk (Water, OATS , Coconut, Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum) Hot Chocolate Powder [Sugar, Organic Cocoa Powder, Anti-Caking Agent (E170, E551), Sea Salt.], Dark Chocolate Flakes [Sugar, Cocoa Mass; Cocoa Butter; Emulsifier: Lecithins (SOYA); Natural Vanilla Flavouring]	Small	686	164	5.9	3.3	23.5	19.4	1.8	2.7	0.2
				Regular	1063	255	8.0	4.4	38.5	32.1	2.5	4.4	0.4
				Large	1316	315	8.9	4.9	49.6	42.4	2.6	5.8	0.5

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Chocolate			Nutritional information based on per portion basis										
Ube White Hot Chocolate (whole milk)	Y		Whole MILK , White Hot Chocolate Powder Sugar, Sweet whey powder (MILK), Skimmed MILK powder, Cocoa butter, Glucose syrup, Thickener: carboxy methyl cellulose,, Natural flavouring, Anti-caking agents: calcium phosphate; silicon dioxide, MILK protein, Salt, Stabiliser: sodium triphosphate, Ube Syrup [Sugar, Water, Colour: Sweet Potato Extract, Natural flavourings, Acidity Regulator: Citric Acid], Dark Chocolate Flakes [Sugar, Cocoa Mass; Cocoa Butter; Emulsifier: Lecithins (SOYA); Natural Vanilla Flavouring]	Regular	1293	309	11.4	7.2	40.2	39.9	0.6	11.3	0.4
Ube White Hot Chocolate (skimmed milk)	Y		Skimmed MILK , White Hot Chocolate Powder Sugar, Sweet whey powder (MILK), Skimmed MILK powder, Cocoa butter, Glucose syrup, Thickener: carboxy methyl cellulose,, Natural flavouring, Anti-caking agents: calcium phosphate; silicon dioxide, MILK protein, Salt, Stabiliser: sodium triphosphate, Ube Syrup [Sugar, Water, Colour: Sweet Potato Extract, Natural flavourings, Acidity Regulator: Citric Acid], Dark Chocolate Flakes [Sugar, Cocoa Mass; Cocoa Butter; Emulsifier: Lecithins (SOYA); Natural Vanilla Flavouring]	Regular	1076	257	5.7	3.4	40.5	40.2	0.6	11.6	0.4
Ube White Hot Chocolate (oat milk)	Y		Oat Milk (Water, OATS , Sunflower Oil, Sea Salt, Gellan Gum), White Hot Chocolate Powder Sugar, Sweet whey powder (MILK), Skimmed MILK powder, Cocoa butter, Glucose syrup, Thickener: carboxy methyl cellulose, , Natural flavouring, Anti-caking agents: calcium phosphate; silicon dioxide, MILK protein, Salt, Stabiliser: sodium triphosphate, Ube Syrup [Sugar, Water, Colour: Sweet Potato Extract, Natural flavourings, Acidity Regulator: Citric Acid], Dark Chocolate Flakes [Sugar, Cocoa Mass; Cocoa Butter; Emulsifier: Lecithins (SOYA); Natural Vanilla Flavouring]	Regular	1231	295	9.7	4.0	43.9	39.7	1.6	7.4	0.4
Ube White Hot Chocolate (soya milk)	Y		SOYA Milk (Water, Organic Soybean (SOYA), Organic Rice syrup, Sea Salt), White Hot Chocolate Powder Sugar, Sweet whey powder (MILK), Skimmed MILK powder, Cocoa butter, Glucose syrup, Thickener: carboxy methyl cellulose, Natural flavouring, Anti-caking agents: calcium phosphate; silicon dioxide, MILK protein, Salt, Stabiliser: sodium triphosphate, Ube Syrup [Sugar, Water, Colour: Sweet Potato Extract, Natural flavourings, Acidity Regulator: Citric Acid], Dark Chocolate Flakes [Sugar, Cocoa Mass; Cocoa Butter; Emulsifier: Lecithins (SOYA); Natural Vanilla Flavouring]	Regular	1132	271	7.8	3.7	38.5	35.7	1.7	11.1	0.4
Ube White Hot Chocolate (coconut milk)	Y		Coconut Milk (Water, OATS , Coconut, Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum), White Hot Chocolate Powder Sugar, Sweet whey powder (MILK), Skimmed MILK powder, Cocoa butter, Glucose syrup, Thickener: carboxy methyl cellulose, , Natural flavouring, Anti-caking agents: calcium phosphate; silicon dioxide, MILK protein, Salt, Stabiliser: sodium triphosphate, Ube Syrup [Sugar, Water, Colour: Sweet Potato Extract, Natural flavourings, Acidity Regulator: Citric Acid], Dark Chocolate Flakes [Sugar, Cocoa Mass; Cocoa Butter; Emulsifier: Lecithins (SOYA); Natural Vanilla Flavouring]	Regular	1206	289	8.9	5.1	44.1	39.7	2.1	7.3	0.4

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Chocolate			Nutritional information based on per portion basis										
Cornish Sea Salt Caramel Hot Chocolate (whole milk)	Y		Whole MILK , 36% Dark Salted Caramel Hot Chocolate Powder Sugar, Fat-Reduced Cocoa Powder (36%), Cornish Sea Salt, Natural Flavouring, Dark Chocolate Flakes [Sugar, Cocoa Mass; Cocoa Butter; Emulsifier: Lecithins (SOYA); Natural Vanilla Flavouring]	Regular	1215	291	11.6	7.2	34.1	32.3	4.4	9.9	1.2
Cornish Sea Salt Caramel Hot Chocolate (skimmed milk)	Y		Skimmed MILK , 36% Dark Salted Caramel Hot Chocolate Powder Sugar, Fat-Reduced Cocoa Powder (36%), Cornish Sea Salt, Natural Flavouring, Dark Chocolate Flakes [Sugar, Cocoa Mass; Cocoa Butter; Emulsifier: Lecithins (SOYA); Natural Vanilla Flavouring]	Regular	921	222	4.0	2.2	34.5	32.8	4.4	10.3	1.2
Cornish Sea Salt Caramel Hot Chocolate (oat milk)	Y	Y	Oat Milk (Water, OATS , Sunflower Oil, Sea Salt, Gellan Gum), 36% Dark Salted Caramel Hot Chocolate Powder Sugar, Fat-Reduced Cocoa Powder (36%), Cornish Sea Salt, Natural Flavouring, Dark Chocolate Flakes [Sugar, Cocoa Mass; Cocoa Butter; Emulsifier: Lecithins (SOYA); Natural Vanilla Flavouring]	Regular	1135	272	9.3	3.0	38.9	32.1	5.7	4.8	1.2
Cornish Sea Salt Caramel Hot Chocolate (soya milk)	Y	Y	SOYA Milk (Water, Organic Soybean (SOYA), Organic Rice syrup, Sea Salt), 36% Dark Salted Caramel Hot Chocolate Powder Sugar, Fat-Reduced Cocoa Powder (36%), Cornish Sea Salt, Natural Flavouring, Dark Chocolate Flakes [Sugar, Cocoa Mass; Cocoa Butter; Emulsifier: Lecithins (SOYA); Natural Vanilla Flavouring]	Regular	1005	241	6.8	2.	31.8	26.9	5.9	9.6	1.2
Cornish Sea Salt Caramel Hot Chocolate (coconut milk)	Y	Y	Coconut Milk (Water, OATS , Coconut, Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum), 36% Dark Salted Caramel Hot Chocolate Powder Sugar, Fat-Reduced Cocoa Powder (36%), Cornish Sea Salt, Natural Flavouring, Dark Chocolate Flakes [Sugar, Cocoa Mass; Cocoa Butter; Emulsifier: Lecithins (SOYA); Natural Vanilla Flavouring]	Regular	1101	264	8.2	4.4	39.2	32.1	6.3	4.6	1.2

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Iced Chocolate					Nutritional information based on per portion basis								
House 32% Iced Chocolate (whole milk)	Y		Whole MILK , Ice (Water), Hot Chocolate Powder [Sugar, Organic Cocoa Powder, Anti-Caking Agent (E170, E551), Sea Salt]	Regular	1243	298	9.8	62	39.8	38.5	0.0	10.5	0.5
House 32% Iced Chocolate (skimmed milk)	Y		Skimmed MILK , Ice (Water), Hot Chocolate Powder [Sugar, Organic Cocoa Powder, Anti-Caking Agent (E170, E551), Sea Salt]	Regular	1214	290	9.1	5.8	39.8	38.5	0.0	10.7	0.5
House 32% Iced Chocolate (oat milk)	Y	Y	Oat Milk (Water, OATS , Sunflower Oil, Sea Salt, Gellan Gum), Ice (Water), Hot Chocolate Powder [Sugar, Organic Cocoa Powder, Anti-Caking Agent (E170, E551), Sea Salt]	Regular	1163	279	7.5	2.0	44.6	38.3	1.3	5.5	0.5
House 32% Iced Chocolate (soya milk)	Y	Y	SOYA Milk (Water, Organic Soybean (SOYA), Organic Rice syrup, Sea Salt), Ice (Water), Hot Chocolate Powder [Sugar, Organic Cocoa Powder, Anti-Caking Agent (E170, E551), Sea Salt]	Regular	1033	247	4.9	1.6	37.5	33.0	1.5	10.3	0.5
House 32% Iced Chocolate (coconut milk)	Y	Y	Coconut Milk (Water, OATS , Coconut, Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum), Ice (Water), Hot Chocolate Powder [Sugar, Organic Cocoa Powder, Anti-Caking Agent (E170, E551), Sea Salt]	Regular	1130	270	6.4	3.5	44.9	38.3	1.9	5.3	0.5

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Iced Chocolate					Nutritional information based on per portion basis								
Ube White Iced Chocolate (whole milk)	Y		Whole MILK , Ice (Water), White Hot Chocolate Powder Sugar, Sweet whey powder (MILK), Skimmed MILK powder, Cocoa butter, Glucose syrup, Thickener: carboxy methyl cellulose, , Natural flavouring, Anti-caking agents: calcium phosphate; silicon dioxide, MILK protein, Salt, Stabiliser: sodium triphosphate, Ube Syrup [Sugar, Water, Colour: Sweet Potato Extract, Natural flavourings, Acidity Regulator: Citric Acid]	Regular	1223	293	8.9	5.7	42.7	42.5	0.1	10.6	0.4
Ube White Iced Chocolate (skimmed milk)	Y		Skimmed MILK , Ice (Water), White Hot Chocolate Powder Sugar, Sweet whey powder (MILK), Skimmed MILK powder, Cocoa butter, Glucose syrup, Thickener: carboxy methyl cellulose, Natural flavouring, Anti-caking agents: calcium phosphate; silicon dioxide, MILK protein, Salt, Stabiliser: sodium triphosphate, Ube Syrup [Sugar, Water, Colour: Sweet Potato Extract, Natural flavourings, Acidity Regulator: Citric Acid]	Regular	1021	243	3.5	2.1	43.0	42.8	0.1	10.9	0.4
Ube White Iced Chocolate (oat milk)	Y		Oat Milk (Water, OATS , Sunflower Oil, Sea Salt, Gellan Gum), Ice (Water), White Hot Chocolate Powder Sugar, Sweet whey powder (MILK), Skimmed MILK powder, Cocoa butter, Glucose syrup, Thickener: carboxy methyl cellulose, , Natural flavouring, Anti-caking agents: calcium phosphate; silicon dioxide, MILK protein, Salt, Stabiliser: sodium triphosphate, Ube Syrup [Sugar, Water, Colour: Sweet Potato Extract, Natural flavourings, Acidity Regulator: Citric Acid]	Regular	1167	279	7.3	2.7	46.1	42.3	1.0	7.0	0.4
Ube White Iced Chocolate (soya milk)	Y		SOYA Milk (Water, Organic Soybean (SOYA), Organic Rice syrup, Sea Salt), Ice (Water), White Hot Chocolate Powder Sugar, Sweet whey powder (MILK), Skimmed MILK powder, Cocoa butter, Glucose syrup, Thickener: carboxy methyl cellulose, , Natural flavouring, Anti-caking agents: calcium phosphate; silicon dioxide, MILK protein, Salt, Stabiliser: sodium triphosphate, Ube Syrup [Sugar, Water, Colour: Sweet Potato Extract, Natural flavourings, Acidity Regulator: Citric Acid]	Regular	1074	257	5.5	2.4	41.0	38.6	1.1	10.4	0.4
Ube White Iced Chocolate (coconut milk)	Y		Coconut Milk (Water, OATS , Coconut, Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum) White Hot Chocolate Powder Sugar, Sweet whey powder (MILK), Skimmed MILK powder, Cocoa butter, Glucose syrup, Thickener: carboxy methyl cellulose, , Natural flavouring, Anti-caking agents: calcium phosphate; silicon dioxide, MILK protein, Salt, Stabiliser: sodium triphosphate, Ube Syrup [Sugar, Water, Colour: Sweet Potato Extract, Natural flavourings, Acidity Regulator: Citric Acid]	Regular	1143	273	6.5	3.7	46.3	42.3	1.4	6.8	0.4

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Iced Chocolate					Nutritional information based on per portion basis								
Cornish Sea Salt Caramel Iced Chocolate (whole milk)	Y		Whole MILK , Ice (Water), 36% Dark Salted Caramel Hot Chocolate Powder Sugar, Fat-Reduced Cocoa Powder (36%), Cornish Sea Salt, Natural Flavouring	Regular	1063	255	9.5	5.9	30.5	28.9	3.8	9.5	1.2
Cornish Sea Salt Caramel Iced Chocolate (skimmed milk)	Y		Skimmed MILK , Ice (Water), 36% Dark Salted Caramel Hot Chocolate Powder Sugar, Fat-Reduced Cocoa Powder (36%), Cornish Sea Salt, Natural Flavouring	Regular	779	185	1.9	0.9	30.9	29.3	3.8	9.9	1.2
Cornish Sea Salt Caramel Iced Chocolate (oat milk)	Y	Y	Oat Milk [Water, Gluten-free oats (13%), Sunflower oil, Sea salt, Stabiliser: Gellan Gum], Ice (Water), 36% Dark Salted Caramel Hot Chocolate Powder Sugar, Fat-Reduced Cocoa Powder (36%), Cornish Sea Salt, Natural Flavouring	Regular	983	236	7.2	1.7	35.3	28.7	5.1	4.5	1.2
Cornish Sea Salt Caramel Iced Chocolate (soya milk)	Y	Y	SOYA Milk (Water, Organic Soybean (SOYA), Organic Rice syrup, Sea Salt), Ice (Water), 36% Dark Salted Caramel Hot Chocolate Powder Sugar, Fat-Reduced Cocoa Powder (36%), Cornish Sea Salt, Natural Flavouring	Regular	853	204	4.6	1.3	28.2	23.4	5.3	9.3	1.2
Cornish Sea Salt Caramel Iced Chocolate (coconut milk)	Y	Y	Coconut Milk (Water, OATS , Coconut, Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum), Ice (Water), 36% Dark Salted Caramel Hot Chocolate Powder Sugar, Fat-Reduced Cocoa Powder (36%), Cornish Sea Salt, Natural Flavouring	Regular	949	227	6.1	3.2	35.5	28.7	5.7	4.2	1.2

MATCHA

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Iced Matcha					Nutritional information based on per portion basis								
Iced Matcha (oat milk)	Y	Y	Oat Milk (Water, OATS , Sunflower Oil, Sea Salt, Gellan Gum), Water Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	625	150	7.0	1.2	17.9	11	2.4	3.0	0.4
Iced Matcha (whole milk)	Y		Whole MILK , Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	718	172	9.7	6.1	12.2	11.3	1.0	8.8	0.4
Iced Matcha (skimmed milk)	Y		Skimmed MILK , Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	387	91.5	0.9	0.3	12.7	11.8	1.0	9.3	0.4
Iced Matcha (soya milk)	Y	Y	SOYA Milk Water, Organic Soybean (SOYA) (13%), Organic Rice syrup, Sea Salt, Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	473	114	4.1	0.8	9.6	4.9	2.7	8.6	0.4
Iced Matcha (coconut milk)	Y	Y	Coconut Milk Water, OATS (Coconut, Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum, Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	585	141	5.8	3.0	18.1	11	3.2	2.7	0.4
Iced Vanilla Matcha (oat milk)	Y	Y	Oat Milk (Water, OATS , Sunflower Oil, Sea Salt, Gellan Gum), Water Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid] Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	876	209	6.4	1.1	34.2	27.8	2.3	2.8	0.4
Iced Vanilla Matcha (whole milk)	Y		Whole MILK , Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	961	229	8.9	5.6	29.0	28.0	1.0	8.1	0.4
Iced Vanilla Matcha (skimmed milk)	Y		Skimmed MILK , Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	660	156	0.8	0.3	29.5	28.5	1.0	8.6	0.4
Iced Vanilla Matcha (soya milk)	Y	Y	SOYA Milk Water, Organic Soybean (SOYA) (13%), Organic Rice syrup, Sea Salt, Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	737	176	3.7	0.7	26.5	22.2	2.5	7.9	0.4
Iced Vanilla Matcha (coconut milk)	Y	Y	Coconut Milk Water, OATS , Coconut, Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	840	200	5.3	2.7	34.4	27.8	3.0	2.5	0.4

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Iced Matcha				Nutritional information based on per portion basis									
Iced Blueberry Muffin Matcha (oat milk)	Y	Y	Oat Milk (Water, OATS , Sunflower Oil, Sea Salt, Gellan Gum) , Ice (Water), Water, Blueberry Syrup Sugar, Water, Natural Blueberry Flavouring with Other Natural Flavourings, Concentrated Lemon Juice, Natural Flavouring, Cinnamon Bun Syrup Sugar, Water, Natural Flavourings, Colour: Plain Caramel, Acidity Regulator: Citric Acid, Matcha Powder 100% Green Tea (Camellia Sinensis) Blue Spirulina Powder	Regular	983	236	5.9	1	41.7	36	2.2	2.6	0.4
Iced Blueberry Muffin Matcha (whole milk)	Y		Whole MILK , Ice (Water), Water, Blueberry Syrup Sugar, Water, Natural Blueberry Flavouring with Other Natural Flavourings, Concentrated Lemon Juice, Natural Flavouring, Cinnamon Bun Syrup Sugar, Water, Natural Flavourings, Colour: Plain Caramel, Acidity Regulator: Citric Acid, Matcha Powder 100% Green Tea (Camellia Sinensis) Blue Spirulina Powder	Regular	1061	254	8	5	37	36	1	7.5	0.4
Iced Blueberry Muffin Matcha (skimmed milk)	Y		Skimmed MILK , Ice (Water), Water, Blueberry Syrup Sugar, Water, Natural Blueberry Flavouring with Other Natural Flavourings, Concentrated Lemon Juice, Natural Flavouring, Cinnamon Bun Syrup Sugar, Water, Natural Flavourings, Colour: Plain Caramel, Acidity Regulator: Citric Acid, Matcha Powder 100% Green Tea (Camellia Sinensis) Blue Spirulina Powder	Regular	784	187	0.8	0.3	27.4	36.3	1.0	7.9	0.4
Iced Blueberry Muffin Matcha (soya milk)	Y	Y	SOYA Milk (Water, Organic Soybean (SOYA) (13%), Organic Rice syrup, Sea Salt), Ice (Water), Blueberry Syrup Sugar, Water, Natural Blueberry Flavouring with Other Natural Flavourings, Concentrated Lemon Juice, Natural Flavouring, Cinnamon Bun Syrup Sugar, Water, Natural Flavourings, Colour: Plain Caramel, Acidity Regulator: Citric Acid, Matcha Powder 100% Green Tea (Camellia Sinensis) Blue Spirulina Powder	Regular	849	203	4	0.6	33	31.6	2.2	7.5	0.4
Iced Blueberry Muffin Matcha (coconut milk)	Y	Y	Coconut Milk (Water, OATS , Coconut, Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum), Water, Natural Blueberry Flavouring with Other Natural Flavourings, Concentrated Lemon Juice, Natural Flavouring, Cinnamon Bun Syrup Sugar, Water, Natural Flavourings, Colour: Plain Caramel, Acidity Regulator: Citric Acid, Matcha Powder 100% Green Tea (Camellia Sinensis), Blue Spirulina Powder	Regular	950	227	4.8	2.5	42	36	2.8	2.4	0.4

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Iced Matcha					Nutritional information based on per portion basis								
Iced White Chocolate Matcha (oat milk)	Y	Y	Oat Milk (Water, OATS , Sunflower Oil, Sea Salt, Gellan Gum),, White Chocolate Syrup [Sugar, Water, Natural Flavouring, Acidity Regulator: Citric Acid], Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	1137	270	5.9	1	50.2	44.3	2.2	2.6	0.4
Iced White Chocolate Matcha (whole milk)	Y		Whole MILK , Water, White Chocolate Syrup [Sugar, Water, Natural Flavouring, Acidity Regulator: Citric Acid], Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	1212	288	8.1	5.1	45.5	44.5	1	7.5	0.4
Iced White Chocolate Matcha (skimmed milk)	Y		Skimmed MILK , Water, White Chocolate Syrup [Sugar, Water, Natural Flavouring, Acidity Regulator: Citric Acid], Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	939	221	0.8	0.3	45.9	45.0	1.0	7.9	0.4
Iced White Chocolate Matcha (soya milk)	Y	Y	SOYA Milk (Water, Organic Soybean (SOYA) (13%), Organic Rice syrup, Sea Salt, Water), Water,, White Chocolate Syrup [Sugar, Water, Natural Flavouring, Acidity Regulator: Citric Acid], Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	1010	239.5	3.4	0.6	43.3	39.2	2.4	7.3	0.4
Iced White Chocolate Matcha (coconut milk)	Y	Y	Coconut Milk (Water, OATS , Coconut, Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum) Water, White Chocolate Syrup [Sugar, Water, Natural Flavouring, Acidity Regulator: Citric Acid], Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	1104	262	4.8	2.5	50.4	44.3	2.8	2.4	0.4

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Iced Matcha			Nutritional information based on per portion basis										
Iced Banana Bread Muffin Matcha (oat milk)	Y	Y	Oat Milk (Water, OATS , Sunflower Oil, Sea Salt, Gellan Gum), Ice (Water), Water, Banana Puree Banana Juice and Puree Concentrate (Banana Juice Concentrate, Banana Puree Concentrate, Water, Sugar, Antioxidant: Ascorbic acid) (50.11%), Sugar, Acidity Regulator, Citric Acid: Natural Flavour, Preservative, Potassium Sorbate, Thickener: Pectin, Cinnamon Bun Syrup (Sugar, Water, Natural Flavourings, Colour: Plain Caramel, Acidity Regulator: Citric Acid, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	1215	291	6.3	1.1	54.5	46.3	2.6	2.9	0.4
Iced Banana Bread Muffin Matcha (whole milk)	Y		Whole MILK , Ice (Water), Water, Banana Puree (Banana Juice and Puree Concentrate (Banana Juice Concentrate, Banana Puree Concentrate, Water, Sugar, Antioxidant: Ascorbic acid)0), Sugar, Acidity Regulator, Citric Acid: Natural Flavour, Preservative, Potassium Sorbate, Thickener: Pectin, Cinnamon Bun Syrup [Sugar, Water, Natural Flavourings, Colour: Plain Caramel, Acidity Regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	1297	311	8.7	5.4	49.4	46.5	1.3	8.0	0.4
Iced Banana Bread Muffin Matcha (skimmed milk)	Y		Skimmed MILK , Ice (Water), Water, Banana Puree (Banana Juice and Puree Concentrate (Banana Juice Concentrate, Banana Puree Concentrate, Water, Sugar, Antioxidant: Ascorbic acid)0), Sugar, Acidity Regulator, Citric Acid: Natural Flavour, Preservative, Potassium Sorbate, Thickener: Pectin, Cinnamon Bun Syrup [Sugar, Water, Natural Flavourings, Colour: Plain Caramel, Acidity Regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	1007	240	1.0	0.3	49.9	47.0	1.3	8.5	0.4
Iced Banana Bread Muffin Matcha (soya milk)	Y	Y	SOYA Milk (Water, Organic Soybean (SOYA), Organic Rice syrup, Sea Salt), Ice (Water), Water, Banana Puree [Banana Juice and Puree Concentrate (Banana Juice Concentrate, Banana Puree Concentrate, Water, Sugar, Antioxidant: Ascorbic acid) , Sugar, Acidity Regulator, Citric Acid: Natural Flavour, Preservative, Potassium Sorbate, Thickener: Pectin], Cinnamon Bun Syrup [Sugar, Water, Natural Flavourings, Colour: Plain Caramel, Acidity Regulator: Citric Acid] Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	1082	259	3.8	0.7	47.1	40.1	2.8	7.8	0.4
Iced Banana Bread Muffin Matcha (coconut milk)	Y	Y	Coconut Milk (Water, OATS , Coconut, Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum) Ice (Water), Water, Banana Puree [Banana Juice and Puree Concentrate (Banana Juice Concentrate, Banana Puree Concentrate, Water, Sugar, Antioxidant: Ascorbic acid) , Sugar, Acidity Regulator, Citric Acid: Natural Flavour, Preservative, Potassium Sorbate, Thickener: Pectin], Cinnamon Bun Syrup [Sugar, Water, Natural Flavourings, Colour: Plain Caramel, Acidity Regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	1181	283	5.3	2.6	54.6	46.3	3.3	2.7	0.4

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Matcha			Nutritional information based on per portion basis										
Matcha (oat milk)	Y	Y	Oat Milk (Water, OATS , Sunflower Oil, Sea Salt, Gellan Gum), Water Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	6712	162	7.6	1.4	19.2	12.1	2.3	3.0	0.4
Matcha (whole milk)	Y		Whole MILK , Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	773	186	10.6	6.7	13.1	12.3	0.7	9.4	0.4
Matcha (skimmed milk)	Y		Skimmed MILK , Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	412	97	0.9	0.4	13.6	12.9	0.7	9.9	0.4
Matcha (soya milk)	Y	Y	SOYA Milk Water, Organic Soybean (SOYA) (13%), Organic Rice syrup, Sea Salt, Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	505	121	4.4	0.8	10.1	5.4	2.6	9.1	0.4
Matcha (coconut milk)	Y	Y	Coconut Milk Water, OATS , Coconut, Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	629	151	6.3	3.2	19.5	12.1	3.1	2.7	0.4
Vanilla Matcha (oat milk)	Y	Y	Oat Milk (Water, OATS , Sunflower Oil, Sea Salt, Gellan Gum), Water Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid] Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	925	221	7.0	1.3	35.6	28.9	2.2	2.8	0.4
Vanilla Matcha (whole milk)	Y		Whole MILK , Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	1020	243	9.8	6.2	29.9	29.1	0.7	8.7	0.4
Vanilla Matcha (skimmed milk)			Skimmed MILK , Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	685	162	0.8	0.3	30.4	29.6	0.7	9.2	0.4
Vanilla Matcha (soya milk)	Y	Y	SOYA Milk Water, Organic Soybean (SOYA), Organic Rice syrup, Sea Salt, Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	772	184	4.1	0.8	27.1	22.7	2.5	8.5	0.4
Vanilla Matcha (coconut milk)	Y	Y	Coconut Milk Water, OATS , Coconut, Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum Water, Sweetbird Vanilla Syrup [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	886	211	5.8	3.0	35.8	28.9	3.0	2.5	0.4

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Matcha			There may be occasions when we temporarily change the brand of milk alternatives available in our stores. If you have any dietary requirements, please speak to a member of our team, who will be happy to show you the milk alternative currently in use so that you can check the product label for relevant ingredients and information		Nutritional information based on per portion basis								
Blueberry Muffin Oat Matcha (oat milk)	Y	Y	Oat Milk (Water, OATS , Sunflower Oil, Sea Salt, Gellan Gum), Water, Blueberry Syrup Sugar, Water, Natural Blueberry Flavouring with Other Natural Flavourings, Concentrated Lemon Juice, Natural Flavouring, Cinnamon Bun Syrup Sugar, Water, Natural Flavourings, Colour: Plain Caramel, Acidity Regulator: Citric Acid, Matcha Powder 100% Green Tea (Camellia Sinensis), Blue Spirulina Powder	Regular	1013	243	7.6	1.3	39	32	2.3	3	0.4
Blueberry Muffin Matcha (whole milk)	Y		Whole MILK , Water, Blueberry Syrup Sugar, Water, Natural Blueberry Flavouring with Other Natural Flavourings, Concentrated Lemon Juice, Natural Flavouring, Cinnamon Bun Syrup Sugar, Water, Natural Flavourings, Colour: Plain Caramel, Acidity Regulator: Citric Acid, Matcha Powder 100% Green Tea (Camellia Sinensis), Blue Spirulina Powder	Regular	1114	267	10.5	6.7	33	32.2	0.7	9.4	0.4
Blueberry Muffin Matcha (skimmed milk)	Y		Skimmed MILK , Water, Blueberry Syrup Sugar, Water, Natural Blueberry Flavouring with Other Natural Flavourings, Concentrated Lemon Juice, Natural Flavouring, Cinnamon Bun Syrup Sugar, Water, Natural Flavourings, Colour: Plain Caramel, Acidity Regulator: Citric Acid, Matcha Powder 100% Green Tea (Camellia Sinensis), Blue Spirulina Powder	Regular	753	179	0.9	0.4	33.5	32.7	0.7	9.9	0.4
Blueberry Muffin Matcha (soya milk)	Y	Y	SOYA Milk (Water, Organic Soybean (SOYA), Organic Rice syrup, Sea Salt), Water, Natural Blueberry Flavouring with Other Natural Flavourings, Concentrated Lemon Juice, Natural Flavouring, Cinnamon Bun Syrup Sugar, Water, Natural Flavourings, Colour: Plain Caramel, Acidity Regulator: Citric Acid, Matcha Powder 100% Green Tea (Camellia Sinensis), Blue Spirulina Powder	Regular	846	203	4	0.6	33	31.6	2.2	7.5	0.4
Blueberry Muffin Matcha (coconut milk)	Y	Y	Coconut Milk (Water, OATS , Coconut, Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum), Water, Natural Blueberry Flavouring with Other Natural Flavourings, Concentrated Lemon Juice, Natural Flavouring, Cinnamon Bun Syrup Sugar, Water, Natural Flavourings, Colour: Plain Caramel, Acidity Regulator: Citric Acid, Matcha Powder 100% Green Tea (Camellia Sinensis), Blue Spirulina Powder	Regular	970	232	6.3	3	39.4	32	3	2.7	0.4

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Matcha				Nutritional information based on per portion basis									
White Chocolate Oat Matcha (oat milk)	Y	Y	Oat Milk (Water, OATS , Sunflower Oil, Sea Salt, Gellan Gum), White Chocolate Syrup [Sugar, Water, Natural Flavouring, Acidity Regulator: Citric Acid], Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	1056	251	6.7	1.2	43.5	37	2.1	2.7	0.4
White Chocolate Matcha (whole milk)	Y		Whole MILK , White Chocolate Syrup [Sugar, Water, Natural Flavouring, Acidity Regulator: Citric Acid], Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	1146	273	9.4	6	38	37.3	0.7	8.4	0.4
White Chocolate Matcha (skimmed milk)	Y		Skimmed MILK , White Chocolate Syrup [Sugar, Water, Natural Flavouring, Acidity Regulator: Citric Acid], Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	825	194	0.8	0.3	38.5	37.8	0.7	8.9	0.4
White Chocolate Matcha (soya milk)	Y	Y	SOYA Milk (Water, Organic Soybean (SOYA) Organic Rice syrup, Sea Salt), White Chocolate Syrup [Sugar, Water, Natural Flavouring, Acidity Regulator: Citric Acid], Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	908	216	4	0.7	35.4	31.1	2.4	8.2	0.4
White Chocolate Matcha (coconut milk)	Y	Y	Coconut Milk (Water, OATS , Coconut, Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum Water), White Chocolate Syrup [Sugar, Water, Natural Flavouring, Acidity Regulator: Citric Acid], Water, Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	1018	242	5.6	2.3	43.7	37	2.9	2.5	0.4

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Hot Matcha			Nutritional information based on per portion basis										
Banana Bread Muffin Matcha (oat milk)	Y	Y	Oat Milk (Water, OATS , Sunflower Oil, Sea Salt, Gellan Gum), Water, Banana Puree [Banana Juice and Puree Concentrate (Banana Juice Concentrate, Banana Puree Concentrate, Water, Sugar, Antioxidant: Ascorbic acid) , Sugar, Acidity Regulator, Citric Acid: Natural Flavour, Preservative, Potassium Sorbate, Thickener: Pectin], Cinnamon Bun Syrup [Sugar, Water, Natural Flavourings, Colour: Plain Caramel, Acidity Regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	1016	244	7.2	1.3	40.7	32.8	2.5	2.9	0.4
Banana Bread Muffin Matcha (whole milk)	Y		Whole MILK , Water, Banana Puree [Banana Juice and Puree Concentrate (Banana Juice Concentrate, Banana Puree Concentrate, Water, Sugar, Antioxidant: Ascorbic acid) , Sugar, Acidity Regulator, Citric Acid: Natural Flavour, Preservative, Potassium Sorbate, Thickener: Pectin], Cinnamon Bun Syrup [Sugar, Water, Natural Flavourings, Colour: Plain Caramel, Acidity Regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	1110	266	9.9	6.2	35.0	33.0	1.0	8.9	0.4
Banana Bread Muffin Matcha (skimmed milk)	Y		Skimmed MILK , Water, Banana Puree [Banana Juice and Puree Concentrate (Banana Juice Concentrate, Banana Puree Concentrate, Water, Sugar, Antioxidant: Ascorbic acid) , Sugar, Acidity Regulator, Citric Acid: Natural Flavour, Preservative, Potassium Sorbate, Thickener: Pectin], Cinnamon Bun Syrup [Sugar, Water, Natural Flavourings, Colour: Plain Caramel, Acidity Regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	776	184	1.0	0.3	35.5	33.5	1.0	9.4	0.4
Banana Bread Muffin Matcha (soya milk)	Y	Y	SOYA Milk (Water, Organic Soybean (SOYA), Organic Rice syrup, Sea Salt), Water, Banana Puree [Banana Juice and Puree Concentrate (Banana Juice Concentrate, Banana Puree Concentrate, Water, Sugar, Antioxidant: Ascorbic acid) , Sugar, Acidity Regulator, Citric Acid: Natural Flavour, Preservative, Potassium Sorbate, Thickener: Pectin], Cinnamon Bun Syrup [Sugar, Water, Natural Flavourings, Colour: Plain Caramel, Acidity Regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	862	207	4.2	0.8	32.3	26.6	2.7	8.6	0.4
Banana Bread Muffin Matcha (coconut milk)	Y	Y	Coconut Milk (Water, OATS , Coconut, Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum) Water, Banana Puree [Banana Juice and Puree Concentrate (Banana Juice Concentrate, Banana Puree Concentrate, Water, Sugar, Antioxidant: Ascorbic acid) , Sugar, Acidity Regulator, Citric Acid: Natural Flavour, Preservative, Potassium Sorbate, Thickener: Pectin], Cinnamon Bun Syrup [Sugar, Water, Natural Flavourings, Colour: Plain Caramel, Acidity Regulator: Citric Acid], Matcha Powder 100% Green Tea (Camellia Sinensis)	Regular	977	234	5.9	3.0	41.0	32.8	3.2	2.7	0.4

**TEA &
ADD ONS**

Product	Vegetarian?	Vegan?	Ingredients There may be occasions when we temporarily change the brand of milk alternatives available in our stores. If you have any dietary requirements, please speak to a member of our team, who will be happy to show you the milk alternative currently in use so that you can check the product label for relevant ingredients and information	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Chai Latte					Nutritional information based on per portion basis								
Masala Chai Latte (whole milk)	Y		Whole MILK , Masala Chai Blend [Coconut Sugar, Cinnamon, Ginger, Star Anise, Cardamom, Black Pepper, Clove]	Regular	912	219	9.9	6.3	23.6	21.4	2.1	8.6	0.3
Masala Chai Latte (skimmed milk)	Y		Skimmed MILK , Masala Chai Blend [Coconut Sugar, Cinnamon, Ginger, Star Anise, Cardamom, Black Pepper, Clove]	Regular	574	136	0.9	0.4	23.8	21.9	1.1	0.1	0.3
Masala Chai Latte (oat milk)	Y	Y	Oat Milk [Water, OATS , Sunflower oil, Sea salt, Stabiliser: Gellan Gum] Masala Chai Blend [Coconut Sugar, Cinnamon, Ginger, Star Anise, Cardamom, Black Pepper, Clove]	Regular	817	196	7.2	1.3	29.0	21.2	2.6	2.6	0.3
Masala Chai Latte (soya milk)	Y	Y	SOYA Milk (Water, Organic Soybean (SOYA), Organic Rice syrup, Sea Salt), Masala Chai Blend [Coconut Sugar, Cinnamon, Ginger, Star Anise, Cardamom, Black Pepper, Clove]	Regular	662	159	4.2	0.8	20.5	14.9	2.9	8.3	0.3
Masala Chai Latte (coconut milk)	Y	Y	Coconut Milk (Water, OATS , Coconut, Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum), Masala Chai Blend [Coconut Sugar, Cinnamon, Ginger, Star Anise, Cardamom, Black Pepper, Clove]	Regular	777	186	5.9	3.1	29.3	21.2	3.4	2.3	0.3
Iced Masala Chai Latte (whole milk)	Y		Whole MILK , Ice (Water), Masala Chai Blend [Coconut Sugar, Cinnamon, Ginger, Star Anise, Cardamom, Black Pepper, Clove]	Regular	912	219	9.9	6.3	23.3	21.4	1.1	8.6	0.3
Iced Masala Chai Latte (skimmed milk)	Y		Skimmed MILK , Ice (Water), Masala Chai Blend [Coconut Sugar, Cinnamon, Ginger, Star Anise, Cardamom, Black Pepper, Clove]	Regular	574	136	0.9	0.4	23.8	21.9	1.1	9.1	0.3
Iced Masala Chai Latte (oat milk)	Y	Y	Oat Milk (Water, OATS , Sunflower Oil, Sea Salt, Gellan Gum), Masala Chai Blend [Coconut Sugar, Cinnamon, Ginger, Star Anise, Cardamom, Black Pepper, Clove]	Regular	817	196	7.2	1.3	29.0	21.2	2.6	2.6	0.3

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Chai Latte			There may be occasions when we temporarily change the brand of milk alternatives available in our stores. If you have any dietary requirements, please speak to a member of our team, who will be happy to show you the milk alternative currently in use so that you can check the product label for relevant ingredients and information		Nutritional information based on per portion basis								
Iced Masala Chai Latte (soya milk)	Y	Y	SOYA Milk (Water, Organic Soybean (SOYA), Organic Rice syrup, Sea Salt), Masala Chai Blend [Coconut Sugar, Cinnamon, Ginger, Star Anise, Cardamom, Black Pepper, Clove]	Regular	662	159	4.2	0.8	20.5	14.9	2.9	8.3	0.3
Iced Masala Chai Latte (coconut milk)	Y	Y	Coconut Milk (Water, OATS , Coconut, Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum), Masala Chai Blend [Coconut Sugar, Cinnamon, Ginger, Star Anise, Cardamom, Black Pepper, Clove]	Regular	777	186	5.9	3.1	29.3	21.2	3.4	2.3	0.3
Pink Chai Latte (whole milk)	Y		Whole MILK , Ice (Water), Masala Chai Blend [Coconut Sugar, Cinnamon, Ginger, Star Anise, Cardamom, Black Pepper, Clove]	Regular	912	219	9.9	6.3	23.3	21.4	1.1	8.6	0.3
Pink Chai Latte (skimmed milk)	Y		Skimmed MILK , Pink Chai Blend Coconut Sugar, Beetroot, Cinnamon, Ginger, Star Anise, Cardamom, Black Pepper, Clove	Regular	567	134	1.0	0.4	21.2	21.1	1.7	9.4	0.4
Pink Chai Latte (oat milk)	Y	Y	Oat Milk [Water, OATS , Sunflower oil, Sea salt, Stabiliser: Gellan Gum] Pink Chai Blend Coconut Sugar, Beetroot, Cinnamon, Ginger, Star Anise, Cardamom, Black Pepper, Clove	Regular	809	194	7.2	1.3	26.5	20.4	3.2	2.3	0.3
Pink Chai Latte (soya milk)	Y	Y	SOYA Milk (Water, Organic Soybean (SOYA), Organic Rice syrup, Sea Salt), Pink Chai Blend Coconut Sugar, Beetroot, Cinnamon, Ginger, Star Anise, Cardamom, Black Pepper, Clove	Regular	654	157	4.2	0.8	18.0	14.1	3.4	8.6	0.3
Pink Chai Latte (coconut milk)	Y	Y	Coconut Milk (Water, OATS , Coconut, Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum), Pink Chai Blend Coconut Sugar, Beetroot, Cinnamon, Ginger, Star Anise, Cardamom, Black Pepper, Clove	Regular	769	184	6.0	3.1	26.7	20.4	3.9	2.6	0.3
Iced Pink Chai Latte (whole milk)	Y		Whole MILK , Ice (Water), Pink Chai Blend Coconut Sugar, Beetroot, Cinnamon, Ginger, Star Anise, Cardamom, Black Pepper, Clove	Regular	904	217	10.0	6.3	20.7	20.6	1.7	8.9	0.3
Iced Pink Chai Latte (skimmed milk)	Y		Skimmed MILK , Ice (Water), Pink Chai Blend Coconut Sugar, Beetroot, Cinnamon, Ginger, Star Anise, Cardamom, Black Pepper, Clove	Regular	567	134	1.0	0.4	21.2	21.1	1.7	9.4	0.4

For allergens including cereals containing gluten see ingredients in **BOLD CAPITALS**. Some of our food range is handled by our baristas and whilst we try to keep things separate there is no guarantee that any of these items are allergen free. The allergen information for all our packaged and loose bakery products are detailed within the booklet. Please remember to check this information regularly as we're always working on our products. For more allergen information, please ask your barista. Adults need around 2000kcal a day

Product	Vegetarian?	Vegan?	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Chai Latte					Nutritional information based on per portion basis								
Iced Pink Chai Latte (oat milk)	Y	Y	Oat Milk (Water, OATS , Sunflower Oil, Sea Salt, Gellan Gum), Pink Chai Blend Coconut Sugar, Beetroot, Cinnamon, Ginger, Star Anise, Cardamom, Black Pepper, Clove	Regular	809	194	7.2	1.3	26.5	20.4	3.2	2.9	0.3
Iced Pink Chai Latte (soya milk)	Y	Y	SOYA Milk (Water, Organic Soybean (SOYA), Organic Rice syrup, Sea Salt), Pink Chai Blend Coconut Sugar, Beetroot, Cinnamon, Ginger, Star Anise, Cardamom, Black Pepper, Clove	Regular	654	157	4.2	0.8	18.0	14.1	3.4	8.6	0.3
Iced Pink Chai Latte (coconut milk)	Y	Y	Coconut Milk (Water, OATS , Coconut, Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum) Ice (Water), Pink Chai Blend Coconut Sugar, Beetroot, Cinnamon, Ginger, Star Anise, Cardamom, Black Pepper, Clove	Regular	769	184	5.6	3.1	26.7	20.4	3.9	2.6	0.3

Product	Vegetarian?	Vegan?	Ingredients	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Drink Add Ons			Nutritional information based on per portion basis									
Mini Marshmallows			Glucose-Fructose Syrup, Sugar, Water, Pork Gelatine, Maize Starch, Dextrose, Flavouring	138	33	0.0	0.0	8.0	7.0	0.0	0.3	0.0
Whipped Cream	Y		Double Cream (MILK) Whole MILK , Vanilla Syrup [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid]	439	106	11.0	6.9	1.6	1.6	0.0	0.6	0
Chocolate Flakes	Y	Y	Sugar, Cocoa Mass; Cocoa Butter; Emulsifier: Lecithins (SOYA); Natural Vanilla Flavouring	152	36	2.1	1.3	3.7	3.5	0.6	0.4	0.0
Chocolate Cloud	Y	Y	Coconut Cream [Water, Coconut Oil (30%), Corn Fibre, Potato Starch, Sugar, Tapioca Flour, Fruit Pectin, Emulsifiers (Polysorbate 60, Mono- and Diglycerides of Fatty Acids, Mono- and Diacetyl Tartaric Acid Esters Of Mono- and Diglycerides of Fatty Acids), Citrus Fibre, Natural Flavouring, Colour (Beta-Carotene)], Dark Chocolate Sauce Sugar, Water, Glucose Syrup, Fat Reduced Cocoa Power, Dextrose, Humectant: Glycerol, Cocoa Butter, Flavour, Salt, Emulsifier: Rapeseed Lecithins, Acidity Regulator: Citric Acid, Preservative: Potassium Sorbate	654	156	12.7	11.0	9.8	5.3	1.6	0.4	0.0
Syrups			Nutritional information based on per portion basis									
Caramel (1 pump)	Y	Y	Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid	151	36	0.0	0.0	8.9	8.9	0.0	0.0	0.0
Hazelnut (1 pump)	Y	Y	Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid	151	36	0.0	0.0	8.9	8.9	0.0	0.0	0.0
Vanilla (1 pump)	Y	Y	Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid	151	36	0.0	0.0	8.9	8.9	0.0	0.0	0.0
Sugar Free Vanilla (1 pump)	Y	Y	Water, Flavourings, Thickener: Cellulose Gum), Acidity Regulator (E330: Citric Acid), Sweeteners (E955: Sucralose, E960: Steviol Glycosides), Preservative (E202: Potassium Sorbate), Colour (E150a: Plain Caramel)	5	1	0.0	0.0	0.2	0.0	0.0	0.0	0.0
Brown Sugar (1 pump)	Y	Y	Demerara Sugar, Water, Colour: Plain Caramel, Acidity Regulator: Citric Acid	25	6	0.0	0.0	6.3	0.0	0.0	0.0	0.0
White Chocolate (1 pump)	Y	Y	Sugar, Water, Natural Flavouring, Acidity Regulator: Citric Acid	152	36	0.0	0.0	8.8	8.8	0.0	0.0	0.0

SMOOTHIES

Product	Vegetarian?	Vegan?	Ingredients	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Smoothies				Nutritional information based on per portion basis								
Strawberry & Blueberry	Y	Y	Apple Juice (from concentrate), Purple Dragon Fruit Smoothie Pouch [Strawberry (35%), Purple Dragon Fruit (29%), Pineapple (19%), Blueberry (14%), Chia Seeds (Salvia hispanica) (3%)]	826	195	2.5	0.2	36.6	35.8	28.1	2.8	0.2
Banana & Spinach	Y	Y	Apple Juice (from concentrate), Vegan Green Protein Smoothie Pouch Banana (25%), Spinach (20%), Mango (20%), Pineapple (20%), Pea Protein Pellets (12%) (Water, Pea Protein, Chlorella, Inactive Yeast, Spirulina), Chia Seeds (Salvia hispanica) (3%)	963	228	2.2	0.3	43.3	42	32.1	5.4	0.4
Mango & Passionfruit	Y	Y	Apple Juice (from concentrate), Great Defender Smoothie Pouch [Mango (40%), Peach (28%), Pineapple (18%), Seeded Passionfruit (14%)]	825	195	0.7	0.2	41.8	41.7	32.4	1.8	0.2

**TRAVEL
SPECIFIC**

Product	Vegetarian?	Vegan?	Ingredients There may be occasions when we temporarily change the brand of milk alternatives available in our stores. If you have any dietary requirements, please speak to a member of our team, who will be happy to show you the milk alternative currently in use so that you can check the product label for relevant ingredients and information	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Smoothies			Nutritional information based on per portion basis									
The Green One	Y	Y	Apple Juice (from concentrate), Green Smoothie Mix [Mango, Pineapple, Spinach, Apple, Lemongrass Puree (Lemongrass, Water, Vegetable Fibre: Betaglucan)]	827	195	1.0	0.1	42.8	42.4	33.8	0.3	0.2
The Red One	Y	Y	Apple Juice (from concentrate), Berry Smoothie Mix Strawberries, Sour Cherries, Mango, Banana, Blackcurrants, Raspberries	857	202	0.9	0.1	44.2	43.8	33.8	0.3	0.2
The Tropical One	Y	Y	Apple Juice (from concentrate), Tropical Smoothie Mix Passion Fruit, Pineapple, Mango	874	206	0.6	0.0	47.4	47.1	33	0.3	0.2
Iced Chocolate			Nutritional information based on per portion basis									
Praline Iced Chocolate (Whole Milk)	Y		Whole MILK , Hot Chocolate Powder [Sugar, Organic Cocoa Powder, Anti-Caking Agent (E170, E551), Sea Salt.], Praline Syrup [Sugar, Water, Natural Flavourings, Salt, Colour: Plain Caramel, Acidity Regulator: Citric Acid],	1473	353	11.4	5.2	50.4	49.2	0.6	9.7	0.4
Praline Iced Chocolate (Skimmed Milk)	Y		Skimmed MILK , Hot Chocolate Powder [Sugar, Organic Cocoa Powder, Anti-Caking Agent (E170, E551), Sea Salt.], Praline Syrup [Sugar, Water, Natural Flavourings, Salt, Colour: Plain Caramel, Acidity Regulator: Citric Acid],	1190	284	3.8	2.2	50.8	49.7	0.6	10.1	0.4
Praline Iced Chocolate (Oat Milk)	Y	Y	Oat Milk (Water, OATS , Sunflower Oil, Sea Salt, Gellan Gum), Hot Chocolate Powder [Sugar, Organic Cocoa Powder, Anti-Caking Agent (E170, E551), Sea Salt.], Praline Syrup [Sugar, Water, Natural Flavourings, Salt, Colour: Plain Caramel, Acidity Regulator: Citric Acid],	1393	334	9.1	3.0	55.2	49.1	1.8	4.7	0.4
Praline Iced Chocolate (Soya Milk)	Y	Y	SOYA Milk (Water, Organic Soybean (SOYA), Organic Rice syrup, Sea Salt), Hot Chocolate Powder [Sugar, Organic Cocoa Powder, Anti-Caking Agent (E170, E551), Sea Salt.], Praline Syrup [Sugar, Water, Natural Flavourings, Salt, Colour: Plain Caramel, Acidity Regulator: Citric Acid]	1263	302	6.5	2.5	48.1	43.9	2.1	9.5	0.4
Praline Iced Chocolate (Coconut Milk)	Y	Y	Coconut Milk (Water, OATS , Coconut, Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum), Hot Chocolate Powder [Sugar, Organic Cocoa Powder, Anti-Caking Agent (E170, E551), Sea Salt.], Praline Syrup [Sugar, Water, Natural Flavourings, Salt, Colour: Plain Caramel, Acidity Regulator: Citric Acid],	1360	326	8.0	4.4	55.6	49.1	2.5	4.4	0.4

**WESTFIELD
SPECIFIC**

Product	Vegetarian?	Vegan?	Ingredients	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturates (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Juices				Nutritional information based on per portion basis								
The Green One	Y	Y	Golden Delicious Apples, Ice (Water), Cucumber, Spinach, Fresh Ginger, Mint, Lime Juice [100% Freshly Squeezed Lime Juice]	1159	272	1.5	0.7	65.2	62.1	0.0	5.5	0.1
The Orange One	Y	Y	Orange, Ice (Water)	1818	434	1.2	0.0	102	102	0.0	13.2	0.1